

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Event 1 Girls 4x50 Yard Medley Relay

VISAA: 1:44.63 # 2022

The Collegiate School

Collegiate School

M Ferguson, E Kantner, E DeGuenther, M Jewett

1:44.25 AA-A

1:46.16 AA-B

2:14.01 MEET 2023 VISAA Qual

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
3 Trinity Christian School	A	1:50.19	1:48.91 MEET	32
1) Womack, Kristen SR	2) Klanderman, Liz JR	3) Witdoeckt, Allie SR	4) Wiggins, Allie SO	
28.49 31.52 24.35	24.55			
6 Cape Henry Collegiate School	A	1:51.49	1:50.06 MEET	26
1) Ervin, Joslyn FR	2) Taylor, Olivia 8	3) Taylor, Avery SO	4) Strach, Piper FR	
28.82 29.86 26.83	24.55			
B - Final				
10 Seton High School	A	1:54.89	1:54.00 MEET	14
1) Aldeguer, Ariana FR	2) Condon, Clara JR	3) Paradise, Stella SR	4) Brox, Elodie JR	
28.63 32.18 27.79	25.40			
11 North Cross School	A	1:55.56	1:55.21 MEET	12
1) Ayers, Ansley SR	2) Howes, Madeline FR	3) Garcia De Dios, Jimena	4) Pickeral, Vivian SR	
29.80 31.77 29.07	24.57			

Event 1 Girls 4x50 Yard Medley Relay

VISAA: 1:44.63 # 2022

The Collegiate School

Collegiate School

M Ferguson, E Kantner, E DeGuenther, M Jewett

1:44.25 AA-A

1:46.16 AA-B

2:14.01 MEET 2023 VISAA Qual

Team	Relay	Seed Time	Prelim Time
Preliminaries			
4 Trinity Christian School	A	1:49.93	1:50.19 MEET
1) Womack, Kristen SR	2) Klanderman, Liz JR	3) Witdoeckt, Allie SR	4) Wiggins, Allie SO
28.94 31.91 24.35	24.99		
6 Cape Henry Collegiate School	A	1:51.19	1:51.49 MEET
1) Ervin, Joslyn FR	2) Taylor, Olivia 8	3) Taylor, Avery SO	4) Strach, Piper FR
29.99 29.64 27.05	24.81		
10 Seton High School	A	1:53.23	1:54.89 MEET
1) Aldeguer, Ariana FR	2) Condon, Clara JR	3) Paradise, Stella SR	4) Brox, Elodie JR
29.24 32.61 28.34	24.70		
11 North Cross School	A	1:58.07	1:55.56 MEET
1) Ayers, Ansley SR	2) Howes, Madeline FR	3) Garcia De Dios, Jimena	4) Pickeral, Vivian SR
29.87 31.45 37.40	16.84		
--- Trinity Christian School	B	1:57.58	X2:00.46 MEET
1) Witdoeckt, Allie SR	2) Hsieh, Maggi FR	3) Schlieter, Audrey SO	4) Bailey, Mary SR
32.32 34.34 27.88	25.92		
--- Seton High School	B	2:02.57	X2:03.46 MEET
1) Fifield, Haley JR	2) Zadnik, Maddie SR	3) Garvey, Anastasia SO	4) Gibbons, Maggie SR
31.58 36.99 29.11	25.78		

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Event 5 Girls 200 Yard IM

VISAA: 1:59.82 # 2016 Reni Moshos Highland
 2:01.46 AA-A
 2:03.55 AA-B
 2:29.40 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
7 Aldeguez, Ariana	FR	Seton High School	2:12.04	2:11.71	MEET 12
28.55 32.70 40.29 30.17					
B - Final					
13 Taylor, Avery	SO	Cape Henry Collegiate School	2:15.13	2:16.32	MEET 4
28.91 33.80 41.63 31.98					
14 Klanderman, Liz	JR	Trinity Christian School	2:17.65	2:17.42	MEET 3
28.71 34.69 39.75 34.27					

Event 5 Girls 200 Yard IM

VISAA: 1:59.82 # 2016 Reni Moshos Highland
 2:01.46 AA-A
 2:03.55 AA-B
 2:29.40 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
5 Aldeguez, Ariana	FR	Seton High School	2:10.95	2:12.04
28.62 32.48 40.42 30.52				MEET
11 Taylor, Avery	SO	Cape Henry Collegiate School	2:15.06	2:15.13
29.04 33.51 40.79 31.79				MEET
16 Klanderman, Liz	JR	Trinity Christian School	2:15.95	2:17.65
28.78 33.86 39.38 35.63				MEET
30 Garcia De Dios, Jimena		North Cross School	2:28.30	2:26.25
30.98 39.11 43.00 33.16				MEET
37 Ayers, Ansley	SR	North Cross School	2:24.01	2:31.25
31.80 35.64 47.85 35.96				
--- Paradise, Stella	SR	Seton High School	2:20.82	DFS
Declared false start - Misc				

Event 7 Girls 50 Yard Freestyle

VISAA: 23.17 # 2018 Jasmine Hellmer Flint Hill
 23.17 AA-A
 23.53 AA-B
 26.96 MEET 2023 VISAA Qual
 28.96 BONU Bonus 50 Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
14 Taylor, Olivia	8	Cape Henry Collegiate School	25.00	25.18	MEET 3
16 Strach, Piper	FR	Cape Henry Collegiate School	25.16	25.64	MEET 1

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Results

Event 7 Girls 50 Yard Freestyle

VISAA: 23.17 # 2018 Jasmine Hellmer Flint Hill
 23.17 AA-A
 23.53 AA-B
 26.96 MEET 2023 VISAA Qual
 28.96 BONU Bonus 50 Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
11 Taylor, Olivia	8	Cape Henry Collegiate School	25.55	25.00	MEET
16 Strach, Piper	FR	Cape Henry Collegiate School	25.24	25.16	MEET
18 Womack, Kristen	SR	Trinity Christian School	25.20	25.23	MEET
26 Wiggins, Allie	SO	Trinity Christian School	26.10	25.71	MEET
28 Schlieter, Audrey	SO	Trinity Christian School	26.46	25.90	MEET
29 Brox, Elodie	JR	Seton High School	25.22	25.94	MEET
33 Gibbons, Maggie	SR	Seton High School	26.22	26.10	MEET
34 Camp, Sophia		North Cross School	26.89	26.12	MEET
39 Bailey, Mary	SR	Trinity Christian School	26.78	26.47	MEET

Event 9 Girls 1 mtr Diving

VISAA: 509.55 # 2019 Sarah Gurley PVI

Name	Yr	School	Seed Time	Prelim Score
Preliminaries				
13 Waldron, Rose	JR	Seton High School	263.75	200.45
18 Miller, Maria	SO	Seton High School	259.05	117.10
24 Russo, Anna	JR	Seton High School	230.65	105.50
26 Condon, Meghan		Seton High School	253.55	103.75
28 Miller, Eliza	FR	Trinity Christian School	173.25	89.15
29 Francis, Elizabeth	JR	Seton High School	231.35	88.30

Event 11 Girls 100 Yard Butterfly

VISAA: 53.00 # 2016 Kylie Jordan Madeira
 54.39 AA-A
 55.48 AA-B
 1:06.82 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Witdoeckt, Allie	SR	Trinity Christian School	54.44	54.44	AA-B 20
25.60 28.84					
B - Final					
12 Pickeral, Vivian	SR	North Cross School	1:00.27	59.60	MEET 5
27.24 32.36					
16 Condon, Clara	JR	Seton High School	1:01.23	1:01.32	MEET 1
28.69 32.63					

Event 11 Girls 100 Yard Butterfly

VISAA: 53.00 # 2016 Kylie Jordan Madeira
 54.39 AA-A
 55.48 AA-B
 1:06.82 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Witdoeckt, Allie	SR	Trinity Christian School	56.46	54.44
25.21 29.23				AA-B

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Preliminaries ... (Event 11 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time	
11 Pickeral, Vivian 27.63 32.64	SR	North Cross School	1:00.73	1:00.27	MEET
16 Condon, Clara 28.20 33.03	JR	Seton High School	1:01.27	1:01.23	MEET
22 Ervin, Joslyn 29.29 33.19	FR	Cape Henry Collegiate School	1:04.43	1:02.48	MEET
33 Strach, Maya 30.48 36.77	SR	Cape Henry Collegiate School	1:06.68	1:07.25	

Event 13 Girls 100 Yard Freestyle

VISAA: 49.65 # 2020 Sydney Whiting Trinity
 50.17 AA-A
 51.00 AA-B
 59.70 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Witdoeck, Allie 24.20 26.63	SR	Trinity Christian School	51.15	50.83	AA-B 20
B - Final					
11 Strach, Piper 26.22 28.89	FR	Cape Henry Collegiate School	55.29	55.11	MEET 6

Event 13 Girls 100 Yard Freestyle

VISAA: 49.65 # 2020 Sydney Whiting Trinity
 50.17 AA-A
 51.00 AA-B
 59.70 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Witdoeck, Allie 24.50 26.65	SR	Trinity Christian School	52.49	51.15	MEET
10 Strach, Piper 26.38 28.91	FR	Cape Henry Collegiate School	54.67	55.29	MEET
23 Howes, Madeline 27.12 29.69	FR	North Cross School	59.02	56.81	MEET
33 Bailey, Mary 27.68 30.43	SR	Trinity Christian School	58.61	58.11	MEET
55 Garcia De Dios, Jimena 28.87 33.93		North Cross School	57.71	1:02.80	

Event 15 Girls 500 Yard Freestyle

VISAA: 4:42.10 # 2022 Kayla Wilson Norfolk Academy
 4:52.54 AA-A
 4:57.06 AA-B
 5:58.88 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
5 Aldeguer, Ariana 28.28 30.64 31.41 31.64 30.90	FR	Seton High School	5:20.27 31.88	5:12.80	MEET 14

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Event 15 Girls 500 Yard Freestyle

VISAA: 4:42.10 # 2022 Kayla Wilson Norfolk Academy
 4:52.54 AA-A
 4:57.06 AA-B
 5:58.88 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
6 Aldeguer, Ariana	FR	Seton High School	5:08.05	5:20.27 MEET
29.34 31.51 31.85 32.25 32.57 33.01 32.63 32.77				
32.54 31.80				

Event 17 Girls 4x50 Yard Freestyle Relay

VISAA: 1:33.76 # 2022 Norfolk Academy Norfolk Academy
 M McKee, B Faulkner, V Gill, K Wilson
 1:35.33 AA-A
 1:36.73 AA-B
 1:58.53 MEET 2023 VISAA Qual

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
3 Trinity Christian School	A	1:39.76	1:38.82 MEET	32
1) Wiggins, Allie SO	2) Womack, Kristen SR	3) Schlieter, Audrey SO	4) Witdoeck, Allie SR	
25.59 24.93 25.35 22.95				
B - Final				
9 Seton High School	A	1:44.02	1:42.77 MEET	18
1) Paradise, Stella SR	2) Condon, Meghan	3) Gibbons, Maggie SR	4) Brox, Elodie JR	
26.19 26.16 25.35 25.07				

Event 17 Girls 4x50 Yard Freestyle Relay

VISAA: 1:33.76 # 2022 Norfolk Academy Norfolk Academy
 M McKee, B Faulkner, V Gill, K Wilson
 1:35.33 AA-A
 1:36.73 AA-B
 1:58.53 MEET 2023 VISAA Qual

Team	Relay	Seed Time	Prelim Time
Preliminaries			
3 Trinity Christian School	A	1:44.33	1:39.76 MEET
1) Wiggins, Allie SO	2) Womack, Kristen SR	3) Schlieter, Audrey SO	4) Witdoeck, Allie SR
25.57 25.13 25.77 23.29			
10 Seton High School	A	1:42.96	1:44.02 MEET
1) Paradise, Stella SR	2) Schroer, Maggie	3) Gibbons, Maggie SR	4) Brox, Elodie JR
26.45 26.64 25.69 25.24			
18 North Cross School	A	1:48.66	1:48.21 MEET
1) Camp, Sophia	2) Votta, Emma	3) Garcia De Dios, Jimena	4) Howes, Madeline FR
26.68 28.23 27.63 25.67			
22 Cape Henry Collegiate School	A	1:52.54	1:51.29 MEET
1) Doron, Lauren 8	2) Sullivan, Sahara JR	3) Ruby, Kiersten SR	4) Strach, Maya SR
28.64 28.48 27.31 26.86			
--- Trinity Christian School	B	1:50.23	X1:51.89 MEET
1) Gilbert, Maddie 8	2) Hsieh, Maggi FR	3) Myers, Allie	4) Witdoeck, Allie SR
27.43 28.14 27.54 28.78			
--- Seton High School	B	1:52.46	X1:51.93 MEET
1) Bingham, Lucia JR	2) Waldron, Rose JR	3) Condon, Clara JR	4) Kay, Philomena FR
28.00 30.32 26.18 27.43			

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Event 19 Girls 100 Yard Backstroke

VISAA: 54.17 # 2020 Asia Minnes NCS! -VA
 54.75 AA-A
 55.83 AA-B
 1:06.85 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
9 Pickeral, Vivian	SR	North Cross School	1:00.42	59.85 MEET	9
28.91 30.94					
10 Taylor, Avery	SO	Cape Henry Collegiate School	1:01.14	1:00.48 MEET	7
28.82 31.66					
12 Ayers, Ansley	SR	North Cross School	1:01.19	1:01.33 MEET	5
29.90 31.43					

Event 19 Girls 100 Yard Backstroke

VISAA: 54.17 # 2020 Asia Minnes NCS! -VA
 54.75 AA-A
 55.83 AA-B
 1:06.85 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time	Points
Preliminaries					
9 Pickeral, Vivian	SR	North Cross School	59.99	1:00.42 MEET	
29.10 31.32					
10 Taylor, Avery	SO	Cape Henry Collegiate School	1:03.51	1:01.14 MEET	
29.41 31.73					
11 Ayers, Ansley	SR	North Cross School	1:04.84	1:01.19 MEET	
29.90 31.29					
17 Ervin, Joslyn	FR	Cape Henry Collegiate School	1:02.02	1:02.18 MEET	
30.12 32.06					

Event 21 Girls 100 Yard Breaststroke

VISAA: 1:01.70 # 2023 Elle Scott Collegiate Schoo
 1:02.58 AA-A
 1:03.75 AA-B
 1:16.38 MEET 2023 VISAA Qual

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
8 Taylor, Olivia	8	Cape Henry Collegiate School	1:07.78	1:08.49 MEET	11
31.29 37.20					
B - Final					
12 Klanderman, Liz	JR	Trinity Christian School	1:08.99	1:09.03 MEET	5
32.40 36.63					

Event 21 Girls 100 Yard Breaststroke

VISAA: 1:01.70 # 2023 Elle Scott Collegiate Schoo
 1:02.58 AA-A
 1:03.75 AA-B
 1:16.38 MEET 2023 VISAA Qual

Name	Yr	School	Seed Time	Prelim Time	Points
Preliminaries					
5 Taylor, Olivia	8	Cape Henry Collegiate School	1:07.59	1:07.78 MEET	
31.15 36.63					
12 Klanderman, Liz	JR	Trinity Christian School	1:10.03	1:08.99 MEET	
32.13 36.86					

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
22 Howes, Madeline	FR	North Cross School	1:13.06	1:10.94	MEET
32.53 38.41					

Event 23 Girls 4x100 Yard Freestyle Relay

VISAA: 3:25.50 # 2022

Norfolk Academy

Norfolk Academy

M McKee, B Faulkner, C Swatts, K Wilson

3:27.49 AA-A

3:30.90 AA-B

4:38.24 MEET 2023 VISAA Qual

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
6 Cape Henry Collegiate School	A	3:43.29	3:42.92 MEET	26
1) Ervin, Joslyn FR	2) Strach, Piper FR	3) Taylor, Olivia 8	4) Taylor, Avery SO	
27.64 57.96 25.80	55.47 25.84 55.60	25.32 53.89		
B - Final				
11 Seton High School	A	3:49.05	3:46.41 MEET	12
1) Aldeguer, Ariana FR	2) Gibbons, Maggie SR	3) Paradise, Stella SR	4) Brox, Elodie JR	
27.13 55.93 27.04	56.50 26.94 56.59	27.61 57.39		
12 Trinity Christian School	A	3:48.04	3:47.16 MEET	10
1) Womack, Kristen SR	2) Schlieter, Audrey SO	3) Bailey, Mary SR	4) Wiggins, Allie SO	
27.12 57.09 27.29	57.79 26.76 56.51	25.95 55.77		

Event 23 Girls 4x100 Yard Freestyle Relay

VISAA: 3:25.50 # 2022

Norfolk Academy

Norfolk Academy

M McKee, B Faulkner, C Swatts, K Wilson

3:27.49 AA-A

3:30.90 AA-B

4:38.24 MEET 2023 VISAA Qual

Team	Relay	Seed Time	Prelim Time	
Preliminaries				
6 Cape Henry Collegiate School	A	3:42.93	3:43.29 MEET	
1) Ervin, Joslyn FR	2) Strach, Piper FR	3) Taylor, Olivia 8	4) Taylor, Avery SO	
28.13 58.98 26.02	55.28 25.61 54.80	25.53 54.23		
10 Trinity Christian School	A	3:44.23	3:48.04 MEET	
1) Womack, Kristen SR	2) Schlieter, Audrey SO	3) Bailey, Mary SR	4) Wiggins, Allie SO	
27.04 57.30 27.29	57.58 27.56 57.84	26.00 55.32		
13 Seton High School	A	3:54.99	3:49.05 MEET	
1) Aldeguer, Ariana FR	2) Gibbons, Maggie SR	3) Paradise, Stella SR	4) Brox, Elodie JR	
27.57 56.82 27.15	57.00 27.58 57.37	27.04 57.86		
18 North Cross School	A	3:56.57	3:58.90 MEET	
1) Ayers, Ansley SR	2) Camp, Sophia	3) Votta, Emma	4) Pickeral, Vivian SR	
28.97 1:01.81 27.83	1:00.13 28.75 1:01.53	25.86 55.43		
--- Seton High School	B	3:57.06	X4:00.99 MEET	
1) Condon, Clara JR	2) Fifield, Haley JR	3) Garvey, Anastasia SO	4) Schroer, Maggie	
27.84 58.27 28.38	1:01.94 28.16 59.79	28.40 1:00.99		
--- Trinity Christian School	B	4:06.06	X4:06.61 MEET	
1) Myers, Allie	2) Hsieh, Maggi FR	3) Gilbert, Maddie 8	4) Klanderman, Liz JR	
28.35 1:01.24 28.95	1:02.35 28.59 1:02.02	28.93 1:01.00		

2024 VISAA Swimming & Diving Championship - 2/16/2024 to 2/17/2024

Results

Event 101 Girls 50 Yard Freestyle

VISAA: 23.17 # 2018

Jasmine Hellmer

Flint Hill

23.17 AA-A

23.53 AA-B

26.96 MEET 2023 VISAA Qual

28.96 BONU Bonus 50 Freestyle

	Name	Yr	School	Seed Time	Finals Time	
2	Gilbert, Maddie	8	Trinity Christian School	28.01	26.76	MEET
19	Schroer, Maggie		Seton High School	28.77	27.74	BONU
22	Fifield, Haley	JR	Seton High School	28.65	27.79	BONU
24	Ruby, Kiersten	SR	Cape Henry Collegiate School	28.28	27.84	BONU
29	Strach, Maya	SR	Cape Henry Collegiate School	28.04	27.93	BONU
34	Kay, Philomena	FR	Seton High School	28.54	28.01	BONU
38	Bingham, Lucia	JR	Seton High School	27.77	28.05	BONU
42	Sullivan, Sahara	JR	Cape Henry Collegiate School	27.95	28.07	BONU
46	Hsieh, Maggi	FR	Trinity Christian School	27.78	28.11	BONU
48	Votta, Emma		North Cross School	28.20	28.14	BONU
---	Waldron, Rose	JR	Seton High School	28.10	DFS	
	Declared false start					

Event 209 Girls 1 mtr Diving

	Name	Yr	School	Finals Score	Points
13	Waldron, Rose	JR	Seton High School	NP	264.35
					4