

VCAC Invitational - 1/4/2025
Psych Sheet

Event 1 Boys 200 Yard Medley Relay

Seton:		1:39.82	2/17/2006	Koehr, Cook, Morch, Koehr	
		1:49.50	NACT		
		1:56.01	STES		
Team		Relay	Seed Time		
1	Immanuel Christi	A	1:45.00	NACT	
	1) Wolf, Moses SO		2) Masterson, Colton 8		
	3) Morillo, Caleb JR		4) Fiala, Caleb SO		
2	Seton-VA	A	1:46.25	NACT	
	1) Koehr, Connor SR		2) Nguyen, Andrew SR		
	3) Borneman, Joe SR		4) Halisky, Liam SR		
3	Trinity Christia-VA	A	1:50.41	STES	
	1) Witdoeck, Jo FR		2) Robillard, Lucas FR		
	3) Hoover, Caleb SR		4) Zhu, John 8		
4	Seton-VA	B	1:50.69	STES	
	1) Kay, Patrick FR		2) Bauer, Greg JR		
	3) Partridge, Luke SO		4) Herwick, Jack FR		
5	Immanuel Christi	B	1:55.00	STES	
	1) Anderson, Brenton SO		2) Lam, Micah SO		
	3) Lansing, Reed FR		4) Salter, Jonathan SR		
6	Saint John Paul-VA	A	1:55.68	STES	
	1) Wellington-Menzie, London FR		2) Koler, Eric JR		
	3) Koler, Evan SR		4) Chuquillangui, Jaidan SR		
7	Immanuel Christi	C	X2:05.00		
	1) Bluey, Luke 7		2) Wollmershauser, Gray FR		
	3) Pinkley, Isaac SO		4) Bluey, Ben SO		
8	Seton-VA	C	X2:05.00		
	1) Sokban, William SR		2) Ellis, Ben SO		
	3) Judge, Dominic SO		4) Cooley, JJ JR		
9	Seton-VA	D	X2:07.00		
	1) Garvey, JJ		2) Hurley, Daniel JR		
	3) Wilson, Jonas FR		4) Lynch, Joey FR		
10	Seton-VA	E	X2:30.00		
	1) Wible, Evan		2) Pennefather, CJ		
	3) Sciscilo, Dominic		4) Judge, Will		
11	Seton-VA	F	X2:32.00		
	1) Cooley, John FR		2) McCardell, Aidan JR		
	3) Partridge, Paul		4) Witter, Joe FR		
12	Seton-VA	G	X2:34.00		
	1) Haggerty, Eamon		2) Nguyen, James		
	3) Pillion, Luke SO		4) Fifield, Luke		
13	Immanuel Christi	D	X2:35.00		
	1) Connally, Cole 8		2) Vincent, Jonathan FR		
	3) Herndon, Micah FR		4) Taylor, Will 8		
14	Seton-VA	H	X2:36.00		
	1) Henry, Dominic FR		2) Maranian, Matthew		
	3) De Micoli, Rafael FR		4) Goodman, John FR		
15	Immanuel Christi	E	X2:50.00		
	1) Yim, Evan FR		2) Beardsley, Parker 8		
	3) Taylor, JT SO		4) Hill, Wesley 7		

Event 2 Girls 200 Yard Medley Relay

Seton:		1:50.25	2/18/2011	Doonis,Rogers,Wunderly,Donohoe	
		2:09.49	NACT		
		2:11.33	STES		
Team	Relay	Seed Time			
1 Seton-VA	A	1:56.93	NACT		
2 Trinity Christia-VA	A	1:58.68	NACT		

3	Oakcrest-VA 1) McDonnell, Maddie JR 3) Duncan, Rosemary 8	A	2:00.57	NACT
4	Trinity Christia-VA	B	2:05.84	NACT
5	Seton-VA	B	2:08.36	NACT
6	Immanuel Christi 1) Erickson, Alexandra 8 3) Myers, Lydia SO	A	2:10.10	STES
7	Seton-VA 1) Cunningham, Lucy SR 3) Halisky, Sophia FR	C	X2:12.00	
8	Oakcrest-VA 1) Magee, Amelia JR 3) Heinrichs, Charlotte SO	B	2:12.70	
9	Immanuel Christi 1) Bruenjes, Annie FR 3) Anderson, Sarah SR	B	2:16.00	
10	Saint John Paul-VA 1) Frederick, Izzie SO 3) Mills, Emily FR	A	2:17.17	
11	Saint John Paul-VA 1) Willis, Isa SO 3) Miller, Ellie JR	B	2:19.79	
12	Immanuel Christi 1) Burgess, Ella 8 3) Herndon, Anya 7	C	X2:25.00	
13	Oakcrest-VA 1) Teh, Michaela SO 3) Eschmann, Brigita FR	C	X2:27.81	
14	Seton-VA 1) Youngblut, Adeline 3) Fifield, Kyleigh SO	D	X2:30.00	
15	Seton-VA 1) Bingham, Veronica 3) Russo, Gabriella SO	E	X2:32.00	
16	Seton-VA 1) Fioramonti, Madelyn 3) Hurley, Elizabeth FR	F	X2:34.00	
17	Trinity Christia-VA 1) Phillips, Erin 7 3) Bailey, Holly JR	C	X2:34.64	
18	Seton-VA 1) Catabui, Grace 3) Osilka, Mary Claire JR	K	X2:35.00	
19	Seton-VA 1) Kramer, Penny SO 3) Haggerty, Orla SR	G	X2:36.00	
20	Seton-VA 1) Gibaldi, Gigi SO 3) Haggerty, Aoife SO	L	X2:37.00	
21	Seton-VA 1) Pillion, Gianna 3) Waldron, Lily FR	H	X2:38.00	
22	Seton-VA 1) Poullath, Charlotte 3) Bingham, Mariana SO	M	X2:39.00	
23	Seton-VA 1) Gorman, Bella 3) Bauer, Katie FR	I	X2:40.00	
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Event 2 ...(Girls 200 Yard Medley Relay)

	Team	Relay	Seed Time
24	Seton-VA	J	X2:42.00
	1) Kramer, Colette JR	2) Bauer, Molly SR	
	3) Schroer, Caroline	4) Nguyen, Mia	
25	Oakcrest-VA	D	XNT
	1) Nash, Mia SO	2) Cinotti, Isabella SO	
	3) Larson, Zoe JR	4) Barvick, Lulu FR	

Event 3 Boys 200 Yard Freestyle

Seton: 1:38.54 1/31/2010 S.J. Hill				
1:57.50 NACT				
2:02.68 STES				
	Name	Yr School	Seed Time	
1	Koler, Eric	JR JP-VA	1:49.20	NACT
2	Masterson, Colton	8 ICHS	2:02.89	
3	Koehr, Connor	SR SST-VA	2:04.20	
4	Wilson, Max	SR SST-VA	2:05.81	
5	Herndon, Micah	FR ICHS	2:19.04	
6	Sokban, William	SR SST-VA	2:19.31	
7	Burgess, Grey	JR ICHS	2:25.00	
8	Wilson, Jonas	FR SST-VA	2:25.60	
9	Lynch, Joey	FR SST-VA	X2:30.00	
10	Pinkley, Isaac	SO ICHS	2:40.00	

Event 4 Girls 200 Yard Freestyle

Seton: 1:55.74 2/18/2000 K. Shipko				
2:10.79 STES				
2:15.50 NACT				
	Name	Yr School	Seed Time	
1	Mills, Emily	FR JP-VA	1:22.30	STES
2	Miller, Molly	SR FCS-VA	1:57.00	STES
3	Wiggins, Allie	JR TCSI-VA	2:04.04	STES
4	McCook, Isabella	SO SST-VA	2:07.24	STES
5	Hazelwood, Lindley	SO OAK-VA	2:10.15	STES
6	Cinotti, Ema	FR OAK-VA	2:12.15	NACT
7	Myers, Lydia	SO ICHS	2:17.38	
8	Hsieh, Maggi	SO TCSI-VA	2:19.30	
9	Cunningham, Lucy	SR SST-VA	2:19.35	
10	Kay, Philomena	SO SST-VA	2:20.20	
11	Williams, Maeve	SR JP-VA	2:23.48	
12	Erickson, Alexandra	8 ICHS	2:30.00	
13	McDonnell, Maddie	JR OAK-VA	2:32.60	
14	Fifield, Kyleigh	SO SST-VA	2:32.87	
15	Brown, Lena	FR TCSI-VA	2:32.87	
16	Bailey, Anna	FR TCSI-VA	2:36.99	
17	Teh, Michaela	SO OAK-VA	2:45.00	
18	Nash, Mia	SO OAK-VA	3:11.92	
19	Willis, Isa	SO JP-VA	NT	

Event 5 Boys 200 Yard IM

Seton: 1:54.70 2/17/2008 N. Cook				
2:14.00 NACT				
2:18.04 STES				
	Name	Yr School	Seed Time	
1	Wolf, Moses	SO ICHS	2:03.13	NACT
2	Robillard, Lucas	FR TCSI-VA	2:15.19	STES
3	Lansing, Reed	FR ICHS	2:17.29	STES
4	Kay, Patrick	FR SST-VA	2:21.50	

5	Judge, Dominic	SO SST-VA	2:28.43
6	Zahorchak, Michael	SO SST-VA	2:29.33
7	Bauer, Greg	JR SST-VA	2:30.04
8	Anderson, Brenton	SO ICHS	2:30.09
9	Winslow, Wade	SO ICHS	2:43.18
10	Wellington-Menzie, London	FR JP-VA	2:45.54

Event 6 Girls 200 Yard IM

Seton: 2:08.58 2/17/2023 A. Aldeguer				
2:27.91 STES				
2:35.00 NACT				
	Name	Yr School	Seed Time	
1	Aldeguer, Ariana	SO SST-VA	2:10.95	STES
2	Schlieter, Audrey	JR TCSI-VA	2:27.96	NACT
3	Klanderman, Liz	SR TCSI-VA	2:29.36	NACT
4	Koler, Isabella	JR JP-VA	2:29.70	NACT
5	Garvey, Anastasia	JR SST-VA	2:30.08	NACT
6	Myers, Allie	FR TCSI-VA	2:33.90	NACT
7	Cinotti, Ema	FR OAK-VA	2:36.88	
8	Witdoeck, Karis	SR TCSI-VA	2:40.93	
9	Halisky, Sophia	FR SST-VA	2:42.84	
10	Heinrichs, Charlotte	SO OAK-VA	2:45.75	
11	Arcara, Eloise	FR ICHS	2:54.23	
12	Russo, Gabriella	SO SST-VA	2:55.79	
13	Hurley, Elizabeth	FR SST-VA	X2:58.20	
14	Larson, Elle	JR OAK-VA	2:59.03	
15	Anderson, Sarah	SR ICHS	3:07.20	

Event 7 Boys 50 Yard Freestyle

Seton: 21.22 2/19/2010 S.J. Hill				
24.03 STES				
24.95 NACT				
	Name	Yr School	Seed Time	
1	Phillips, Tyler	JR TCSI-VA	20.83	STES
2	Fiala, Caleb	SO ICHS	23.29	STES
3	Halisky, Liam	SR SST-VA	23.61	STES
4	Salter, Jonathan	SR ICHS	24.69	NACT
5	Koler, Evan	SR JP-VA	25.06	
6	Salter, Michael	8 ICHS	25.63	
7	Ryan, Nathan	SO FCS-VA	25.67	
8	Winslow, Wade	SO ICHS	25.80	
9	Ross, Andrew	SO FCS-VA	26.41	
10	Bluey, Luke	7 ICHS	X26.86	
11	Gebhardt, Lucas	FR FCS-VA	27.04	
12	Partridge, Luke	SO SST-VA	27.09	
13	Taylor, Scott	SR ICHS	X27.35	
14	Chuquillangui, Jaidan	SR JP-VA	28.14	
15	DiBlasi, Taft	FR FCS-VA	28.41	
16	Wilson, Jonas	FR SST-VA	28.53	
17	Diblasi, John	JR FCS-VA	X28.58	
18	Cooley, JJ	JR SST-VA	28.59	
19	Liette, Jonny	8 FCS-VA	X28.69	
20	Taylor, JT	SO ICHS	X28.90	
21	Gilman, Bryce	SR TCSI-VA	28.92	
22	Stonaker, Graham	SR JP-VA	29.50	
23	Partridge, Paul	SST-VA	X29.71	
24	Gilbert, Luke	7 TCSI-VA	X30.07	
25	Ellis, Ben	SO SST-VA	X30.09	

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Event 7 ...(Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time
26 Wollmershauser, Gray	FR	ICHS	X30.13
27 Connally, Cole	8	ICHS	X30.15
28 Pitner, Samuel	SO	FCS-VA	X30.35
29 Zhu, John	8	TCSI-VA	30.37
30 Pillion, Luke	SO	SST-VA	X30.57
31 Taylor, Will	8	ICHS	X30.60
32 Garvey, JJ		SST-VA	X30.70
33 Vincent, Jonathan	FR	ICHS	X30.71
34 Howell, Caleb	7	FCS-VA	X30.96
35 Durbin, Lucas	FR	FCS-VA	X31.32
36 Dix, Brycen	7	FCS-VA	X31.34
37 Witter, Joe	FR	SST-VA	X31.45
38 White, Liam	JR	ICHS	X31.58
39 Nguyen, Karsten	SO	JP-VA	X31.90
40 Molaski, Brycen	8	FCS-VA	X31.96
41 Riley, Jack	SO	ICHS	X32.25
42 Pacuar, Stephan	7	FCS-VA	X32.29
43 Yim, Evan	FR	ICHS	X32.75
44 Beardsley, Parker	8	ICHS	X32.82
45 Judge, Will		SST-VA	X33.09
46 Fifield, Luke		SST-VA	X33.39
47 Wible, Evan		SST-VA	X33.73
48 Nyugen, Kenton	FR	JP-VA	X34.40
49 Nguyen, James		SST-VA	X34.41
50 Maranian, Matthew		SST-VA	X35.04
51 De Micoli, Rafael	FR	SST-VA	X35.60
52 Hill, Wesley	7	ICHS	X35.96
53 Pennefather, CJ		SST-VA	X35.96
54 Williams, Jaden	8	FCS-VA	X36.40
55 Smith, CJ	7	FCS-VA	X36.45
56 Lenker, David	7	FCS-VA	X36.50
57 Boyce, Everett	7	FCS-VA	X36.78
58 Sciscilo, Dominic		SST-VA	X36.85
59 McCardell, Aidan	JR	SST-VA	X37.12
60 Haggerty, Eamon		SST-VA	X37.23
61 Meade, Charles Fielding	8	FCS-VA	X37.28
62 Henry, Dominic	FR	SST-VA	X38.39
63 Goodman, John	FR	SST-VA	X39.94
64 Nguyen, Philip		SST-VA	X41.05
65 Frenchak, Elijah	FR	ICHS	X43.72
66 Orellana, William		SST-VA	X48.85
67 Orellana, Brian	FR	SST-VA	X49.04
68 Boyce, Maddox	6	FCS-VA	X1:15.78

Event 8 Girls 50 Yard Freestyle

Seton:	24.06	2/16/2018	A. Kenna
	26.78	STES	
	28.95	NACT	
Name	Yr	School	Seed Time
1 Feng, Shoshana	FR	TCSI-VA	25.13 STES
2 Brox, Elodie	SR	SST-VA	25.73 STES
3 Shumate, Kate	SO	ICHS	25.87 STES
4 Baroody, Isabel	JR	FCS-VA	26.84 NACT
5 Willis, Isa	SO	JP-VA	26.84 NACT
6 Hill, Gigi	JR	SST-VA	27.42 NACT
7 Bingham, Lucia	SR	SST-VA	27.77 NACT

8 Gilbert, Maddie	FR	TCSI-VA	28.08 NACT
9 Waldron, Rose	SR	SST-VA	X28.10 NACT
10 Mantooth, Avila	FR	SST-VA	28.12 NACT
11 Ryan, Adrie	8	FCS-VA	28.78 NACT
12 Downer, Gabby	7	TCSI-VA	X29.06
13 Ryan, Samantha	6	FCS-VA	X29.56
14 Hill, Emma	JR	TCSI-VA	29.68
15 Dahlberg, Catherine	FR	FCS-VA	29.76
16 Dang, Alexis	8	TCSI-VA	29.84
17 Blevins, Hannah	JR	FCS-VA	29.98
18 Frederick, Izzie	SO	JP-VA	29.99
19 Russo, Gabriella	SO	SST-VA	X30.05
20 Dusek, Annie	FR	SST-VA	X30.64
21 Ryan, Fiona	JR	OAK-VA	30.67
22 Haggerty, Orla	SR	SST-VA	X30.87
23 Waldron, Lily	FR	SST-VA	X31.32
24 Herndon, Anya	7	ICHS	X31.42
25 Schroer, Caroline		SST-VA	X31.59
26 Chen, Alison	FR	FCS-VA	X31.74
27 Osilka, Mary Claire	JR	SST-VA	X31.79
28 Haggerty, Aoife	SO	SST-VA	X31.90
29 Teh, Michaela	SO	OAK-VA	31.97
30 Bingham, Mariana	SO	SST-VA	X32.02
31 Poullath, Charlotte		SST-VA	X32.25
32 Cooley, Katie		SST-VA	X32.41
33 Molaski, Kaitlyn	SO	FCS-VA	X32.45
34 Cinotti, Isabella	SO	OAK-VA	32.53
35 Conway, Sam	SO	JP-VA	32.68
36 Mikkelson, Annabelle		SST-VA	X32.75
37 Meadows, Charlotte		SST-VA	X33.10
38 Nimdit, Grape	SO	FCS-VA	X33.25
39 Mikkelson, Maggie		SST-VA	X33.51
40 Bauer, Molly	SR	SST-VA	X33.61
41 Blanchette, Meg	SR	SST-VA	X33.63
42 Molaski, Madilyn	6	FCS-VA	X33.68
43 Herwick, Lucy		SST-VA	X33.87
44 Nguyen, Bella	FR	SST-VA	X34.30
45 Scaletta, Alessandra	FR	JP-VA	34.48
46 Walsh, Mia	FR	FCS-VA	X34.66
47 Rizzo, Hazel	SO	OAK-VA	34.71
48 Blevins, Colby	JR	FCS-VA	X34.75
49 Marte, Jaasiel	FR	FCS-VA	X35.08
50 Gibaldi, Gigi	SO	SST-VA	X35.67
51 Youngblut, Adeline		SST-VA	X36.04
52 Taliaferro, Isabel	FR	ICHS	36.46
53 Fioramonti, Madelyn		SST-VA	X36.69
54 Kramer, Penny	SO	SST-VA	X37.25
55 Pillion, Gianna		SST-VA	X37.95
56 Kubiak, Danika	FR	JP-VA	X39.69
57 Gorman, Bella		SST-VA	X40.36
58 Kramer, Colette	JR	SST-VA	X41.24
59 Allen, Bethany		SST-VA	X41.79
60 Kramer, Cora	SO	SST-VA	X41.81
61 Kramer, Rebecca		SST-VA	X42.62
62 Catabui, Grace		SST-VA	X43.03
63 Maranian, Julia	FR	SST-VA	X43.36
64 Vaughan, Bella		SST-VA	X44.55
65 Andreu, Angela	FR	SST-VA	X46.45

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Event 8 ...(Girls 50 Yard Freestyle)

	Name	Yr	School	Seed	Time
66	Vaughan, Jane		SST-VA	X46.57	
67	Henry, GG		SST-VA	X46.61	
68	Nguyen, Mia		SST-VA	X47.36	
69	Jolly, Brianna		SST-VA	X48.09	
70	Mayer, Evie		SST-VA	X48.19	
71	Hadro, Addi		SST-VA	X48.92	
72	Youngblut, Avery		SST-VA	X52.41	
73	Boyce, Amelia	SO	FCS-VA	X1:13.56	

Event 9 Boys 1 mtr Diving

Seton: 249.20 12/14/2024 C. Koehr					
	Name	Yr	School	Seed	Time
1	Hoover, Caleb	SR	TCSI-VA	258.45	
2	Koehr, Connor	SR	SST-VA	249.20	
3	Edwards, Eli	FR	TCSI-VA	195.25	
4	Oswald, Jacob	SR	SST-VA	177.65	
5	Miller, Mack		TCSI-VA	124.10	
6	Waldron, Thomas	FR	SST-VA	119.75	
7	Lemberg, Gabe	8	TCSI-VA	119.75	
8	Winowiecki, Sam	FR	TCSI-VA	X116.75	
9	Witter, John		SST-VA	X113.45	
10	Sokban, Daniel	SO	SST-VA	X112.40	
11	Nguyen, Kenneth	SO	SST-VA	94.25	

Event 10 Girls 1 mtr Diving

Seton: 175.20 12/21/2024 M. Condon					
	Name	Yr	School	Seed	Time
1	Rauschelbach, Teagen	SO	JP-VA	281.95	
2	Condon, Meghan	FR	SST-VA	175.20	
3	Miller, Eliza	SO	TCSI-VA	173.25	
4	Waldron, Rose	SR	SST-VA	160.75	
5	Hill, Emma	JR	TCSI-VA	153.25	
6	Bourdelaïs, Sophie	SO	OAK-VA	152.90	
7	Miller, Maria	JR	SST-VA	151.20	
8	Kelly, Cecelia	FR	SST-VA	146.25	
9	Kay, Clare		SST-VA	X135.95	
10	Francis, Elizabeth	SR	SST-VA	X132.60	
11	Russo, Anna	SR	SST-VA	X128.35	
12	Hurley, Mary Catherine	SR	SST-VA	X127.50	
13	Judge, Jane	FR	SST-VA	X123.90	
14	Herwick, Lucy		SST-VA	X117.30	
15	Kramer, Penny	SO	SST-VA	X86.30	
16	Kay, Sandra	JR	JP-VA	NP	

Event 11 Boys 100 Yard Butterfly

Seton: 51.76 1/16/2010 S.J. Hill					
58.50 NACT					
1:01.02 STES					
	Name	Yr	School	Seed	Time
1	Witdoeck, Jo	FR	TCSI-VA	54.98	NACT
2	Borneman, Joe	SR	SST-VA	58.34	NACT
3	Morillo, Caleb	JR	ICHS	1:03.30	
4	Masterson, Colton	8	ICHS	1:04.17	
5	Wellington-Menzie, London	FR	JP-VA	1:05.56	
6	Judge, Dominic	SO	SST-VA	1:05.61	
7	Herwick, Jack	FR	SST-VA	1:07.41	

8	Herndon, Micah	FR	ICHS	1:20.00
9	Sokban, Daniel	SO	SST-VA	1:20.40
10	Pinkley, Isaac	SO	ICHS	1:25.56

Event 12 Girls 100 Yard Butterfly

Seton: 58.51 12/16/2017 A. Kenna					
1:06.82 STES					
1:10.50 NACT					
	Name	Yr	School	Seed	Time
1	Bryan, Elizabeth	JR	OAK-VA	58.37	STES
2	Condon, Clara	SR	SST-VA	1:01.23	STES
3	Schlieter, Audrey	JR	TCSI-VA	1:03.56	STES
4	Myers, Allie	FR	TCSI-VA	1:06.91	NACT
5	Garvey, Anastasia	JR	SST-VA	1:11.03	
6	Myers, Lydia	SO	ICHS	1:11.27	
7	Connally, Bella	SO	ICHS	1:11.97	
8	Fifield, Haley	SR	SST-VA	1:12.41	
9	Arnold, Betsy	FR	SST-VA	1:14.69	
10	Phillips, Erin	7	TCSI-VA	X1:16.64	
11	Dusek, Annie	FR	SST-VA	X1:18.48	
12	Mills, Emily	FR	JP-VA	1:20.17	
13	Van Meter, Juliet	SO	OAK-VA	1:21.07	
14	Hurley, Elizabeth	FR	SST-VA	X1:21.35	
15	Miller, Ellie	JR	JP-VA	1:25.00	
16	Bailey, Anna	FR	TCSI-VA	1:28.80	
17	Nimdit, Grape	SO	FCS-VA	1:30.46	
18	Eschmann, Brigita	FR	OAK-VA	1:36.61	
19	Bailey, Holly	JR	TCSI-VA	1:40.43	
20	Bauer, Katie	FR	SST-VA	X1:44.33	

Event 13 Boys 100 Yard Freestyle

Seton: 45.67 2/20/2010 S. J. Hill					
53.50 STES					
53.50 NACT					
	Name	Yr	School	Seed	Time
1	Phillips, Tyler	JR	TCSI-VA	47.27	STES
2	Fiala, Caleb	SO	ICHS	52.83	STES
3	Nguyen, Andrew	SR	SST-VA	53.43	STES
4	Anderson, Brenton	SO	ICHS	55.94	
5	Halisky, Liam	SR	SST-VA	56.19	
6	Koler, Evan	SR	JP-VA	58.47	
7	Ryan, Nathan	SO	FCS-VA	58.55	
8	Sokban, William	SR	SST-VA	58.73	
9	Salter, Jonathan	SR	ICHS	59.05	
10	Hoover, Caleb	SR	TCSI-VA	1:00.34	
11	Salter, Michael	8	ICHS	1:01.17	
12	Ross, Andrew	SO	FCS-VA	1:01.59	
13	Gebhardt, Lucas	FR	FCS-VA	1:04.20	
14	Taylor, Scott	SR	ICHS	X1:04.74	
15	Lynch, Joey	FR	SST-VA	1:05.22	
16	Molaski, Brycen	8	FCS-VA	1:06.58	
17	Pacuar, Stephan	7	FCS-VA	X1:06.78	
18	Pitner, Samuel	SO	FCS-VA	X1:09.79	
19	Garvey, JJ		SST-VA	X1:10.19	
20	Pillion, Luke	SO	SST-VA	X1:11.56	
21	Dix, Brycen	7	FCS-VA	X1:12.04	
22	Howell, Caleb	7	FCS-VA	X1:12.41	
23	Taylor, Will	8	ICHS	X1:13.00	

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Event 13 ...(Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time
24 Beardsley, Parker	8	ICHS	X1:14.85
25 Smith, CJ	7	FCS-VA	X1:15.68
26 Riley, Jack	SO	ICHS	X1:16.59
27 White, Liam	JR	ICHS	X1:17.60
28 Yim, Evan	FR	ICHS	X1:19.31
29 Wible, Evan		SST-VA	X1:19.43
30 Cooley, John	FR	SST-VA	X1:20.00
31 Nguyen, James		SST-VA	X1:20.68
32 Hurley, Daniel	JR	SST-VA	X1:20.87
33 Lenker, David	7	FCS-VA	X1:21.91
34 Fifield, Luke		SST-VA	X1:22.22
35 Hill, Wesley	7	ICHS	X1:28.43
36 Williams, Jaden	8	FCS-VA	X1:28.98
37 Haggerty, Eamon		SST-VA	X1:29.33
38 McCardell, Aidan	JR	SST-VA	X1:30.49
39 Meade, Charles Fielding	8	FCS-VA	X1:31.12
40 Pennefather, CJ		SST-VA	X1:33.24
41 Henry, Dominic	FR	SST-VA	X1:37.16
42 Goodman, John	FR	SST-VA	X1:39.98
43 Frenchak, Elijah	FR	ICHS	X1:40.00
44 Orellana, Brian	FR	SST-VA	X2:10.69
45 Orellana, William		SST-VA	X2:23.83

Event 14 Girls 100 Yard Freestyle

Seton:	52.05	2/16/2018	A. Kenna
	59.04	STES	
	1:01.50	NACT	
Name	Yr	School	Seed Time
1 Ellis, Hannah	SO	FCS-VA	54.92 STES
2 Aldeguer, Ariana	SO	SST-VA	55.31 STES
3 Miller, Evie	SO	FCS-VA	55.39 STES
4 Shumate, Kate	SO	ICHS	55.54 STES
5 Wiggins, Allie	JR	TCSI-VA	55.92 STES
6 Schroer, Maggie	FR	SST-VA	1:00.07 NACT
7 Duncan, Rosemary	8	OAK-VA	1:02.24
8 Gilbert, Maddie	FR	TCSI-VA	1:02.37
9 Angarag, Alice	JR	JP-VA	1:03.00
10 Ryan, Gabbie	JR	FCS-VA	1:03.54
11 Erickson, Katelyn	JR	OAK-VA	1:03.60
12 Bingham, Lucia	SR	SST-VA	1:04.13
13 Heinrichs, Charlotte	SO	OAK-VA	1:04.38
14 Ryan, Adrie	8	FCS-VA	1:04.90
15 Molaski, Kaitlyn	SO	FCS-VA	X1:05.32
16 Mantooth, Avila	FR	SST-VA	1:05.64
17 McDonnell, Maddie	JR	OAK-VA	1:06.52
18 Neikirk, Victoria	8	ICHS	1:06.76
19 Blevins, Hannah	JR	FCS-VA	X1:06.89
20 Sebero, Emmah	JR	FCS-VA	X1:07.20
21 Dahlberg, Catherine	FR	FCS-VA	X1:08.41
22 Molaski, Madilyn	6	FCS-VA	X1:08.57
23 Schneider, Adele	SO	OAK-VA	1:10.09
24 Dang, Alexis	8	TCSI-VA	1:10.20
25 Chen, Alison	FR	FCS-VA	X1:12.18
26 Lam, Natalie		ICHS	X1:13.34
27 Haggerty, Aoife	SO	SST-VA	X1:13.35
28 Conway, Sam	SO	JP-VA	1:13.60

29 Waldron, Lily	FR	SST-VA	X1:14.56
30 Gallagher, Gloria	FR	JP-VA	1:15.00
31 Miller, Eliza	SO	TCSI-VA	1:15.12
32 Kay, Clare		SST-VA	X1:16.78
33 Mikkelson, Maggie		SST-VA	X1:17.93
34 Blevins, Colby	JR	FCS-VA	X1:17.94
35 Mikkelson, Annabelle		SST-VA	X1:18.14
36 Bauer, Molly	SR	SST-VA	X1:19.28
37 Judge, Jane	FR	SST-VA	X1:19.70
38 Cooley, Katie		SST-VA	X1:20.17
39 Herwick, Lucy		SST-VA	X1:20.47
40 Nguyen, Bella	FR	SST-VA	X1:21.32
41 Bingham, Veronica		SST-VA	X1:25.43
42 Burgess, Ella	8	ICHS	1:25.51
43 Marte, Jaasiel	FR	FCS-VA	X1:25.80
44 Youngblut, Adeline		SST-VA	X1:29.45
45 Kramer, Rebecca		SST-VA	X1:33.01
46 Pillion, Gianna		SST-VA	X1:33.41
47 Catabui, Grace		SST-VA	X1:39.06
48 Kramer, Colette	JR	SST-VA	X1:39.22
49 Ellis, Rose	JR	SST-VA	X1:39.40
50 Maher, Siobhan		SST-VA	X1:53.54
51 Youngblut, Avery		SST-VA	X2:07.86

Event 15 Boys 500 Yard Freestyle

Seton:	4:27.19	1/31/2010	S.J. Hill
	5:25.00	NACT	
	5:41.90	STES	
Name	Yr	School	Seed Time
1 Borneman, Joe	SR	SST-VA	5:40.00 STES
2 Wilson, Max	SR	SST-VA	5:40.95 STES
3 Kay, Patrick	FR	SST-VA	5:55.72
4 Bluey, Ben	SO	ICHS	6:12.18
5 Lam, Micah	SO	ICHS	6:29.09
6 Bauer, Greg	JR	SST-VA	6:31.28
7 Burgess, Grey	JR	ICHS	6:50.00
8 Zhu, John	8	TCSI-VA	7:00.00
9 Taylor, JT	SO	ICHS	7:10.00

Event 16 Girls 500 Yard Freestyle

Seton:	5:06.98	2/1/1999	K. Shipko
	5:45.00	NACT	
	5:58.88	STES	
Name	Yr	School	Seed Time
1 Miller, Evie	SO	FCS-VA	5:27.05 NACT
2 McCook, Isabella	SO	SST-VA	5:37.35 NACT
3 Kriz, Alexa	8	TCSI-VA	5:51.86 STES
4 Bruenjes, Annie	FR	ICHS	6:08.10
5 Kay, Philomena	SO	SST-VA	6:16.83
6 Hill, Gigi	JR	SST-VA	6:32.10
7 Lee, Tori	FR	TCSI-VA	6:33.96
8 Cunningham, Lucy	SR	SST-VA	6:35.95
9 Voith, Amy	SO	JP-VA	6:56.01
10 Brown, Lena	FR	TCSI-VA	7:02.86
11 Downer, Gabby	7	TCSI-VA	X7:05.00
12 Arcara, Eloise	FR	ICHS	7:46.00
13 Ryan, Fiona	JR	OAK-VA	8:05.69
14 Larson, Zoe	JR	OAK-VA	8:08.06

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Event 17 Boys 200 Yard Freestyle Relay

Seton: 1:30.07 2/19/2010 Hill, Koehr,Cook,Basinger				
1:38.00 NACT				
1:42.23 STES				
Team	Relay	Seed Time		
1 Seton-VA	A	1:34.65	NACT	
1) Halisky, Liam SR	2) Sokban, Daniel SO			
3) Wilson, Max SR	4) Borneman, Joe SR			
2 Immanuel Christi	A	1:41.22	STES	
1) Anderson, Brenton SO	2) Salter, Michael 8			
3) Morillo, Caleb JR	4) Salter, Jonathan SR			
3 Seton-VA	B	1:41.40	STES	
1) Zahorchak, Michael SO	2) Judge, Dominic SO			
3) Partridge, Luke SO	4) Sokban, William SR			
4 Saint John Paul-VA	A	1:43.74		
1) Wellington-Menzie, London FR	2) Chuquillangui, Jaidan SR			
3) Koler, Evan SR	4) Koler, Eric JR			
5 Fredericksburg C-VA	A	1:46.56		
1) Gebhardt, Lucas FR	2) Ryan, Nathan SO			
3) DiBlasi, Taft FR	4) Ross, Andrew SO			
6 Trinity Christia-VA	A	1:46.85		
1) Robillard, Lucas FR	2) Phillips, Tyler JR			
3) Zhu, John 8	4) Gilman, Bryce SR			
7 Immanuel Christi	B	1:48.13		
1) Pinkley, Isaac SO	2) Burgess, Grey JR			
3) Taylor, Scott SR	4) Winslow, Wade SO			
8 Fredericksburg C-VA	B	1:56.34		
1) Liette, Jonny 8	2) Diblasi, John JR			
3) Howell, Caleb 7	4) Pitner, Samuel SO			
9 Immanuel Christi	C	X2:00.34		
1) Vincent, Jonathan FR	2) Wollmershauser, Gray FR			
3) Taylor, JT SO	4) Taylor, Will 8			
10 Fredericksburg C-VA	C	X2:05.46		
1) Durbin, Lucas FR	2) Dix, Brycen 7			
3) Pacuar, Stephan 7	4) Molaski, Brycen 8			
11 Immanuel Christi	D	X2:09.71		
1) Frenchak, Elijah FR	2) White, Liam JR			
3) Riley, Jack SO	4) Yim, Evan FR			
12 Seton-VA	C	X2:20.00		
1) Wilson, Jonas FR	2) Fifield, Luke			
3) Wible, Evan	4) Pennefather, CJ			
13 Seton-VA	D	X2:22.00		
1) Cooley, JJ JR	2) Judge, Will			
3) Cooley, John FR	4) De Micoli, Rafael FR			
14 Seton-VA	E	X2:24.00		
1) Lynch, Joey FR	2) Witter, Joe FR			
3) Nguyen, James	4) Nguyen, Philip			
15 Seton-VA	F	X2:26.00		
1) Partridge, Paul	2) Garvey, JJ			
3) Sciscilo, Dominic	4) Orellana, William			
16 Seton-VA	G	X2:28.00		
1) Ellis, Ben SO	2) Pillion, Luke SO			
3) Hurley, Daniel JR	4) Orellana, Brian FR			

Event 18 Girls 200 Yard Freestyle Relay

Seton: 1:40.05 2/19/2010 Doonis,Rogers,Talbott,Donohoe				
1:49.50 NACT				
1:57.34 STES				
Team	Relay	Seed Time		
1 Fredericksburg C-VA	A	1:44.78	NACT	
1) Miller, Evie SO	2) Ellis, Hannah SO			
3) Baroody, Isabel JR	4) Miller, Molly SR			
2 Trinity Christia-VA	A	1:45.99	NACT	
3 Oakcrest-VA	A	1:47.55	NACT	
1) Erickson, Katelyn JR	2) Cinotti, Ema FR			
3) Duncan, Rosemary 8	4) Bryan, Elizabeth JR			
4 Seton-VA	A	1:49.06	NACT	
5 Saint John Paul-VA	A	1:52.98	STES	
1) Frederick, Izzie SO	2) Koler, Isabella JR			
3) Mills, Emily FR	4) Willis, Isa SO			
6 Seton-VA	B	1:54.42	STES	
7 Fredericksburg C-VA	B	X1:55.35	STES	
1) Ryan, Adrie 8	2) Ryan, Samantha 6			
3) Sebero, Emmah JR	4) Dahlberg, Catherine FR			
8 Oakcrest-VA	B	1:56.53	STES	
1) McDonnell, Maddie JR	2) Teh, Michaela SO			
3) Van Meter, Juliet SO	4) Magee, Amelia JR			
9 Trinity Christia-VA	B	1:59.90		
10 Fredericksburg C-VA	C	X2:01.57		
1) Ryan, Gabbie JR	2) Blevins, Hannah JR			
3) Chen, Alison FR	4) Molaski, Kaitlyn SO			
11 Trinity Christia-VA	C	X2:01.98		
1) Miller, Eliza SO	2) Hill, Emma JR			
3) Bailey, Holly JR	4) Downer, Gabby 7			
12 Immanuel Christi	A	2:07.27		
1) Neikirk, Victoria 8	2) Burgess, Ella 8			
3) Arcara, Eloise FR	4) Erickson, Alexandra 8			
13 Oakcrest-VA	C	X2:09.77		
1) Larson, Elle JR	2) Barvick, Lulu FR			
3) Cinotti, Isabella SO	4) Schneider, Adele SO			
14 Saint John Paul-VA	B	2:10.96		
1) Voith, Amy SO	2) Gallagher, Gloria FR			
3) Miller, Ellie JR	4) Conway, Sam SO			
15 Immanuel Christi	B	2:14.99		
1) Anderson, Sarah SR	2) Taliaferro, Isabel FR			
3) Lam, Natalie	4) Herndon, Anya 7			
16 Seton-VA	C	X2:20.00		
1) Waldron, Rose SR	2) Blanchette, Meg SR			
3) Herwick, Lucy	4) Vaughan, Bella			
17 Seton-VA	D	X2:21.00		
1) Mantooth, Avila FR	2) Bauer, Molly SR			
3) Nguyen, Bella FR	4) Maranian, Julia FR			
18 Seton-VA	E	X2:22.00		
1) Halisky, Sophia FR	2) Mikkelsen, Maggie			
3) Gibaldi, Gigi SO	4) Catabui, Grace			
19 Seton-VA	F	X2:23.00		
1) Hurley, Elizabeth FR	2) Meadows, Charlotte			
3) Youngblut, Adeline	4) Kramer, Rebecca			
20 Seton-VA	G	X2:24.00		
1) Dusek, Annie FR	2) Judge, Jane FR			
3) Bingham, Veronica	4) Kramer, Cora SO			

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Event 18 ...**(Girls 200 Yard Freestyle Relay)**

Team		Relay	Seed Time
21	Seton-VA	H	X2:25.00
	1) Cunningham, Lucy SR	2) Mikkelson, Annabelle	
	3) Fioramonti, Madelyn	4) Youngblut, Avery	
22	Seton-VA	I	X2:26.00
	1) Haggerty, Orla SR	2) Kay, Clare	
	3) Kramer, Penny SO	4) Hadro, Addi	
23	Seton-VA	J	X2:27.00
	1) Waldron, Lily FR	2) Cooley, Katie	
	3) Pillion, Gianna	4) Ellis, Rose JR	
24	Seton-VA	K	X2:28.00
	1) Bauer, Katie FR	2) Poullath, Charlotte	
	3) Gorman, Bella	4) Maher, Siobhan	
25	Seton-VA	L	X2:29.00
	1) Schroer, Caroline	2) Bingham, Mariana SO	
	3) Kramer, Colette JR	4) Mayer, Evie	
26	Seton-VA	M	X2:30.00
	1) Osilka, Mary Claire JR	2) Haggerty, Aoife SO	
	3) Allen, Bethany	4) Jolly, Brianna	

Event 19 **Boys 100 Yard Backstroke**

Seton:		51.48	1/20/2006	K. Koehr	
		1:01.00	NACT		
		1:02.90	STES		
Name		Yr	School	Seed Time	
1	Witdoeckt, Jo	FR	TCSI-VA	56.03	NACT
2	Koehr, Connor	SR	SST-VA	X59.78	NACT
3	Lansing, Reed	FR	ICHS	1:06.73	
4	Herwick, Jack	FR	SST-VA	1:09.23	
5	Sokban, Daniel	SO	SST-VA	1:14.71	
6	Bluey, Luke	7	ICHS	X1:18.02	
7	Zahorchak, Michael	SO	SST-VA	1:18.91	
8	Bluey, Ben	SO	ICHS	1:19.36	
9	Partridge, Paul		SST-VA	X1:20.78	
10	Vincent, Jonathan	FR	ICHS	1:20.93	
11	Liette, Jonny	8	FCS-VA	1:21.45	
12	Connally, Cole	8	ICHS	1:24.05	
13	Gilbert, Luke	7	TCSI-VA	X1:26.09	
14	Cooley, JJ	JR	SST-VA	1:27.46	
15	Gilman, Bryce	SR	TCSI-VA	1:29.73	
16	Durbin, Lucas	FR	FCS-VA	1:35.11	
17	Nguyen, Karsten	SO	JP-VA	1:40.98	
18	Nyugen, Kenton	FR	JP-VA	NT	
19	Stonaker, Graham	SR	JP-VA	NT	

Event 20 **Girls 100 Yard Backstroke**

Seton:		55.62	2/16/2018	A. Kenna	
		1:06.85	STES		
		1:10.00	NACT		
Name		Yr	School	Seed Time	
1	Ellis, Hannah	SO	FCS-VA	58.58	STES
2	Miller, Molly	SR	FCS-VA	1:00.88	STES
3	Feng, Shoshana	FR	TCSI-VA	1:01.28	STES
4	Baroody, Isabel	JR	FCS-VA	1:02.80	STES
5	Lee, Tori	FR	TCSI-VA	1:07.38	NACT
6	Fifield, Haley	SR	SST-VA	1:07.39	NACT
7	Witdoeckt, Karis	SR	TCSI-VA	1:07.68	NACT
8	Sebero, Emmah	JR	FCS-VA	1:09.57	NACT

9	Williams, Maeve	SR	JP-VA	1:10.78
10	Erickson, Alexandra	8	ICHS	1:11.48
11	Schroer, Maggie	FR	SST-VA	1:11.73
12	Bruenjes, Annie	FR	ICHS	1:14.64
13	Fifield, Kyleigh	SO	SST-VA	1:14.93
14	Arnold, Betsy	FR	SST-VA	1:16.45
15	Magee, Amelia	JR	OAK-VA	1:16.91
16	Anderson, Sarah	SR	ICHS	1:18.91
17	Phillips, Erin	7	TCSI-VA	X1:20.76
18	Judge, Jane	FR	SST-VA	X1:21.75
19	Gallagher, Gloria	FR	JP-VA	1:23.00
20	Frederick, Izzie	SO	JP-VA	1:23.73
21	Burgess, Ella	8	ICHS	1:24.39
22	Angarag, Alice	JR	JP-VA	1:24.62
23	Miller, Ellie	JR	JP-VA	X1:25.40
24	Bauer, Katie	FR	SST-VA	X1:27.11
25	Larson, Elle	JR	OAK-VA	1:27.35
26	Poullath, Charlotte		SST-VA	X1:29.39
27	Haggerty, Orla	SR	SST-VA	X1:34.32
28	Bingham, Mariana	SO	SST-VA	X1:34.71
29	Scaletta, Alessandra	FR	JP-VA	X1:36.00
30	Maranian, Julia	FR	SST-VA	X1:50.07
31	Allen, Bethany		SST-VA	X1:50.10
32	Andreu, Angela	FR	SST-VA	X1:55.46
33	Fioramonti, Madelyn		SST-VA	X1:55.49
34	Barvick, Lulu	FR	OAK-VA	1:56.08
35	Kramer, Cora	SO	SST-VA	X1:57.09
36	Ellis, Rose	JR	SST-VA	X1:58.44
37	Maher, Siobhan		SST-VA	X2:05.12
38	Jolly, Brianna		SST-VA	X2:07.90
39	Mayer, Evie		SST-VA	X2:13.68
40	Henry, GG		SST-VA	X2:20.72
41	Rizzo, Hazel	SO	OAK-VA	NT
42	Kubiak, Danika	FR	JP-VA	XNT

Event 21 **Boys 100 Yard Breaststroke**

Seton:		58.53	1/27/2007	N. Cook	
		1:07.50	NACT		
		1:08.10	STES		
Name		Yr	School	Seed Time	
1	Koler, Eric	JR	JP-VA	58.73	NACT
2	Wolf, Moses	SO	ICHS	1:02.35	NACT
3	Robillard, Lucas	FR	TCSI-VA	1:06.19	NACT
4	Morillo, Caleb	JR	ICHS	1:07.47	NACT
5	Nguyen, Andrew	SR	SST-VA	1:07.80	STES
6	Dibiasi, John	JR	FCS-VA	1:13.42	
7	Partridge, Luke	SO	SST-VA	1:15.94	
8	Lam, Micah	SO	ICHS	1:19.21	
9	DiBlasi, Taft	FR	FCS-VA	1:19.93	
10	Ellis, Ben	SO	SST-VA	1:21.13	
11	Hurley, Daniel	JR	SST-VA	1:25.68	
12	Wollmershauser, Gray	FR	ICHS	1:27.85	
13	De Micoli, Rafael	FR	SST-VA	X1:42.19	
14	Judge, Will		SST-VA	X1:43.68	
15	Sciscilo, Dominic		SST-VA	X1:47.34	
16	Cooley, John	FR	SST-VA	X1:56.31	
17	Nguyen, Philip		SST-VA	X2:12.25	
18	Maranian, Matthew		SST-VA	X2:40.27	

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Event 21 ...(Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time
19 Witter, Joe	FR	SST-VA	X3:25.95

Event 22 Girls 100 Yard Breaststroke

Seton:	1:05.77	2/18/2022	A. Testani
	1:15.62	STES	
	1:18.00	NACT	

Name	Yr	School	Seed Time
1 Bryan, Elizabeth	JR	OAK-VA	1:03.26 STES
2 Condon, Clara	SR	SST-VA	1:12.03 STES
3 Koler, Isabella	JR	JP-VA	1:12.14 STES
4 Kriz, Alexa	8	TCSI-VA	1:14.14 STES
5 Hsieh, Maggi	SO	TCSI-VA	1:15.55 STES
6 Brox, Elodie	SR	SST-VA	1:17.49 NACT
7 Hazelwood, Lindley	SO	OAK-VA	1:17.62 NACT
8 Klanderman, Liz	SR	TCSI-VA	1:17.62 NACT
9 Waldron, Rose	SR	SST-VA	1:18.42
10 Halisky, Sophia	FR	SST-VA	1:19.61
11 Voith, Amy	SO	JP-VA	1:19.67
12 Connally, Bella	SO	ICHS	1:20.64
13 Ryan, Gabbie	JR	FCS-VA	1:21.65
14 Schneider, Adele	SO	OAK-VA	1:25.54
15 Ryan, Samantha	6	FCS-VA	X1:27.88
16 Lam, Natalie		ICHS	X1:28.92
17 Neikirk, Victoria	8	ICHS	1:29.29
18 Cinotti, Isabella	SO	OAK-VA	1:31.28
19 Bailey, Holly	JR	TCSI-VA	1:32.93
20 Schroer, Caroline		SST-VA	X1:33.67
21 Meadows, Charlotte		SST-VA	X1:34.93
22 Walsh, Mia	FR	FCS-VA	1:35.80
23 Blanchette, Meg	SR	SST-VA	X1:36.16
24 Kay, Clare		SST-VA	X1:37.54
25 Herndon, Anya	7	ICHS	X1:39.00
26 Eschmann, Brigita	FR	OAK-VA	1:39.22
27 Osilka, Mary Claire	JR	SST-VA	X1:41.35
28 Taliaferro, Isabel	FR	ICHS	1:47.93
29 Bingham, Veronica		SST-VA	X1:57.80
30 Nash, Mia	SO	OAK-VA	X2:07.18
31 Gibaldi, Gigi	SO	SST-VA	X2:10.92
32 Kramer, Penny	SO	SST-VA	X2:11.94
33 Vaughan, Bella		SST-VA	X2:16.48
34 Gorman, Bella		SST-VA	X2:27.28
35 Nguyen, Mia		SST-VA	X2:36.54
36 Hadro, Addi		SST-VA	X2:43.16
37 Vaughan, Jane		SST-VA	X2:44.44

Event 23 Boys 400 Yard Freestyle Relay

Seton:	3:17.05	2/19/2010	Hill, Cook, Dunn, Basinger
	3:40.00	NACT	
	3:59.45	STES	

Team	Relay	Seed Time
1 Immanuel Christi	A	3:33.66 NACT
1) Lansing, Reed FR	2) Masterson, Colton 8	
3) Fiala, Caleb SO	4) Wolf, Moses SO	
2 Seton-VA	A	3:38.94 NACT
1) Wilson, Max SR	2) Koehr, Connor SR	
3) Sokban, Daniel SO	4) Nguyen, Andrew SR	

3 Trinity Christia-VA	A	3:49.29 STES
1) Phillips, Tyler JR	2) Gilman, Bryce SR	
3) Hoover, Caleb SR	4) Witdoeck, Jo FR	
4 Seton-VA	B	3:55.03 STES
1) Kay, Patrick FR	2) Bauer, Greg JR	
3) Zahorchak, Michael SO	4) Herwick, Jack FR	
5 Immanuel Christi	B	4:02.53
1) Bluey, Ben SO	2) Winslow, Wade SO	
3) Salter, Michael 8	4) Lam, Micah SO	
6 Fredericksburg C-VA	A	4:09.78
1) Ross, Andrew SO	2) Diblasi, John JR	
3) Gebhardt, Lucas FR	4) Ryan, Nathan SO	
7 Immanuel Christi	C	X4:12.97
1) Burgess, Grey JR	2) Taylor, Scott SR	
3) Herndon, Micah FR	4) Bluey, Luke 7	
8 Fredericksburg C-VA	B	4:25.68
1) Liette, Jonny 8	2) DiBlasi, Taft FR	
3) Pitner, Samuel SO	4) Molaski, Brycen 8	
9 Saint John Paul-VA	A	4:34.33
1) Chuquillangui, Jaidan SR	2) Nyugen, Kenton FR	
3) Nguyen, Karsten SO	4) Stonaker, Graham SR	
10 Fredericksburg C-VA	C	X4:51.67
1) Dix, Brycen 7	2) Howell, Caleb 7	
3) Durbin, Lucas FR	4) Pacuar, Stephan 7	
11 Immanuel Christi	D	X5:00.75
1) Connally, Cole 8	2) White, Liam JR	
3) Riley, Jack SO	4) Beardsley, Parker 8	

Event 24 Girls 400 Yard Freestyle Relay

Seton:	3:40.51	2/19/2010	DoonisRogers,ClaybrooksDonohoe
	4:21.00	NACT	
	4:30.99	STES	

Team	Relay	Seed Time
1 Fredericksburg C-VA	A	3:41.78 NACT
1) Miller, Evie SO	2) Ellis, Hannah SO	
3) Baroody, Isabel JR	4) Miller, Molly SR	
2 Trinity Christia-VA	A	3:54.45 NACT
3 Oakcrest-VA	A	3:59.61 NACT
1) Erickson, Katelyn JR	2) Hazelwood, Lindley SO	
3) Duncan, Rosemary 8	4) Cinotti, Ema FR	
4 Seton-VA	A	4:05.60 NACT
5 Trinity Christia-VA	B	4:08.73 NACT
6 Immanuel Christi	A	4:09.70 NACT
1) Bruenjes, Annie FR	2) Myers, Lydia SO	
3) Connally, Bella SO	4) Shumate, Kate SO	
7 Oakcrest-VA	B	4:15.52 NACT
1) Eschmann, Brigita FR	2) Heinrichs, Charlotte SO	
3) Magee, Amelia JR	4) Van Meter, Juliet SO	
8 Fredericksburg C-VA	B	4:20.56 NACT
1) Sebero, Emmah JR	2) Ryan, Adrie 8	
3) Blevins, Hannah JR	4) Ryan, Gabbie JR	
9 Fredericksburg C-VA	C	X4:27.56 STES
1) Walsh, Mia FR	2) Ryan, Samantha 6	
3) Dahlberg, Catherine FR	4) Molaski, Madilyn 6	
10 Seton-VA	B	4:28.63 STES
11 Trinity Christia-VA	C	X4:37.53
1) Downer, Gabby 7	2) Bailey, Anna FR	
3) Phillips, Erin 7	4) Brown, Lena FR	

VCAC Invitational - 1/4/2025
Psych Sheet

Event 24 ...(Girls 400 Yard Freestyle Relay)

	Team	Relay	Seed Time
12	Oakcrest-VA	C	X4:48.10
	1) Ryan, Fiona JR	2) Larson, Zoe JR	
	3) Rizzo, Hazel SO	4) Larson, Elle JR	