

**Virginia Christian Athletic Conference
2024 All-VCAC Conference Swimmers and Divers**

Boys

- **Seton School**
 - Mick Fioramonti (SR), Seton School
 - Connor Koehr (JR), Seton School (2X)
 - Michael Brox (JR), Seton School (2X)
 - Andrew Nguyen (JR), Seton School (2X)
 - Jacob Oswald (JR), Seton School
 - Lionel Martinez (FR), Seton School (2X)
 - Thiago Martinez (8), Seton School
- **Trinity Christian School**
 - Justin Kim (SR), Trinity Christian School (2X)
 - Tyler Phillips (SO), Trinity Christian School (2X)
 - Noah Yun (SO), Trinity Christian School
 - Jo Witdoeckt (8), Trinity Christian School (2X)
- **Immanuel Christian School**
 - Caleb Wolf (SR), Immanuel Christian School (2X)
 - Joshua Wolf (SR), Immanuel Christian School (2X)
 - Moses Wolf (FR), Immanuel Christian School (2X)
- **Fredericksburg Christian School**
 - Jack Knewton (SR), Fredericksburg Christian School
- **Saint John Paul the Great Catholic High School**
 - Eric Koler (SO), Saint John Paul the Great (2X)

Girls

- **Seton School**
 - Stella Paradise (SR), Seton School
 - Elodie Brox (JR), Seton School
 - Rose Waldron (JR), Seton School
 - Ariana Aldeguer (FR), Seton School (2X)
- **Trinity Christian School**
 - Allie Witdoeckt (SR), Trinity Christian School, (2X)
 - Kristen Womack (SR), Trinity Christian School
 - Liz Klanderma (JR), Trinity Christian School (2X)
 - Allie Wiggins (SO) Trinity Christian School
- **Oakcrest School**
 - Norah Kissinger (SR), Oakcrest School
 - Elizabeth Bryan (SO), Oakcrest School (2X)
 - Mary Abela (FR), Oakcrest School
 - Lindley Hazelwood (FR), Oakcrest School
 - Elliott Rowan (8), Oakcrest School (2X)
- **Fredericksburg Christian School**
 - Molly Miller (JR), Fredericksburg Christian School
 - Evie Miller (FR), Fredericksburg Christian School (2X)
 - Hannah Ellis (FR), Fredericksburg Christian School
- **Immanuel Christian School**
 - Kate Shumate (FR), Immanuel Christian School (2X)
- **Saint John Paul the Great Catholic High School**
 - Gianna Davis (JR), Saint John Paul the Great (2X)
 - Isabella Koler (SO), Saint John Paul the Great