

## VCAC Regular Season Championship - 1/6/2024

## Results

## Event 1 Boys 200 Yard Medley Relay

Seton: 1:39.82 @ 2/17/2006 Koehr, Cook, Morch, Koehr

Nat Cath QT: 1:49.50 +

VISAA QT: 1:57.18 \$

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School-VA	A	1:42.49	1:41.77 +	
1) Witdoeck, Jo 8	2) Kim, Justin SR	3) Phillips, Tyler SO	4) Jang, Elliot SR	
26.83 27.92 22.79	24.23			
2 Seton Swimming	A	1:47.48	1:44.58 +	
1) Koehr, Connor JR	2) Nguyen, Andrew JR	3) Martinez, Lionel FR	4) Brox, Michael JR	
26.98 30.12 24.33	23.15			
3 Seton Swimming	B	1:52.17	1:49.15 +	
1) Wilson, Max JR	2) Mantooth, Luke SR	3) Borneman, Joseph JR	4) Halisky, Liam JR	
27.74 31.61 26.54	23.26			
4 Immanuel Christian High School	A	2:00.00	2:04.43	
1) Anderson, Brenton FR	2) Lam, Micah FR	3) Rutkowski, Juan SR	4) Gade, Tyler SO	
32.31 36.67 29.35	26.10			
5 Fredericksburg Christian High-V#	A	2:07.05	2:06.58	
1) Ryan, Nathan FR	2) Green, Thomas 8	3) Knewtson, Jack SR	4) Ross, Andrew FR	
34.23 39.07 26.25	27.03			
6 Trinity Christian School-VA	B	2:17.72	2:09.21	
1) Jang, Ian FR	2) Wang, Luke SR	3) Hoover, Caleb JR	4) Yu, Evan FR	
36.69 33.16 31.35	28.01			
7 Immanuel Christian High School	B	2:08.00	2:16.34	
1) Bluey, Ben FR	2) Burgess, Grey SO	3) Pinkley, Isaac FR	4) Taylor, Scott JR	
37.06 40.14 31.08	28.06			
--- Seton Swimming	H	2:32.00	X2:15.12	
1) Albin, Jed SR	2) Partridge, Luke FR	3) Judge, Dominic FR	4) Cooley, John 8	
34.79 34.04 31.28	35.01			
--- Seton Swimming	D	2:24.00	X2:25.05	
1) Bauer, Greg SO	2) Ellis, Ben FR	3) Lynch, Joey 8	4) Reynolds, James 7	
32.22 37.53 36.87	38.43			
--- Seton Swimming	C	2:22.00	X2:32.07	
1) Saffian, Walter JR	2) Rodriguez, Evan JR	3) Herwick, Jack 8	4) Haggerty, Eamon 7	
45.04 40.84 28.84	37.35			
--- Seton Swimming	F	2:28.00	X2:40.54	
1) Sokban, William JR	2) Nguyen, Kenneth FR	3) Bookwalter, Joel 7	4) Fifield, Luke 7	
2:07.71				
--- Seton Family Homeschool	A	2:39.32	X2:42.87	
1) Keapproth, Thomas 7	2) Nguyen, James 6	3) Partridge, Paul 6	4) Minarik, Joseph SR	
48.63 46.36 32.15	35.73			
--- Seton Swimming	G	2:30.00	XDQ	
Stroke Infraction swimmer #2: One hand touch - breast				
1) Kay, Patrick 8	2) Judge, Patrick FR	3) Zahorchak, Michael FR	4) Gregory, Jack SR	
31.07 49.21 31.57	34.94			
--- Immanuel Christian High School	C	2:15.00	XDQ	
Stroke Infraction swimmer #1: Shoulders past vertical toward breast - back				
1) Riley, Jack FR	2) White, Liam SO	3) Masterson, Colton	4) Taylor, JT FR	
26.14 29.22				
--- Saint John Paul the Great Cath-VA	A	2:25.43	DQ	
Stroke Infraction swimmer #2: Non-simultaneous touch - breast				
1) Cunningham, Reid SO	2) Chuquillangui, Jaidan JR	3) Cala, Philip SO	4) Smith, James SR	
37.08 42.58 32.53	29.07			
--- Seton Swimming	E	2:26.00	SCR	
--- Fredericksburg Christian High-V#	B	2:37.57	SCR	

## VCAC Regular Season Championship - 1/6/2024

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## Event 2 Girls 200 Yard Medley Relay

Seton: 1:50.25 @ 2/18/2011 Doonis,Rogers,Wunderly,Donohoe

Nat Cath QT: 2:09.49 +

VISAA QT: 2:14.01 \$

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School-VA	A	1:53.67	1:51.35 +	
1) Womack, Kristen SR	2) Klanderman, Liz JR	3) Witdoeckt, Allie SR	4) Bailey, Mary SR	
28.61 31.06 24.88	26.80			
2 Seton Swimming	A	2:00.75	1:57.37 +	
1) Aldeguer, Ariana FR	2) Condon, Clara JR	3) Paradise, Stella SR	4) Fifield, Kyleigh FR	
28.40 31.49 29.19	28.29			
3 Seton Swimming	B	2:08.02	2:02.84 +	
1) Fifield, Haley JR	2) Waldron, Rose JR	3) Halisky, Sophia 8	4) Brox, Elodie JR	
31.61 34.29 31.61	25.33			
4 Oakcrest School-VA	A	2:02.05	2:05.45 +	
1) Rowan, Elliott 8	2) Obeng, Stella 8	3) Cinotti, Ema 8	4) McNichols, Mae Mae FR	
28.55 37.23 32.57	27.10			
5 Trinity Christian School-VA	B	2:09.03	2:08.90 +	
1) Schlieter, Eloise FR	2) Hsieh, Maggi FR	3) Witdoeckt, Karis JR	4) Gilbert, Maddie 8	
34.16 35.25 31.10	28.39			
6 Fredericksburg Christian High-V	A	2:07.83	2:10.43 \$	
1) Roberson, Emma SO	2) Ryan, Gabbie SO	3) Ellis, Hannah FR	4) Meadows, Payton SR	
33.96 37.90 27.50	31.07			
7 Immanuel Christian High School	A	2:15.00	2:14.12	
1) Shumate, Kate FR	2) Connally, Bella FR	3) Myers, Lydia FR	4) DuBois, Mariah FR	
30.69 39.29 32.63	31.51			
8 Saint John Paul the Great Cath-VA	A	2:25.42	2:23.66	
1) Angarag, Alice SO	2) Conway, Sam FR	3) Kay, Sandra SO	4) Voith, Amy FR	
44.60 33.76 33.13	32.17			
9 Saint John Paul the Great Cath-VA	B	2:46.50	2:41.65	
1) McCoppin, Kelly JR	2) McCormick, Madison JR	3) Miller, Ellie SO	4) Kattah, Kayla JR	
45.45 42.31 44.46	29.43			
10 Immanuel Christian High School	B	2:49.00	2:42.58	
1) Burgess, Ella	2) Neikrik, Victoria	3) Erickson, Alexandra	4) Taliaferro, Isabel	
40.70 40.62 43.02	38.24			
--- Oakcrest School-VA	D	NT	X2:20.46	
1) Van Meter, Juliet FR	2) Yoshihara, Teresa FR	3) Heinrichs, Charlotte FR	4) Turner, Lacey FR	
38.07 35.76 34.97	31.66			
--- Trinity Christian School-VA	C	2:29.73	X2:21.03	
1) Brown, Lena 8	2) Bang, Sophia 8	3) Yu, Renee SO	4) Bailey, Holly SO	
56.44 21.84 31.68	31.07			
--- Fredericksburg Christian High-V	B	2:10.00	X2:24.02	
1) Dahlberg, Catherine 8	2) Ryan, Adrie 7	3) Sebero, Emmah SO	4) Blevins, Colby SO	
36.22 37.61 44.66	25.53			
--- Oakcrest School-VA	C	2:34.34	X2:31.43	
1) Larson, Zoe SO	2) Schneider, Adele FR	3) Eschmann, Brigita 8	4) Wyckoff, Drew FR	
40.57 42.16 36.23	32.47			
--- Seton Swimming	C	2:30.00	X2:35.16	
1) Zadnik, Madelyn SR	2) Rodriguez, Noemi FR	3) Blanchette, Meg JR	4) Baughman, Jenny 7	
39.09	40.78			
--- Seton Swimming	E	2:37.00	X2:36.93	
1) Mantooth, Avila 8	2) Brand, Caroline FR	3) Bauer, Molly JR	4) Judge, Clare 7	
44.39 45.00 35.82	31.72			

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**(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton Swimming	D	2:35.00	X2:39.48	
1) Hurley, Mary Catherine JR	2) Judge, Jane 8	3) Mikkelson, Annabelle 7	4) Herwick, Lucy 7	
37.77 43.43 42.35	35.93			
--- Trinity Christian School-VA	D	2:50.61	X2:45.36	
1) Yu, Laela SR	2) Miller, Eliza FR	3) Dang, Alexis 7	4) Hill, Emma SO	
55.01 43.14 38.55	28.66			
--- Seton Swimming	H	2:43.00	X2:47.23	
1) Hurley, Elizabeth 8	2) Munsell, Mary Catherine SO	3) Kohlhaas, Sofia 8	4) Armstrong, Sage FR	
35.06 41.87 53.18	37.12			
--- Seton Swimming	K	2:49.00	X2:52.29	
1) Bingham, Mariana FR	2) Osilka, Mary Claire SO	3) Gibaldi, Gigi FR	4) Bingham, Veronica 7	
43.59 46.18 46.16	36.36			
--- Seton Swimming	F	2:39.00	X2:54.63	
1) Cunningham, Lucy JR	2) Gonzalez, Veronica 8	3) Irving, Monica 8	4) Andreu, Angela 8	
32.85 49.39 59.09	33.30			
--- Seton Swimming	I	2:45.00	X2:55.27	
1) Waldron, Lily 8	2) Bauer, Katie 8	3) Nguyen, Bella 8	4) Quispe, Camila 7	
44.58 43.54 53.22	33.93			
--- Seton Swimming	J	2:47.00	X3:03.33	
1) Haggerty, Orla JR	2) Mayer, Evie 7	3) Heiny, Clare 8	4) DeWolf, Rosie 7	
40.10 58.10 46.20	38.93			
--- Seton Family Homeschool	A	2:40.00	X3:12.64	
1) Catabui, Grace 6	2) Mikkelson, Maggie 6	3) Kay, Claire 6	4) Mayer, Audrey 6	
53.66 45.03 37.38	56.57			
--- Oakcrest School-VA	B	2:14.83	DQ	
Stroke Infraction swimmer #3: Alternating Kick - fly				
1) Saunders, Sabrina FR	2) Mochen, Catherine JR	3) Hazelwood, Lindley FR	4) Erickson, Katelyn SO	
35.98 38.01 31.50	27.37			
--- Seton Swimming	G	2:41.00	XDQ	
Stroke Infraction swimmer #1: Shoulders past vertical toward breast - back				
1) Maranian, Julia 8	2) Haggerty, Aoife FR	3) Quispe, Allison SO	4) Shillingburg, Briana JR	
50.42 42.52 47.37	39.79			
--- Fredericksburg Christian High-V/	C	2:26.21	SCR	

**Event 3 Boys 200 Yard Freestyle**

**Seton: 1:38.54 @ 1/31/2010 S.J. Hill**

**Nat Cath QT: 1:57.50 +**

**VISAA QT: 2:01.47 \$**

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler	SO	Trinity Christian School-VA	1:44.53	1:47.44 +	
24.68 27.00 28.28	27.48				
2 Brox, Michael	JR	Seton Swimming	2:09.70	1:59.79 \$	
26.82 29.32 31.11	32.54				
3 Sokban, Daniel	FR	Seton Swimming	2:12.16	2:05.80	
27.06 32.34 33.19	33.21				
4 Konstanty, Peter	SR	Seton Swimming	2:17.49	2:16.48	
28.59 34.51 37.02	36.36				
5 Robillard, Lucas	8	Trinity Christian School-VA	2:15.99	2:17.07	
28.68 32.67 37.22	38.50				
6 Judge, Dominic	FR	Seton Swimming	2:21.62	2:19.19	
29.88 35.72 38.77	34.82				
7 Lam, Micah	FR	Immanuel Christian High School	2:25.00	2:24.32	
31.82 36.39 38.53	37.58				

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**(Event 3 Boys 200 Yard Freestyle)**

	Name			Yr	School	Seed Time	Finals Time	Points
8	Gade, William			SO	Immanuel Christian High School	2:25.00	2:26.71	
	31.67	38.01	39.26	37.77				
9	Taylor, Scott			JR	Immanuel Christian High School	2:35.00	2:42.42	
	34.05	39.95	43.79	44.63				
10	Jang, Ian			FR	Trinity Christian School-VA	2:46.82	2:49.87	
			45.73	41.78				
11	White, Liam			SO	Immanuel Christian High School	2:45.00	3:19.60	
	37.28	48.51	58.00	55.81				
---	Koehr, Connor			JR	Seton Swimming	2:20.26	X2:04.20	
	27.82	31.50	33.10	31.78				
---	Pinkley, Isaac			FR	Immanuel Christian High School	2:47.00	X2:39.66	
	36.78	40.94	42.95	38.99				
---	Saffian, Walter			JR	Seton Swimming	4:26.09	X3:23.26	
	38.81	41.80	59.14	1:03.51				
---	Minarik, Joseph			SR	Seton Family Homeschool	3:52.41	X3:38.30	
	40.35	50.40	1:01.70	1:05.85				
---	Gregory, Jack			SR	Seton Swimming	4:02.34	X3:42.47	
	39.75	51.49	1:03.74	1:07.49				
---	Hoover, Caleb			JR	Trinity Christian School-VA	2:25.44	XNS	

**Event 4 Girls 200 Yard Freestyle**

Seton: 1:55.74 @ 2/18/2000 K. Shipko

Nat Cath QT: 2:15.50 +

VISAA QT: 2:13.44 \$

	Name			Yr	School	Seed Time	Finals Time	Points
1	Witdoeck, Allie			SR	Trinity Christian School-VA	1:48.86	1:51.51\$	
	26.03	27.95	28.60	28.93				
2	Bryan, Elizabeth			SO	Oakcrest School-VA	1:54.45	1:59.07\$	
	26.47	29.42	31.50	31.68				
3	Shumate, Kate			FR	Immanuel Christian High School	2:14.67	2:06.22\$	
	27.92	31.05	33.43	33.82				
4	Gibbons, Maggie			SR	Seton Swimming	2:18.51	2:14.01+	
	29.57	32.41	35.71	36.32				
5	Schroer, Maggie			8	Seton Swimming	2:26.95	2:16.04	
	30.52	34.40	36.09	35.03				
6	Hill, Gigi			SO	Seton Swimming	2:18.82	2:18.32	
	29.91	34.05	37.38	36.98				
7	Hsieh, Maggi			FR	Trinity Christian School-VA	2:22.93	2:18.43	
	30.89	35.13	36.22	36.19				
8	Koler, Isabella			SO	Saint John Paul the Great Cath-VA	2:28.00	2:18.66	
	29.97	34.15	35.71	38.83				
9	Cunningham, Lucy			JR	Seton Swimming	2:30.58	2:23.02	
	33.23	35.80	36.65	37.34				
10	Myers, Allie			8	Trinity Christian School-VA	2:23.32	2:23.57	
	29.81	35.14	38.50	40.12				
11	Yaroschak, Bella			SR	Trinity Christian School-VA	2:28.45	2:25.65	
	31.45	36.78	38.77	38.65				
12	Kay, Sandra			SO	Saint John Paul the Great Cath-VA	2:30.00	2:28.72	
	33.25	37.16	38.62	39.69				
13	Van Meter, Juliet			FR	Oakcrest School-VA	2:32.60	2:32.63	
	35.14	38.44	41.74	37.31				
14	Heinrichs, Charlotte			FR	Oakcrest School-VA	2:41.67	2:34.97	
	31.21	37.76	42.45	43.55				

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**(Event 4 Girls 200 Yard Freestyle)**

	Name			Yr	School	Seed Time	Finals Time	Points
15	Blevins, Hannah			SO	Fredericksburg Christian High-VA	2:35.00	2:35.28	
	36.25	39.51	40.60	38.92				
16	Turner, Lacey			FR	Oakcrest School-VA	2:44.33	2:47.91	
	35.25	41.63	46.09	44.94				
17	Conway, Sam			FR	Saint John Paul the Great Cath-VA	2:46.89	2:49.60	
	37.51	43.61	45.64	42.84				
18	Marte, Jaasiel			8	Fredericksburg Christian High-VA	2:55.00	3:22.47	
	45.58	51.36	1:45.53					
---	Mantooth, Avila			8	Seton Swimming	2:40.74	X2:42.80	
	33.18	40.47	46.98	42.17				
---	Bailey, Anna			8	Trinity Christian School-VA	2:48.24	X2:47.57	
	34.03	41.41	45.72	46.41				
---	Haggerty, Aoife			FR	Seton Swimming	3:32.05	X2:50.13	
	37.26	43.42	46.04	43.41				
---	Kay, Claire			6	Seton Family Homeschool	3:06.89	X2:50.47	
	36.91	44.35	46.60	42.61				
---	Szerszen, Catherine			FR	Oakcrest School-VA	2:45.82	X2:53.47	
	38.11	2:15.36						
---	Wyckoff, Drew			FR	Oakcrest School-VA	2:45.70	X2:54.11	
	35.01	42.66	48.25	48.19				
---	Schneider, Adele			FR	Oakcrest School-VA	2:45.66	X2:56.02	
	38.96	44.26	47.84	44.96				
---	Osilka, Mary Claire			SO	Seton Swimming	3:13.54	X2:57.28	
	35.13	42.09	46.90	53.16				
---	Saunders, Sabrina			FR	Oakcrest School-VA	2:45.80	X3:00.00	
	37.34	44.89	49.23	48.54				
---	Mikkelson, Maggie			6	Seton Family Homeschool	3:37.28	X3:16.64	
	40.08	49.47	53.34	53.75				
---	Williams, Luisa			JR	Oakcrest School-VA	3:06.66	XNS	
---	Dusek, Annie			8	Seton Swimming	3:04.00	SCR	

**Event 5 Boys 200 Yard IM**

Seton: 1:54.70 @ 2/17/2008 N. Cook

Nat Cath QT: 2:14.00 +

VISAA QT: 2:18.04 \$

	Name			Yr	School	Seed Time	Finals Time	Points
1	Kim, Justin			SR	Trinity Christian School-VA	2:04.44	2:00.62 +	
	25.54	31.50	34.09	29.49				
2	Martinez, Lionel			FR	Seton Swimming	2:04.24	2:01.80 +	
	26.90	31.98	35.68	27.24				
3	Wolf, Caleb			SR	Immanuel Christian High School	2:07.79	2:03.10 +	
	25.10	32.39	38.01	27.60				
4	Koler, Eric			SO	Saint John Paul the Great Cath-VA	2:14.02	2:12.19 +	
	29.01	36.19	34.40	32.59				
5	Martinez, Thiago			8	Seton Swimming	2:15.26	2:12.97 +	
	27.44	33.33	40.35	31.85				
6	Kay, Patrick			8	Seton Swimming	2:31.60	2:27.78	
	32.17	38.90	43.51	33.20				
7	Herwick, Jack			8	Seton Swimming	2:37.75	2:37.46	
			52.08	35.39				
8	Wang, Luke			SR	Trinity Christian School-VA	2:44.17	2:39.31	
	32.81	41.99	44.79	39.72				
9	Gade, Tyler			SO	Immanuel Christian High School	3:17.50	2:44.01	
	34.48	41.04	50.54	37.95				

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**(Event 5 Boys 200 Yard IM)**

	Name			Yr	School	Seed Time	Finals Time	Points
10	Bluey, Ben			FR	Immanuel Christian High School	2:48.00	2:53.13	
	36.95	46.34	51.64	38.20				
11	Yu, Evan			FR	Trinity Christian School-VA	3:10.44	3:03.97	
	32.84	51.72	50.99	48.42				
12	Burgess, Grey			SO	Immanuel Christian High School	3:00.67	3:04.48	
	36.45	46.04	57.09	44.90				
---	Bauer, Greg			SO	Seton Swimming	2:42.41	XDQ	
	Shoulders past vertical toward breast - back							
	33.40	36.32	43.15	35.70				
---	Cooley, JJ			SO	Seton Swimming	NT	SCR	

**Event 6 Girls 200 Yard IM**

Seton: 2:08.58 @ 2/17/2023 A. Aldeguer  
 Nat Cath QT: 2:35.00 +  
 VISAA QT: 2:29.40 \$

	Name			Yr	School	Seed Time	Finals Time	Points
1	Aldeguer, Ariana			FR	Seton Swimming	2:08.57	2:12.59\$	
	28.84	33.16	40.07	30.52				
2	Rowan, Elliott			8	Oakcrest School-VA	2:15.08	2:18.67\$	
	29.11	34.54	42.43	32.59				
3	Klanderma, Liz			JR	Trinity Christian School-VA	2:20.97	2:19.20\$	
	28.96	35.35	39.78	35.11				
4	Condon, Clara			JR	Seton Swimming	2:29.68	2:21.98\$	
	30.06	37.35	40.22	34.35				
5	Schlieter, Audrey			SO	Trinity Christian School-VA	2:21.24	2:26.32\$	
	29.14	36.47	45.77	34.94				
6	Pattie, Sydney			JR	Saint John Paul the Great Cath-VA	2:36.56	2:31.43+	
	33.12	35.27	44.68	38.36				
7	Witdoeck, Karis			JR	Trinity Christian School-VA	2:33.88	2:34.56+	
	31.79	36.58	47.83	38.36				
8	Kay, Philomena			FR	Seton Swimming	2:36.17	2:34.78+	
	33.72	40.62	45.03	35.41				
9	Cinotti, Ema			8	Oakcrest School-VA	2:40.02	2:36.88	
	35.17	40.44	47.60	33.67				
10	Myers, Lydia			FR	Immanuel Christian High School	2:41.50	2:38.57	
	34.00	39.37	51.21	33.99				
11	Willis, Isa			FR	Saint John Paul the Great Cath-VA	2:40.00	2:40.38	
	33.03	39.02	50.85	37.48				
12	Zadnik, Madelyn			SR	Seton Swimming	2:44.88	2:43.53	
	33.13	41.65	48.84	39.91				
13	Yu, Renee			SO	Trinity Christian School-VA	3:01.17	2:59.28	
	33.61	46.40	56.83	42.44				
14	McDonnell, Maddie			SO	Oakcrest School-VA	3:01.47	3:03.96	
	37.99	41.68	59.26	45.03				
15	Sebero, Emmah			SO	Fredericksburg Christian High-VA	3:00.45	3:12.87	
	40.56	52.04	53.09	47.18				
16	Schroer, Caroline			6	Seton Family Homeschool	3:30.00	3:29.96	
	43.69	58.83	59.45	47.99				
---	Bauer, Katie			8	Seton Swimming	3:28.21	X3:07.61	
	43.45	44.26	57.26	42.64				
---	Bingham, Mariana			FR	Seton Swimming	3:20.63	X3:15.06	
	37.19	52.57	59.90	45.40				

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**(Event 6 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Magee, Amelia	SO	Oakcrest School-VA	2:56.45	DQ	
Scissors kick - breast					
34.36	43.41	52.01	38.85		
--- Arnold, Betsy	8	Seton Swimming	3:07.95	SCR	
--- Miller, Evie	FR	Fredericksburg Christian High-VA	2:27.34	SCR	

**Event 7 Boys 50 Yard Freestyle**

Seton: 21.22 @ 2/19/2010 S.J. Hill  
 Nat Cath QT: 24.95 +  
 VISAA QT: 24.14 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Knewton, Jack	SR	Fredericksburg Christian High-VA	23.58	23.28\$	
2 Halisky, Liam	JR	Seton Swimming	24.86	24.00\$	
3 Wolf, Moses	FR	Immanuel Christian High School	25.05	24.07\$	
4 Fiala, Caleb	FR	Immanuel Christian High School	24.35	24.10\$	
5 Borneman, Joseph	JR	Seton Swimming	24.82	24.21+	
6 Jang, Elliot	SR	Trinity Christian School-VA	24.90	24.73+	
7 Wilson, Max	JR	Seton Swimming	24.96	24.85+	
8 Pearson, Nate	SR	Trinity Christian School-VA	25.50	25.05	
9 Sokban, Daniel	FR	Seton Swimming	25.60	25.06	
10 Koler, Evan	SO	Saint John Paul the Great Cath-VA	28.00	25.33	
11 Koler, Eric	SO	Saint John Paul the Great Cath-VA	27.00	25.48	
12 Abidin, Christian	SR	Trinity Christian School-VA	26.66	26.05	
13 Mastrianni, Dominic	SR	Saint John Paul the Great Cath-VA	26.50	26.38	
14 Anderson, Brenton	FR	Immanuel Christian High School	28.17	26.59	
15 Ryan, Nathan	FR	Fredericksburg Christian High-VA	29.02	26.90	
16 Rutkowski, Juan	SR	Immanuel Christian High School	28.29	27.42	
17 Ognak, Gabe	SR	Fredericksburg Christian High-VA	29.49	28.12	
18 Gebhardt, Lucas	8	Fredericksburg Christian High-VA	30.19	28.32	
19 Nguyen, Karsten	FR	Saint John Paul the Great Cath-VA	33.72	34.04	
20 Sedaca, Jacob	SR	Trinity Christian School-VA	32.80	36.43	
--- Partridge, Luke	FR	Seton Swimming	26.56	X27.09	
--- Nguyen, Kenneth	FR	Seton Swimming	29.23	X28.75	
--- Taylor, JT	FR	Immanuel Christian High School	31.11	X29.83	
--- Lynch, Joey	8	Seton Swimming	31.21	X31.06	
--- Partridge, Paul	6	Seton Family Homeschool	31.47	X31.12	
--- Bookwalter, Joel	7	Seton Swimming	32.91	X31.95	
--- Ellis, Ben	FR	Seton Swimming	32.73	X32.04	
--- Riley, Jack	FR	Immanuel Christian High School	33.43	X32.92	
--- Rodriguez, Evan	JR	Seton Swimming	31.61	X33.08	
--- Pitner, Samuel	FR	Fredericksburg Christian High-VA	33.06	X33.38	
--- Howell, Caleb	6	Fredericksburg Christian High-VA	35.67	X34.01	
--- Fay, Benjamin	SO	Immanuel Christian High School	33.37	X34.30	
--- Cooley, John	8	Seton Swimming	36.24	X37.97	
--- Haggerty, Eamon	7	Seton Swimming	40.07	X38.58	
--- Kohlhaas, Daniel	7	Seton Swimming	40.36	X39.44	
--- Judge, Patrick	FR	Seton Swimming	40.77	X41.18	
--- Reynolds, James	7	Seton Swimming	38.98	X41.61	
--- Priebe, Joey	SR	Fredericksburg Christian High-VA	50.57	X51.40	
--- Maranian, Matthew	6	Seton Family Homeschool	42.90	XDQ	
--- Chuquillangui, Jaidan	JR	Saint John Paul the Great Cath-VA	30.19	DQ	
No touch on turn					

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Micheal Gallagher, Zachary	JR	Saint John Paul the Great Cath-VA	33.75	NS	
--- Orellana, Brian	8	Seton Swimming	52.92	SCR	
--- Meade, Charles Fielding	7	Fredericksburg Christian High-VA	43.24	SCR	
--- Smith, CJ	6	Fredericksburg Christian High-VA	40.90	SCR	
--- Dix, Brycen	6	Fredericksburg Christian High-VA	40.59	SCR	
--- Dusek, Charlie	SO	Seton Swimming	36.73	SCR	

**Event 8 Girls 50 Yard Freestyle**

Seton: 24.06 @ 2/16/2018 A. Kenna

Nat Cath QT: 28.95 +

VISAA QT: 26.96 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Womack, Kristen	SR	Trinity Christian School-VA	26.97	25.29\$	
2 Wiggins, Allie	SO	Trinity Christian School-VA	26.14	26.29\$	
3 Paradise, Stella	SR	Seton Swimming	25.98	26.30\$	
4 Brox, Elodie	JR	Seton Swimming	26.63	26.35\$	
5 Bailey, Mary	SR	Trinity Christian School-VA	27.60	27.64+	
6 Willis, Isa	FR	Saint John Paul the Great Cath-VA	26.97	27.70+	
*7 Fifield, Kyleigh	FR	Seton Swimming	29.01	28.62+	
*7 Erickson, Katelyn	SO	Oakcrest School-VA	28.53	28.62+	
9 White, Cecilia	SR	Saint John Paul the Great Cath-VA	28.73	28.64+	
10 Ryan, Gabbie	SO	Fredericksburg Christian High-VA	28.79	28.76+	
11 Gilbert, Maddie	8	Trinity Christian School-VA	28.19	29.22	
12 Hurley, Mary Catherine	JR	Seton Swimming	30.02	29.98	
13 Roberson, Emma	SO	Fredericksburg Christian High-VA	30.31	30.20	
14 Eschmann, Brigita	8	Oakcrest School-VA	31.11	31.35	
15 Angarag, Alice	SO	Saint John Paul the Great Cath-VA	30.81	31.76	
16 DuBois, Mariah	FR	Immanuel Christian High School	32.22	31.77	
17 Voith, Amy	FR	Saint John Paul the Great Cath-VA	30.81	31.86	
18 Larson, Elle	SO	Oakcrest School-VA	33.23	31.92	
19 Meadows, Payton	SR	Fredericksburg Christian High-VA	31.19	32.02	
20 Erickson, Megan	8	Oakcrest School-VA	33.08	32.70	
21 Miller, Ellie	SO	Saint John Paul the Great Cath-VA	33.09	x33.00	
22 Kattah, Kayla	JR	Saint John Paul the Great Cath-VA	35.48	x36.87	
23 McCoppin, Kelly	JR	Saint John Paul the Great Cath-VA	35.75	x37.33	
24 Taliaferro, Isabel		Immanuel Christian High School	37.84	38.96	
25 Miller, Eva		Immanuel Christian High School	53.54	52.30	
--- Waldron, Rose	JR	Seton Swimming	29.59	X28.98	
--- Hill, Emma	SO	Trinity Christian School-VA	29.68	X29.80	
--- Dahlberg, Catherine	8	Fredericksburg Christian High-VA	32.94	X30.78	
--- Ryan, Fiona	SO	Oakcrest School-VA	31.84	X31.06	
--- Rodriguez, Noemi	FR	Seton Swimming	33.54	X32.15	
--- Miller, Eliza	FR	Trinity Christian School-VA	32.84	X32.42	
--- Waldron, Lily	8	Seton Swimming	31.46	X32.55	
--- Munsell, Mary Catherine	SO	Seton Swimming	32.65	X33.28	
--- Neikrik, Victoria		Immanuel Christian High School	32.45	X33.39	
--- Erickson, Alexandra		Immanuel Christian High School	32.68	X33.51	
--- Cooley, Katie	6	Seton Family Homeschool	35.50	X34.29	
--- Mikkelson, Annabelle	7	Seton Swimming	34.72	X34.62	
--- Rizzo, Hazel	FR	Oakcrest School-VA	34.73	X34.71	
--- Larson, Zoe	SO	Oakcrest School-VA	34.66	X35.23	
--- Kohlhaas, Sofia	8	Seton Swimming	36.25	X35.65	



## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 8 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Chapman, Haylie	FR	Fredericksburg Christian High-VA	40.22	X35.80	
--- Barvick, Lulu		Oakcrest School-VA	34.45	X36.36	
--- Chapman, Elizabeth	FR	Fredericksburg Christian High-VA	37.42	X36.39	
--- Quispe, Allison	SO	Seton Swimming	36.23	X36.50	
--- Meadows, Morgan	FR	Fredericksburg Christian High-VA	37.10	X36.64	
--- Marte, Jaasiel	8	Fredericksburg Christian High-VA	36.42	X37.04	
--- Nguyen, Bella	8	Seton Swimming	36.33	X38.20	
--- Nash, Mia	FR	Oakcrest School-VA	36.03	X38.34	
--- Gibaldi, Gigi	FR	Seton Swimming	36.93	X38.46	
--- Yu, Laela	SR	Trinity Christian School-VA	38.87	X38.60	
--- Lappinga, Norah	6	Fredericksburg Christian High-VA	38.40	X38.94	
--- Shillingburg, Briana	JR	Seton Swimming	40.26	X40.02	
--- Meadows, Reagan	6	Fredericksburg Christian High-VA	41.67	X41.23	
--- Gonzalez, Veronica	8	Seton Swimming	40.83	X41.23	
--- Armstrong, Sage	FR	Seton Swimming	42.11	X44.48	
--- Tasky, Tara	6	Fredericksburg Christian High-VA	51.69	X45.75	
--- Andreu, Angela	8	Seton Swimming	48.06	X49.91	
--- Mayer, Audrey	6	Seton Family Homeschool	1:00.28	X57.81	
--- Mayer, Evie	7	Seton Swimming	58.50	X58.39	
--- Partridge, Lila	FR	Seton Swimming	43.65	XNS	
--- Hoa Deal, Isabela	JR	Saint John Paul the Great Cath-VA	49.62	NS	
--- Whittaker, Eila	6	Fredericksburg Christian High-VA	49.32	SCR	
--- Chen, Alison	8	Fredericksburg Christian High-VA	31.36	SCR	

**Event 9 Boys 1 mtr Diving**

Seton: 207.40 @ 1/19/2013 J. Doran

Name	Yr	School	Finals Score	Points
1 Koehr, Connor	JR	Seton Swimming	231.10	201.35
2 Edwards, Eli	8	Trinity Christian School-VA	169.05	188.65
3 Fioramonti, Mick	SR	Seton Swimming	198.25	157.00
4 Hoover, Caleb	JR	Trinity Christian School-VA	162.11	146.65
5 Kohlhaas, Gus	JR	Seton Swimming	162.50	138.50
6 Oswald, Jacob	JR	Seton Swimming	177.65	123.30
--- Gonzalez, Max	JR	Seton Swimming	145.45	X111.30
--- Pearson, Nate	SR	Trinity Christian School-VA	104.50	X109.10
--- Robillard, Lucas	8	Trinity Christian School-VA	125.35	X93.70
--- Miller, Dominic	SR	Seton Family Homeschool	143.55	X93.00
--- Lemberg, Gabe	7	Trinity Christian School-VA	89.45	X82.30
--- Jackson, Dan	FR	Seton Swimming	68.45	X79.90
--- Wang, Luke	SR	Trinity Christian School-VA	113.65	X77.80
--- Sedaca, Jacob	SR	Trinity Christian School-VA	64.15	DQ
--- Ashton, Max	6	Seton Family Homeschool	NP	XNS
--- Gomez, Philip	JR	Seton Swimming	98.05	XNS

**Event 10 Girls 1 mtr Diving**

Seton: 152.55 @ 2/12/2022 M.C. Waldron

Name	Yr	School	Finals Score	Points
1 Rauschelbach, Teagen	FR	Saint John Paul the Great Cath-VA	315.70	157.85
2 Kissinger, Norah	SR	Oakcrest School-VA	NP	146.85
3 Waldron, Rose	JR	Seton Swimming	146.55	137.55
4 Miller, Eliza	FR	Trinity Christian School-VA	151.70	136.60
5 Abela, Mary	FR	Oakcrest School-VA	NP	135.85

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 10 Girls 1 mtr Diving)**

	Name	Yr	School		Finals Score	Points
6	Hill, Emma	SO	Trinity Christian School-VA	141.15	125.70	
7	Miller, Maria	SO	Seton Swimming	141.65	112.00	
8	Francis, Elizabeth	JR	Seton Swimming	121.25	109.80	
9	Friddle, Suzie	JR	Oakcrest School-VA	NP	105.50	
10	Condon, Meghan	8	Seton Swimming	132.15	103.60	
11	Bailey, Holly	SO	Trinity Christian School-VA	66.45	78.65	
12	Yu, Laela	SR	Trinity Christian School-VA	78.85	61.45	
---	Schlieter, Eloise	FR	Trinity Christian School-VA	117.80	X122.25	
---	Russo, Anna	JR	Seton Swimming	77.00	X97.10	
---	Hurley, Mary Catherine	JR	Seton Swimming	73.85	X94.60	
---	Kelly, Cecelia	8	Seton Swimming	85.95	X85.20	
---	Kay, Claire	6	Seton Swimming	84.60	X84.50	
---	Bailey, Mary	SR	Trinity Christian School-VA	86.85	X66.35	
---	Brox, Elodie	JR	Seton Swimming	88.70	X64.20	
---	Herwick, Lucy	7	Seton Swimming	50.15	X35.35	
---	Judge, Jane	8	Seton Swimming	46.10	X31.55	
---	Baughman, Rachel	7	Seton Swimming	26.70	X27.90	
---	Grinder, Lauren	8	Seton Swimming	37.87	XNS	

**Event 11 Boys 100 Yard Butterfly**

Seton: 51.76 @ 1/16/2010 S.J. Hill  
 Nat Cath QT: 58.50 +  
 VISAA QT: 1:01.02 \$

	Name	Yr	School	Seed Time	Finals Time	Points
1	Phillips, Tyler 24.53 26.68	SO	Trinity Christian School-VA	51.71	51.21 +	
2	Wolf, Joshua 24.51 27.18	SR	Immanuel Christian High School	54.04	51.69 +	
3	Yun, Noah 26.44 33.07	SO	Trinity Christian School-VA	59.95	59.51 \$	
4	Borneman, Joseph 27.89 33.24	JR	Seton Swimming	1:02.78	1:01.13	
5	Wilson, Max 28.91 37.42	JR	Seton Swimming	1:06.79	1:06.33	
6	Mantooth, Luke 31.96 37.76	SR	Seton Swimming	1:07.42	1:09.72	
7	Sokban, William 31.87 38.82	JR	Seton Swimming	1:10.13	1:10.69	
8	Masterson, Colton 32.89 38.76		Immanuel Christian High School	1:20.00	1:11.65	
9	Hoover, Caleb 32.40 42.77	JR	Trinity Christian School-VA	1:14.95	1:15.17	
10	Pinkley, Isaac 37.02 48.54	FR	Immanuel Christian High School	1:30.00	1:25.56	
---	Albin, Jed 34.55 42.51	SR	Seton Swimming	1:22.10	X1:17.06	
---	Zahorchak, Michael 35.16 43.25	FR	Seton Swimming	1:31.00	X1:18.41	
---	Saffian, Walter 48.77 1:19.85	JR	Seton Swimming	1:40.00	X2:08.62	
---	Cala, Philip	SO	Saint John Paul the Great Cath-VA	1:15.00	NS	

## VCAC Regular Season Championship - 1/6/2024

## Results

## Event 12 Girls 100 Yard Butterfly

Seton: 58.51 @ 12/16/2017 A. Kenna

Nat Cath QT: 1:10.50 +

VISAA QT: 1:06.82 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Ellis, Hannah 28.25 32.19	FR	Fredericksburg Christian High-VA	59.69	1:00.44 \$	
2 Davis, Gianna 29.05 34.19	JR	Saint John Paul the Great Cath-VA	1:03.29	1:03.24 \$	
3 Condon, Clara 30.02 33.48	JR	Seton Swimming	1:05.36	1:03.50 \$	
4 Schlieter, Audrey 30.24 34.27	SO	Trinity Christian School-VA	1:03.56	1:04.51 \$	
5 Shumate, Kate 31.96 36.50	FR	Immanuel Christian High School	1:11.95	1:08.46 +	
6 Myers, Allie 31.55 37.24	8	Trinity Christian School-VA	1:09.49	1:08.79 +	
7 Bingham, Lucia 32.95 40.91	JR	Seton Swimming	1:13.73	1:13.86	
8 Cinotti, Ema 34.60 40.12	8	Oakcrest School-VA	1:12.52	1:14.72	
9 Halisky, Sophia 33.66 42.27	8	Seton Swimming	1:16.11	1:15.93	
10 Zadnik, Madelyn 34.43 41.96	SR	Seton Swimming	1:17.03	1:16.39	
11 Heinrichs, Charlotte 34.63 44.43	FR	Oakcrest School-VA	1:18.54	1:19.06	
12 Obeng, Stella 36.54 44.30	8	Oakcrest School-VA	1:21.92	1:20.84	
13 Yu, Renee 35.15 47.96	SO	Trinity Christian School-VA	1:24.28	1:23.11	
14 Connally, Bella 37.85 45.41	FR	Immanuel Christian High School	1:20.00	1:23.26	
15 Bang, Sophia 42.43 53.09	8	Trinity Christian School-VA	1:37.85	1:35.52	
--- Hurley, Elizabeth 35.23 46.39	8	Seton Swimming	1:25.51	X1:21.62	
--- Bingham, Mariana 36.54 53.15	FR	Seton Swimming	1:25.38	X1:29.69	
--- Haggerty, Orla 38.97 53.78	JR	Seton Swimming	1:45.69	X1:32.75	
--- Judge, Jane	8	Seton Swimming	1:38.60	X1:33.79	
--- Haggerty, Aoife 42.40 54.03	FR	Seton Swimming	1:45.00	X1:36.43	
--- Brand, Caroline 44.42 53.76	FR	Seton Swimming	1:45.00	X1:38.18	
--- Blanchette, Meg 45.99 55.48	JR	Seton Swimming	1:45.00	X1:41.47	
--- Heiny, Clare 47.89 1:08.01	8	Seton Swimming	1:45.00	X1:55.90	
--- Bingham, Veronica Alternating Kick 52.26 1:07.02	7	Seton Swimming	1:57.35	XDQ	
--- Irving, Monica	8	Seton Swimming	1:45.00	XNS	
--- Kay, Sandra	SO	Saint John Paul the Great Cath-VA	1:19.06	NS	

## VCAC Regular Season Championship - 1/6/2024

## Results

## Event 13 Boys 100 Yard Freestyle

Seton: 45.67 @ 2/20/2010 S. J. Hill  
 Nat Cath QT: 53.00 +  
 VISAA QT: 53.09 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Caleb 24.52 25.57	SR	Immanuel Christian High School	48.76	50.09 +	
2 Brox, Michael 24.81 27.45	JR	Seton Swimming	54.36	52.26 +	
3 Nguyen, Andrew 26.49 29.01	JR	Seton Swimming	54.95	55.50	
4 Jang, Elliot 26.12 29.95	SR	Trinity Christian School-VA	56.09	56.07	
5 Halisky, Liam 26.99 30.31	JR	Seton Swimming	56.19	57.30	
6 Cole, Carter 27.07 30.24	SR	Trinity Christian School-VA	1:00.07	57.31	
7 Koler, Evan 27.07 31.09	SO	Saint John Paul the Great Cath-VA	58.00	58.16	
8 Pearson, Nate 27.52 31.12	SR	Trinity Christian School-VA	1:02.75	58.64	
9 Herwick, Jack 27.39 31.30	8	Seton Swimming	1:00.57	58.69	
10 Gade, Tyler 29.06 31.72	SO	Immanuel Christian High School	1:00.96	1:00.78	
11 Ross, Andrew 29.14 33.09	FR	Fredericksburg Christian High-VA	1:02.95	1:02.23	
12 Bluey, Ben 30.55 32.29	FR	Immanuel Christian High School	1:03.86	1:02.84	
13 Ogniek, Gabe 29.63 34.15	SR	Fredericksburg Christian High-VA	1:05.50	1:03.78	
14 Smith, James 31.84 34.74	SR	Saint John Paul the Great Cath-VA	1:06.03	1:06.58	
15 Green, Thomas 32.68 34.74	8	Fredericksburg Christian High-VA	1:06.48	1:07.42	
16 Taylor, JT 34.09 37.79	FR	Immanuel Christian High School	1:13.73	1:11.88	
17 Chuquillangui, Jaidan 34.19 38.36	JR	Saint John Paul the Great Cath-VA	1:20.72	1:12.55	
18 Gilman, Bryce 35.60 42.65	JR	Trinity Christian School-VA	1:20.21	1:18.25	
--- Bookwalter, Joel	7	Seton Swimming	1:16.32	X1:15.62	
--- Riley, Jack 37.22 42.86	FR	Immanuel Christian High School	1:16.59	X1:20.08	
--- White, Liam	SO	Immanuel Christian High School	1:19.50	X1:21.27	
--- Rodriguez, Evan 37.90 43.90	JR	Seton Swimming	1:21.97	X1:21.80	
--- Keapproth, Thomas 38.16 44.15	7	Seton Family Homeschool	1:18.74	X1:22.31	
--- Nguyen, James 37.73 45.46	6	Seton Family Homeschool	1:24.43	X1:23.19	
--- Fifield, Luke 38.55 44.69	7	Seton Swimming	1:28.37	X1:23.24	
--- Chiang, Oliver 40.33 43.64	6	Fredericksburg Christian High-VA	1:25.00	X1:23.97	

**VCAC Regular Season Championship - 1/6/2024****Results****(Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Pacuar, Stephan 36.78 48.65	6	Fredericksburg Christian High-VA	1:30.00	X1:25.43	
--- Lenker, David	6	Fredericksburg Christian High-VA	1:27.81	X1:28.02	
--- Cooley, John 45.81 45.10	8	Seton Swimming	1:27.12	X1:30.91	
--- Reynolds, James	7	Seton Swimming	1:36.49	X1:43.56	
--- Maranian, Matthew 44.08	6	Seton Family Homeschool	1:46.27	XDQ	
--- McCardell, Aidan	SO	Seton Swimming	1:30.49	XNS	
--- Wible, Evan	7	Seton Swimming	1:27.62	SCR	
--- Williams, Jaden	7	Fredericksburg Christian High-VA	2:01.21	SCR	
--- Orellana, Brian	8	Seton Swimming	2:46.81	SCR	
--- Liette, Jonathan	7	Fredericksburg Christian High-VA	1:20.04	SCR	
--- Smith, CJ	6	Fredericksburg Christian High-VA	1:44.11	SCR	

**Event 14 Girls 100 Yard Freestyle**

Seton: 52.05 @ 2/16/2018 A. Kenna

Nat Cath QT: 1:01.50 +

VISAA QT: 59.70 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna 26.44 28.55	JR	Saint John Paul the Great Cath-VA	52.50	54.99\$	
2 Aldeguer, Ariana 27.30 28.20	FR	Seton Swimming	54.55	55.50\$	
3 Wiggins, Allie 27.50 29.88	SO	Trinity Christian School-VA	58.76	57.38\$	
4 Bailey, Mary 29.79 30.80	SR	Trinity Christian School-VA	1:01.39	1:00.59+	
5 Hill, Gigi 29.50 31.85	SO	Seton Swimming	1:01.13	1:01.35+	
6 Fifield, Haley 29.57 32.04	JR	Seton Swimming	1:02.19	1:01.61	
7 McNichols, Mae Mae 29.21 33.01	FR	Oakcrest School-VA	1:00.28	1:02.22	
8 Schroer, Maggie 29.55 33.95	8	Seton Swimming	1:06.92	1:03.50	
9 Myers, Lydia 30.86 35.49	FR	Immanuel Christian High School	1:04.85	1:06.35	
10 Blevins, Hannah 34.13 35.75	SO	Fredericksburg Christian High-VA	1:07.13	1:09.88	
11 Dahlberg, Catherine 35.20 35.09	8	Fredericksburg Christian High-VA	1:10.72	1:10.29	
12 Yoshihara, Teresa 32.51 38.31	FR	Oakcrest School-VA	1:09.87	1:10.82	
13 Miller, Ellie 34.86 38.04	SO	Saint John Paul the Great Cath-VA	1:12.82	1:12.90	
14 Brown, Lena 35.85 38.31	8	Trinity Christian School-VA	1:14.89	1:14.16	
15 Mochen, Catherine 34.83 40.70	JR	Oakcrest School-VA	1:15.97	1:15.53	
16 Bailey, Anna 34.85 41.12	8	Trinity Christian School-VA	1:13.34	1:15.97	

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 14 Girls 100 Yard Freestyle)**

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
17	McCormick, Madison 35.94 40.99	JR	Saint John Paul the Great Cath-VA	1:18.17	1:16.93	
18	DuBois, Mariah 37.60 40.69	FR	Immanuel Christian High School	1:18.06	1:18.29	
19	Schneider, Adele 38.75 40.19	FR	Oakcrest School-VA	1:15.81	1:18.94	
20	Taliaferro, Isabel 43.35 44.11		Immanuel Christian High School	1:26.84	1:27.46	
21	McCoppin, Kelly 43.04 45.90	JR	Saint John Paul the Great Cath-VA	1:22.79	1:28.94	
---	Ryan, Adrie 32.16 34.56	7	Fredericksburg Christian High-VA	1:06.42	X1:06.72	
---	Hurley, Mary Catherine 32.90 36.35	JR	Seton Swimming	1:12.15	X1:09.25	
---	Dang, Alexis 32.23 37.97	7	Trinity Christian School-VA	1:13.93	X1:10.20	
---	Bauer, Katie 32.70 37.90	8	Seton Swimming	1:15.09	X1:10.60	
---	Turner, Lacey 33.72 40.03	FR	Oakcrest School-VA	1:16.22	X1:13.75	
---	Wyckoff, Drew 34.33 39.46	FR	Oakcrest School-VA	1:20.41	X1:13.79	
---	Rodriguez, Noemi 35.87 39.52	FR	Seton Swimming	1:21.51	X1:15.39	
---	Saunders, Sabrina 35.18 41.26	FR	Oakcrest School-VA	1:20.50	X1:16.44	
---	Bailey, Holly 35.91 40.90	SO	Trinity Christian School-VA	1:15.56	X1:16.81	
---	Szerszen, Catherine 38.47 40.15	FR	Oakcrest School-VA	1:18.60	X1:18.62	
---	Chapman, Elizabeth 37.50 41.57	FR	Fredericksburg Christian High-VA	1:19.52	X1:19.07	
---	Bauer, Molly 35.83 43.45	JR	Seton Swimming	1:30.40	X1:19.28	
---	Zaegel, Leanne 36.58 44.26	8	Fredericksburg Christian High-VA	1:24.05	X1:20.84	
---	Schroer, Caroline 37.45 45.29	6	Seton Family Homeschool	1:21.44	X1:22.74	
---	Meadows, Morgan 39.49 43.33	FR	Fredericksburg Christian High-VA	1:23.00	X1:22.82	
---	Nugent, Katie 39.43 43.96	JR	Oakcrest School-VA	1:22.07	X1:23.39	
---	Chapman, Haylie 39.05 44.40	FR	Fredericksburg Christian High-VA	1:34.02	X1:23.45	
---	Cooley, Katie 40.31 43.84	6	Seton Family Homeschool	1:25.07	X1:24.15	
---	Larson, Zoe 40.26 45.16	SO	Oakcrest School-VA	1:22.75	X1:25.42	
---	Burgess, Ella 41.31 44.20		Immanuel Christian High School	1:27.00	X1:25.51	
---	Herwick, Lucy 38.95 46.95	7	Seton Swimming	1:25.81	X1:25.90	
---	Nguyen, Bella 41.00 47.61	8	Seton Swimming	1:21.54	X1:28.61	

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Nash, Mia 42.11 46.75	FR	Oakcrest School-VA	1:26.32	X1:28.86	
--- DeWolf, Rosie 41.28 48.21	7	Seton Swimming	1:40.92	X1:29.49	
--- Lappinga, Norah 42.07 48.76	6	Fredericksburg Christian High-VA	1:29.96	X1:30.83	
--- Yu, Laela 42.55 49.17	SR	Trinity Christian School-VA	1:29.46	X1:31.72	
--- Quispe, Camila 42.09 50.60	7	Seton Swimming	1:33.64	X1:32.69	
--- Meadows, Reagan	6	Fredericksburg Christian High-VA	1:30.00	X1:33.21	
--- Shillingburg, Briana 43.96 50.52	JR	Seton Swimming	1:44.45	X1:34.48	
--- Mikkelson, Maggie 43.71 51.08	6	Seton Family Homeschool	1:35.03	X1:34.79	
--- Baughman, Jenny 47.22 53.55	7	Seton Swimming	1:37.73	X1:40.77	
--- Catabui, Grace 45.59 57.13	6	Seton Family Homeschool	1:39.06	X1:42.72	
--- Andreu, Angela 49.94 57.49	8	Seton Swimming	1:49.08	X1:47.43	
--- Tasky, Tara 47.11 1:00.87	6	Fredericksburg Christian High-VA	1:45.00	X1:47.98	
--- Maranian, Julia 48.98 59.20	8	Seton Swimming	1:51.69	X1:48.18	
--- Gibaldi, Gigi No touch on turn 40.26 47.45	FR	Seton Swimming	1:30.95	XDQ	
--- Partridge, Lila	FR	Seton Swimming	1:40.05	XNS	
--- Judge, Clare	7	Seton Swimming	1:40.88	XNS	
--- Dusek, Annie	8	Seton Swimming	1:14.62	SCR	
--- Miller, Molly	JR	Fredericksburg Christian High-VA	55.44	SCR	
--- Baroody, Isabel	SO	Fredericksburg Christian High-VA	59.00	SCR	

**Event 15 Boys 500 Yard Freestyle**

Seton: 4:27.19 @ 1/31/2010 S.J. Hill

Nat Cath QT: 5:20.00 +

VISAA QT: 5:41.90 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Witdoeckt, Jo 26.90 30.23 31.33 32.52 29.68	8	Trinity Christian School-VA	5:14.23 32.35	5:10.53 +	
2 Martinez, Thiago 28.26 31.48 32.64 34.11 32.10	8	Seton Swimming	5:36.01 34.86	5:29.59 \$	
3 Judge, Dominic 31.44 36.66 37.64 39.44 36.96	FR	Seton Swimming	6:28.63 40.08	6:19.80	
4 Sokban, William 31.70 35.83 38.43 40.79 39.37	JR	Seton Swimming	6:20.12 40.46	6:24.77	
5 Robillard, Lucas 31.00 35.62 38.97 41.60 36.36	8	Trinity Christian School-VA	6:30.44 41.30	6:26.63	

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 15 Boys 500 Yard Freestyle)**

Name		Yr	School	Seed Time	Finals Time	Points
6	Konstanty, Peter	SR	Seton Swimming	6:25.78	6:30.56	
	30.36 35.90 38.99		39.93 40.83 40.53 42.31	42.30		
	41.58 37.83					
7	Lam, Micah	FR	Immanuel Christian High School	6:45.00	6:50.00	
	33.63 38.03 39.98		41.78 42.76 43.87 43.88	44.38		
	42.30 39.39					
8	Rutkowski, Juan	SR	Immanuel Christian High School	6:49.88	6:56.49	
	32.95 38.76 41.73		42.37 42.43 44.39 44.08	43.84		
	43.83 42.11					
9	Gade, William	SO	Immanuel Christian High School	6:59.00	7:02.19	
	36.78 39.50 42.55		43.27 44.13 43.91 46.19	45.85		
	42.19 37.82					
10	Mastrianni, Dominic	SR	Saint John Paul the Great Cath-VA	6:50.00	7:08.56	
	34.60 38.52 41.12		42.87 43.84 44.49 45.62	46.82		
	46.87 43.81					
11	Taylor, Scott	JR	Immanuel Christian High School	6:59.00	7:33.07	
	35.02 41.83 44.66		45.98 48.58 46.07 48.93	47.81		
	48.05 46.14					
12	Abidin, Christian	SR	Trinity Christian School-VA	7:20.79	7:43.62	
	35.16 41.65		47.79 51.96 50.66	49.97		
	49.59 43.84					

**Event 16 Girls 500 Yard Freestyle**

Seton: 5:06.98 @ 2/1/1999 K. Shipko

Nat Cath QT: 5:40.00 +

VISAA QT: 5:58.88 \$

Name		Yr	School	Seed Time	Finals Time	Points
1	Witdoeckt, Allie	SR	Trinity Christian School-VA	4:57.29	4:58.71 +	
	27.32 30.11 30.79		30.49 30.26 30.12 30.46	30.23		
	29.81 29.12					
2	Paradise, Stella	SR	Seton Swimming	6:08.14	5:54.47 \$	
	31.13 34.54 35.42		36.06 35.93 36.67 36.69	37.17		
	36.70 34.16					
3	Hazelwood, Lindley	FR	Oakcrest School-VA	6:03.65	6:02.08	
	32.11 35.45 36.75		36.63 37.41 36.62 37.41	37.84		
	37.33 34.53					
4	Kay, Philomena	FR	Seton Swimming	6:28.31	6:22.17	
	31.55 36.27 38.46		39.04 40.78 39.85 39.79	40.48		
	37.79 38.16					
5	Schlieter, Eloise	FR	Trinity Christian School-VA	6:37.86	6:24.78	
	34.11 37.94 38.61		38.90 39.45 39.29 40.01	40.59		
	39.44 36.44					
6	Williams, Maeve	JR	Saint John Paul the Great Cath-VA	6:20.00	6:31.83	
	33.02 36.13 38.92		39.98 40.74 41.45 41.00	41.53		
	40.21 38.85					
7	Yaroschak, Bella	SR	Trinity Christian School-VA	6:45.63	6:39.41	
	33.18 37.66 39.27		40.30 41.05 40.41 42.80	41.94		
	42.05 40.75					
8	Fifield, Kyleigh	FR	Seton Swimming	7:30.00	6:48.44	
	34.52 39.47 41.95		43.34 43.08 42.91 41.19	42.58		
	41.35 38.05					
9	Cunningham, Lucy	JR	Seton Swimming	6:36.26	6:48.51	
	34.81 37.33 38.75		39.30 40.42 42.48 43.15	44.20		
	44.27 43.80					



## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 16 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
10 Gilbert, Maddie	8	Trinity Christian School-VA	6:36.36	6:52.77	
33.12 38.99 42.00	43.41 43.90 43.78 43.53	43.42			
41.54 39.08					
11 White, Cecilia	SR	Saint John Paul the Great Cath-VA	6:48.00	7:02.25	
33.61 39.25 43.40	44.00 43.01 43.52 45.16	43.88			
44.18 42.24					
12 Eschmann, Brigita	8	Oakcrest School-VA	NT	7:22.13	
37.96 43.50 44.48	44.60 46.05 46.26 46.69	45.47			
45.28 41.84					
13 Blevins, Colby	SO	Fredericksburg Christian High-VA	7:45.88	7:43.35	
40.49 47.42 48.49	47.36 47.93 48.08 47.74	46.38			
46.21 43.25					
14 Erickson, Megan	8	Oakcrest School-VA	NT	9:05.73	
40.44 49.00 52.58	57.47 1:00.04 59.95				
58.84 55.24					
--- Miller, Evie	FR	Fredericksburg Christian High-VA	5:30.80	SCR	

**Event 17 Boys 200 Yard Freestyle Relay**

Seton: 1:30.07 @ 2/19/2010 Hill, Koehr,Cook,Basinger

Nat Cath QT: 1:38.00 +

VISAA QT: 1:43.26 \$

Team	Relay	Seed Time	Finals Time	Points
1 Immanuel Christian High School	A	1:36.15	1:32.38 +	
1) Wolf, Joshua SR	2) Fiala, Caleb FR	3) Wolf, Moses FR	4) Wolf, Caleb SR	
22.86 23.46 23.67	22.39			
2 Trinity Christian School-VA	A	1:36.71	1:35.11 +	
1) Jang, Elliot SR	2) Pearson, Nate SR	3) Yun, Noah SO	4) Kim, Justin SR	
25.07 24.71 23.07	22.26			
3 Seton Swimming	A	1:36.34	1:35.86 +	
1) Brox, Michael JR	2) Borneman, Joseph JR	3) Halisky, Liam JR	4) Martinez, Lionel FR	
23.53 23.72 23.74	24.87			
4 Seton Swimming	B	1:41.74	1:39.49 \$	
1) Martinez, Thiago 8	2) Sokban, Daniel FR	3) Mantooh, Luke SR	4) Nguyen, Andrew JR	
25.23 24.63 25.24	24.39			
5 Fredericksburg Christian High-VA	A	1:48.25	1:44.11	
1) Ross, Andrew FR	2) Ognnek, Gabe SR	3) Ryan, Nathan FR	4) Knewtson, Jack SR	
27.77 27.44 26.38	22.52			
6 Saint John Paul the Great Cath-VA	A	1:47.96	1:46.01	
1) Mastrianni, Dominic SR	2) Smith, James SR	3) Koler, Evan SO	4) Koler, Eric SO	
25.86 28.16 26.90	25.09			
7 Trinity Christian School-VA	B	1:46.71	1:46.44	
1) Abidin, Christian SR	2) Robillard, Lucas 8	3) Wang, Luke SR	4) Cole, Carter SR	
27.23 27.73 26.03	25.45			
8 Immanuel Christian High School	B	1:51.32	1:52.99	
1) Burgess, Grey SO	2) Gade, William SO	3) Bluey, Ben FR	4) Gade, Tyler SO	
28.02 29.27 28.90	26.80			
9 Fredericksburg Christian High-VA	B	2:30.00	2:24.80	
1) Green, Thomas 8	2) Priebe, Joey SR	3) Pitner, Samuel FR	4) Gebhardt, Lucas 8	
29.99 52.59 34.41	27.81			
--- Seton Swimming	D	2:06.00	X1:54.62	
1) Bauer, Greg SO	2) Lynch, Joey 8	3) Ellis, Ben FR		
25.52 30.62 31.15	27.33			

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## Results

**(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton Swimming	G	2:12.00	X2:02.77	
1) Judge, Dominic FR	2) Zahorchak, Michael FR	3) Gregory, Jack SR	4) Orellana, Brian 8	
28.60 27.85 36.84	29.48			
--- Seton Swimming	C	2:04.00	X2:07.37	
1) Konstanty, Peter SR	2) Rodriguez, Evan JR	3) Saffian, Walter JR	4) Cooley, John 8	
26.89 35.43 29.85	35.20			
--- Seton Swimming	F	2:10.00	X2:08.35	
1) Albin, Jed SR	2) Nguyen, Kenneth FR	3) Bookwalter, Joel 7	4) Judge, Patrick FR	
27.83 29.19 38.91	32.42			
--- Seton Swimming	E	2:08.00	X2:12.22	
1) Kay, Patrick 8	2) Cooley, JJ SO	3) Haggerty, Eamon 7	4) Kohlhaas, Daniel 7	
26.33 26.02 39.25	40.62			
--- Seton Family Homeschool	A	2:19.09	X2:21.88	
1) Nguyen, James 6	2) Keapproth, Thomas 7	3) Partridge, Paul 6	4) Maranian, Matthew 6	
35.83 34.03 32.41	39.61			
--- Immanuel Christian High School	C	1:57.47	XDQ	
Early take-off swimmer #3				
1) Taylor, Scott JR	2) White, Liam SO	3) Pinkley, Isaac FR	4) Masterson, Colton	
33.40 30.25 28.83	27.04			
--- Seton Swimming	H	2:14.00	XNS	
1) Dusek, Charlie SO	2) Fifield, Luke 7	3) McCardell, Aidan SO	4) Reynolds, James 7	

**Event 18 Girls 200 Yard Freestyle Relay**

Seton: 1:40.05 @ 2/19/2010 Doonis,Rogers,Talbott,Donohoe

Nat Cath QT: 1:49.50 +

VISAA QT: 1:58.53 \$

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School-VA	A	1:45.44	1:47.34 +	
1) Wiggins, Allie SO	2) Gilbert, Maddie 8	3) Bailey, Mary SR	4) Schlieter, Audrey SO	
26.10 29.03 26.72	25.49			
2 Seton Swimming	A	1:48.63	1:47.39 +	
1) Paradise, Stella SR	2) Gibbons, Maggie SR	3) Hill, Gigi SO	4) Bingham, Lucia JR	
26.83 26.30 26.89	27.37			
3 Saint John Paul the Great Cath-VA	A	1:48.31	1:49.97 \$	
1) Pattie, Sydney JR	2) Williams, Maeve JR	3) Willis, Isa FR	4) Davis, Gianna JR	
27.74 29.53 27.17	25.53			
4 Seton Swimming	B	1:58.89	1:52.46 \$	
1) Kay, Philomena FR	2) Schroer, Maggie 8	3) Fifield, Kyleigh FR	4) Brox, Elodie JR	
28.72 27.85 30.10	25.79			
5 Oakcrest School-VA	A	1:50.82	1:52.93 \$	
1) Erickson, Katelyn SO	2) McDonnell, Maddie SO	3) Magee, Amelia SO	4) Bryan, Elizabeth SO	
29.06 29.55 29.43	24.89			
6 Trinity Christian School-VA	B	1:54.46	1:54.43 \$	
1) Hsieh, Maggi FR	2) Yu, Renee SO	3) Klanderma, Liz JR	4) Myers, Allie 8	
28.15 30.57 27.50	28.21			
7 Fredericksburg Christian High-VA	A	1:57.44	1:59.64	
1) Ellis, Hannah FR	2) Roberson, Emma SO	3) Ryan, Gabbie SO	4) Sebero, Emmah SO	
27.63 30.81 29.59	31.61			
8 Saint John Paul the Great Cath-VA	B	1:58.89	2:00.01	
1) White, Cecilia SR	2) Voith, Amy FR	3) Angarag, Alice SO	4) Koler, Isabella SO	
30.26 37.66 25.00	27.09			
9 Immanuel Christian High School	A	1:56.28	2:00.60	
1) Connally, Bella FR	2) DuBois, Mariah FR	3) Myers, Lydia FR	4) Shumate, Kate FR	
30.15 33.91 29.67	26.87			

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## Results

**(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
10 Oakcrest School-VA	B	1:59.43	2:01.55	
1) Heinrichs, Charlotte FR	2) Yoshihara, Teresa FR	3) Van Meter, Juliet FR	4) Obeng, Stella 8	
29.85 31.58 30.23	29.89			
11 Fredericksburg Christian High-V	B	2:00.74	2:14.43	
1) Meadows, Morgan FR	2) Dahlberg, Catherine 8	3) Chapman, Elizabeth FR	4) Blevins, Hannah SO	
37.56 31.79 35.10	29.98			
12 Immanuel Christian High School	B	2:19.99	2:22.68	
1) Taliaferro, Isabel	2) Burgess, Ella	3) Erickson, Alexandra	4) Neikrik, Victoria	
38.34 37.90 33.22	33.22			
--- Trinity Christian School-VA	C	2:12.44	X2:08.64	
1) Bailey, Holly SO	2) Miller, Eliza FR	3) Bang, Sophia 8	4) Bailey, Anna 8	
36.00 29.82 31.42	31.40			
--- Seton Swimming	G	2:32.00	X2:09.20	
1) Mantooh, Avila 8	2) Munsell, Mary Catherine SO	3) Mikkelson, Annabelle 7	4) Partridge, Lila FR	
29.62 33.27 1:06.31				
--- Seton Swimming	D	2:26.00	X2:13.04	
1) Waldron, Rose JR	2) Brand, Caroline FR	3) Blanchette, Meg JR	4) Gibaldi, Gigi FR	
28.29 33.01 37.64	34.10			
--- Seton Swimming	K	2:40.00	X2:13.61	
1) Waldron, Lily 8	2) Haggerty, Orla JR	3) Bingham, Mariana FR	4) Nguyen, Bella 8	
33.70	37.51			
--- Seton Swimming	C	2:24.00	X2:14.01	
1) Halisky, Sophia 8	2) Judge, Jane 8	3) Rodriguez, Noemi FR	4) Bingham, Veronica 7	
29.48 35.90 29.76	38.87			
--- Oakcrest School-VA	D	2:15.60	X2:14.56	
1) Saunders, Sabrina FR	2) Larson, Zoe SO	3) Szerszen, Catherine FR	4) Turner, Lacey FR	
32.36 35.09 44.99	22.12			
--- Oakcrest School-VA	C	2:15.01	X2:15.10	
1) Larson, Elle SO	2) Mochen, Catherine JR	3) Nugent, Katie JR	4) Ryan, Fiona SO	
32.79 33.29 38.61	30.41			
--- Fredericksburg Christian High-V	C	2:28.79	X2:21.20	
1) Ryan, Adrie 7	2) Chapman, Haylie FR	3) Lappinga, Norah 6	4) Zaegel, Leanne 8	
29.43 36.01 1:15.76				
--- Oakcrest School-VA	E	2:16.32	X2:22.65	
1) Barvick, Lulu	2) Rizzo, Hazel FR	3) Nash, Mia FR	4) Eschmann, Brigita 8	
36.84 35.59 38.75	31.47			
--- Seton Swimming	H	2:34.00	X2:26.86	
1) Cunningham, Lucy JR	2) Bauer, Katie 8	3) Bauer, Molly JR	4) Maranian, Julia 8	
33.45 31.29 34.99	47.13			
--- Seton Swimming	E	2:28.00	X2:28.27	
1) Zadnik, Madelyn SR	2) Baughman, Jenny 7	3) Quispe, Allison SO	4) Heiny, Clare 8	
22.25	36.96			
--- Seton Swimming	F	2:30.00	X2:29.91	
1) Hurley, Mary Catherine JR	2) Haggerty, Aoife FR	3) Gonzalez, Veronica 8	4) Armstrong, Sage FR	
30.32 33.01 41.45	45.13			
--- Saint John Paul the Great Cath-VA	C	2:36.23	X2:33.05	
1) McCoppin, Kelly JR	2) Kattah, Kayla JR	3) McCormick, Madison JR	4) Hoa Deal, Isabela JR	
37.96 36.59 32.55	45.95			
--- Seton Swimming	J	2:38.00	X2:39.31	
1) Hurley, Elizabeth 8	2) Osilka, Mary Claire SO	3) Kohlhaas, Sofia 8	4) Mayer, Evie 7	
30.51 33.04 36.27	59.49			
--- Seton Swimming	L	2:42.00	X2:39.85	
1) DeWolf, Rosie 7	2) Quispe, Camila 7	3) Herwick, Lucy 7	4) Shillingburg, Briana JR	
39.48 40.51 39.40	40.46			

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## Results

**(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton Family Homeschool	A	2:50.00	X2:54.54	
1) Schroer, Caroline 6	2) Cooley, Katie 6	3) Catabui, Grace 6	4) Mayer, Audrey 6	
34.06 35.82 45.08 59.58				
--- Seton Swimming	I	2:36.00	XNS	
1) Irving, Monica 8	2) Dusek, Annie 8	3) Judge, Clare 7	4) Andreu, Angela 8	
--- Fredericksburg Christian High-V#	D	2:35.59	SCR	

**Event 19 Boys 100 Yard Backstroke**

Seton: 51.48 @ 1/20/2006 K. Koehr  
 Nat Cath QT: 1:01.00 +  
 VISAA QT: 1:02.90 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Joshua	SR	Immanuel Christian High School	53.28	56.22 +	
27.25 28.97					
2 Witdoeckt, Jo	8	Trinity Christian School-VA	57.06	57.65 +	
28.00 29.65					
3 Martinez, Lionel	FR	Seton Swimming	56.71	58.24 +	
28.42 29.82					
4 Yun, Noah	SO	Trinity Christian School-VA	58.41	1:00.11 +	
28.85 31.26					
5 Koehr, Connor	JR	Seton Swimming	1:00.42	1:00.45 +	
28.70 31.75					
6 Kay, Patrick	8	Seton Swimming	1:09.67	1:09.69	
33.37 36.32					
7 Anderson, Brenton	FR	Immanuel Christian High School	1:15.29	1:10.24	
34.34 35.90					
8 Fiala, Caleb	FR	Immanuel Christian High School	1:15.00	1:11.22	
34.78 36.44					
9 Cala, Philip	SO	Saint John Paul the Great Cath-VA	1:12.59	1:11.92	
33.54 38.38					
10 Albin, Jed	SR	Seton Swimming	1:16.63	1:14.48	
35.57 38.91					
11 Smith, James	SR	Saint John Paul the Great Cath-VA	1:20.00	1:21.02	
39.91 41.11					
12 Jang, Ian	FR	Trinity Christian School-VA	1:36.13	1:22.06	
40.15 41.91					
13 Cunningham, Reid	SO	Saint John Paul the Great Cath-VA	1:28.67	1:25.32	
39.46 45.86					
14 Gilman, Bryce	JR	Trinity Christian School-VA	1:44.27	1:40.15	
48.00 52.15					
--- Bauer, Greg	SO	Seton Swimming	1:19.50	X1:15.00	
36.81 38.19					
--- Lynch, Joey	8	Seton Swimming	1:24.11	X1:18.06	
38.24 39.82					
--- Howell, Caleb	6	Fredericksburg Christian High-VA	1:29.00	X1:27.56	
43.04 44.52					
--- Fifield, Luke	7	Seton Swimming	1:52.40	X1:43.15	
47.52 55.63					
--- Chiang, Oliver	6	Fredericksburg Christian High-VA	1:32.00	X1:43.22	
49.83 53.39					
--- Gregory, Jack	SR	Seton Swimming	1:54.87	X1:47.49	
49.82 57.67					
--- Pacuar, Stephan	6	Fredericksburg Christian High-VA	1:56.83	X1:49.50	
51.31 58.19					

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Lenker, David No touch at turn 50.29 55.62	6	Fredericksburg Christian High-VA	1:35.00	XDQ	
--- Micheal Gallagher, Zachary	JR	Saint John Paul the Great Cath-VA	1:35.00	NS	
--- McCardell, Aidan	SO	Seton Swimming	2:01.22	XNS	
--- Williams, Jaden	7	Fredericksburg Christian High-VA	1:40.00	SCR	
--- Wible, Evan	7	Seton Swimming	1:59.90	SCR	
--- Meade, Charles Fielding	7	Fredericksburg Christian High-VA	2:05.24	SCR	
--- Dix, Brycen	6	Fredericksburg Christian High-VA	1:30.00	SCR	
--- Cooley, JJ	SO	Seton Swimming	1:33.75	SCR	
--- Dusek, Charlie	SO	Seton Swimming	1:45.72	SCR	
--- Liette, Jonathan	7	Fredericksburg Christian High-VA	1:34.14	SCR	

**Event 20 Girls 100 Yard Backstroke**

Seton: 55.62 @ 2/16/2018 A. Kenna

Nat Cath QT: 1:10.00 +

VISAA QT: 1:06.85 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Rowan, Elliott 30.95 31.97	8	Oakcrest School-VA	1:00.89	1:02.92 \$	
2 Womack, Kristen 30.45 32.71	SR	Trinity Christian School-VA	1:06.90	1:03.16 \$	
3 Pattie, Sydney 32.19 35.58	JR	Saint John Paul the Great Cath-VA	1:05.26	1:07.77 +	
4 Witdoeckt, Karis 32.84 35.13	JR	Trinity Christian School-VA	1:10.88	1:07.97 +	
5 Fifield, Haley 32.87 35.89	JR	Seton Swimming	1:07.60	1:08.76 +	
6 Gibbons, Maggie 36.10 36.21	SR	Seton Swimming	1:14.57	1:12.31	
7 Schlieter, Eloise 35.45 37.38	FR	Trinity Christian School-VA	1:15.67	1:12.83	
8 McNichols, Mae Mae 35.47 38.29	FR	Oakcrest School-VA	1:09.55	1:13.76	
9 Bingham, Lucia 35.60 38.60	JR	Seton Swimming	1:16.31	1:14.20	
10 McDonnell, Maddie	SO	Oakcrest School-VA	1:16.73	1:17.19	
11 Magee, Amelia 37.44 41.22	SO	Oakcrest School-VA	1:18.74	1:18.66	
12 Hurley, Elizabeth 38.30 41.84	8	Seton Swimming	1:20.32	1:20.14	
13 Meadows, Payton 40.88 42.49	SR	Fredericksburg Christian High-VA	1:21.64	1:23.37	
14 Brown, Lena	8	Trinity Christian School-VA	1:29.74	1:25.27	
15 Blevins, Colby	SO	Fredericksburg Christian High-VA	1:27.00	1:39.05	
--- Erickson, Katelyn 39.96 42.75	SO	Oakcrest School-VA	1:19.85	X1:22.71	
--- Van Meter, Juliet 41.50 44.57	FR	Oakcrest School-VA	1:22.70	X1:26.07	
--- Erickson, Alexandra 42.20 47.78		Immanuel Christian High School	1:29.02	X1:29.98	
--- Brand, Caroline	FR	Seton Swimming	1:29.93	X1:32.91	
--- Burgess, Ella		Immanuel Christian High School	1:31.07	X1:33.64	

## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Mikkelson, Annabelle 49.18 51.52	7	Seton Swimming	1:42.92	X1:40.70	
--- Herwick, Lucy 47.90 56.89	7	Seton Swimming	1:44.98	X1:44.79	
--- Quispe, Camila	7	Seton Swimming	1:54.08	X1:48.06	
--- Baughman, Jenny 50.60 1:03.28	7	Seton Swimming	1:57.93	X1:53.88	
--- Barvick, Lulu 56.34 59.74		Oakcrest School-VA	NT	X1:56.08	
--- Gonzalez, Veronica	8	Seton Swimming	2:15.97	X2:07.46	
--- Kattah, Kayla Shoulders past vertical toward breast 56.16 55.60	JR	Saint John Paul the Great Cath-VA	1:30.00	DQ	
--- Miller, Eva Shoulders past vertical toward breast 1:02.51 1:11.26		Immanuel Christian High School	2:59.00	DQ	
--- Quispe, Allison Delay initiating turn after past vertical 48.74 52.08	SO	Seton Swimming	1:39.41	XDQ	
--- Hoa Deal, Isabela	JR	Saint John Paul the Great Cath-VA	2:13.33	NS	
--- Williams, Luisa	JR	Oakcrest School-VA	NT	XNS	
--- Miller, Molly	JR	Fredericksburg Christian High-VA	1:01.70	SCR	
--- Whittaker, Eila	6	Fredericksburg Christian High-VA	2:10.00	SCR	

**Event 21 Boys 100 Yard Breaststroke**

Seton: 58.53 @ 1/27/2007 N. Cook

Nat Cath QT: 1:07.50 +

VISAA QT: 1:08.79 \$

Name	Yr	School	Seed Time	Finals Time	Points
1 Kim, Justin 28.64 31.93	SR	Trinity Christian School-VA	1:01.04	1:00.57 +	
2 Wolf, Moses 31.38 33.74	FR	Immanuel Christian High School	1:06.34	1:05.12 +	
3 Nguyen, Andrew 33.15 37.75	JR	Seton Swimming	1:09.98	1:10.90	
4 Cole, Carter 33.06 38.49	SR	Trinity Christian School-VA	1:14.90	1:11.55	
5 Mantooth, Luke 33.78 38.66	SR	Seton Swimming	1:12.30	1:12.44	
6 Wang, Luke 33.47 39.77	SR	Trinity Christian School-VA	1:15.90	1:13.24	
7 Yu, Evan 36.26 39.67	FR	Trinity Christian School-VA	1:28.36	1:15.93	
8 Partridge, Luke 35.51 41.01	FR	Seton Swimming	1:17.49	1:16.52	
9 Nguyen, Kenneth 39.07 43.11	FR	Seton Swimming	1:21.31	1:22.18	
10 Green, Thomas 40.19 47.53	8	Fredericksburg Christian High-VA	1:34.59	1:27.72	
11 Fay, Benjamin 41.89 50.62	SO	Immanuel Christian High School	1:31.72	1:32.51	
12 Burgess, Grey 43.36 49.52	SO	Immanuel Christian High School	1:31.61	1:32.88	

**VCAC Regular Season Championship - 1/6/2024****Results****(Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
13	Cunningham, Reid 42.58 50.42	SO	Saint John Paul the Great Cath-VA	1:30.00	1:33.00	
14	Nguyen, Karsten 43.69 51.21	FR	Saint John Paul the Great Cath-VA	1:38.94	1:34.90	
---	Masterson, Colton 36.27 40.57		Immanuel Christian High School	1:15.35	X1:16.84	
---	Zahorchak, Michael 36.36 42.60	FR	Seton Swimming	1:22.16	X1:18.96	
---	Ellis, Ben 39.52 45.17	FR	Seton Swimming	1:34.63	X1:24.69	
---	Partridge, Paul 47.62 51.82	6	Seton Family Homeschool	1:39.53	X1:39.44	
---	Nguyen, James	6	Seton Family Homeschool	1:37.32	X1:40.42	
---	Keapproth, Thomas 49.79 55.75	7	Seton Family Homeschool	1:46.65	X1:45.54	
---	Judge, Patrick 56.40 1:10.00	FR	Seton Swimming	2:31.53	X2:06.40	
---	Kohlhaas, Daniel One hand touch 1:08.58 1:15.79	7	Seton Swimming	2:36.13	XDQ	
---	Haggerty, Eamon One hand touch 1:05.48 1:15.03	7	Seton Swimming	2:20.62	XDQ	

**Event 22 Girls 100 Yard Breaststroke**

Seton: 1:05.77 @ 2/18/2022 A. Testani

Nat Cath QT: 1:18.00 +

VISAA QT: 1:16.38 \$

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Bryan, Elizabeth 31.78 35.56	SO	Oakcrest School-VA	1:04.30	1:07.34\$	
2	Klanderma, Liz 32.60 37.43	JR	Trinity Christian School-VA	1:10.67	1:10.03\$	
3	Ellis, Hannah 34.07 37.85	FR	Fredericksburg Christian High-VA	1:11.65	1:11.92\$	
4	Koler, Isabella 33.66 39.26	SO	Saint John Paul the Great Cath-VA	1:10.00	1:12.92\$	
5	Brox, Elodie 36.12 41.37	JR	Seton Swimming	1:18.56	1:17.49+	
6	Hsieh, Maggi 35.34 42.23	FR	Trinity Christian School-VA	1:24.09	1:17.57+	
7	Waldron, Rose 34.72 43.70	JR	Seton Swimming	1:16.44	1:18.42	
8	Halisky, Sophia 37.09 43.36	8	Seton Swimming	1:25.32	1:20.45	
9	Williams, Maeve 37.77 43.69	JR	Saint John Paul the Great Cath-VA	1:18.90	1:21.46	
10	Hazelwood, Lindley 39.16 43.93	FR	Oakcrest School-VA	1:17.62	1:23.09	
11	Roberson, Emma 40.35 44.67	SO	Fredericksburg Christian High-VA	1:23.87	1:25.02	
12	Mochen, Catherine 39.54 45.53	JR	Oakcrest School-VA	1:21.59	1:25.07	

## VCAC Regular Season Championship - 1/6/2024

## Results

## (Event 22 Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Finals Time	Points
13	Bailey, Holly 40.61 46.11	SO	Trinity Christian School-VA	1:28.76	1:26.72	
14	Connally, Bella 40.49 46.40	FR	Immanuel Christian High School	1:23.68	1:26.89	
15	Bang, Sophia 40.98 46.79	8	Trinity Christian School-VA	1:33.31	1:27.77	
16	Voith, Amy 42.26 46.91	FR	Saint John Paul the Great Cath-VA	1:32.58	1:29.17	
17	Conway, Sam 41.71 50.77	FR	Saint John Paul the Great Cath-VA	1:34.83	1:32.48	
18	Munsell, Mary Catherine 41.73 51.83	SO	Seton Swimming	1:29.31	1:33.56	
19	McCormick, Madison	JR	Saint John Paul the Great Cath-VA	1:38.05	x1:35.39	
20	Ryan, Fiona 45.45 52.69	SO	Oakcrest School-VA	1:33.17	1:38.14	
---	Neikrik, Victoria 41.94 47.35		Immanuel Christian High School	1:29.94	X1:29.29	
---	Mantooth, Avila 41.11 48.91	8	Seton Swimming	1:34.19	X1:30.02	
---	Rizzo, Hazel 43.22 48.90	FR	Oakcrest School-VA	1:30.49	X1:32.12	
---	Dang, Alexis 44.41 49.18	7	Trinity Christian School-VA	1:35.96	X1:33.59	
---	Larson, Elle 43.84 51.14	SO	Oakcrest School-VA	1:39.70	X1:34.98	
---	Bauer, Molly 44.49 51.32	JR	Seton Swimming	1:34.15	X1:35.81	
---	Blanchette, Meg 46.55 49.61	JR	Seton Swimming	1:39.65	X1:36.16	
---	Judge, Jane 46.32 50.98	8	Seton Swimming	1:49.29	X1:37.30	
---	Kay, Claire 46.42 51.12	6	Seton Family Homeschool	1:45.24	X1:37.54	
---	Miller, Eliza 46.28 51.90	FR	Trinity Christian School-VA	1:42.79	X1:38.18	
---	Haggerty, Orla 46.82 52.40	JR	Seton Swimming	1:47.60	X1:39.22	
---	Osilka, Mary Claire 45.99 55.36	SO	Seton Swimming	1:39.25	X1:41.35	
---	Nugent, Katie 48.87 55.10	JR	Oakcrest School-VA	1:40.95	X1:43.97	
---	Irving, Monica 50.14 56.06	8	Seton Swimming	1:41.54	X1:46.20	
---	Waldron, Lily 47.99 59.85	8	Seton Swimming	1:50.59	X1:47.84	
---	Kohlhaas, Sofia 51.86 56.65	8	Seton Swimming	1:56.76	X1:48.51	
---	Heiny, Clare 51.42 1:00.71	8	Seton Swimming	1:56.25	X1:52.13	
---	Catabui, Grace 56.15 1:03.46	6	Seton Family Homeschool	2:04.63	X1:59.61	
---	DeWolf, Rosie 1:01.07 1:11.67	7	Seton Swimming	3:37.50	X2:12.74	



## VCAC Regular Season Championship - 1/6/2024

## Results

**(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Armstrong, Sage 1:00.72 1:12.12	FR	Seton Swimming	2:18.94	X2:12.84	
--- Zaegel, Leanne Downward butterfly kick 59.00 1:06.48	8	Fredericksburg Christian High-VA	1:50.00	DQ	
--- Maranian, Julia One hand touch	8	Seton Swimming	3:02.13	XDQ	
--- Mayer, Evie Alternating Kick 1:12.46 1:22.67	7	Seton Swimming	2:44.29	XDQ	
--- Mayer, Audrey Alternating Kick 1:35.42 1:45.84	6	Seton Family Homeschool	3:22.07	XDQ	
--- Bingham, Veronica Scissors kick 58.14 1:02.64	7	Seton Swimming	2:12.09	XDQ	
--- Chen, Alison	8	Fredericksburg Christian High-VA	1:37.00	NS	
--- Yoshihara, Teresa	FR	Oakcrest School-VA	1:21.77	NS	
--- Judge, Clare	7	Seton Swimming	2:38.95	XNS	
--- Arnold, Betsy	8	Seton Swimming	1:41.78	SCR	

**Event 23 Boys 400 Yard Freestyle Relay**

Seton: 3:17.05 @ 2/19/2010 Hill, Cook, Dunn, Basinger

Nat Cath QT: 3:40.00 +

VISAA QT: 3:59.45 \$

Team	Relay	Seed Time	Finals Time	Points
1 Immanuel Christian High School 1) Wolf, Caleb SR 23.88 49.98 25.83	A 2) Fiala, Caleb FR 53.74 23.58 49.48	3:34.00 3) Wolf, Joshua SR 25.30 53.57	3:26.77 + 4) Wolf, Moses FR	
2 Trinity Christian School-VA 1) Witdoeck, Jo 8 25.29 53.03 57.24	A 2) Cole, Carter SR	3:31.41 3) Yun, Noah SO 22.53 47.35	3:30.52 + 4) Phillips, Tyler SO	
3 Seton Swimming 1) Koehr, Connor JR 26.18	A 2) Konstanty, Peter SR 26.18 56.09	3:39.56 3) Martinez, Thiago 8 25.45 55.13	3:45.62 \$ 4) Wilson, Max JR	
4 Saint John Paul the Great Cath-VA 1) Mastrianni, Dominic SR 29.15 1:01.67 28.32	A 2) Cala, Philip SO 1:00.66 26.88 58.52	3:46.00 3) Koler, Eric SO 25.86 54.17	3:55.02 \$ 4) Koler, Evan SO	
5 Seton Swimming 1) Sokban, William JR 28.00 59.80 27.28	B 2) Herwick, Jack 8 59.13 29.32 1:01.39	3:59.32 3) Partridge, Luke FR 26.12 55.47	3:55.79 \$ 4) Sokban, Daniel FR	
6 Fredericksburg Christian High-VA 1) Knewton, Jack SR 24.81 53.19 29.39	A 2) Ognak, Gabe SR 1:04.42 28.40 1:01.26	4:10.08 3) Ryan, Nathan FR 29.00 1:02.15	4:01.02 4) Ross, Andrew FR	
7 Trinity Christian School-VA 1) Abidin, Christian SR 29.53 1:03.52 29.67	B 2) Hoover, Caleb JR 1:02.59 26.35 58.71	4:07.63 3) Pearson, Nate SR 28.73 1:02.26	4:07.08 4) Robillard, Lucas 8	
8 Immanuel Christian High School 1) Anderson, Brenton FR 27.92 58.56 31.41	B 2) Lam, Micah FR 1:05.50 28.46 1:01.73	4:06.82 3) Rutkowski, Juan SR 30.05 1:03.98	4:09.77 4) Gade, William SO	
--- Fredericksburg Christian High-VA 1) Howell, Caleb 6 36.53 1:22.41 38.97	B 2) Lenker, David 6 1:28.98 42.05 1:33.45	5:22.66 3) Pacuar, Stephan 6 29.08 1:06.77	X5:31.61 4) Gebhardt, Lucas 8	

## VCAC Regular Season Championship - 1/6/2024

## Results

## Event 24 Girls 400 Yard Freestyle Relay

Seton: 3:40.51 @ 2/19/2010 DoonisRogers,ClaybrooksDonohoe

Nat Cath QT: 4:21.00 +

VISAA QT: 4:38.24 \$

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School-VA	A	3:46.41	3:44.23 +	
1) Wiggins, Allie SO 27.31	2) Womack, Kristen SR 26.86 57.42	3) Schlieter, Audrey SO 24.57 52.25	4) Witdoeckt, Allie SR	
2 Oakcrest School-VA	A	3:51.08	3:54.08 +	
1) Rowan, Elliott 8 27.64 57.43 29.13	2) Cinotti, Ema 8 1:01.97 28.30 1:00.11	3) McNichols, Mae Mae FR 26.10 54.57	4) Bryan, Elizabeth SO	
3 Saint John Paul the Great Cath-VA	A	3:50.82	3:57.10 +	
1) Koler, Isabella SO 29.09 1:02.47 28.70	2) Pattie, Sydney JR 1:00.67 27.99 58.55	3) Willis, Isa FR 26.55 55.41	4) Davis, Gianna JR	
4 Seton Swimming	A	4:04.83	3:57.76 +	
1) Aldeguer, Ariana FR 27.00 55.31 28.55	2) Fifield, Haley JR 1:00.50 29.27 1:02.15	3) Kay, Philomena FR 28.30 59.80	4) Condon, Clara JR	
5 Trinity Christian School-VA	B	4:14.06	4:12.48 +	
1) Schlieter, Eloise FR 30.77 1:04.39 29.49	2) Yaroschak, Bella SR	3) Witdoeckt, Karis JR 28.20 1:02.75	4) Myers, Allie 8	
6 Oakcrest School-VA	B	4:22.49	4:29.93 \$	
1) Hazelwood, Lindley FR 31.76 1:06.42 32.22	2) McDonnell, Maddie SO 1:09.25 31.16 1:07.32	3) Obeng, Stella 8 30.75 1:06.94	4) Magee, Amelia SO	
7 Saint John Paul the Great Cath-VA	B	4:18.00	4:31.46 \$	
1) Angarag, Alice SO 33.17 1:09.90 31.63	2) White, Cecilia SR 1:05.82 32.25 1:08.56	3) Kay, Sandra SO 31.19 1:07.18	4) Williams, Maeve JR	
8 Fredericksburg Christian High-V/	A	4:16.28	4:41.53	
1) Ryan, Gabbie SO 29.90 1:04.46 33.58	2) Meadows, Payton SR 1:13.16 33.89 1:10.66	3) Blevins, Hannah SO 32.59 1:13.25	4) Sebero, Emmah SO	
--- Fredericksburg Christian High-V/	B	4:30.00	X5:16.42	
1) Blevins, Colby SO 37.38 1:18.84 40.26	2) Lappinga, Norah 6 2:06.76 44.69 1:15.64	3) Meadows, Morgan FR 35.18	4) Ryan, Adrie 7	
--- Seton Family Homeschool	A	5:20.00	X5:37.47	
1) Kay, Claire 6 37.68 1:22.13 35.17	2) Schroer, Caroline 6 1:17.41 41.33 1:28.81	3) Cooley, Katie 6 43.30 1:29.12	4) Mikkelson, Maggie 6	
--- Fredericksburg Christian High-V/	C	4:50.56	X6:05.29	
1) Chapman, Elizabeth FR 37.79 1:19.72 42.46	2) Meadows, Reagan 6	3) Chapman, Haylie FR	4) Tasky, Tara 6	
--- Seton Swimming	B	4:20.42	DQ	
Early take-off swimmer #4	2) Schroer, Maggie 8 1:00.51 27.54	3) Gibbons, Maggie SR	4) Hill, Gigi SO	
1) Bingham, Lucia JR 30.15 1:04.13 28.49				
--- Trinity Christian School-VA	C	5:12.42	XDQ	
Early take-off swimmer #4	2) Dang, Alexis 7 1:15.29 36.64	3) Brown, Lena 8	4) Yu, Laela SR	
1) Bailey, Anna 8 34.35 1:14.80 33.99				
--- Fredericksburg Christian High-V/	D	4:57.70	SCR	