

2026 VCAC Championship Meet - 2/7/2026**Session Report**

Session: 1 VCAC Conference Champs Diving

Day of Meet: 1 Starts at 10:45 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Boys 1 mtr Diving	8	0	10:45 AM	_____
Finals	10 Girls 1 mtr Diving	10	0	11:30 AM	_____
	Swimmers Counts for Warm-ups: 18	=====	=====		
	Entry / Heat Totals:	18	0		
	Finish Time			12:25 PM	_____

Session: 2 VCAC Conference Champs Swimming

Day of Meet: 2 Starts at 02:23 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 200 Medley Relay	8	1 u	02:23 PM	_____
Finals	2 Girls 200 Medley Relay	12	2 u	02:27 PM	_____
Finals	3 Boys 200 Freestyle	12	2 u	02:33 PM	_____
Finals	4 Girls 200 Freestyle	20	2 u	02:39 PM	_____
Finals	5 Boys 200 IM	11	2 u	02:45 PM	_____
Finals	6 Girls 200 IM	22	3 u	02:52 PM	_____
Finals	7 Boys 50 Freestyle	21	3 u	03:01 PM	_____
Finals	8 Girls 50 Freestyle	34	4 u	03:04 PM	_____
	Break: 10 Minutes: Awards Events 1-6				
Finals	11 Boys 100 Butterfly	13	2 u	03:17 PM	_____
Finals	12 Girls 100 Butterfly	20	2 u	03:20 PM	_____
Finals	13 Boys 100 Freestyle	17	2 u	03:24 PM	_____
Finals	14 Girls 100 Freestyle	26	3 u	03:27 PM	_____
Finals	15 Boys 500 Freestyle	10	1 u	03:32 PM	_____
Finals	16 Girls 500 Freestyle	16	2 u	03:40 PM	_____
Finals	17 Boys 200 Freestyle Relay	8	1 u	03:56 PM	_____
Finals	18 Girls 200 Freestyle Relay	12	2 u	03:59 PM	_____
	Break: 10 Minutes: Awards Events 7-16				
Finals	19 Boys 100 Backstroke	18	2 u	04:14 PM	_____
Finals	20 Girls 100 Backstroke	22	3 u	04:19 PM	_____
Finals	21 Boys 100 Breaststroke	15	2 u	04:26 PM	_____
Finals	22 Girls 100 Breaststroke	24	3 u	04:29 PM	_____
Finals	23 Boys 400 Freestyle Relay	6	1 u	04:35 PM	_____
Finals	24 Girls 400 Freestyle Relay	10	1 u	04:41 PM	_____
	Break: 15 Minutes: Awards:Events 17-24				
	Swimmers Counts for Warm-ups: 160	=====	=====		
	Entry / Heat Totals:	357	46		
	Finish Time			05:02 PM	_____