

**VCAC Regular Season Championship - 1/3/2026**  
**Meet Program**

**#1 Boys 200 Yard Medley Relay**  
**Seton: 1:39.19 2025 Koehr,Martinez,Bornert**  
**1:49.50 NACT**  
**1:56.01 STES**

| Lane   | Team                                       | Relay                                     | Seed Time    |
|--|--|---|--------------|
| <b>Heat 1 of 2 Finals Starts at 02:10 PM</b> |  |   |              |
| 2  | FCS-VA                                     | B   | NT           |
|  | Chiang, Oliver 8<br>Smith, CJ 8            | Dix, Brycen 8<br>Swinehart, Wyatt 8       |              |
| 3  | SST-VA                                     | I   | X2:48.00     |
|  | O'Malley, Peter 8<br>Beltran, James 7      | Brand, David 7<br>Clune, Anselm 7         |              |
| 4  | SST-VA                                     | G   | X2:44.00     |
|  | Vaughan, Noah IR<br>Kay, Connor 6          | Reynolds, James FR<br>Orellana, William 8 |              |
| 5  | SST-VA                                     | E   | X2:40.00     |
|  | Judge, Will 7<br>Schroer, Christopher 6    | Nguyen, James 8<br>Haggerty, Oisín 7      |              |
| 6  | SST-VA                                     | F   | X2:42.00     |
|  | Marm, Gabriel SR<br>Fifield, Luke FR       | Dusek, Charlie SR<br>Hallada, Blaise 8    |              |
| 7  | SST-VA                                     | H   | X2:46.00     |
|  | Henrv, Dominic SO<br>Partridge, Kolbe 6    | Haggerty, Eamon FR<br>de Brey, Lucas 7    |              |
| 8  | SST-VA                                     | J   | X2:50.00     |
|  | Orellana, Brian SO<br>De Micoli, Rafael SO | Nguyen, Philip 8<br>Wise, Patrick 7       |              |
| <b>Heat 2 of 2 Finals Starts at 02:14 PM</b> |  |   |              |
| 1  | ICHS                                       | D   | X2:20.61     |
|  | Yim, Evan SO<br>Anderson, Colvin 7         | Wollmershauser, Gray SO<br>Taylor, JT JR  |              |
| 2  | ICHS                                       | C   | X2:08.04     |
|  | Francisco, Benjamin 7<br>Howell, Landon 7  | Lam, Micah JR<br>Vincent, Jonathan SO     |              |
| 3  | ICHS                                       | B   | 1:58.03      |
|  | Gade, William SR<br>Burgess, Grey SR       | Lansing, Reed SO<br>Bluey, Luke 8         |              |
| 4  | TCSI-VA                                    | A   | 1:48.80 NACT |
|  | Witdoeck, Io SO<br>Phillips, Tyler SR      | Ma, Ryan FR<br>Zhu, John FR               |              |
| 5  | SST-VA                                     | A   | 1:42.96 NACT |
| 6  | ICHS                                       | A   | 1:44.81 NACT |
|  | Wolf, Moses JR<br>Morillo, Caleb SR        | Fiala, Caleb JR<br>Anderson, Brenton JR   |              |
| 7  | SST-VA                                     | B   | 1:58.00      |
|  | Judge, Dominic IR<br>Ellis, Ben JR         | Partridge, Luke JR<br>Bookwalter, Joel FR |              |
| 8  | SST-VA                                     | C   | X2:04.00     |
|  | Partridge, Paul 8<br>Lynch, Joey SO        | Brand, Michael SR<br>Witter, Joe SO       |              |
| 9  | FCS-VA                                     | A   | 2:08.23      |
|  | Sample, Jude SO<br>Ryan, Nathan JR         | Liette, Jonny FR<br>Gebhardt, Lucas SO    |              |
| 10   | SST-VA                                     | D   | X2:38.00     |
|  | Halisky, Gus 7<br>Sciscilo, Dominic 7      | McCardell, Aidan SR<br>Schroer, Daniel 6  |              |

**#2 Girls 200 Yard Medley Relay**  
**Seton: 1:50.25 2011 Doonis,Rogers,Wunderl**  
**2:09.49 NACT**  
**2:11.33 STES**

| Lane   | Team  | Relay                                     | Seed Time |
|--|---|---|-----------|
| <b>Heat 1 of 3 Finals Starts at 02:17 PM</b> |   |   |           |
| 4  | SST-VA  | L   | X2:54.00  |
|  | Rehmann, Therese 6<br>Irving, Monica SO       | Pillion, Gianna FR<br>Andreu, Angela SO   |           |
| 5  | SST-VA  | J   | X2:52.00  |
|  | Kramer, Colette SR<br>Poullath, Charlotte 8   | Reeves, Sofia 7<br>Maranian, Julia SO     |           |
| 6  | SST-VA  | K   | X2:53.00  |
|  | Herwick, Lucy FR<br>Meadows, Charlotte FR     | Quispe, Allison SR<br>Maher, Siobhan 8    |           |
| <b>Heat 2 of 3 Finals Starts at 02:21 PM</b> |   |   |           |
| 1  | SST-VA  | H   | X2:50.00  |
|  | Mooney, Maeve 6<br>Gibaldi, Gigi JR           | Kramer, Cora JR<br>Bauer, Clara 7         |           |
| 2  | SST-VA  | F   | X2:46.00  |
|  | Schroer, Caroline 8<br>Vaughan, Bella FR      | Allen, Bethany 7<br>Hercules, Natalia 7   |           |
| 3  | SST-VA  | D   | X2:40.00  |
|  | Kramer, Rebecca 8<br>Cooley, Katie 8          | Wilson, Jocelynn 7<br>McCardell, Caeli 6  |           |
| 4  | ICHS  | B   | 2:30.26   |
|  | Evans, Chloe SO<br>Arcara, Eloise SO          | Robinson, Virginia FR<br>Strong, Susan 8  |           |
| 5  | OAK-VA  | B   | 2:19.62   |
|  | Krushinski, Sophia SO<br>Cinotti, Isabella JR | Schneider, Adele JR<br>Larson, Elle SR    |           |
| 6  | JP-VA   | B   | 2:30.18   |
|  | Gallagher, Gloria SO<br>Kay, Sandra SR        | Heath, Laurel SR<br>Miller, Ellie SR      |           |
| 7  | TCSI-VA                                       | B   | 2:34.06   |
|  | Watson, Claire 8<br>Van Raaphorst, Emma 8     | Watson, Caroline 8<br>Hill, Emma SR       |           |
| 8  | SST-VA  | E   | X2:42.00  |
|  | Reeves, Lexi 6<br>Kay, Clare 8                | Henderson, Maddie 7<br>Hallada, Camille 6 |           |
| 9  | SST-VA  | G   | X2:48.00  |
|  | Vaughan, Iane 7<br>Haggerty, Aoife JR         | Kay, Marian 6<br>Mayer, Evie FR           |           |
| 10   | SST-VA  | I   | X2:51.00  |
|  | Beltran, Emma 8<br>Fifield, Leah 6            | Quispe, Camila FR<br>Elder, Mary 6        |           |

| Lane   | Team  | Relay  | Seed Time    |
|--|---|--|--------------|
| <b>Heat 3 of 3 Finals Starts at 02:24 PM</b> |   |  |              |
| 1  | SST-VA  | C  | X2:18.00     |
|  | Judge, Iane SO<br>Hurley, Elizabeth SO        | Bauer, Katie SO<br>Waldron, Lily SO          |              |
| 2  | FCS-VA  | B  | 2:08.91 NACT |
|  | Chen, Alison SO<br>Sebero, Emmah SR           | Ryan, Adrie FR<br>Roberson, Emma SR          |              |
| 3  | FCS-VA  | A  | 2:01.58 NACT |
|  | Ellis, Hannah IR<br>Miller, Evie JR           | Baroody, Isabel SR<br>Ryan, Gabbie SR        |              |
| 4  | JP-VA   | A  | 1:54.37 NACT |
|  | Willis, Isa IR<br>Mills, Emily SO             | Koler, Isabella SR<br>Voith, Amy JR          |              |
| 5  | OAK-VA  | A  | 1:52.75 NACT |
|  | McDonnell, Maddie SR<br>Hazelwood, Lindley JR | Eschmann, Brigita SO<br>Erickson, Katelyn SR |              |
| 6  | SST-VA  | A  | 1:53.37 NACT |
| 7  | TCSI-VA                                       | A  | 1:59.25 NACT |
|  | Kriz, Alexa FR<br>Hill, Charlotte 8           | Hsieh, Maggi JR<br>Saavedra, Sara 8          |              |
| 8  | SST-VA  | B  | 2:05.27 NACT |
|  | Fifield, Kyleigh IR<br>Dusek, Annie SO        | Halisky, Sophia SO<br>Mantooth, Avila SO     |              |
| 9  | TCSI-VA                                       | C  | X2:12.47     |
|  | Lu, Sophia 7<br>Larson, Aubrey 7              | Keating, Claire 7<br>Kalamajka, Grace 7      |              |
| 10   | ICHS  | A  | 2:18.61      |
|  | Burgess, Ella FR<br>Myers, Lydia JR           | Lam, Natalie 8<br>Herndon, Anya 8            |              |

**#3 Boys 200 Yard Freestyle**  
**Seton: 1:38.54 2010 S.J. Hill**  
**1:57.50 NACT**  
**2:02.68 STES**

| Lane   | Name             | Yr | School  | Seed Time    |
|--|------------------|----|---------|--------------|
| <b>Heat 1 of 1 Finals Starts at 02:27 PM</b> |                  |    |         |              |
| 1  | Connally, Cole   | FR | ICHS    | 2:33.09      |
| 2  | Bookwalter, Joel | FR | SST-VA  | 2:21.75      |
| 3  | Herwick, Jack    | SO | SST-VA  | 2:14.89      |
| 4  | Anderson, Brent  | JR | ICHS    | 2:00.83 STES |
| 5  | Phillips, Tyler  | SR | TCSI-VA | 1:44.86 NACT |
| 6  | Martinez, Lio    | JR | SST-VA  | 1:46.38 NACT |
| 7  | Bluey, Luke      | 8  | ICHS    | 2:08.59      |
| 8  | Gade, Tyler      | SR | ICHS    | 2:17.30      |
| 9  | Partridge, Paul  | 8  | SST-VA  | 2:30.25      |
| 10   | Hill, Wesley     | 8  | ICHS    | X2:35.00     |

**#4 Girls 200 Yard Freestyle**  
**Seton: 1:55.48 2025 A. Aldeguer**  
**2:09.48 STES**  
**2:15.50 NACT**

| Lane   | Name           | Yr | School  | Seed Time |
|--|----------------|----|---------|-----------|
| <b>Heat 1 of 2 Finals Starts at 02:30 PM</b> |                |    |         |           |
| 3  | Miller, Eliza  | JR | TCSI-VA | 2:49.78   |
| 4  | Watson, Claire | 8  | TCSI-VA | 2:46.18   |
| 5  | Myers, Katie   | FR | ICHS    | 2:35.00   |
| 6  | Turner, Lacey  | JR | OAK-VA  | 2:44.38   |
| 7  | Waldron, Lily  | SO | SST-VA  | X2:49.75  |
| 8  | Law, Candler   | JR | JP-VA   | 3:36.68   |

## VCAC Regular Season Championship - 1/3/2026

## Meet Program

**Heat 2 (#4 Girls 200 Yard Freestyle)**

|    |                  |    |         |         |      |
|----|------------------|----|---------|---------|------|
| 1  | Larson, Elle     | SR | OAK-VA  | 2:32.17 |      |
| 2  | Eschmann, Brigi  | SO | OAK-VA  | 2:28.07 |      |
| 3  | Kay, Philomena   | JR | SST-VA  | 2:14.58 | NACT |
| 4  | Shumate, Kate    | JR | ICHS    | 2:02.32 | STES |
| 5  | Aldeguer, Ariana | JR | SST-VA  | 1:55.48 | STES |
| 6  | Wiggins, Allie   | SR | TCSI-VA | 1:58.91 | STES |
| 7  | Hsieh, Maggi     | JR | TCSI-VA | 2:10.46 | NACT |
| 8  | Connally, Bella  | JR | ICHS    | 2:20.00 |      |
| 9  | Arnold, Betsy    | SO | SST-VA  | 2:29.57 |      |
| 10 | Russo, Gabriella | JR | SST-VA  | 2:32.21 |      |

**#5 Boys 200 Yard IM**

Seton: 1:54.70 2008 N. Cook

2:14.00 NACT

2:18.04 STES

| Lane Name | Yr | School | Seed Time |
|-----------|----|--------|-----------|
|-----------|----|--------|-----------|

**Heat 1 of 2 Finals Starts at 02:37 PM**

|   |                 |    |        |          |  |
|---|-----------------|----|--------|----------|--|
| 4 | Fifield, Luke   | FR | SST-VA | 3:10.66  |  |
| 5 | Wollmershauser, | SO | ICHS   | X2:53.82 |  |
| 6 | Judge, Will     | 7  | SST-VA | X2:56.09 |  |

**Heat 2 of 2 Finals Starts at 02:41 PM**

|    |                  |    |         |          |      |
|----|------------------|----|---------|----------|------|
| 1  | Lam, Micah       | JR | ICHS    | 2:39.69  |      |
| 2  | Wilson, Jonas    | SO | SST-VA  | 2:32.58  |      |
| 3  | Ma, Ryan         | FR | TCSI-VA | 2:29.91  |      |
| 4  | Lansing, Reed    | SO | ICHS    | 2:23.57  |      |
| 5  | Wolf, Moses      | JR | ICHS    | 1:56.93  | NACT |
| 6  | Judge, Dominic   | JR | SST-VA  | 2:15.47  | STES |
| 7  | Wellington-Men   | SO | JP-VA   | 2:25.03  |      |
| 8  | Bluey, Ben       | JR | ICHS    | 2:31.51  |      |
| 9  | Lynch, Joey      | SO | SST-VA  | 2:38.28  |      |
| 10 | Vincent, Jonatha | SO | ICHS    | X2:46.17 |      |

**#6 Girls 200 Yard IM**

Seton: 2:05.81 2025 A. Aldeguer

2:27.91 STES

2:35.00 NACT

| Lane Name | Yr | School | Seed Time |
|-----------|----|--------|-----------|
|-----------|----|--------|-----------|

**Heat 1 of 2 Finals Starts at 02:44 PM**

|   |                  |    |         |          |    |
|---|------------------|----|---------|----------|----|
| 2 | Roberson, Emma   | SR | FCS-VA  |          | NT |
| 3 | Robinson, Virgin | FR | ICHS    | 3:21.05  |    |
| 4 | Van Raaphorst, F | 8  | TCSI-VA | 3:09.24  |    |
| 5 | Niedzialek, Brie | 7  | TCSI-VA | X3:05.00 |    |
| 6 | Fifield, Kyleigh | JR | SST-VA  | 3:07.11  |    |
| 7 | Cooley, Katie    | 8  | SST-VA  | X3:10.00 |    |
| 8 | Kalamajka, Grace | 7  | TCSI-VA | X3:30.00 |    |

**Heat 2 of 2 Finals Starts at 02:48 PM**

|    |                   |    |         |          |      |
|----|-------------------|----|---------|----------|------|
| 1  | Erickson, Katelyn | SR | OAK-VA  | 2:49.30  |      |
| 2  | Dang, Alexis      | FR | TCSI-VA | 2:45.17  |      |
| 3  | Halisky, Sophia   | SO | SST-VA  | 2:35.85  |      |
| 4  | Martinez, Lara    | 8  | SST-VA  | 2:32.10  | NACT |
| 5  | Paradise, Melissa | JR | SST-VA  | 2:13.98  | STES |
| 6  | Schlieter, Audrey | SR | TCSI-VA | 2:18.42  | STES |
| 7  | Erickson, Alexan  | FR | ICHS    | 2:34.28  | NACT |
| 8  | Lam, Natalie      | 8  | ICHS    | 2:42.30  |      |
| 9  | Larson, Aubrey    | 7  | TCSI-VA | X2:48.42 |      |
| 10 | Schneider, Adele  | JR | OAK-VA  | 3:01.21  |      |

**#7 Boys 50 Yard Freestyle**

Seton: 21.22 2010 S.J. Hill

23.94 STES

24.95 NACT

| Lane Name | Yr | School | Seed Time |
|-----------|----|--------|-----------|
|-----------|----|--------|-----------|

**Heat 1 of 6 Finals Starts at 02:51 PM**

|   |               |   |        |        |     |
|---|---------------|---|--------|--------|-----|
| 4 | Chiang, Ethan | 6 | FCS-VA |        | XNT |
| 5 | Goodman, Thom | 8 | SST-VA | X42.91 |     |
| 6 | Clune, Anselm | 7 | SST-VA | X45.90 |     |

**Heat 2 of 6 Finals Starts at 02:52 PM**

|    |                   |    |        |        |  |
|----|-------------------|----|--------|--------|--|
| 1  | de Brey, Lucas    | 7  | SST-VA | X41.23 |  |
| 2  | Orellana, William | 8  | SST-VA | X38.68 |  |
| 3  | Mccarthy, Samue   | 7  | ICHS   | X37.33 |  |
| 4  | Schroer, Daniel   | 6  | SST-VA | X36.51 |  |
| 5  | Halisky, Gus      | 7  | SST-VA | X36.12 |  |
| 6  | Raines, Tristan   | SO | FCS-VA | X36.21 |  |
| 7  | Haggerty, Oisin   | 7  | SST-VA | X37.11 |  |
| 8  | Hallada, Blaise   | 8  | SST-VA | X37.64 |  |
| 9  | Sample, Gideon    | 8  | FCS-VA | X39.48 |  |
| 10 | Wise, Patrick     | 7  | SST-VA | X42.47 |  |

**Heat 3 of 6 Finals Starts at 02:53 PM**

|    |                  |    |        |        |  |
|----|------------------|----|--------|--------|--|
| 1  | Kay, Connor      | 6  | SST-VA | X35.17 |  |
| 2  | Beltran, James   | 7  | SST-VA | X34.62 |  |
| 3  | McCardell, Aidan | SR | SST-VA | X34.28 |  |
| 4  | Brand, David     | 7  | SST-VA | X33.84 |  |
| 5  | Swinehart, Wyat  | 8  | FCS-VA | X33.15 |  |
| 6  | Haggerty, Eamon  | FR | SST-VA | X33.53 |  |
| 7  | Kern, Ryan       | SO | JP-VA  | 33.97  |  |
| 8  | Nguyen, Philip   | 8  | SST-VA | X34.55 |  |
| 9  | Henry, Dominic   | SO | SST-VA | X35.02 |  |
| 10 | Marm, Gabriel    | SR | SST-VA | X35.40 |  |

**Heat 4 of 6 Finals Starts at 02:54 PM**

|    |                   |    |        |        |  |
|----|-------------------|----|--------|--------|--|
| 1  | Smith, CJ         | 8  | FCS-VA | X32.56 |  |
| 2  | Sciscilo, Dominic | 7  | SST-VA | X32.20 |  |
| 3  | O'Malley, Peter   | 8  | SST-VA | X31.79 |  |
| 4  | Chiang, Oliver    | 8  | FCS-VA | X31.45 |  |
| 5  | Partridge, Kolbe  | 6  | SST-VA | X31.30 |  |
| 6  | Williams, Jaden   | FR | FCS-VA | X31.35 |  |
| 7  | Pitner, Samuel    |    | FCS-VA | X31.60 |  |
| 8  | Taylor, Jordan    | 7  | ICHS   | X31.82 |  |
| 9  | Schroer, Christo  | 6  | SST-VA | X32.23 |  |
| 10 | Reynolds, James   | FR | SST-VA | X32.89 |  |

**Heat 5 of 6 Finals Starts at 02:55 PM**

|    |                  |    |         |        |  |
|----|------------------|----|---------|--------|--|
| 1  | Anderson, Colvir | 7  | ICHS    | X31.04 |  |
| 2  | Vaughan, Noah    | JR | SST-VA  | X30.06 |  |
| 3  | Francisco, Benja | 7  | ICHS    | X29.36 |  |
| 4  | Witter, Joe      | SO | SST-VA  | 28.70  |  |
| 5  | Sample, Jude     | SO | FCS-VA  | 27.38  |  |
| 6  | Zhu, John        | FR | TCSI-VA | 28.50  |  |
| 7  | Kurru, Patrick   | JR | JP-VA   | 28.72  |  |
| 8  | Dix, Brycen      | 8  | FCS-VA  | X29.97 |  |
| 9  | Girigowda, Adhy  | SO | JP-VA   | 30.35  |  |
| 10 | Yim, Evan        | SO | ICHS    | 31.21  |  |

**Heat 6 of 6 Finals Starts at 02:56 PM**

|    |                 |    |        |       |      |
|----|-----------------|----|--------|-------|------|
| 1  | Liette, Jonny   | FR | FCS-VA | 26.86 |      |
| 2  | Gade, Tyler     | SR | ICHS   | 26.28 |      |
| 3  | Palomo, Javi    | FR | JP-VA  | 25.92 |      |
| 4  | Bauer, Gregory  | SR | SST-VA | 24.37 | NACT |
| 5  | Fiala, Caleb    | JR | ICHS   | 22.70 | STES |
| 6  | Sokban, Daniel  | JR | SST-VA | 23.43 | STES |
| 7  | Ryan, Nathan    | JR | FCS-VA | 24.46 | NACT |
| 8  | Gebhardt, Lucas | SO | FCS-VA | 26.07 |      |
| 9  | Burgess, Grey   | SR | ICHS   | 26.67 |      |
| 10 | Ellis, Ben      | JR | SST-VA | 27.31 |      |

**#8 Girls 50 Yard Freestyle**

Seton: 24.06 2018 A. Kenna

26.67 STES

28.95 NACT

| Lane Name | Yr | School | Seed Time |
|-----------|----|--------|-----------|
|-----------|----|--------|-----------|

**Heat 1 of 7 Finals Starts at 02:57 PM**

|    |                   |    |        |          |  |
|----|-------------------|----|--------|----------|--|
| 1  | McCardell, Caeli  | 6  | SST-VA | X54.83   |  |
| 2  | Hercules, Natalia | 7  | SST-VA | X45.93   |  |
| 3  | Mayer, Evie       | FR | SST-VA | X44.83   |  |
| 4  | Hadro, Addi       | 8  | SST-VA | X42.35   |  |
| 5  | Moultrie, Alexan  |    | FCS-VA | X41.60   |  |
| 6  | Elder, Mary       | 6  | SST-VA | X42.00   |  |
| 7  | Molaski, Kaitlyn  | JR | FCS-VA | X43.08   |  |
| 8  | Brooks, Emily     | 7  | FCS-VA | X44.94   |  |
| 9  | Hallada, Camille  | 6  | SST-VA | X46.22   |  |
| 10 | Mayer, Heidi      | 6  | SST-VA | X1:00.25 |  |

**Heat 2 of 7 Finals Starts at 02:58 PM**

|    |                 |    |        |        |  |
|----|-----------------|----|--------|--------|--|
| 1  | Maher, Siobhan  | 8  | SST-VA | X40.41 |  |
| 2  | Hill, Norah     | SO | ICHS   | 38.56  |  |
| 3  | Rehmann, There  | 6  | SST-VA | X38.41 |  |
| 4  | Kramer, Cora    | JR | SST-VA | X37.92 |  |
| 5  | Vaughan, Bella  | FR | SST-VA | X37.80 |  |
| 6  | Vaughan, Jane   | 7  | SST-VA | X37.84 |  |
| 7  | Kramer, Colette | SR | SST-VA | X38.11 |  |
| 8  | Allen, Naomi    | 6  | SST-VA | X38.51 |  |
| 9  | Andreu, Angela  | SO | SST-VA | X40.11 |  |
| 10 | Maranian, Julia | SO | SST-VA | X40.52 |  |

**Heat 3 of 7 Finals Starts at 02:59 PM**

|    |                  |    |        |        |  |
|----|------------------|----|--------|--------|--|
| 1  | Reeves, Lexi     | 6  | SST-VA | X37.44 |  |
| 2  | Wilson, Jocelynn | 7  | SST-VA | X36.42 |  |
| 3  | Henderson, Mad   | 7  | SST-VA | X35.15 |  |
| 4  | Kay, Marian      | 6  | SST-VA | X35.09 |  |
| 5  | Gibaldi, Gigi    | JR | SST-VA | X34.93 |  |
| 6  | Marte, Jaasiel   | SO | FCS-VA | X34.94 |  |
| 7  | Allen, Bethany   | 7  | SST-VA | X35.11 |  |
| 8  | Kramer, Rebecca  | 8  | SST-VA | X35.93 |  |
| 9  | Niwe, Meira      | FR | ICHS   | X36.95 |  |
| 10 | Martens, Kylie   | 6  | FCS-VA | X37.68 |  |

**Heat 4 of 7 Finals Starts at 03:00 PM**

|    |                   |    |        |        |  |
|----|-------------------|----|--------|--------|--|
| 1  | Quispe, Allison   | SR | SST-VA | X34.62 |  |
| 2  | Bauer, Clara      | 7  | SST-VA | X34.34 |  |
| 3  | Herwick, Lucy     | FR | SST-VA | X33.07 |  |
| 4  | Irving, Monica    | SO | SST-VA | X32.81 |  |
| 5  | Poullath, Charlot | 8  | SST-VA | X32.25 |  |
| 6  | Gilley, Madison   | JR | JP-VA  | 32.60  |  |
| 7  | Walsh, Mia        | SO | FCS-VA | X32.95 |  |
| 8  | Miller, Ellie     | SR | JP-VA  | 34.08  |  |
| 9  | Pillion, Gianna   | FR | SST-VA | X34.54 |  |
| 10 | Reeves, Sofia     | 7  | SST-VA | X34.62 |  |

**VCAC Regular Season Championship - 1/3/2026**

**Meet Program**

**Heat 5 (#8 Girls 50 Yard Freestyle)**

|    |                  |    |         |        |
|----|------------------|----|---------|--------|
| 1  | Brooks, Charlott | FR | FCS-VA  | X32.03 |
| 2  | Judge, Jane      | SO | SST-VA  | X31.59 |
| 3  | Blevins, Hannah  | SR | FCS-VA  | X31.28 |
| 4  | Chen, Alison     | SO | FCS-VA  | X30.45 |
| 5  | Herndon, Anya    | 8  | ICHS    | 30.31  |
| 6  | Hill, Emma       | SR | TCSI-VA | 30.36  |
| 7  | Bauer, Katie     | SO | SST-VA  | X30.62 |
| 8  | Kay, Clare       | 8  | SST-VA  | X31.57 |
| 9  | Haggerty, Aoife  | JR | SST-VA  | X31.61 |
| 10 | Beltran, Emma    | 8  | SST-VA  | X32.16 |

**Heat 6 of 7 Finals Starts at 03:02 PM**

|    |                 |    |         |             |
|----|-----------------|----|---------|-------------|
| 1  | Waldron, Lily   | SO | SST-VA  | 29.92       |
| 2  | Connally, Bella | JR | ICHS    | 29.35       |
| 3  | Ryan, Gabbie    | SR | FCS-VA  | 28.45 NACT  |
| 4  | Mantooth, Avila | SO | SST-VA  | 27.99 NACT  |
| 5  | Saavedra, Sara  | 8  | TCSI-VA | 27.92 NACT  |
| 6  | Ryan, Adrie     | FR | FCS-VA  | 27.96 NACT  |
| 7  | Hazelwood, Lind | JR | OAK-VA  | 28.18 NACT  |
| 8  | Ryan, Samantha  | 7  | FCS-VA  | X28.78 NACT |
| 9  | Burgess, Ella   | FR | ICHS    | 29.66       |
| 10 | Magness, Emma   | 7  | SST-VA  | X30.01      |

**Heat 7 of 7 Finals Starts at 03:03 PM**

|    |                   |    |         |            |
|----|-------------------|----|---------|------------|
| 1  | Van Meter, Juliet | JR | OAK-VA  | 27.54 NACT |
| 2  | Koler, Isabella   | SR | JP-VA   | 27.29 NACT |
| 3  | Schroer, Maggie   | SO | SST-VA  | 26.65 STES |
| 4  | Baroody, Isabel   | SR | FCS-VA  | 26.12 STES |
| 5  | Feng, Shoshana    | SO | TCSI-VA | 25.13 STES |
| 6  | Willis, Isa       | JR | JP-VA   | 25.61 STES |
| 7  | Miller, Evie      | JR | FCS-VA  | 26.41 STES |
| 8  | Paradise, Theres  | 8  | SST-VA  | 26.68 NACT |
| 9  | Heinrichs, Charl  | JR | OAK-VA  | 27.47 NACT |
| 10 | Cinotti, Emaline  | SO | OAK-VA  | 27.63 NACT |

**#9 Boys 1 mtr Diving**

**Seton: 249.20 2024 C. Koehr**

| Lane Name                                      | Yr              | School            |
|--|-----------------|-------------------|
| <b>Flight 1 of 1 Finals Starts at 11:35 AM</b> |                 |                   |
| 1  | Orellana, Brian | SO SST-VA 88.10   |
| 2  | Witter, John    | 8 SST-VA 135.60   |
| 3  | Winslow, Wade   | JR ICHS 154.85    |
| 4  | Waldron, Thoma  | SO SST-VA 134.10  |
| 5  | Sokban, Daniel  | JR SST-VA X118.85 |
| 6  | Winowiecki, Sam | SO TCSI-VA 237.60 |
| 7  | Edwards, Eli    | SO TCSI-VA 333.25 |
| 8  | Ashton, Max     | 8 SST-VA 113.10   |

**#10 Girls 1 mtr Diving**

**Seton: 191.00 2025 M. Condon**

| Lane Name                                      | Yr                | School            |
|--|-------------------|-------------------|
| <b>Flight 1 of 1 Finals Starts at 12:05 PM</b> |                   |                   |
| 1  | Judge, Jane       | SO SST-VA 145.15  |
| 2  | Rauschelbach, Te  | JR JP-VA 175.50   |
| 3  | Condon, Meghan    | SO SST-VA 191.00  |
| 4  | Mills, Emily      | SO JP-VA 141.20   |
| 5  | Hill, Emma        | SR TCSI-VA 268.55 |
| 6  | Miller, Maria     | SR SST-VA 153.60  |
| 7  | Suthard, Victoria | TCSI-VA 107.50    |
| 8  | Hill, Charlotte   | 8 TCSI-VA 193.05  |
| 9  | Kay, Clare        | 8 SST-VA 149.60   |
| 10   | Miller, Eliza     | JR TCSI-VA 263.75 |
| 11   | Herwick, Lucy     | FR SST-VA X138.05 |
| 12   | Gorman, Bella     | 8 SST-VA X139.15  |

**#11 Boys 100 Yard Butterfly**

**Seton: 51.76 2010 S.J. Hill**

**58.50 NACT  
1:01.02 STES**

| Lane Name                                    | Yr                | School     | Seed Time  |
|--|-------------------|------------|------------|
| <b>Heat 1 of 2 Finals Starts at 02:10 PM</b> |                   |            |            |
| 3  | Dusek, Charlie    | SR SST-VA  | X1:48.52   |
| 4  | De Micoli, Rafael | SO SST-VA  | X1:45.00   |
| 5  | Taylor, JT        | JR ICHS    | 1:31.68    |
| 6  | Connally, Cole    | FR ICHS    | 1:36.92    |
| 7  | Brand, Michael    | SR SST-VA  | X1:45.00   |
| <b>Heat 2 of 2 Finals Starts at 02:13 PM</b> |                   |            |            |
| 1  | Partridge, Paul   | 8 SST-VA   | 1:13.05    |
| 2  | Vincent, Jonatha  | SO ICHS    | 1:11.40    |
| 3  | Herwick, Jack     | SO SST-VA  | 1:02.09    |
| 4  | Palomo, Edward    | FR JP-VA   | 57.02 NACT |
| 5  | Phillips, Tyler   | SR TCSI-VA | 48.72 NACT |
| 6  | Martinez, Lio     | JR SST-VA  | 51.94 NACT |
| 7  | Morillo, Caleb    | SR ICHS    | 1:01.34    |
| 8  | Wellington-Menz   | SO JP-VA   | 1:02.57    |
| 9  | Howell, Landon    | 7 ICHS     | X1:12.25   |
| 10   | Bookwalter, Joel  | FR SST-VA  | 1:20.50    |

**#12 Girls 100 Yard Butterfly**

**Seton: 57.71 2025 A. Aldeguer**

**1:06.82 STES  
1:10.50 NACT**

| Lane Name                                    | Yr                | School    | Seed Time |
|--|-------------------|-----------|-----------|
| <b>Heat 1 of 3 Finals Starts at 02:14 PM</b> |                   |           |           |
| 4  | Krushinski, Soph  | SO OAK-VA | NT        |
| 5  | Gilley, Madison   | JR JP-VA  | 1:40.00   |
| 6  | Cooley, Katie     | 8 SST-VA  | X1:41.82  |
| <b>Heat 2 of 3 Finals Starts at 02:16 PM</b> |                   |           |           |
| 2  | McDonnell, Madc   | SR OAK-VA | 1:29.54   |
| 3  | Arcara, Eloise    | SO ICHS   | 1:20.91   |
| 4  | Keating, Claire   | 7 TCSI-VA | X1:19.53  |
| 5  | Phillips, Erin    | 8 TCSI-VA | 1:16.42   |
| 6  | Heinrichs, Charlc | JR OAK-VA | 1:17.07   |
| 7  | Meadows, Charlc   | FR SST-VA | 1:20.08   |
| 8  | Schroer, Caroline | 8 SST-VA  | X1:28.29  |
| 9  | Watson, Claire    | 8 TCSI-VA | 1:30.00   |

**Heat 3 of 3 Finals Starts at 02:18 PM**

|    |                   |    |         |               |
|----|-------------------|----|---------|---------------|
| 1  | Myers, Lydia      | JR | ICHS    | 1:13.02       |
| 2  | Martinez, Lara    | 8  | SST-VA  | 1:09.48 NACT  |
| 3  | Mills, Emily      | SO | JP-VA   | X1:07.08 NACT |
| 4  | Schlieter, Audrey | SR | TCSI-VA | 1:01.05 STES  |
| 5  | Ellis, Hannah     | JR | FCS-VA  | 56.77 STES    |
| 6  | Aldeguer, Ariana  | JR | SST-VA  | 57.17 STES    |
| 7  | Willis, Isa       | JR | JP-VA   | 1:04.75 STES  |
| 8  | Sebero, Emmah     | SR | FCS-VA  | 1:08.56 NACT  |
| 9  | Lu, Sophia        | 7  | TCSI-VA | X1:09.60 NACT |
| 10 | Dusek, Annie      | SO | SST-VA  | 1:16.03       |

**#13 Boys 100 Yard Freestyle**

**Seton: 45.67 2010 S. J. Hill**

**53.20 STES  
53.50 NACT**

| Lane Name | Yr | School | Seed Time |
|-----------|----|--------|-----------|
|-----------|----|--------|-----------|

**Heat 1 of 4 Finals Starts at 02:20 PM**

|   |                   |    |        |          |
|---|-------------------|----|--------|----------|
| 4 | Wise, Patrick     | 7  | SST-VA | X1:40.46 |
| 5 | Haggerty, Oisin   | 7  | SST-VA | X1:38.18 |
| 6 | Orellana, Willian | 8  | SST-VA | X1:40.10 |
| 7 | Raines, Tristan   | SO | FCS-VA | NT       |

**Heat 2 of 4 Finals Starts at 02:22 PM**

|    |                   |    |        |          |
|----|-------------------|----|--------|----------|
| 1  | Halisky, Gus      | 7  | SST-VA | X1:26.63 |
| 2  | Marm, Gabriel     | SR | SST-VA | X1:22.80 |
| 3  | Haggerty, Eamor   | FR | SST-VA | X1:21.45 |
| 4  | Girigowda, Adhy   | SO | JP-VA  | 1:19.98  |
| 5  | Sciscilo, Dominic | 7  | SST-VA | X1:16.76 |
| 6  | Smith, CJ         | 8  | FCS-VA | 1:16.89  |
| 7  | Kay, Connor       | 6  | SST-VA | X1:21.33 |
| 8  | Kern, Ryan        | SO | JP-VA  | 1:22.40  |
| 9  | Beltran, James    | 7  | SST-VA | X1:24.22 |
| 10 | Mccarthy, Samue   | 7  | ICHS   | X1:26.87 |

**Heat 3 of 4 Finals Starts at 02:24 PM**

|    |                  |    |        |          |
|----|------------------|----|--------|----------|
| 1  | Williams, Jaden  | FR | FCS-VA | X1:14.45 |
| 2  | Partridge, Kolbe | 6  | SST-VA | X1:13.08 |
| 3  | Anderson, Colvir | 7  | ICHS   | X1:11.68 |
| 4  | Witter, Joe      | SO | SST-VA | X1:09.53 |
| 5  | Nguyen, James    | 8  | SST-VA | X1:08.56 |
| 6  | Kurrus, Patrick  | JR | JP-VA  | 1:08.84  |
| 7  | Fifield, Luke    | FR | SST-VA | X1:10.46 |
| 8  | Judge, Will      | 7  | SST-VA | X1:11.85 |
| 9  | Pitner, Samuel   |    | FCS-VA | 1:13.10  |
| 10 | Taylor, Jordan   | 7  | ICHS   | X1:15.57 |

**Heat 4 of 4 Finals Starts at 02:25 PM**

|    |                  |    |         |            |
|----|------------------|----|---------|------------|
| 1  | Gebhardt, Lucas  | SO | FCS-VA  | 1:00.67    |
| 2  | Lansing, Reed    | SO | ICHS    | 56.35      |
| 3  | Kay, Patrick     | SO | SST-VA  | 55.31      |
| 4  | Martinez, Thiago | SO | SST-VA  | 52.21 STES |
| 5  | Witdoeck, Jo     | SO | TCSI-VA | 47.30 STES |
| 6  | Koler, Eric      | SR | JP-VA   | 49.17 STES |
| 7  | Anderson, Brent  | JR | ICHS    | 53.75      |
| 8  | Sokban, Daniel   | JR | SST-VA  | 55.33      |
| 9  | Partridge, Luke  | JR | SST-VA  | 1:00.43    |
| 10 | Gilbert, Luke    | 8  | TCSI-VA | 1:06.82    |

**VCAC Regular Season Championship - 1/3/2026**  
**Meet Program**

**#14 Girls 100 Yard Freestyle**

| Seton: 52.05 2018 A. Kenna                   |                   |    |         |              |
|--|-------------------|----|---------|--------------|
| 58.81 STES                                   |                   |    |         |              |
| 1:01.50 NACT                                 |                   |    |         |              |
| Lane   | Name              | Yr | School  | Seed Time    |
| <b>Heat 1 of 5 Finals Starts at 02:27 PM</b> |                   |    |         |              |
| 1  | Hercules, Natalia | 7  | SST-VA  | X2:09.17     |
| 2  | Elder, Mary       | 6  | SST-VA  | X1:42.90     |
| 3  | Allen, Naomi      | 6  | SST-VA  | X1:35.89     |
| 4  | Andreu, Angela    | SO | SST-VA  | X1:33.68     |
| 5  | Mooney, Maeve     | 6  | SST-VA  | X1:30.44     |
| 6  | Quispe, Camila    | FR | SST-VA  | X1:32.69     |
| 7  | Hallada, Camille  | 6  | SST-VA  | X1:34.91     |
| 8  | Ellis, Molly      | JR | OAK-VA  | X1:36.80     |
| 9  | Mayer, Evie       | FR | SST-VA  | X1:44.18     |
| 10   | Mayer, Heidi      | 6  | SST-VA  | X2:39.22     |
| <b>Heat 2 of 5 Finals Starts at 02:30 PM</b> |                   |    |         |              |
| 1  | Vaughan, Bella    | FR | SST-VA  | X1:29.44     |
| 2  | Niwe, Meira       | FR | ICHS    | X1:28.43     |
| 3  | Pillion, Gianna   | FR | SST-VA  | X1:25.38     |
| 4  | Fifield, Leah     | 6  | SST-VA  | X1:24.44     |
| 5  | Kramer, Rebecca   | 8  | SST-VA  | X1:23.69     |
| 6  | Law, Candler      | JR | JP-VA   | 1:23.99      |
| 7  | Marte, Jaasiel    | SO | FCS-VA  | X1:25.12     |
| 8  | Martens, Kylie    | 6  | FCS-VA  | X1:25.45     |
| 9  | Hill, Norah       | SO | ICHS    | 1:28.71      |
| 10   | Allen, Bethany    | 7  | SST-VA  | X1:29.45     |
| <b>Heat 3 of 5 Finals Starts at 02:31 PM</b> |                   |    |         |              |
| 1  | Henderson, Mad    | 7  | SST-VA  | X1:21.76     |
| 2  | Gibaldi, Gigi     | JR | SST-VA  | X1:21.01     |
| 3  | Beltran, Emma     | 8  | SST-VA  | X1:16.95     |
| 4  | Herwick, Lucy     | FR | SST-VA  | X1:16.77     |
| 5  | Larson, Zoe       | SR | OAK-VA  | X1:15.84     |
| 6  | Poullath, Charlot | 8  | SST-VA  | X1:16.29     |
| 7  | Thompson, Seraj   | 8  | OAK-VA  | 1:16.92      |
| 8  | Kay, Marian       | 6  | SST-VA  | X1:20.01     |
| 9  | Molaski, Kaitlyn  | JR | FCS-VA  | X1:21.45     |
| 10   | Wilson, Jocelynn  | 7  | SST-VA  | X1:22.53     |
| <b>Heat 4 of 5 Finals Starts at 02:33 PM</b> |                   |    |         |              |
| 1  | Cinotti, Isabella | JR | OAK-VA  | 1:13.37      |
| 2  | Hurley, Elizabeth | SO | SST-VA  | 1:10.63      |
| 3  | Myers, Katie      | FR | ICHS    | 1:10.31      |
| 4  | Bauer, Katie      | SO | SST-VA  | 1:10.01      |
| 5  | Herndon, Anya     | 8  | ICHS    | 1:08.28      |
| 6  | Kay, Sandra       | SR | JP-VA   | 1:09.76      |
| 7  | Schneider, Adele  | JR | OAK-VA  | 1:10.05      |
| 8  | Brooks, Charlott  | FR | FCS-VA  | 1:10.45      |
| 9  | Kay, Clare        | 8  | SST-VA  | X1:11.92     |
| 10   | McGrath, Maria    | SO | OAK-VA  | X1:14.19     |
| <b>Heat 5 of 5 Finals Starts at 02:35 PM</b> |                   |    |         |              |
| 1  | Saavedra, Sara    | 8  | TCSI-VA | 1:03.36      |
| 2  | Larson, Aubrey    | 7  | TCSI-VA | X1:01.93     |
| 3  | Shumate, Kate     | JR | ICHS    | 57.97 STES   |
| 4  | Miller, Evie      | JR | FCS-VA  | 57.45 STES   |
| 5  | Wiggins, Allie    | SR | TCSI-VA | 53.97 STES   |
| 6  | Schroer, Maggie   | SO | SST-VA  | 57.34 STES   |
| 7  | Cinotti, Emaline  | SO | OAK-VA  | 57.76 STES   |
| 8  | Kay, Philomena    | JR | SST-VA  | 1:01.49 NACT |
| 9  | Ryan, Adrie       | FR | FCS-VA  | 1:02.44      |
| 10   | Dang, Alexis      | FR | TCSI-VA | 1:05.51      |

**#15 Boys 500 Yard Freestyle**

| Seton: 4:27.19 2010 S.J. Hill                |                   |    |         |              |
|--|-------------------|----|---------|--------------|
| 5:25.00 NACT                                 |                   |    |         |              |
| 5:41.90 STES                                 |                   |    |         |              |
| Lane   | Name              | Yr | School  | Seed Time    |
| <b>Heat 1 of 1 Finals Starts at 02:36 PM</b> |                   |    |         |              |
| 2  | Dusek, Charlie    | SR | SST-VA  | 8:01.58      |
| 3  | Hill, Wesley      | 8  | ICHS    | 7:21.28      |
| 4  | Bluey, Ben        | JR | ICHS    | 5:57.30      |
| 5  | Wolf, Moses       | JR | ICHS    | 4:56.12 NACT |
| 6  | Bauer, Gregory    | SR | SST-VA  | 5:57.01      |
| 7  | Wilson, Jonas     | SO | SST-VA  | 6:10.24      |
| 8  | Taylor, JT        | JR | ICHS    | 7:30.00      |
| 9  | McCardell, Aidan  | SR | SST-VA  | 8:16.53      |
| <b>#16 Girls 500 Yard Freestyle</b>          |                   |    |         |              |
| Seton: 4:58.34 2025 A. Aldeguer              |                   |    |         |              |
| 5:45.00 NACT                                 |                   |    |         |              |
| 5:58.88 STES                                 |                   |    |         |              |
| Lane   | Name              | Yr | School  | Seed Time    |
| <b>Heat 1 of 2 Finals Starts at 02:45 PM</b> |                   |    |         |              |
| 2  | Strong, Susan     | 8  | ICHS    | 7:55.00      |
| 3  | Evans, Chloe      | SO | ICHS    | 7:40.00      |
| 4  | Watson, Caroline  | 8  | TCSI-VA | 7:11.25      |
| 5  | Dusek, Annie      | SO | SST-VA  | 7:08.29      |
| 6  | Burgess, Ella     | FR | ICHS    | 7:10.00      |
| 7  | Turner, Lacey     | JR | OAK-VA  | 7:35.54      |
| 8  | Cinotti, Isabella | JR | OAK-VA  | 7:42.80      |
| <b>Heat 2 of 2 Finals Starts at 02:53 PM</b> |                   |    |         |              |
| 1  | Phillips, Erin    | 8  | TCSI-VA | 6:44.65      |
| 2  | Van Meter, Juliet | JR | OAK-VA  | 6:34.47      |
| 3  | Voith, Amy        | JR | JP-VA   | 6:02.70      |
| 4  | Paradise, Theres  | 8  | SST-VA  | 5:40.18 NACT |
| 5  | Hazelwood, Lind   | JR | OAK-VA  | 5:32.41 NACT |
| 6  | Kriz, Alexa       | FR | TCSI-VA | 5:39.44 NACT |
| 7  | Mills, Emily      | SO | JP-VA   | 6:00.87      |
| 8  | Fifield, Kyleigh  | JR | SST-VA  | 6:28.98      |
| 9  | Keating, Claire   | 7  | TCSI-VA | X6:40.00     |
| 10   | Russo, Gabriella  | JR | SST-VA  | 6:48.26      |

**#17 Boys 200 Yard Freestyle Relay**

| Seton: 1:29.65 2025 Koehr,Martinez,Bornert   |                           |       |                        |
|--|---------------------------|-------|------------------------|
| 1:38.00 NACT                                 |                           |       |                        |
| 1:42.23 STES                                 |                           |       |                        |
| Lane   | Team                      | Relay | Seed Time              |
| <b>Heat 1 of 2 Finals Starts at 03:00 PM</b> |                           |       |                        |
| 2  | SST-VA                    | I     | X2:28.00               |
|  | Sciscilo, Dominic 7       |       | Schroer, Christopher 6 |
|  | Halisky, Gus 7            |       | Clune, Anselm 7        |
| 3  | SST-VA                    | G     | X2:24.00               |
|  | Dusek, Charlie SR         |       | O'Malley, Peter 8      |
|  | Kay, Connor 6             |       | Schroer, Daniel 6      |
| 4  | SST-VA                    | E     | X2:26.00               |
|  | Nguyen, James 8           |       | Reynolds, James FR     |
|  | Beltran, James 7          |       | Hallada, Blaise 8      |
| 5  | SST-VA                    | C     | X2:16.00               |
|  | Witter, Ioe SO            |       | Brand, David 7         |
|  | McCardell, Aidan SR       |       | de Brey, Lucas 7       |
| 6  | SST-VA                    | D     | X2:18.00               |
|  | Brand, Michael SR         |       | Haggerty, Eamon FR     |
|  | Nguyen, Philip 8          |       | Orellana, William 8    |
| 7  | SST-VA                    | F     | X2:22.00               |
|  | Fifield, Luke FR          |       | Partridge, Kolbe 6     |
|  | Henry, Dominic SO         |       | Haggerty, Oisin 7      |
| 8  | SST-VA                    | H     | X2:26.00               |
|  | De Micoli, Rafael SO      |       | Judge, Will 7          |
|  | Marm, Gabriel SR          |       | Goodman, Thomas 8      |
| 9  | FCS-VA                    | B     | NT                     |
|  | Chiang, Oliver 8          |       | Dix, Brycen 8          |
|  | Smith, CJ 8               |       | Swinehart, Wyatt 8     |
| <b>Heat 2 of 2 Finals Starts at 03:04 PM</b> |                           |       |                        |
| 1  | JP-VA                     | B     | 2:02.63                |
|  | Kurrus, Patrick IR        |       | Kern, Ryan SO          |
|  | Girigowda, Adhyan SO      |       | Ayala, Julian FR       |
| 2  | FCS-VA                    | A     | 1:47.57                |
|  | Liette, Jonny FR          |       | Gebhardt, Lucas SO     |
|  | Williams, Jaden FR        |       | Ryan, Nathan JR        |
| 3  | SST-VA                    | B     | 1:42.82                |
|  | Bauer, Gregorv SR         |       | Ellis, Ben JR          |
|  | Wilson, Jonas SO          |       | Judge, Dominic JR      |
| 4  | JP-VA                     | A     | 1:41.18 STES           |
|  | Wellington-Menzie, London |       | Koler, Eric SR         |
|  | Palomo, Javi FR           |       | Palomo, Edward FR      |
| 5  | SST-VA                    | A     | 1:34.11 NACT           |
| 6  | TCSI-VA                   | A     | 1:40.73 STES           |
|  | Witdoeck, Io SO           |       | Zhu, John FR           |
|  | Ma, Ryan FR               |       | Phillips, Tyler SR     |
| 7  | ICHS                      | A     | 1:41.85 STES           |
|  | Bluey, Ben IR             |       | Bluey, Luke 8          |
|  | Lansing, Reed SO          |       | Morillo, Caleb SR      |
| 8  | ICHS                      | B     | 1:47.25                |
|  | Gade, William SR          |       | Gade, Tyler SR         |
|  | Lam, Micah JR             |       | Burgess, Grey SR       |
| 9  | ICHS                      | C     | X1:51.16               |
|  | Connally, Cole FR         |       | Taylor, Jordan 7       |
|  | Wollmershauser, Gray SO   |       | Howell, Landon 7       |
| 10   | ICHS                      | D     | X2:10.95               |
|  | Yim, Evan SO              |       | Anderson, Colvin 7     |
|  | Hill, Wesley 8            |       | Mccarthy, Samuel 7     |

**VCAC Regular Season Championship - 1/3/2026**  
**Meet Program**

**#18 Girls 200 Yard Freestyle Relay**  
**Seton: 1:40.05 2010 Doonis,Rogers,Talbot,**  
**1:49.50 NACT**  
**1:57.34 STES**

| Lane   | Team               | Relay                 | Seed Time |
|--|--------------------|-----------------------|-----------|
| <b>Heat 1 of 3 Finals Starts at 03:07 PM</b> |                    |                       |           |
| 4  | SST-VA             | L                     | X2:40.00  |
|  | Moonev, Maeve 6    | Poullath, Charlotte 8 |           |
|  | Hadro, Addi 8      | Mayer, Heidi 6        |           |
| 5  | SST-VA             | J                     | X2:36.00  |
|  | Judge, Jane SO     | Irving, Monica SO     |           |
|  | Beltran, Emma 8    | Kramer, Colette SR    |           |
| 6  | SST-VA             | K                     | X2:38.00  |
|  | Haggerty, Aoife IR | Kramer, Cora JR       |           |
|  | Fifield, Leah 6    | Elder, Mary 6         |           |

| Lane   | Team                  | Relay                | Seed Time |
|--|-----------------------|----------------------|-----------|
| <b>Heat 2 of 3 Finals Starts at 03:10 PM</b> |                       |                      |           |
| 1  | SST-VA                | H                    | X2:32.00  |
|  | Kay, Clare 8          | Bauer, Clara 7       |           |
|  | Reeves, Lexi 6        | Rehmann, Therese 6   |           |
| 2  | SST-VA                | F                    | X2:28.00  |
|  | Bauer, Katie SO       | Quispe, Allison SR   |           |
|  | Kramer, Rebecca 8     | Hercules, Natalia 7  |           |
| 3  | SST-VA                | D                    | X2:24.00  |
|  | Magness, Emma 7       | Quispe, Camila FR    |           |
|  | Allen, Bethany 7      | Maher, Siobhan 8     |           |
| 4  | JP-VA                 | B                    | 2:14.33   |
|  | Miller, Ellie SR      | Gallagher, Gloria SO |           |
|  | Kay, Sandra SR        | Heath, Laurel SR     |           |
| 5  | FCS-VA                | C                    | X2:04.91  |
|  | Brooks, Charlotte FR  | Chen, Alison SO      |           |
|  | Walsh, Mia SO         | Marte, Jaasiel SO    |           |
| 6  | OAK-VA                | C                    | X2:06.06  |
|  | Ellis, Molly JR       | Larson, Zoe SR       |           |
|  | McGrath, Maria SO     | Turner, Lacey JR     |           |
| 7  | SST-VA                | C                    | X2:22.00  |
|  | Waldron, Lily SO      | Gibaldi, Gigi JR     |           |
|  | Kay, Marian 6         | Maranian, Julia SO   |           |
| 8  | SST-VA                | E                    | X2:26.00  |
|  | Hurlev, Elizabeth SO  | Reeves, Sofia 7      |           |
|  | Henderson, Maddie 7   | Andreu, Angela SO    |           |
| 9  | SST-VA                | G                    | X2:30.00  |
|  | Coolev, Katie 8       | Pillion, Gianna FR   |           |
|  | Wilson, Jocelynn 7    | Allen, Naomi 6       |           |
| 10   | SST-VA                | I                    | X2:34.00  |
|  | Schroer, Caroline 8   | Herwick, Lucy FR     |           |
|  | Meadows, Charlotte FR | Mayer, Evie FR       |           |

| Lane   | Team                   | Relay                   | Seed Time    |
|--|------------------------|-------------------------|--------------|
| <b>Heat 3 of 3 Finals Starts at 03:13 PM</b> |                        |                         |              |
| 1  | SST-VA                 | B                       | 1:59.41      |
|  | Haliskv, Sophia SO     | Dusek, Annie SO         |              |
|  | Russo, Gabriella JR    | Arnold, Betsy SO        |              |
| 2  | ICHS                   | A                       | 1:54.79 STES |
|  | Shumate, Kate IR       | Connally, Bella JR      |              |
|  | Erickson, Alexandra FR | Burgess, Ella FR        |              |
| 3  | TCSI-VA                | B                       | 1:54.29 STES |
|  | Saavedra, Sara 8       | Phillips, Erin 8        |              |
|  | Dang, Alexis FR        | Hsieh, Maggi JR         |              |
| 4  | FCS-VA                 | A                       | 1:47.05 NACT |
|  | Miller, Evie IR        | Baroody, Isabel SR      |              |
|  | Ryan, Gabbie SR        | Ellis, Hannah JR        |              |
| 5  | SST-VA                 | A                       | 1:42.55 NACT |
|  | Hill, Charlotte 8      | Feng, Shoshana SO       |              |
|  | Schlieter, Audrey SR   | Wiggins, Allie SR       |              |
| 7  | OAK-VA                 | A                       | 1:51.92 STES |
|  | Cinotti, Emaline SO    | Heinrichs, Charlotte JR |              |
|  | Erickson, Katelyn SR   | Van Meter, Juliet JR    |              |
| 8  | FCS-VA                 | B                       | 1:54.35 STES |
|  | Roberson, Emma SR      | Ryan, Adrie FR          |              |
|  | Sebero, Emmah SR       | Blevins, Hannah SR      |              |
| 9  | OAK-VA                 | B                       | 1:57.93      |
|  | Krushinski, Sophia SO  | Larson, Elle SR         |              |
|  | Thompson, Seraphina 8  | McDonnell, Maddie SR    |              |
| 10   | ICHS                   | B                       | 2:03.11      |
|  | Robinson, Virginia FR  | Herndon, Anya 8         |              |
|  | Myers, Katie FR        | Lam, Natalie 8          |              |

**#19 Boys 100 Yard Backstroke**  
**Seton: 51.48 2006 K. Koehr**  
**1:01.00 NACT**  
**1:02.27 STES**

| Lane   | Team             | Yr | School  | Seed Time |
|--|------------------|----|---------|-----------|
| <b>Heat 1 of 3 Finals Starts at 03:15 PM</b> |                  |    |         |           |
| 4  | Goodman, Thom    | 8  | SST-VA  | X2:37.36  |
| 5  | Brand, David     | 7  | SST-VA  | X1:46.74  |
| 6  | Hallada, Blaise  | 8  | SST-VA  | X1:58.56  |
| <b>Heat 2 of 3 Finals Starts at 03:18 PM</b> |                  |    |         |           |
| 1  | Schroer, Daniel  | 6  | SST-VA  | X1:36.43  |
| 2  | Schroer, Christo | 6  | SST-VA  | X1:33.41  |
| 3  | Yim, Evan        | SO | ICHS    | 1:29.28   |
| 4  | Sample, Jude     | SO | FCS-VA  | 1:17.40   |
| 5  | Zhu, John        | FR | TCSI-VA | 1:16.32   |
| 6  | Liette, Jonny    | FR | FCS-VA  | 1:17.10   |
| 7  | Francisco, Benja | 7  | ICHS    | X1:23.63  |
| 8  | O'Malley, Peter  | 8  | SST-VA  | X1:30.84  |
| 9  | Chiang, Oliver   | 8  | FCS-VA  | 1:34.56   |

| Lane   | Team             | Yr | School  | Seed Time    |
|--|------------------|----|---------|--------------|
| <b>Heat 3 of 3 Finals Starts at 03:21 PM</b> |                  |    |         |              |
| 1  | Gade, William    | SR | ICHS    | 1:10.02      |
| 2  | Bluey, Luke      | 8  | ICHS    | 1:04.83      |
| 3  | Kay, Patrick     | SO | SST-VA  | 1:02.14 STES |
| 4  | Martinez, Thiago | SO | SST-VA  | 57.67 NACT   |
| 5  | Witdoeck, Jo     | SO | TCSI-VA | 51.92 NACT   |
| 6  | Palomo, Edward   | FR | JP-VA   | 57.66 NACT   |
| 7  | Palomo, Javi     | FR | JP-VA   | 1:02.08 STES |
| 8  | Morillo, Caleb   | SR | ICHS    | 1:04.27      |
| 9  | Partridge, Luke  | JR | SST-VA  | 1:07.53      |
| 10   | Lynch, Joey      | SO | SST-VA  | 1:11.38      |

**#20 Girls 100 Yard Backstroke**  
**Seton: 55.62 2018 A. Kenna**  
**1:06.85 STES**  
**1:10.00 NACT**

| Lane   | Name             | Yr | School  | Seed Time |
|--|------------------|----|---------|-----------|
| <b>Heat 1 of 4 Finals Starts at 03:23 PM</b> |                  |    |         |           |
| 3  | McCardell, Caeli | 6  | SST-VA  | X2:18.23  |
| 4  | Vaughan, Jane    | 7  | SST-VA  | X1:52.64  |
| 5  | Hadro, Addi      | 8  | SST-VA  | X1:49.36  |
| 6  | Maranian, Julia  | SO | SST-VA  | X1:50.07  |
| 7  | Ellis, Molly     | JR | OAK-VA  | X1:55.46  |
| <b>Heat 2 of 4 Finals Starts at 03:26 PM</b> |                  |    |         |           |
| 1  | Reeves, Lexi     | 6  | SST-VA  | X1:41.32  |
| 2  | Reeves, Sofia    | 7  | SST-VA  | X1:30.21  |
| 3  | McGrath, Maria   | SO | OAK-VA  | 1:28.75   |
| 4  | Magness, Emma    | 7  | SST-VA  | X1:26.39  |
| 5  | Arcara, Eloise   | SO | ICHS    | 1:26.07   |
| 6  | Van Raaphorst, E | 8  | TCSI-VA | 1:26.10   |
| 7  | Niedzialek, Brie | 7  | TCSI-VA | X1:27.00  |
| 8  | Heath, Laurel    | SR | JP-VA   | 1:30.00   |
| 9  | Bauer, Clara     | 7  | SST-VA  | X1:38.66  |
| 10   | Mooney, Maeve    | 6  | SST-VA  | X1:48.83  |

| Lane   | Name             | Yr | School | Seed Time |
|--|------------------|----|--------|-----------|
| <b>Heat 3 of 4 Finals Starts at 03:28 PM</b> |                  |    |        |           |
| 1  | Irving, Monica   | SO | SST-VA | X1:24.85  |
| 2  | Sebero, Emmah    | SR | FCS-VA | X1:22.45  |
| 3  | Chen, Alison     | SO | FCS-VA | 1:20.56   |
| 4  | Judge, Jane      | SO | SST-VA | 1:19.23   |
| 5  | Krushinski, Soph | SO | OAK-VA | 1:15.29   |
| 6  | McDonnell, Mad   | SR | OAK-VA | 1:16.51   |
| 7  | Blevins, Hannah  | SR | FCS-VA | X1:20.45  |
| 8  | Meadows, Charlc  | FR | SST-VA | 1:22.32   |
| 9  | Thompson, Seraj  | 8  | OAK-VA | 1:22.45   |
| 10   | Miller, Ellie    | SR | JP-VA  | 1:25.47   |

| Lane   | Name             | Yr | School  | Seed Time    |
|--|------------------|----|---------|--------------|
| <b>Heat 4 of 4 Finals Starts at 03:30 PM</b> |                  |    |         |              |
| 1  | Arnold, Betsy    | SO | SST-VA  | 1:11.78      |
| 2  | Lu, Sophia       | 7  | TCSI-VA | X1:10.06     |
| 3  | Erickson, Alexan | FR | ICHS    | 1:09.17 NACT |
| 4  | Ellis, Hannah    | JR | FCS-VA  | 1:01.34 STES |
| 5  | Paradise, Meliss | JR | SST-VA  | 1:00.51 STES |
| 6  | Feng, Shoshana   | SO | TCSI-VA | 1:01.34 STES |
| 7  | Hill, Charlotte  | 8  | TCSI-VA | 1:06.27 STES |
| 8  | Roberson, Emme   | SR | FCS-VA  | 1:09.44 NACT |
| 9  | Ryan, Gabbie     | SR | FCS-VA  | 1:11.34      |
| 10   | Myers, Lydia     | JR | ICHS    | 1:15.15      |

**#21 Boys 100 Yard Breaststroke**  
**Seton: 58.53 2007 N. Cook**  
**1:07.50 NACT**  
**1:08.10 STES**

| Lane   | Name           | Yr | School | Seed Time |
|--|----------------|----|--------|-----------|
| <b>Heat 1 of 3 Finals Starts at 03:32 PM</b> |                |    |        |           |
| 4  | de Brey, Lucas | 7  | SST-VA | X3:03.78  |
| 5  | Clune, Anselm  | 7  | SST-VA | X2:08.73  |
| 6  | Henry, Dominic | SO | SST-VA | X2:16.35  |

**VCAC Regular Season Championship - 1/3/2026**  
**Meet Program**

**Heat 2 (#21 Boys 100 Yard Breaststroke)**

|   |                   |    |         |          |
|---|-------------------|----|---------|----------|
| 2 | Vaughan, Noah     | JR | SST-VA  | X1:46.04 |
| 3 | De Micoli, Rafael | SO | SST-VA  | X1:30.95 |
| 4 | Gilbert, Luke     | 8  | TCSI-VA | 1:26.64  |
| 5 | Nguyen, James     | 8  | SST-VA  | 1:23.34  |
| 6 | Brand, Michael    | SR | SST-VA  | 1:26.59  |
| 7 | Dix, Brycen       | 8  | FCS-VA  | 1:28.65  |
| 8 | Reynolds, James   | FR | SST-VA  | X1:40.53 |
| 9 | Nguyen, Philip    | 8  | SST-VA  | X2:07.34 |

**Heat 3 of 3 Finals Starts at 03:38 PM**

|    |                 |    |         |              |
|----|-----------------|----|---------|--------------|
| 1  | Ma, Ryan        | FR | TCSI-VA | 1:18.84      |
| 2  | Lam, Micah      | JR | ICHS    | 1:18.47      |
| 3  | Ellis, Ben      | JR | SST-VA  | 1:17.14      |
| 4  | Judge, Dominic  | JR | SST-VA  | 1:12.67      |
| 5  | Koler, Eric     | SR | JP-VA   | 55.33 NACT   |
| 6  | Fiala, Caleb    | JR | ICHS    | 1:03.92 NACT |
| 7  | Ryan, Nathan    | JR | FCS-VA  | 1:14.34      |
| 8  | Howell, Landon  | 7  | ICHS    | X1:17.64     |
| 9  | Winslow, Wade   | JR | ICHS    | 1:18.81      |
| 10 | Wollmershauser, | SO | ICHS    | 1:19.24      |

**#22 Girls 100 Yard Breaststroke**

Seton: 1:05.77 2022 A. Testani  
 1:14.86 STES  
 1:18.00 NACT

**Lane Name Yr School Seed Time**

**Heat 1 of 3 Finals Starts at 03:40 PM**

|    |                  |    |         |          |
|----|------------------|----|---------|----------|
| 1  | Quispe, Camila   | FR | SST-VA  | X2:08.77 |
| 2  | Kalamajka, Grace | 7  | TCSI-VA | X1:50.00 |
| 3  | Fifield, Leah    | 6  | SST-VA  | X1:46.37 |
| 4  | Kramer, Cora     | JR | SST-VA  | X1:42.79 |
| 5  | Walsh, Mia       | SO | FCS-VA  | X1:39.45 |
| 6  | Strong, Susan    | 8  | ICHS    | 1:39.78  |
| 7  | Evans, Chloe     | SO | ICHS    | 1:43.00  |
| 8  | Quispe, Allison  | SR | SST-VA  | X1:48.61 |
| 9  | Kramer, Colette  | SR | SST-VA  | X1:55.38 |
| 10 | Rehmann, There   | 6  | SST-VA  | X2:22.68 |

**Heat 2 of 3 Finals Starts at 03:42 PM**

|    |                   |    |         |          |
|----|-------------------|----|---------|----------|
| 1  | Maher, Siobhan    | 8  | SST-VA  | X1:38.16 |
| 2  | Heath, Laurel     | SR | JP-VA   | 1:33.43  |
| 3  | Kay, Sandra       | SR | JP-VA   | 1:30.00  |
| 4  | Haggerty, Aoife   | JR | SST-VA  | 1:28.03  |
| 5  | Watson, Caroline  | 8  | TCSI-VA | 1:26.40  |
| 6  | Hurley, Elizabeth | SO | SST-VA  | 1:27.49  |
| 7  | Schroer, Caroline | 8  | SST-VA  | X1:28.30 |
| 8  | Larson, Elle      | SR | OAK-VA  | 1:30.63  |
| 9  | Robinson, Virgin  | FR | ICHS    | 1:34.99  |
| 10 | Larson, Zoe       | SR | OAK-VA  | 1:38.85  |

**Heat 3 of 3 Finals Starts at 03:44 PM**

|    |                 |    |         |              |
|----|-----------------|----|---------|--------------|
| 1  | Ryan, Samantha  | 7  | FCS-VA  | 1:22.70      |
| 2  | Eschmann, Brigi | SO | OAK-VA  | 1:20.52      |
| 3  | Voith, Amy      | JR | JP-VA   | 1:14.55 STES |
| 4  | Koler, Isabella | SR | JP-VA   | 1:13.10 STES |
| 5  | Baroody, Isabel | SR | FCS-VA  | 1:10.13 STES |
| 6  | Hsieh, Maggi    | JR | TCSI-VA | 1:13.05 STES |
| 7  | Kriz, Alexa     | FR | TCSI-VA | 1:13.47 STES |
| 8  | Halisky, Sophia | SO | SST-VA  | 1:17.30 NACT |
| 9  | Lam, Natalie    | 8  | ICHS    | 1:21.22      |
| 10 | Mantooth, Avila | SO | SST-VA  | 1:23.57      |

**#23 Boys 400 Yard Freestyle Relay**

Seton: 3:17.05 2010 Hill, Cook, Dunn, Basing  
 3:40.00 NACT  
 3:59.45 STES

**Lane Team Relay Seed Time**

**Heat 1 of 1 Finals Starts at 03:46 PM**

|   |                       |                           |              |
|---|-----------------------|---------------------------|--------------|
| 2 | JP-VA                 | B                         | 5:01.21      |
|   | Kurrus, Patrick IR    | Kern, Ryan SO             |              |
|   | Girigowda, Adhyan SO  | Ayala, Julian FR          |              |
| 3 | SST-VA                | B                         | 4:09.92      |
|   | Lynch, Ioev SO        | Partridge, Paul 8         |              |
|   | Bookwalter, Joel FR   | Partridge, Luke JR        |              |
| 4 | SST-VA                | A                         | 3:40.20 STES |
| 5 | ICHS                  | A                         | 3:31.62 NACT |
|   | Anderson, Brenton IR  | Bluey, Ben JR             |              |
|   | Wolf, Moses JR        | Fiala, Caleb JR           |              |
| 6 | JP-VA                 | A                         | 3:38.41 NACT |
|   | Palomo, Edward FR     | Wellington-Menzie, London |              |
|   | Palomo, Javi FR       | Koler, Eric SR            |              |
| 7 | ICHS                  | B                         | 4:04.12      |
|   | Burgess, Grey SR      | Vincent, Jonathan SO      |              |
|   | Gade, William SR      | Gade, Tyler SR            |              |
| 8 | ICHS                  | C                         | X4:44.93     |
|   | Connally, Cole FR     | Hill, Wesley 8            |              |
|   | Francisco, Benjamin 7 | Taylor, JT JR             |              |

**#24 Girls 400 Yard Freestyle Relay**

Seton: 3:40.51 2010 DoonisRogers,Claybroo  
 4:21.00 NACT  
 4:30.99 STES

**Lane Team Relay Seed Time**

**Heat 1 of 1 Finals Starts at 03:52 PM**

|    |                         |                       |              |
|----|-------------------------|-----------------------|--------------|
| 1  | TCSI-VA                 | B                     | 4:38.64      |
|    | Phillips, Erin 8        | Van Raaphorst, Emma 8 |              |
|    | Watson, Caroline 8      | Dang, Alexis FR       |              |
| 2  | TCSI-VA                 | C                     | X4:31.61     |
|    | Watson, Claire 8        | Niedzialek, Brie 7    |              |
|    | Lu, Sophia 7            | Larson, Aubrey 7      |              |
| 3  | ICHS                    | A                     | 4:11.21 NACT |
|    | Shumate, Kate JR        | Connally, Bella JR    |              |
|    | Erickson, Alexandra FR  | Myers, Lydia JR       |              |
| 4  | JP-VA                   | A                     | 4:02.40 NACT |
|    | Voith, Amy IR           | Mills, Emily SO       |              |
|    | Koler, Isabella SR      | Willis, Isa JR        |              |
| 5  | TCSI-VA                 | A                     | 3:43.16 NACT |
|    | Schlieter, Audrey SR    | Feng, Shoshana SO     |              |
|    | Kriz, Alexa FR          | Wiggins, Allie SR     |              |
| 6  | SST-VA                  | A                     | 3:48.43 NACT |
| 7  | OAK-VA                  | A                     | 4:05.52 NACT |
|    | Van Meter, Juliet IR    | Cinotti, Emaline SO   |              |
|    | Heinrichs, Charlotte JR | Hazelwood, Lindley JR |              |
| 8  | SST-VA                  | B                     | 4:26.93 STES |
|    | Kav, Philomena IR       | Arnold, Betsy SO      |              |
|    | Russo, Gabriella JR     | Martinez, Lara 8      |              |
| 9  | OAK-VA                  | B                     | 4:33.71      |
|    | Erickson, Katelvn SR    | Thompson, Seraphina 8 |              |
|    | Cinotti, Isabella JR    | Eschmann, Brigita SO  |              |
| 10 | ICHS                    | B                     | 4:58.09      |
|    | Mvers, Katie FR         | Arcara, Eloise SO     |              |
|    | Evans, Chloe SO         | Strong, Susan 8       |              |