

Seton Swimming

Individual Meet Entries Report

National Catholic H.S. Championship 2026 17-Jan-26 to 18-Jan-26 Yards

Location: Mangione Aquatic Center

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street

540-379-8328

Manassas, VA 20110

Coach@KoehrFamily.com

# 1 Female Senior 200 Medley Relay A SST	1:49.84Y	Philomena Kay (JR)	27.93Y
1 Melissa Paradise (JR)		Kyleigh Fifield (JR)	28.03Y
2 Therese Paradise (8)			
3 Ariana Aldeguer (JR)		Athletes	3
4 Maggie Schroer (SO)		# 8 Male Senior 50 Free	
Athletes	4	Daniel Sokban (JR)	22.97Y
# 1 Female Senior 200 Medley Relay B SST	1:05.56Y	Dominic Judge (JR)	24.09Y
1 Kyleigh Fifield (JR)		Jack Herwick (SO)	24.34Y
2 Anastasia Garvey (SR)		Gregory Bauer (SR)	24.37Y
3 Betsy Arnold (SO)		Michael Zahorchak (JR)	24.79Y
4 Philomena Kay (JR)		Athletes	5
Athletes	4	# 9 Female Senior 100 Fly	
# 2 Male Senior 200 Medley Relay A SST	1:39.19Y	Betsy Arnold (SO)	1:08.28Y
1 Dominic Judge (JR)		Athletes	1
2 Lionel Martinez (JR)		# 10 Male Senior 100 Fly	
3 Thiago Martinez (SO)		Lionel Martinez (JR)	51.87Y
4 Daniel Sokban (JR)		Thiago Martinez (SO)	55.83Y
Athletes	4	Jack Herwick (SO)	* 1:01.83Y
# 2 Male Senior 200 Medley Relay B SST	1:50.68Y	Athletes	3
1 Patrick Kay (SO)		# 11 Female Senior 100 Free	
2 Gregory Bauer (SR)		Melissa Paradise (JR)	53.74Y
3 Jack Herwick (SO)		Therese Paradise (8)	56.91Y
4 Michael Zahorchak (JR)		Maggie Schroer (SO)	57.34Y
Athletes	4	Philomena Kay (JR)	1:00.49Y
# 3 Female Senior 200 Free		Avila Mantooth (SO)	* 1:02.09Y
Ariana Aldeguer (JR)	1:55.48Y	Kyleigh Fifield (JR)	* 1:06.56Y
Therese Paradise (8)	2:03.83Y	Athletes	6
Athletes	2	# 12 Male Senior 100 Free	
# 4 Male Senior 200 Free		Michael Zahorchak (JR)	53.15Y
Lionel Martinez (JR)	1:45.52Y	Gregory Bauer (SR)	* 56.02Y
Patrick Kay (SO)	* 2:09.42Y	Athletes	2
Athletes	2	# 13 Female Senior 500 Free	
# 5 Female Senior 200 IM		Ariana Aldeguer (JR)	4:58.34Y
Anastasia Garvey (SR)	2:24.33Y	Athletes	1
Maggie Schroer (SO)	2:33.43Y	# 15 Female Senior 200 Free Relay A SST	1:42.55Y
Athletes	2	1 Melissa Paradise (JR)	
# 6 Male Senior 200 IM		2 Therese Paradise (8)	
Dominic Judge (JR)	2:13.15Y	3 Maggie Schroer (SO)	
Athletes	1	4 Ariana Aldeguer (JR)	
# 7 Female Senior 50 Free		Athletes	4
Avila Mantooth (SO)	27.86Y		

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15 Female Senior 200 Free Relay B SST 1:49.86Y

- 1 Betsy Arnold (SO)
- 2 Philomena Kay (JR)
- 3 Avila Mantooth (SO)
- 4 Anastasia Garvey (SR)

Athletes 4

16 Male Senior 200 Free Relay A SST 1:32.34Y

- 1 Lionel Martinez (JR)
- 2 Thiago Martinez (SO)
- 3 Dominic Judge (JR)
- 4 Daniel Sokban (JR)

Athletes 4

16 Male Senior 200 Free Relay B SST 1:38.00Y

- 1 Patrick Kay (SO)
- 2 Gregory Bauer (SR)
- 3 Jack Herwick (SO)
- 4 Michael Zahorchak (JR)

Athletes 4

17 Female Senior 100 Back

- Melissa Paradise (JR) 56.35Y
- Anastasia Garvey (SR) 1:06.37Y
- Betsy Arnold (SO) * 1:11.78Y

Athletes 3

18 Male Senior 100 Back

- Thiago Martinez (SO) 56.87Y

Athletes 1

20 Male Senior 100 Breast

- Patrick Kay (SO) * 1:13.20Y

Athletes 1

23 Female Senior 1 Meter 6 Dives

- Lucy Herwick (FR) 138.05
- Bella Gorman (8) 139.15
- Jane Judge (SO) 145.15
- Clare Kay (8) 149.60
- Maria Miller (SR) 166.05
- Meghan Condon (SO) 191.00

Athletes 6

24 Male Senior 1 Meter 6 Dives

- Daniel Sokban (JR) 136.90
- Maximilian Ashton (8) 137.25
- John Witter (8) 146.80

Athletes 3

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Female IE's:	24	Total Athletes:	25
Male IE's:	18		
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Total IE's:	42	Total RE's:	8