

Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 13-Jan-24 [Ageup: 11/1/2023] Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street

Manassas, VA 20110

540-379-8328

Coach@KoehrFamily.com

| |
|---------------|
| FEMALE |
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| | | | | | |
|----------------------|----------------------------------|-------------|-----------------------|----------------------------------|-------------|
| Angela Andreu (8) | | | Caroline Brand (FR) | | |
| # 4 | Female Senior 200 Free | X 5:44.50Y | # 2 | Female Senior 200 Medley Relay H | Fly |
| # 18 | Female Senior 200 Free Relay J | 4 | # 6 | Female Senior 200 IM | X NT |
| # 22 | Female Senior 100 Breast | 2:00.00Y | # 16 | Female Senior 500 Free | X 8:30.00Y |
| Sage Armstrong (FR) | | | # 18 | Female Senior 200 Free Relay I | 1 |
| # 2 | Female Senior 200 Medley Relay H | Free | Malia Buser (SO) | | |
| # 4 | Female Senior 200 Free | X 4:20.02Y | # 2 | Female Senior 200 Medley Relay J | Free |
| # 16 | Female Senior 500 Free | X 11:45.00Y | # 4 | Female Senior 200 Free | X 3:48.52Y |
| # 18 | Female Senior 200 Free Relay I | 4 | # 16 | Female Senior 500 Free | X 9:00.00Y |
| Betsy Arnold (8) | | | # 18 | Female Senior 200 Free Relay G | 4 |
| # 2 | Female Senior 200 Medley Relay C | Back | Lucy Cunningham (JR) | | |
| # 6 | Female Senior 200 IM | 3:07.95Y | # 2 | Female Senior 200 Medley Relay A | Back |
| # 16 | Female Senior 500 Free | X 8:03.29Y | # 12 | Female Senior 100 Fly | 1:18.65Y |
| # 18 | Female Senior 200 Free Relay B | 2 | # 22 | Female Senior 100 Breast | 1:38.93Y |
| Katie Bauer (8) | | | # 24 | Female Senior 400 Free Relay A | 4 |
| # 2 | Female Senior 200 Medley Relay B | Free | Rosie DeWolf (7) | | |
| # 8 | Female Senior 50 Free | 32.64Y | # 2 | Female Senior 200 Medley Relay H | Breast |
| # 16 | Female Senior 500 Free | X 8:00.21Y | # 4 | Female Senior 200 Free | X 4:17.81Y |
| # 18 | Female Senior 200 Free Relay F | 1 | # 16 | Female Senior 500 Free | X 10:00.00Y |
| Molly Bauer (JR) | | | # 18 | Female Senior 200 Free Relay G | 3 |
| # 2 | Female Senior 200 Medley Relay B | Breast | Annie Dusek (8) | | |
| # 6 | Female Senior 200 IM | X 3:40.74Y | # 2 | Female Senior 200 Medley Relay I | Back |
| # 16 | Female Senior 500 Free | X 9:19.26Y | # 4 | Female Senior 200 Free | 3:04.00Y |
| # 18 | Female Senior 200 Free Relay F | 2 | # 16 | Female Senior 500 Free | X 8:07.15Y |
| Jenny Baughman (7) | | | # 18 | Female Senior 200 Free Relay D | 1 |
| # 2 | Female Senior 200 Medley Relay D | Free | Gigi Gibaldi (FR) | | |
| # 4 | Female Senior 200 Free | X 3:53.22Y | # 2 | Female Senior 200 Medley Relay E | Back |
| # 16 | Female Senior 500 Free | X 11:30.00Y | # 4 | Female Senior 200 Free | X 3:49.93Y |
| # 18 | Female Senior 200 Free Relay J | 2 | # 16 | Female Senior 500 Free | X 10:00.00Y |
| Lucia Bingham (JR) | | | # 18 | Female Senior 200 Free Relay E | 3 |
| # 2 | Female Senior 200 Medley Relay A | Free | Veronica Gonzalez (8) | | |
| # 16 | Female Senior 500 Free | 7:01.82Y | # 2 | Female Senior 200 Medley Relay H | Back |
| # 22 | Female Senior 100 Breast | 1:28.20Y | # 6 | Female Senior 200 IM | X NT |
| # 24 | Female Senior 400 Free Relay A | 2 | # 16 | Female Senior 500 Free | X 10:56.69Y |
| Mariana Bingham (FR) | | | # 18 | Female Senior 200 Free Relay E | 4 |
| # 2 | Female Senior 200 Medley Relay F | Back | Aoife Haggerty (FR) | | |
| # 4 | Female Senior 200 Free | X 3:12.58Y | # 2 | Female Senior 200 Medley Relay I | Fly |
| # 16 | Female Senior 500 Free | X 7:45.19Y | # 6 | Female Senior 200 IM | X 3:35.49Y |
| # 24 | Female Senior 400 Free Relay B | 4 | # 16 | Female Senior 500 Free | X 8:43.49Y |
| Veronica Bingham (7) | | | # 18 | Female Senior 200 Free Relay H | 1 |
| # 2 | Female Senior 200 Medley Relay G | Breast | Orla Haggerty (JR) | | |
| # 16 | Female Senior 500 Free | X 9:04.99Y | # 2 | Female Senior 200 Medley Relay D | Back |
| # 18 | Female Senior 200 Free Relay F | 3 | # 6 | Female Senior 200 IM | X 3:33.33Y |
| # 22 | Female Senior 100 Breast | X 2:12.09Y | # 16 | Female Senior 500 Free | X 8:01.41Y |
| Meg Blanchette (JR) | | | # 18 | Female Senior 200 Free Relay B | 3 |
| # 2 | Female Senior 200 Medley Relay F | Fly | | | |
| # 6 | Female Senior 200 IM | X 3:30.00Y | | | |
| # 18 | Female Senior 200 Free Relay H | 2 | | | |
| # 20 | Female Senior 100 Back | 1:40.73Y | | | |

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Seton Swimming [SST] Coach: Jim Koehr

| |
|---------------|
| FEMALE |
|---------------|

| | | | | | |
|----------------------------|----------------------------------|-------------|-----------------------------|----------------------------------|-------------|
| Sophia Halisky (8) | | | # 6 | Female Senior 200 IM | X 4:00.00Y |
| # 2 | Female Senior 200 Medley Relay A | Breast | # 16 | Female Senior 500 Free | X 11:23.56Y |
| # 6 | Female Senior 200 IM | 2:50.74Y | # 18 | Female Senior 200 Free Relay J | 3 |
| # 14 | Female Senior 100 Free | 1:07.10Y | Penny Kramer (FR) | | |
| # 24 | Female Senior 400 Free Relay A | 3 | # 2 | Female Senior 200 Medley Relay I | Breast |
| Clare Heiny (8) | | | # 6 | Female Senior 200 IM | X 4:00.00Y |
| # 2 | Female Senior 200 Medley Relay D | Breast | # 16 | Female Senior 500 Free | X 11:30.00Y |
| # 4 | Female Senior 200 Free | X 3:50.74Y | # 18 | Female Senior 200 Free Relay H | 3 |
| # 16 | Female Senior 500 Free | X 9:08.97Y | Avila Mantooth (8) | | |
| # 18 | Female Senior 200 Free Relay D | 3 | # 4 | Female Senior 200 Free | 2:40.74Y |
| Lucy Herwick (7) | | | # 16 | Female Senior 500 Free | 7:43.09Y |
| # 2 | Female Senior 200 Medley Relay F | Free | # 18 | Female Senior 200 Free Relay A | 2 |
| # 8 | Female Senior 50 Free | 41.17Y | # 24 | Female Senior 400 Free Relay B | 3 |
| # 16 | Female Senior 500 Free | X 11:30.00Y | Julia Maranian (8) | | |
| # 18 | Female Senior 200 Free Relay C | 4 | # 4 | Female Senior 200 Free | X 4:41.25Y |
| Elizabeth Hurley (8) | | | # 16 | Female Senior 500 Free | X 11:00.00Y |
| # 2 | Female Senior 200 Medley Relay B | Back | # 18 | Female Senior 200 Free Relay H | 4 |
| # 16 | Female Senior 500 Free | 7:38.23Y | Annabelle Mikkelson (7) | | |
| # 18 | Female Senior 200 Free Relay A | 4 | # 2 | Female Senior 200 Medley Relay F | Breast |
| # 22 | Female Senior 100 Breast | 1:31.44Y | # 4 | Female Senior 200 Free | X 3:12.82Y |
| Mary Catherine Hurley (JR) | | | # 16 | Female Senior 500 Free | X 9:30.00Y |
| # 4 | Female Senior 200 Free | 2:49.07Y | # 18 | Female Senior 200 Free Relay G | 2 |
| # 16 | Female Senior 500 Free | 7:39.32Y | Mary Catherine Munsell (SO) | | |
| # 18 | Female Senior 200 Free Relay A | 3 | # 2 | Female Senior 200 Medley Relay J | Fly |
| # 24 | Female Senior 400 Free Relay B | 2 | # 4 | Female Senior 200 Free | X 3:06.03Y |
| Monica Irving (8) | | | # 16 | Female Senior 500 Free | X 8:17.39Y |
| # 2 | Female Senior 200 Medley Relay D | Fly | # 18 | Female Senior 200 Free Relay G | 1 |
| # 12 | Female Senior 100 Fly | 1:45.00Y | Bella Nguyen (8) | | |
| # 16 | Female Senior 500 Free | X 8:42.45Y | # 2 | Female Senior 200 Medley Relay C | Fly |
| # 18 | Female Senior 200 Free Relay D | 2 | # 12 | Female Senior 100 Fly | 2:00.00Y |
| Clare Judge (7) | | | # 16 | Female Senior 500 Free | X 9:15.01Y |
| # 2 | Female Senior 200 Medley Relay G | Free | # 18 | Female Senior 200 Free Relay C | 3 |
| # 4 | Female Senior 200 Free | X 4:32.46Y | Mary Claire Osilka (SO) | | |
| # 16 | Female Senior 500 Free | X 12:00.00Y | # 2 | Female Senior 200 Medley Relay G | Back |
| # 18 | Female Senior 200 Free Relay D | 4 | # 6 | Female Senior 200 IM | 3:18.11Y |
| Jane Judge (8) | | | # 16 | Female Senior 500 Free | X 8:17.59Y |
| # 2 | Female Senior 200 Medley Relay G | Fly | # 18 | Female Senior 200 Free Relay C | 1 |
| # 6 | Female Senior 200 IM | X 3:28.80Y | Allison Quispe (SO) | | |
| # 16 | Female Senior 500 Free | X 8:35.40Y | # 2 | Female Senior 200 Medley Relay C | Breast |
| # 18 | Female Senior 200 Free Relay I | 2 | # 12 | Female Senior 100 Fly | 1:45.00Y |
| Sofia Kohlhaas (8) | | | # 16 | Female Senior 500 Free | X 9:29.66Y |
| # 2 | Female Senior 200 Medley Relay E | Breast | # 18 | Female Senior 200 Free Relay C | 2 |
| # 4 | Female Senior 200 Free | X 3:11.86Y | Camila Quispe (7) | | |
| # 16 | Female Senior 500 Free | X 9:09.66Y | # 2 | Female Senior 200 Medley Relay J | Breast |
| # 18 | Female Senior 200 Free Relay E | 2 | # 6 | Female Senior 200 IM | X 3:30.00Y |
| Colette Kramer (SO) | | | # 16 | Female Senior 500 Free | X 11:01.32Y |
| # 2 | Female Senior 200 Medley Relay E | Free | # 18 | Female Senior 200 Free Relay I | 3 |
| # 6 | Female Senior 200 IM | X 4:00.00Y | Noemi Rodriguez (FR) | | |
| # 16 | Female Senior 500 Free | X 14:25.00Y | # 2 | Female Senior 200 Medley Relay J | Back |
| # 18 | Female Senior 200 Free Relay J | 1 | # 6 | Female Senior 200 IM | X 3:20.00Y |
| Cora Kramer (FR) | | | # 16 | Female Senior 500 Free | X 9:11.60Y |
| # 2 | Female Senior 200 Medley Relay C | Free | # 18 | Female Senior 200 Free Relay E | 1 |

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Seton Swimming [SST] Coach: Jim Koehr

| |
|---------------|
| FEMALE |
|---------------|

Gabriella Russo (FR)

| | | |
|------|--------------------------------|----------|
| # 6 | Female Senior 200 IM | 3:03.18Y |
| # 18 | Female Senior 200 Free Relay B | 1 |
| # 20 | Female Senior 100 Back | 1:24.97Y |
| # 24 | Female Senior 400 Free Relay B | 1 |

Maggie Schroer (8)

| | | |
|------|----------------------------------|----------|
| # 2 | Female Senior 200 Medley Relay A | Fly |
| # 8 | Female Senior 50 Free | 29.11Y |
| # 20 | Female Senior 100 Back | 1:21.39Y |
| # 24 | Female Senior 400 Free Relay A | 1 |

Briana Shillingburg (JR)

| | | |
|------|----------------------------------|-------------|
| # 2 | Female Senior 200 Medley Relay I | Free |
| # 6 | Female Senior 200 IM | X 3:30.00Y |
| # 16 | Female Senior 500 Free | X 11:42.37Y |
| # 18 | Female Senior 200 Free Relay F | 4 |

Lily Waldron (8)

| | | |
|------|----------------------------------|------------|
| # 2 | Female Senior 200 Medley Relay E | Fly |
| # 4 | Female Senior 200 Free | X 3:29.58Y |
| # 16 | Female Senior 500 Free | X 9:58.22Y |
| # 18 | Female Senior 200 Free Relay B | 4 |

Madelyn Zadnik (SR)

| | | |
|------|----------------------------------|----------|
| # 2 | Female Senior 200 Medley Relay B | Fly |
| # 4 | Female Senior 200 Free | 2:32.08Y |
| # 14 | Female Senior 100 Free | 1:09.44Y |
| # 18 | Female Senior 200 Free Relay A | 1 |

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Seton Swimming [SST] Coach: Jim Koehr

MALE

| | | | | | | | |
|---------------------|--------------------------------|-------------|--|----------------------|--------------------------------|---|-----------|
| Jed Albin (SR) | | | | # 3 | Male Senior 200 Free | X | 4:07.59Y |
| # 1 | Male Senior 200 Medley Relay B | Free | | # 15 | Male Senior 500 Free | X | 10:00.00Y |
| # 15 | Male Senior 500 Free | 6:36.61Y | | # 17 | Male Senior 200 Free Relay F | | 2 |
| # 21 | Male Senior 100 Breast | 1:31.99Y | | Jack Herwick (8) | | | |
| # 23 | Male Senior 400 Free Relay B | 4 | | # 1 | Male Senior 200 Medley Relay A | | Fly |
| Greg Bauer (SO) | | | | # 11 | Male Senior 100 Fly | | 1:10.13Y |
| # 1 | Male Senior 200 Medley Relay A | Breast | | # 15 | Male Senior 500 Free | | 6:15.00Y |
| # 5 | Male Senior 200 IM | 2:42.41Y | | # 17 | Male Senior 200 Free Relay A | | 3 |
| # 11 | Male Senior 100 Fly | 1:17.95Y | | Dominic Judge (FR) | | | |
| # 17 | Male Senior 200 Free Relay A | 2 | | # 5 | Male Senior 200 IM | | 2:40.00Y |
| Joel Bookwalter (7) | | | | # 17 | Male Senior 200 Free Relay B | | 1 |
| # 1 | Male Senior 200 Medley Relay F | Back | | # 19 | Male Senior 100 Back | | 1:17.67Y |
| # 3 | Male Senior 200 Free | 3:10.19Y | | # 23 | Male Senior 400 Free Relay B | | 3 |
| # 15 | Male Senior 500 Free | X 9:30.00Y | | Patrick Kay (8) | | | |
| # 17 | Male Senior 200 Free Relay D | 1 | | # 1 | Male Senior 200 Medley Relay A | | Back |
| Jj Cooley (SO) | | | | # 5 | Male Senior 200 IM | | 2:27.78Y |
| # 1 | Male Senior 200 Medley Relay C | Back | | # 15 | Male Senior 500 Free | | 6:38.40Y |
| # 5 | Male Senior 200 IM | X 3:15.00Y | | # 23 | Male Senior 400 Free Relay A | | 2 |
| # 15 | Male Senior 500 Free | X 9:02.25Y | | Daniel Kohlhaas (7) | | | |
| # 17 | Male Senior 200 Free Relay B | 3 | | # 3 | Male Senior 200 Free | X | 4:04.93Y |
| John Cooley (8) | | | | # 15 | Male Senior 500 Free | X | 9:17.06Y |
| # 1 | Male Senior 200 Medley Relay F | Breast | | # 17 | Male Senior 200 Free Relay D | | 4 |
| # 5 | Male Senior 200 IM | X 3:30.00Y | | Peter Konstanty (SR) | | | |
| # 15 | Male Senior 500 Free | X 9:48.44Y | | # 13 | Male Senior 100 Free | | 59.01Y |
| # 17 | Male Senior 200 Free Relay E | 3 | | # 17 | Male Senior 200 Free Relay A | | 4 |
| Charlie Dusek (SO) | | | | # 19 | Male Senior 100 Back | | 1:23.38Y |
| # 1 | Male Senior 200 Medley Relay F | Free | | # 23 | Male Senior 400 Free Relay A | | 1 |
| # 5 | Male Senior 200 IM | X 3:00.00Y | | Joey Lynch (8) | | | |
| # 15 | Male Senior 500 Free | X 9:30.00Y | | # 1 | Male Senior 200 Medley Relay D | | Fly |
| # 17 | Male Senior 200 Free Relay C | 4 | | # 5 | Male Senior 200 IM | X | 3:00.00Y |
| Bennett Ellis (FR) | | | | # 15 | Male Senior 500 Free | X | 7:41.79Y |
| # 1 | Male Senior 200 Medley Relay F | Fly | | # 17 | Male Senior 200 Free Relay B | | 4 |
| # 11 | Male Senior 100 Fly | 1:50.00Y | | Aidan McCardell (SO) | | | |
| # 15 | Male Senior 500 Free | X 9:40.56Y | | # 1 | Male Senior 200 Medley Relay C | | Fly |
| # 17 | Male Senior 200 Free Relay E | 1 | | # 3 | Male Senior 200 Free | X | 4:09.15Y |
| Luke Fifield (7) | | | | # 15 | Male Senior 500 Free | X | 10:38.60Y |
| # 1 | Male Senior 200 Medley Relay E | Free | | # 17 | Male Senior 200 Free Relay F | | 3 |
| # 3 | Male Senior 200 Free | 3:50.44Y | | Kenneth Nguyen (FR) | | | |
| # 15 | Male Senior 500 Free | X 9:30.00Y | | # 5 | Male Senior 200 IM | | 3:20.00Y |
| # 17 | Male Senior 200 Free Relay F | 1 | | # 15 | Male Senior 500 Free | X | 8:48.47Y |
| Jj Garvey (7) | | | | # 17 | Male Senior 200 Free Relay B | | 2 |
| # 1 | Male Senior 200 Medley Relay E | Fly | | # 23 | Male Senior 400 Free Relay B | | 2 |
| # 5 | Male Senior 200 IM | X 3:00.00Y | | Brian Orellana (8) | | | |
| # 15 | Male Senior 500 Free | X 8:30.00Y | | # 3 | Male Senior 200 Free | X | 9:33.00Y |
| # 17 | Male Senior 200 Free Relay E | 2 | | # 13 | Male Senior 100 Free | X | 2:46.81Y |
| Jack Gregory (SR) | | | | # 17 | Male Senior 200 Free Relay E | | 4 |
| # 1 | Male Senior 200 Medley Relay D | Back | | Luke Partridge (FR) | | | |
| # 5 | Male Senior 200 IM | X 3:15.00Y | | # 1 | Male Senior 200 Medley Relay B | | Back |
| # 15 | Male Senior 500 Free | X 11:33.12Y | | # 7 | Male Senior 50 Free | | 26.56Y |
| # 17 | Male Senior 200 Free Relay C | 3 | | # 13 | Male Senior 100 Free | | 1:00.62Y |
| Eamon Haggerty (7) | | | | # 23 | Male Senior 400 Free Relay A | | 3 |
| # 1 | Male Senior 200 Medley Relay D | Free | | | | | |

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Seton Winter Invitational 13-Jan-24 [Ageup: 11/1/2023] Yards

Seton Swimming [SST] Coach: Jim Koehr

| |
|-------------|
| MALE |
|-------------|

James Reynolds (7)

| | | |
|------|--------------------------------|-------------|
| # 1 | Male Senior 200 Medley Relay C | Free |
| # 3 | Male Senior 200 Free | X 4:14.63Y |
| # 15 | Male Senior 500 Free | X 10:00.00Y |
| # 17 | Male Senior 200 Free Relay F | 4 |

Evan Rodriguez (JR)

| | | |
|------|--------------------------------|------------|
| # 1 | Male Senior 200 Medley Relay E | Back |
| # 3 | Male Senior 200 Free | X 4:38.66Y |
| # 15 | Male Senior 500 Free | X 9:30.00Y |
| # 17 | Male Senior 200 Free Relay C | 1 |

Walter Saffian (JR)

| | | |
|------|--------------------------------|------------|
| # 1 | Male Senior 200 Medley Relay D | Breast |
| # 5 | Male Senior 200 IM | X 4:00.00Y |
| # 15 | Male Senior 500 Free | X 9:30.00Y |
| # 17 | Male Senior 200 Free Relay D | 2 |

Daniel Sokban (FR)

| | | |
|------|--------------------------------|----------|
| # 1 | Male Senior 200 Medley Relay A | Free |
| # 11 | Male Senior 100 Fly | 1:21.73Y |
| # 15 | Male Senior 500 Free | 6:31.19Y |
| # 17 | Male Senior 200 Free Relay A | 1 |

William Sokban (JR)

| | | |
|------|--------------------------------|----------|
| # 1 | Male Senior 200 Medley Relay B | Fly |
| # 5 | Male Senior 200 IM | 2:46.52Y |
| # 13 | Male Senior 100 Free | 59.63Y |
| # 23 | Male Senior 400 Free Relay A | 4 |

Evan Wible (7)

| | | |
|------|--------------------------------|-------------|
| # 1 | Male Senior 200 Medley Relay E | Breast |
| # 3 | Male Senior 200 Free | 3:59.41Y |
| # 15 | Male Senior 500 Free | X 10:00.00Y |
| # 17 | Male Senior 200 Free Relay D | 3 |

Jonas Wilson (8)

| | | |
|------|--------------------------------|----------|
| # 1 | Male Senior 200 Medley Relay C | Breast |
| # 13 | Male Senior 100 Free | 1:14.56Y |
| # 17 | Male Senior 200 Free Relay C | 2 |
| # 19 | Male Senior 100 Back | 1:29.43Y |

Michael Zahorchak (FR)

| | | |
|------|--------------------------------|------------|
| # 1 | Male Senior 200 Medley Relay B | Breast |
| # 3 | Male Senior 200 Free | 2:45.15Y |
| # 15 | Male Senior 500 Free | X 6:57.34Y |
| # 23 | Male Senior 400 Free Relay B | 1 |

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| | | | |
|------------------------|------------|---------------------|------------|
| Female IE's: | 90 | Female RE's: | 88 |
| Male IE's: | 58 | Male RE's: | 56 |
| Total IE's: | 148 | Total RE's: | 144 |
| Total Athletes: | 74 | | |