

VCAC Regular Season Dual Meet Championships

January 4, 2025

Warm-up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
Session I - 1:00 - 1:20 p.m.	Seton Group 1 (28) - Palazzo/ K. Koehr	Seton Group 1 (28) - Palazzo/ K. Koehr	Seton Group 1 (28) - Palazzo/ K. Koehr	Seton Group 1 (28) - Palazzo/ K. Koehr	Seton Group 2B (10) - Ross	Seton Group 2A + 3A Boys (8) - Schroer, Kay	Seton Group 3A Girls + 3B (10) - Kay, Halisky	Seton Group 4A (16) - Hurley	Seton Group 4A (16) - Hurley	Seton Group 4B High School (10) - Judge
Session II - 1:20 - 1:40 p.m.	Immanuel Christian (41)	Immanuel Christian (41)	Immanuel Christian (41)	Immanuel Christian (41)	Immanuel Christian (41)	Immanuel Christian (41)	Trinity Christian (25)	Trinity Christian (25)	Trinity Christian (25)	Trinity Christian (25)
Session III - 1:40 - 2:00 p.m.	Fredericksburg Christian (17)	Fredericksbur g Christian (17)	Fredericksburg Christian (17)	John Paul the Great (26)	John Paul the Great (26)	John Paul the Great (26)	John Paul the Great (26)	Oakcrest School (24)	Oakcrest School (24)	Oakcrest School (24)

	Lane 11	Lane 12	Lane 13	Lane 14
Session I - 1:00 - 1:20 p.m.	Seton Group 4B Middle School (6) - Osilka	Seton Group 5-6 (30) - Zadnik, Beltran, Kleb	Seton Group 5- 6 (30) - Zadnik, Beltran, Kleb	Seton Group 5- 6 (30) - Zadnik, Beltran, Kleb
Session II - 1:20 - 1:40 p.m.	Open	Open	Open	Open
Session III - 1:40 - 2:00 p.m.	Open	Open	Open	Open

Meet
Sponsored
by:

John Paul Design Build



Lane Assignments for Schools (2 Timers per Lane)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
	John Paul the Great	Oakcrest	Trinity Christian	Fredericksburg Christian	Seton	Immanuel	Seton	Trinity Christian	Immanuel	Oakcrest