

Seton Swimming

Relay Top Times

Seton Swimming [SST] Coach: Jim Koehr
Number of Top Times: 20 Convert To: Yards Print: Yards

Time	P/F/S	Relay			
Male Senior 200 Medley Relay					
1	1:39.19 Y	F	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	25.75		27.15	24.03	22.26
2	1:39.26 Y	F	A Relay	2/1/2025	2025 Annual VISAA Division II Invitational
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	25.22		27.18	24.30	22.56
3	1:39.82 Y	F	A Relay	2/17/2006	VSIS 2006 State Championship
	Kevin Koehr		Nevin Cook (SR)	Bryan Morch (SR)	Sean Koehr (SR)
	24.52		27.05	25.07	23.18
4	1:39.99 Y	F	A Relay	1/18/2025	2025 NoVa Catholic Invitational Championship
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	25.92		27.55	24.36	22.16
5	1:40.07 Y	F	A Relay	2/8/2025	2025 VCAC Championship Meet
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	26.25		27.27	24.31	22.24
6	1:40.83 Y	P	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	25.83		27.32	24.39	23.29
7	1:40.98 Y	P	A Relay	1/11/2025	National Catholic H.S. Championship 2025
	Connor Koehr (SR)		Lionel L. Martinez (SO)	Joe P. Borneman (SR)	Liam G. Halisky (SR)
	26.12		27.26	25.07	22.53
8	1:41.38 Y	P	A Relay	2/17/2006	VSIS 2006 State Championship
	Kevin Koehr		Nevin Cook (SR)	Bryan Morch (SR)	Sean Koehr (SR)
	24.51		27.64	25.88	23.35
9	1:41.87 Y	F	A Relay	2/19/2010	2010 VSIS Swimming & Diving Championships
	Connor Cook (SR)		Daniel Koehr	Catfish Dunn (SR)	David Basinger (SR)
	26.25		28.26	24.57	22.79
10	1:42.38 Y	F	A Relay	1/28/2006	2006 National Catholic Championship
	Kevin Koehr		Nevin Cook (SR)	Bryan Morch (SR)	Sean Koehr (SR)
	24.87		27.74	25.98	23.79
11	1:42.41 Y	F	A Relay	2/3/2024	18th Annual VISAA Division II Invitational
	Connor Koehr (SR)		Luke Mantooth (SR)	Lionel L. Martinez (SO)	Michael Brox (SR)
	26.59		30.23	23.97	21.62
12	1:42.75 Y	F	A Relay	1/13/2024	National Catholic H.S. Championship 2024
	Connor Koehr (SR)		Andrew K. Nguyen (SR)	Lionel L. Martinez (SO)	Michael Brox (SR)
	26.81		29.37	23.75	22.82
13	1:42.78 Y	P	A Relay	1/13/2024	National Catholic H.S. Championship 2024
	Connor Koehr (SR)		Andrew K. Nguyen (SR)	Lionel L. Martinez (SO)	Michael Brox (SR)
	26.98		29.53	23.61	22.66
14	1:42.83 Y	P	A Relay	1/28/2006	2006 National Catholic Championship
	Kevin Koehr		Nevin Cook (SR)	Bryan Morch (SR)	Sean Koehr (SR)
	53.16		25.99	23.68	
15	1:42.89 Y	F	A Relay	1/16/2010	SST Swim Meet 1-16-10
	Connor Cook (SR)		Daniel Koehr	David Basinger (SR)	Jameson Hill (SR)
	27.30		29.16	25.51	20.92
16	1:42.92 Y	F	A Relay	2/10/2024	2024 VCAC Championship Meet
	Connor Koehr (SR)		Andrew K. Nguyen (SR)	Lionel L. Martinez (SO)	Michael Brox (SR)
	26.43		29.89	24.09	22.51

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Time	P/F/S	Relay				
17	1:42.95 Y	F	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship	
			Connor Koehr (SR)		Andrew K. Nguyen (SR)	Lionel L. Martinez (SO)
			26.25		30.18	24.18
						22.34
18	1:42.99 Y	F	A Relay	1/20/2006	SST vs Woodberry, St. Margaret's	
			Kevin Koehr		Nevin Cook (SR)	Bryan Morch (SR)
						Sean Koehr (SR)
19	1:43.04 Y	F	A Relay	2/15/2008	2008 VSIS State Championships	
			Connor Cook (SR)		Nevin Cook (SR)	Daniel Koehr
			26.87		26.59	26.92
						22.66
20	1:43.05 Y	P	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship	
			Connor Koehr (SR)		Andrew K. Nguyen (SR)	Lionel L. Martinez (SO)
			26.50		30.01	24.25
						22.29

Seton Swimming

Individual Top Times

Seton Swimming [SST] Coach: Jim Koehr
Number of Top Times: 20 Convert To: Yards Print: Yards

	Time	P/F/S	Name	Age/Yr		
Male Senior 200 Free						
1	1:38.54 Y	F	*I Steven Jameson Hill	SR	1/30/2010	2010 National Catholic HS Champs
2	1:46.38 Y	P	Lionel Martinez	SO	1/11/2025	National Catholic H.S. Championship 2025
3	1:46.66 Y	F	*I Nevin Cook	SR	1/4/2008	SST, Paul VI @ Collegiate-Jan4,07
4	1:51.85 Y	F	*I David Basinger	SR	1/22/2011	SST-2011 Varsity-Meet-Jan22-11
5	1:52.21 Y	F	*I Connor Cook	SR	1/12/2008	SST @ Woodberry, Madiera, FCS-Jan12
6	1:52.40 Y	F	*I Vincent Dunn	SR	1/9/2010	SSTvNSA-FHS-FCS-QMHS-JPG1-9-10
7	1:55.15 Y	F	*I Kevin Koehr		1/29/2005	2005 National Catholic Championship
8	1:56.75 Y	F	Maximilian Wilson	SR	2/8/2025	2025 VCAC Championship Meet
9	1:57.12 Y	F	Joe Borneman	SR	2/8/2025	2025 VCAC Championship Meet
10	1:59.79 Y	F	Michael Brox	SR	1/6/2024	VCAC Regular Season Championship
11	2:01.63 Y	F	Andrew Nguyen	SR	2/8/2025	2025 VCAC Championship Meet
12	2:01.90 Y	F	*I Ryan Sweeney		2/2/2002	FA, FCS, RMA vs Seton
13	2:02.03 Y	F	*I Joseph Kenna	FR	2/5/2011	2011 VSIS Division II Invitational
14	2:03.20 Y	F	Connor Koehr	SR	1/18/2025	2025 NoVa Catholic Invitational Champic
15	2:03.35 Y	F	*I Shane Koehr	SR	2/1/2020	14th Annual VISAA Division II Invitational
16	2:03.72 Y	F	*I Jamie Smith	FR	12/18/2010	SST Homecoming Swim Meet 12-18-10
17	2:04.03 Y	F	*I Alex Ceol		2/11/2017	DAC Championship 2017
18	2:04.19 Y	F	*I Joe Kosten	SR	12/8/2012	SST Swim Meet 12-08-12
19	2:04.40 Y	F	Daniel Sokban	SO	2/1/2025	2025 Annual VISAA Division II Invitations
20	2:05.43 Y	F	*I Tommy Flook	SR	2/7/2015	Delaney Athletic Conference Championsl

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Seton Swimming [SST] Coach: Jim Koehr
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	Time	P/F/S	Name	Age/Yr		
Male Senior 200 IM						
1	1:54.70 Y	F	*I Nevin Cook	SR	2/15/2008	2008 VSIS State Championships
2	1:59.19 Y	P	*I David Basinger	SR	2/18/2011	2011 VSIS Swimming & Diving Champior
3	1:59.46 Y	F	Lionel Martinez	SO	2/10/2024	2024 VCAC Championship Meet
4	2:00.98 Y	F	*I Steven Jameson Hill	SR	2/7/2009	2009 DAC Champs
5	2:03.04 Y	F	*I Connor Cook	SR	2/13/2009	2009 VSIS Swimming & Diving Champior
6	2:05.64 Y	F	*I Kevin Koehr		2/18/2005	2005 VSIS State Championship
7	2:07.24 Y	P	Thiago Martinez	FR	2/13/2025	2025 VISAA Swimming & Diving Champi
8	2:08.26 Y	F	*I Vincent Dunn	SR	1/22/2011	SST-2011 Varsity-Meet-Jan22-11
9	2:11.37 Y	F	*I Ryan Sweeney		2/15/2002	2002 VSIS State Championships
10	2:13.12 Y	F	*I Joe Kosten	SR	2/1/2014	2014 VISAA Division II Invitational
11	2:14.97 Y	F	Joe Borneman	SR	12/21/2024	Seton Homecoming
12	2:15.00 Y	P	*I Daniel Koehr		2/13/2009	2009 VSIS Swimming & Diving Champior
13	2:15.47 Y	F	Dominic Judge	SO	2/8/2025	2025 VCAC Championship Meet
14	2:16.05 Y	P	*I Jamie Smith	FR	2/18/2011	2011 VSIS Swimming & Diving Champior
15	2:17.11 Y	F	Patrick Kay	FR	2/1/2025	2025 Annual VISAA Division II Invitationa
16	2:17.76 Y	F	Maximilian Wilson	SR	12/21/2024	Seton Homecoming
17	2:18.23 Y	F	*I Joe Wilson	SR	12/11/2021	Seton December Invitational
18	2:19.14 Y	F	*I David Flook	JR	2/11/2017	DAC Championship 2017
19	2:20.25 Y	F	*I Shane Koehr	SR	1/11/2020	2020 NoVa Catholic Invitational Champic
20	2:20.61 Y	P	*I Bryan Morch	SR	2/20/2004	2004 VSIS State Championship

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Seton Swimming [SST] Coach: Jim Koehr

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	Time	P/F/S	Name	Age/Yr		
Male Senior 50 Free						
1	21.22 Y L	P	*I Steven Jameson Hill	SR	2/19/2010	2010 VSIS Swimming & Diving Champio
2	22.12 Y	F	*I Nevin Cook	SR	12/14/2007	NVSC Conference Regular Season-Dec'
3	22.22 Y L	F	Lionel Martinez	SO	2/13/2025	2025 VISAA Swimming & Diving Champi
4	22.30 Y	F	Michael Brox	SR	2/10/2024	2024 VCAC Championship Meet
5	x22.92 Y	F	Connor Koehr	SR	2/1/2025	2025 Annual VISAA Division II Invitationa
6	22.96 Y L	F	*I Kevin Koehr		2/5/2005	2005 DAC Championships
7	23.21 Y	F	Liam Halisky	SR	2/8/2025	2025 VCAC Championship Meet
8	23.22 Y	P	*I Joe Wilson	SR	2/17/2023	2023 VISAA Swimming & Diving Champi
9	23.38 Y L	P	*I Vincent Dunn	SR	2/17/2012	2012 VSIS Swimming & Diving Champio
10	23.39 Y	P	Joe Borneman	SR	2/13/2025	2025 VISAA Swimming & Diving Champi
11	23.43 Y	F	Daniel Sokban	SO	2/8/2025	2025 VCAC Championship Meet
12	23.48 Y	F	*I Ray Bennett	JR	2/28/2003	2003 VSIS State Championships
13	23.51 Y	F	*I Drew Dalrymple	SR	2/8/2020	2020 DAC Championship Meet
14	23.55 Y	P	*I Sean Koehr	SR	2/15/2008	2008 VSIS State Championships
15	23.56 Y	F	*I David Basinger	SR	1/16/2010	SST Swim Meet 1-16-10
16	x23.59 Y L	F	*I Andrew Quinan	SR	12/21/2019	Seton Homecoming Invitational
17	23.67 Y	P	*I Luke Marrazzo	SR	2/15/2013	2013 VISAA Swimming & Diving Champi
18	23.72 Y L	F	*I Shane Koehr	SR	2/1/2020	14th Annual VISAA Division II Invitational
19	23.74 Y	F	*I Jack Santschi	SR	2/12/2021	2021 DAC Championship Meet
20	23.82 Y	P	*I Daniel Koehr		2/19/2010	2010 VSIS Swimming & Diving Champio

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Individual Top Times

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	Time	P/F/S	Name	Age/Yr		
Male Senior 1 Meter 6 Dives						
1	249.20	F	Connor Koehr	SR	12/7/2024	Seton Icebreaker Invitational
2	231.10	F	Connor Koehr	SR	12/15/2023	State Top-8 Diving Dual Face-Off
3	230.45	F	Connor Koehr	SR	12/2/2023	Seton Icebreaker Invitational
4	227.60	F	Connor Koehr	SR	1/18/2025	2025 NoVa Catholic Invitational Champic
5	217.90	F	Connor Koehr	SR	1/4/2025	VCAC Invitational
6	217.35	F	Connor Koehr	SR	1/20/2024	2024 NoVa Catholic Invitational Champic
7	213.10	F	Connor Koehr	SR	1/11/2025	National Catholic H.S. Championship 20:
8	210.65	F	Connor Koehr	SR	12/14/2024	Seton December Invite
9	207.60	F	Connor Koehr	SR	12/16/2023	Seton Homecoming Invitational
10	207.40	F	*1 Joseph Duran	JR	1/19/2013	Woodberry Forest Invitational
11	207.10	F	Connor Koehr	SR	12/12/2023	Winterfest Extravaganza
12	201.35	F	Connor Koehr	SR	1/6/2024	VCAC Regular Season Championship
13	200.15	F	*1 Joseph Duran	JR	1/5/2013	2013 NOVA_Catholic_Invite
14	199.95	F	Connor Koehr	SR	12/21/2024	Seton Homecoming
15	198.25	F	*1 Mick Fioramonti	SR	12/2/2023	Seton Icebreaker Invitational
16	195.80	F	Connor Koehr	SR	1/13/2024	National Catholic H.S. Championship 20:
17	188.40	F	*1 Mick Fioramonti	SR	12/15/2023	State Top-8 Diving Dual Face-Off
18	188.18	F	Connor Koehr	SR	1/7/2023	VCAC Invitational
19	188.10	F	Connor Koehr	SR	12/17/2022	Seton Homecoming Invitational
20	178.60	F	*1 Mick Fioramonti	SR	12/12/2023	Winterfest Extravaganza
21	177.95	F	*1 Mick Fioramonti	SR	12/9/2023	Seton December Invitational
22	177.90	F	Connor Koehr	SR	12/10/2023	Seton December Invitational
23	177.65	F	Jacob Oswald	SR	12/2/2023	Seton Icebreaker Invitational
24	177.10	F	*1 Joseph Duran	JR	1/8/2011	2010 No.Va. Catholic Invitational
25	175.60	F	*1 Joseph Duran	JR	12/4/2010	SST vs NA, TES, JPtG, Highland-Dec4,1
26	174.46	F	*1 Joseph Duran	JR	12/18/2010	SST Homecoming Swim Meet 12-18-10
27	173.45	F	Jacob Oswald	SR	12/21/2024	Seton Homecoming
28	173.40	F	Connor Koehr	SR	2/12/2022	2022 VCAC Championship Meet
29	173.30	F	Connor Koehr	SR	1/8/2022	VCAC Invitational
30	173.20	F	*1 Mick Fioramonti	SR	12/16/2023	Seton Homecoming Invitational
31	171.65	F	*1 Mick Fioramonti	SR	1/20/2024	2024 NoVa Catholic Invitational Champic
32	167.00	F	Connor Koehr	SR	2/11/2023	2023 VCAC Championship Meet
33	166.45	F	Jacob Oswald	SR	12/7/2024	Seton Icebreaker Invitational
34	162.95	F	Gus Kohlhaas	SR	1/18/2025	2025 NoVa Catholic Invitational Champic
35	162.70	F	Jacob Oswald	SR	1/20/2024	2024 NoVa Catholic Invitational Champic
36	162.50	F	Gus Kohlhaas	SR	12/9/2023	Seton December Invitational
37	162.00	F	Connor Koehr	SR	1/22/2022	2022 NoVa Catholic Invitational Champic
38	161.95	F	Jacob Oswald	SR	1/11/2025	National Catholic H.S. Championship 20:
39	161.92	F	*1 Joseph Duran	JR	12/22/2012	Christmas Spirit Homecoming Meet 22-D
40	161.85	F	Connor Koehr	SR	12/18/2021	Seton Homecoming Invitational
41	161.35	F	Jacob Oswald	SR	12/15/2023	State Top-8 Diving Dual Face-Off
42*	161.32	F	Connor Koehr	SR	12/11/2021	Seton December Invitational
42*	161.32	F	*1 Josh Fioramonti	FR	12/18/2021	Seton Homecoming Invitational
44	161.05	F	Gus Kohlhaas	SR	12/14/2024	Seton December Invite
45	160.85	F	*1 Mick Fioramonti	SR	1/13/2024	National Catholic H.S. Championship 20:
46	160.30	F	Gus Kohlhaas	SR	1/11/2025	National Catholic H.S. Championship 20:
47	159.00	F	*1 Josh Fioramonti	FR	1/8/2022	VCAC Invitational
48	157.90	F	Connor Koehr	SR	12/9/2023	Seton December Invitational
49	157.75	F	Jacob Oswald	SR	12/9/2023	Seton December Invitational
50	157.00	F	*1 Mick Fioramonti	SR	1/6/2024	VCAC Regular Season Championship

Seton Swimming

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	Time	P/F/S	Name	Age/Yr		
Male Senior 1 Meter 11 Dives						
1	422.70	F	Connor Koehr	SR	2/13/2025	2025 VISAA Swimming & Diving Champi
2	351.15	F	*I Joseph Duran	JR	2/15/2013	2013 VISAA Swimming & Diving Champi
3	331.75	F	*I Mick Fioramonti	SR	2/3/2024	18th Annual VISAA Division II Invitational
4	304.75	F	Gus Kohlhaas	SR	2/1/2025	2025 Annual VISAA Division II Invitatione
5	298.80	F	Jacob Oswald	SR	2/13/2025	2025 VISAA Swimming & Diving Champi
6	288.10	F	*I Josh Fioramonti	FR	2/5/2022	16th Annual VISAA Division II Invitational
7	272.55	F	*I Max Gonzalez	SR	2/10/2024	2024 VCAC Championship Meet
8	268.50	F	*I Jj Brox	SR	2/17/2023	2023 VISAA Swimming & Diving Champi
9	221.70	F	*I Joey Rubin	SR	2/18/2011	2011 VSIS Swimming & Diving Champio
10	215.65	F	Thomas Waldron	FR	2/8/2025	2025 VCAC Championship Meet
11	215.30	F	Kenneth Nguyen	SO	1/25/2025	VISAA Junior Varsity Invitational
12	215.20	F	Daniel Sokban	SO	2/8/2025	2025 VCAC Championship Meet
13	197.95	F	*I David Basinger	SR	2/13/2009	2009 VSIS Swimming & Diving Champio
14	183.20	F	*I Michael Manley	SO	2/18/2011	2011 VSIS Swimming & Diving Champio
15	131.10	F	*I Patrick Kenna	SR	2/13/2009	2009 VSIS Swimming & Diving Champio
16	123.85	F	*I Joe Kosten	SR	2/17/2012	2012 VSIS Swimming & Diving Champio

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	Time	P/F/S	Name	Age/Yr		
Male Senior 100 Fly						
1	51.76 Y	F	*I Steven Jameson Hill	SR	1/16/2010	SST Swim Meet 1-16-10
2	51.94 Y	F	Lionel Martinez	SO	1/11/2025	National Catholic H.S. Championship 2025
3	52.80 Y	F	*I Vincent Dunn	SR	2/17/2012	2012 VSIS Swimming & Diving Championship
4	53.15 Y	F	*I Nevin Cook	SR	12/14/2007	NVSC Conference Regular Season-Dec 14, 2007
5	54.82 Y	F	*I David Basinger	SR	1/29/2011	2011 National Catholic HS Champs
6	55.56 Y	P	Joe Borneman	SR	2/13/2025	2025 VISAA Swimming & Diving Championship
7	55.78 Y	F	*I Kevin Koehr		1/21/2006	SST vs ECS, Highland, Quantico
8	57.09 Y	F	*I Bryan Morch	SR	2/17/2006	VSIS 2006 State Championship
9	57.29 Y	P	*I Joe Wilson	SR	2/18/2022	2022 VISAA Swimming & Diving Championship
10	58.39 Y	F	*I Connor Cook	SR	2/9/2008	NVSC Champs
11	59.56 Y	P	Thiago Martinez	FR	1/11/2025	National Catholic H.S. Championship 2025
12	59.86 Y	F	*I Patrick Rooney		2/15/2002	2002 VSIS State Championships
13	1:00.11 Y	F	Michael Brox	SR	2/11/2023	2023 VCAC Championship Meet
14	1:00.70 Y	F	*I Ray Bennett	JR	11/11/2002	Time Trials
15	1:00.83 Y	F	*I Jacob Alsup	SR	2/8/2020	2020 DAC Championship Meet
16	1:00.85 Y	F	*I Ryan Sweeney		12/15/2001	SST vs. Central
17	1:00.98 Y	F	*I Alex Ceol		1/6/2018	Highland Invitational - Jan 06, 2018
18	1:01.37 Y	F	*I Jerry Dalrymple	SR	2/9/2019	2019 DAC Championship Meet
19	1:01.97 Y	F	*I Tommy Flook	SR	12/5/2014	Seton Ice Breaker Invitational - Dec 5, 2014
20	1:02.09 Y	F	Jack Herwick	FR	2/8/2025	2025 VCAC Championship Meet

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Male Senior 100 Free						
1	45.67 Y L	P	*I Steven Jameson Hill	SR	2/19/2010	2010 VSIS Swimming & Diving Champio
2	47.99 Y	P	Lionel Martinez	SO	2/13/2025	2025 VISAA Swimming & Diving Champi
3	48.69 Y	P	*I Kevin Koehr		2/17/2006	VSIS 2006 State Championship
4	48.84 Y	F	*I Nevin Cook	SR	12/15/2007	SST vs SBHS,PCHS-Dec15,07
5	49.05 Y	F	*I David Basinger	SR	2/18/2011	2011 VSIS Swimming & Diving Champio
6	49.54 Y	F	Michael Brox	SR	2/10/2024	2024 VCAC Championship Meet
7	50.18 Y L	F	*I Vincent Dunn	SR	2/18/2011	2011 VSIS Swimming & Diving Champio
8	51.17 Y L	F	Joe Borneman	SR	2/1/2025	2025 Annual VISAA Division II Invitationa
9	51.35 Y	P	*I Luke Marrazzo	SR	2/15/2013	2013 VISAA Swimming & Diving Champi
10	51.81 Y L	F	Maximilian Wilson	SR	2/8/2025	2025 VCAC Championship Meet
11	51.90 Y	F	*I Ray Bennett	JR	2/28/2003	2003 VSIS State Championships
12	52.10 Y L	P	Connor Koehr	SR	2/13/2025	2025 VISAA Swimming & Diving Champi
13	52.18 Y L	P	*I Connor Cook	SR	1/31/2009	2009 National Catholic HS Championshi
14	52.21 Y L	F	*I Joe Wilson	SR	2/18/2022	2022 VISAA Swimming & Diving Champi
15	x52.60 Y	F	*I Jack Santschi	SR	1/23/2021	Seton Winter Invitational
16	52.89 Y	P	Andrew Nguyen	SR	2/13/2025	2025 VISAA Swimming & Diving Champi
17	52.94 Y	F	*I Ryan Sweeney		2/15/2002	2002 VSIS State Championships
18	53.03 Y	F	*I Liam Kellogg	SR	2/12/2021	2021 DAC Championship Meet
19	53.29 Y	F	Liam Halisky	SR	1/18/2025	2025 NoVa Catholic Invitational Champio
20	53.30 Y	F	*I Jerry Dalrymple	SR	2/12/2021	2021 DAC Championship Meet

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Number of Top Times: 20 Convert To: Yards Print: Yards

	Time	P/F/S	Name	Age/Yr		
Male Senior 500 Free						
1	4:27.19 Y	F	*I Steven Jameson Hill	SR	1/30/2010	2010 National Catholic HS Champs
2	4:46.52 Y	F	*I Nevin Cook	SR	1/4/2008	SST, Paul VI @ Collegiate-Jan4,07
3	4:56.18 Y	F	Lionel Martinez	SO	2/10/2024	2024 VCAC Championship Meet
4	5:00.65 Y	F	*I Vincent Dunn	SR	2/5/2011	2011 VSIS Division II Invitational
5	5:03.29 Y	F	*I Connor Cook	SR	1/12/2008	SST @ Woodberry, Madiera, FCS-Jan12
6	5:16.29 Y	F	*I David Basinger	SR	1/9/2010	SSTvNSA-FHS-FCS-QMHS-JPG1-9-10
7	5:16.32 Y	P	Thiago Martinez	FR	2/13/2025	2025 VISAA Swimming & Diving Champi
8	5:16.57 Y	F	*I Kevin Koehr		12/2/2005	SST vs FCS, Wakefield, WoL
9	5:26.36 Y	P	*I Jamie Smith	FR	2/18/2011	2011 VSIS Swimming & Diving Champio
10	5:38.51 Y	F	Joe Borneman	SR	1/4/2025	VCAC Invitational
11	5:38.63 Y	F	Maximilian Wilson	SR	1/4/2025	VCAC Invitational
12	5:41.00 Y	F	*I Ray Bennett	JR	11/11/2002	Time Trials
13	5:42.43 Y	F	*I Ryan Sweeney		12/15/2001	SST vs. Central
14	5:44.69 Y	F	*I Sean Bartnick	SR	2/9/2008	NVSC Champs - Converted 400m times
15	5:45.43 Y	F	Connor Koehr	SR	2/1/2025	2025 Annual VISAA Division II Invitationa
16	5:46.90 Y	F	*I Jerry Dalrymple	SR	2/11/2017	DAC Championship 2017
17	5:49.30 Y	F	Patrick Kay	FR	1/4/2025	VCAC Invitational
18	5:50.21 Y	F	*I David Flook	JR	2/11/2017	DAC Championship 2017
19	5:51.19 Y	F	Dominic Judge	SO	2/10/2024	2024 VCAC Championship Meet
20*	5:54.95 Y	F	*I Patrick Rooney		1/26/2002	RMA vs SETON
20	5:54.95 Y	F	*I Nathan Luevano	JR	2/1/2020	14th Annual VISAA Division II Invitational

Seton Swimming

Relay Top Times

Seton Swimming [SST] Coach: Jim Koehr
 Number of Top Times: 20 Convert To: Yards Print: Yards

Time	P/F/S	Relay					
Male Senior 200 Free Relay							
1	1:29.65 Y	F	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Connor Koehr (SR)		Daniel Sokban (SO)	Liam G. Halisky (SR)	
	22.22		22.62	22.52	22.29		
2	1:30.07 Y	F	A Relay	2/19/2010	2010 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Daniel Koehr		Connor Cook (SR)	David Basinger (SR)	
	21.36		23.00	22.72	22.99		
3	1:30.49 Y	F	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Connor Koehr (SR)		Liam G. Halisky (SR)	Michael Brox (SR)	
	22.70		22.85	23.22	21.72		
4	1:30.53 Y	P	A Relay	2/19/2010	2010 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Daniel Koehr		Connor Cook (SR)	David Basinger (SR)	
	21.22		23.07	23.11	23.13		
5*	1:30.85 Y	P	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Connor Koehr (SR)		Daniel Sokban (SO)	Liam G. Halisky (SR)	
	22.24		22.64	23.09	22.88		
5*	1:30.85 Y	P	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Joe P. Borneman (SR)		Liam G. Halisky (SR)	Michael Brox (SR)	
	22.54		23.52	23.14	21.65		
7	1:31.40 Y	F	A Relay	2/3/2024	18th Annual VISAA Division II Invitational		
	Lionel L. Martinez (SO)		Liam G. Halisky (SR)		Connor Koehr (SR)	Michael Brox (SR)	
	22.51		23.48	22.97	22.44		
8	1:31.44 Y	F	A Relay	2/8/2025	2025 VCAC Championship Meet		
	Connor Koehr (SR)		Daniel Sokban (SO)		Liam G. Halisky (SR)	Lionel L. Martinez (SO)	
	23.35		23.06	23.32	21.71		
9	1:31.45 Y	F	A Relay	2/10/2024	2024 VCAC Championship Meet		
	Lionel L. Martinez (SO)		Liam G. Halisky (SR)		Connor Koehr (SR)	Michael Brox (SR)	
	22.74		23.64	22.96	22.11		
10	1:31.52 Y	F	A Relay	2/1/2025	2025 Annual VISAA Division II Invitational		
	Lionel L. Martinez (SO)		Daniel Sokban (SO)		Connor Koehr (SR)	Liam G. Halisky (SR)	
	22.40		23.46	22.81	22.85		
11	1:32.13 Y	F	A Relay	1/30/2010	2010 National Catholic HS Champs		
	Jameson Hill (SR)		Daniel Koehr		Connor Cook (SR)	David Basinger (SR)	
	21.74		23.68	23.80	22.91		
12	1:32.33 Y	F	A Relay	1/18/2025	2025 NoVa Catholic Invitational Championship		
	Lionel L. Martinez (SO)		Liam G. Halisky (SR)		Daniel Sokban (SO)	Max Wilson (SR)	
	22.71		23.38	22.88	23.36		
13	1:32.71 Y	F	A Relay	1/20/2024	2024 NoVa Catholic Invitational Championship		
	Lionel L. Martinez (SO)		Liam G. Halisky (SR)		Connor Koehr (SR)	Michael Brox (SR)	
	22.59		23.89	23.33	22.90		
14	1:32.89 Y	F	A Relay	2/17/2023	2023 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Michael Brox (SR)		Jj Brox (SR)	Joe Wilson (SR)	
	23.16		22.77	24.15	22.81		
15	1:33.21 Y	F	A Relay	2/15/2008	2008 VSIS State Championships		
	Nevin Cook (SR)		Daniel Koehr		Connor Cook (SR)	Sean Koehr (SR)	
	22.59		24.18	23.51	22.93		
16	1:33.32 Y	F	A Relay	2/17/2006	VSIS 2006 State Championship		
	Kevin Koehr		Sean Koehr (SR)		Bryan Morch (SR)	Nevin Cook (SR)	

Seton Swimming

Relay Top Times

Seton Swimming [SST] Coach: Jim Koehr
Number of Top Times: 20 Convert To: Yards Print: Yards

Time	P/F/S	Relay				
17	1:33.40 Y	P	A Relay	2/17/2023	2023 VISAA Swimming & Diving Championship	
			Lionel L. Martinez (SO)		Michael Brox (SR)	Liam G. Halisky (SR)
			Jj Brox (SR)			Joe Wilson (SR)
			23.40		23.22	23.87
						22.91
18	1:33.43 Y	F	A Relay	1/23/2010	SST @ Woodberry-Jan 23, 2010	
			Jameson Hill (SR)		Daniel Koehr	Connor Cook (SR)
			21.61		23.93	24.24
						23.65
19	1:33.47 Y	P	A Relay	1/11/2025	National Catholic H.S. Championship 2025	
			Max Wilson (SR)		Connor Koehr (SR)	Daniel Sokban (SO)
			24.40		23.14	23.22
						22.71
20	1:33.74 Y	F	A Relay	2/2/2008	VSIS Division II Swimming Invitational	
			Nevin Cook (SR)		Daniel Koehr	Connor Cook (SR)
			22.32		24.70	23.58
						23.14

Seton Swimming

Individual Top Times

Seton Swimming [SST] Coach: Jim Koehr
Number of Top Times: 20 Convert To: Yards Print: Yards

	Time	P/F/S	Name	Age/Yr		
Male Senior 100 Back						
1	51.48 Y	F	*I Kevin Koehr		1/20/2006	SST vs Woodberry, St. Margaret's
2	52.79 Y	F	*I Steven Jameson Hill	SR	1/3/2009	SST vs StC, Woodberry, BI, SBHS-Jan3,
3	54.00 Y	P	*I Vincent Dunn	SR	2/17/2012	2012 VSIS Swimming & Diving Champio
4	55.02 Y	F	*I Connor Cook	SR	2/19/2010	2010 VSIS Swimming & Diving Champio
5	55.11 Y	F	*I Nevin Cook	SR	1/6/2007	SST vs PVI
6	55.70 Y	F	Lionel Martinez	SO	2/1/2025	2025 Annual VISAA Division II Invitationa
7	57.46 Y	F	Maximilian Wilson	SR	2/8/2025	2025 VCAC Championship Meet
8	59.77 Y	F	Thiago Martinez	FR	1/18/2025	2025 NoVa Catholic Invitational Champic
9	59.78 Y	F	Connor Koehr	SR	2/3/2024	18th Annual VISAA Division II Invitational
10	1:00.60 Y	F	*I Shane Koehr	SR	2/8/2020	2020 DAC Championship Meet
11	1:00.67 Y	F	*I Evan Wilson	SR	2/12/2021	2021 DAC Championship Meet
12	1:02.14 Y	P	Patrick Kay	FR	2/13/2025	2025 VISAA Swimming & Diving Champi
13	1:02.26 Y	F	*I David Basinger	SR	11/19/2010	2010 Time Trials
14	1:02.80 Y	F	Joe Borneman	SR	12/21/2024	Seton Homecoming
15	1:03.02 Y	F	*I David Flook	JR	1/14/2017	2017 NoVa Catholic Invitational Champic
16	1:03.61 Y	F	*I Mick Fioramonti	SR	2/4/2023	17th Annual VISAA Division II Invitational
17	1:03.72 Y	F	*I Matthew Fioramonti	SR	2/13/2016	2016 DAC Champs
18	1:03.77 Y	F	*I Brian Koehr	SR	1/17/2015	Seton Winter Invitational-Jan 17, 2015
19	1:04.44 Y	F	Michael Brox	SR	12/2/2023	Seton Icebreaker Invitational
20	1:04.50 Y	F	*I Ryan Sweeney		12/1/2001	SST v PVI

Seton Swimming

Individual Top Times

Seton Swimming [SST] Coach: Jim Koehr
Number of Top Times: 20 Convert To: Yards Print: Yards

	Time	P/F/S	Name	Age/Yr		
Male Senior 100 Breast						
1	58.53 Y	F	*I Nevin Cook	SR	1/27/2007	2007 National Catholic HS Championship
2	1:03.28 Y	F	*I Daniel Koehr		2/19/2010	2010 VSIS Swimming & Diving Championship
3	1:04.48 Y	F	*I Steven Jameson Hill	SR	11/20/2009	2009 Time Trials
4*	1:05.27 Y	T	Lionel Martinez	SO	11/17/2023	Seton Time Trials 2023
4*	1:05.27 Y	F	*I Kevin Koehr		1/21/2006	SST vs ECS, Highland, Quantico
6	1:05.66 Y	F	*I Sean Koehr	SR	2/17/2006	VSIS 2006 State Championship
7	1:06.18 Y	P	*I Jj Brox	SR	2/17/2023	2023 VISAA Swimming & Diving Championship
8	1:06.68 Y	F	Andrew Nguyen	SR	2/1/2025	2025 Annual VISAA Division II Invitational
9	1:07.12 Y	P	*I Joe Kosten	SR	2/15/2013	2013 VISAA Swimming & Diving Championship
10	1:07.28 Y	P	*I David Flook	JR	2/16/2018	2018 VISAA Swimming & Diving Championship
11	1:07.35 Y	F	Joe Borneman	SR	12/14/2024	Seton December Invite
12	1:07.85 Y	F	*I Connor Cook	SR	11/21/2008	2008 Time Trials
13	1:08.68 Y	F	*I David Basinger	SR	11/19/2010	2010 Time Trials
14	1:08.78 Y	F	*I Vincent Dunn	SR	11/18/2011	2011 Time Trials
15	1:09.11 Y	P	*I Michael Hill	SR	2/18/2011	2011 VSIS Swimming & Diving Championship
16	1:09.16 Y	P	*I William Rogers		2/15/2002	2002 VSIS State Championships
17	1:09.23 Y	F	Gregory Bauer	JR	1/18/2025	2025 NoVa Catholic Invitational Championship
18	1:09.42 Y	P	*I Patrick Rooney		2/15/2002	2002 VSIS State Championships
19	1:09.80 Y	F	*I Patrick Pennefather	SR	12/5/2014	Seton Ice Breaker Invitational - Dec 5, 2014
20	1:09.99 Y	F	*I Luke Mantooth	SR	2/10/2024	2024 VCAC Championship Meet

Seton Swimming

Relay Top Times

Seton Swimming [SST] Coach: Jim Koehr
 Number of Top Times: 20 Convert To: Yards Print: Yards

Time	P/F/S	Relay					
Male Senior 400 Free Relay							
1	3:17.05 Y	F	A Relay	2/19/2010	2010 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.09		23.60	23.83	26.37		
	23.67		26.67	23.55	27.27		
2	3:18.81 Y	P	A Relay	2/19/2010	2010 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.03		23.64	23.89	26.41		
	24.27		26.23	24.51	27.83		
3	3:20.62 Y	F	A Relay	2/13/2009	2009 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.19		24.09	23.91	26.66		
	24.61		27.10	24.49	27.57		
4	3:21.38 Y	F	A Relay	1/30/2010	2010 National Catholic HS Champs		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.24		23.89	24.63	27.54		
	24.10		26.89	24.48	27.61		
5	3:22.46 Y	F	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Connor Koehr (SR)		Max Wilson (SR)		Michael Brox (SR)
	23.92		25.54	23.92	27.55		
	24.35		28.16	23.54	25.48		
6	3:22.56 Y	F	A Relay	1/16/2010	SST Swim Meet 1-16-10		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.44		24.43	25.18	27.33		
	24.59		26.92	17.77	33.90		
7	3:23.35 Y	F	A Relay	1/23/2010	SST @ Woodberry-Jan 23, 2010		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.37		23.43	24.98	27.49		
	24.41		26.88	25.32	28.47		
8	3:23.73 Y	P	A Relay	2/13/2009	2009 VSIS Swimming & Diving Championships		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.45		24.24	15.74	34.56		
	25.29		27.54	25.07	28.84		
9	3:23.86 Y	F	A Relay	1/31/2009	2009 National Catholic HS Championships		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.36		24.06	24.84	27.13		
	24.76		27.49	24.69	28.53		
10	3:24.41 Y	P	A Relay	1/30/2010	2010 National Catholic HS Champs		
	Jameson Hill (SR)		Connor Cook (SR)		Catfish Dunn (SR)		David Basinger (SR)
	22.75		24.08	25.01	27.90		
	24.39		27.18	25.03	28.07		
11	3:25.62 Y	P	A Relay	2/16/2024	2024 VISAA Swimming & Diving Championship		
	Lionel L. Martinez (SO)		Michael Brox (SR)		Max Wilson (SR)		Andrew K. Nguyen (SR)
	23.57		26.08	23.43	25.77		
	24.55		28.50	24.93	28.79		

Seton Swimming

Relay Top Times

Seton Swimming [SST] Coach: Jim Koehr
 Number of Top Times: 20 Convert To: Yards Print: Yards

Time	P/F/S	Relay				
12	3:25.66 Y	F	A Relay	1/10/2009	SST vs WFS, TES, DAC, JPtG-Jan10,09	
	Jameson Hill (SR)		David Basinger (SR)		Catfish Dunn (SR)	Connor Cook (SR)
	22.48		24.51	25.89	28.82	
	25.19		27.49	24.55	26.73	
13	3:26.58 Y	F	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship	
	Connor Koehr (SR)		Andrew K. Nguyen (SR)		Daniel Sokban (SO)	Max Wilson (SR)
	24.83		27.88	24.15	27.15	
	24.42		27.89	23.76	26.50	
14	3:26.75 Y	P	A Relay	2/13/2025	2025 VISAA Swimming & Diving Championship	
	Connor Koehr (SR)		Andrew K. Nguyen (SR)		Daniel Sokban (SO)	Max Wilson (SR)
	24.36		27.74	24.47	27.27	
	24.04		28.18	23.71	26.98	
15	3:26.77 Y	F	A Relay	12/6/2008	SST vs BDHS,FA,Wake,High,QHMS	
	Jameson Hill (SR)		David Basinger (SR)		Catfish Dunn (SR)	Connor Cook (SR)
16	3:26.85 Y	P	A Relay	1/11/2025	National Catholic H.S. Championship 2025	
	Lionel L. Martinez (SO)		Joe P. Borneman (SR)		Thiago E. Martinez (FR)	Max Wilson (SR)
	23.38		25.29	24.20	27.19	
	25.81		29.34	24.33	27.31	
17	3:27.20 Y	F	A Relay	1/3/2009	SST vs StC, Woodberry, BI, SBHS-Jan3,09	
	Jameson Hill (SR)		David Basinger (SR)		Catfish Dunn (SR)	Connor Cook (SR)
	23.11		24.60	26.13	29.43	
	25.26		27.36	16.62	34.69	
18	3:27.40 Y	F	A Relay	2/18/2011	2011 VSIS Swimming & Diving Championships	
	Catfish Dunn (SR)		Brendan Koehr		Joseph Kenna (FR)	David Basinger (SR)
	24.04		26.14	24.89	28.96	
	24.99		28.96	23.30	26.12	
19	3:27.74 Y	F	A Relay	1/13/2024	National Catholic H.S. Championship 2024	
	Lionel L. Martinez (SO)		Connor Koehr (SR)		Joe P. Borneman (SR)	Michael Brox (SR)
	23.57		25.63	24.47	28.53	
	25.02		29.10	24.34	27.08	
20	3:27.94 Y	F	A Relay	12/20/2008	Seton Homecoming vs COOL, PVI, Wake and JPtG	
	Jameson Hill (SR)		David Basinger (SR)		Catfish Dunn (SR)	Connor Cook (SR)
	47.59		---	---	---	
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