

**VCAC Regular Season Championship - 1/3/2026**  
**Psych Sheet**

**#1 Boys 200 Yard Medley Relay**

<b>Seton: 1:39.19</b>			<b>2025 Koehr,Martinez,Bornert</b>		
<b>1:49.50 NACT</b>					
<b>1:56.01 STES</b>					
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>			
1 SST-VA	A	1:42.96 NACT			
2 ICHS	A	1:44.81 NACT			
Wolf, Moses JR		Fiala, Caleb JR			
Morillo, Caleb SR		Anderson, Brenton JR			
3 TCSI-VA	A	1:48.80 NACT			
Witdoeckt, Io SO		Ma, Ryan FR			
Phillips, Tyler SR		Zhu, John FR			
4 SST-VA	B	1:58.00			
Judge, Dominic IR		Partridge, Luke JR			
Ellis, Ben JR		Bookwalter, Joel FR			
5 ICHS	B	1:58.03			
Gade, William SR		Lansing, Reed SO			
Burgess, Grey SR		Bluey, Luke 8			
6 SST-VA	C	X2:04.00			
Partridge, Paul 8		Brand, Michael SR			
Lynch, Joey SO		Witter, Joe SO			
7 ICHS	C	X2:08.04			
Francisco, Benjamin 7		Lam, Micah JR			
Howell, Landon 7		Vincent, Jonathan SO			
8 FCS-VA	A	2:08.23			
Sample, Jude SO		Liette, Jonny FR			
Ryan, Nathan JR		Gebhardt, Lucas SO			
9 ICHS	D	X2:20.61			
Yim, Evan SO		Wollmershauser, Gray SO			
Anderson, Colvin 7		Taylor, JT JR			
10 SST-VA	D	X2:38.00			
Haliskv, Gus 7		McCardell, Aidan SR			
Sciscilo, Dominic 7		Schroer, Daniel 6			
11 SST-VA	E	X2:40.00			
Judge, Will 7		Nguyen, James 8			
Schroer, Christopher 6		Haggerty, Oisín 7			
12 SST-VA	F	X2:42.00			
Marm, Gabriel SR		Dusek, Charlie SR			
Fifield, Luke FR		Hallada, Blaise 8			
13 SST-VA	G	X2:44.00			
Vaughan, Noah IR		Reynolds, James FR			
Kay, Connor 6		Orellana, William 8			
14 SST-VA	H	X2:46.00			
Henry, Dominic SO		Haggerty, Eamon FR			
Partridge, Kolbe 6		de Brey, Lucas 7			
15 SST-VA	I	X2:48.00			
O'Malley, Peter 8		Brand, David 7			
Beltran, James 7		Clune, Anselm 7			
16 SST-VA	J	X2:50.00			
Orellana, Brian SO		Nguyen, Philip 8			
De Micoli, Rafael SO		Wise, Patrick 7			
17 FCS-VA	B	NT			
Chiang, Oliver 8		Dix, Brycen 8			
Smith, CJ 8		Swinehart, Wyatt 8			

**#2 Girls 200 Yard Medley Relay**

<b>Seton: 1:50.25</b>			<b>2011 Doonis,Rogers,Wunder</b>		
<b>2:09.49 NACT</b>					
<b>2:11.33 STES</b>					
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>			
1 OAK-VA	A	1:52.75 NACT			
McDonnell, Maddie SR		Eschmann, Brigita SO			
Hazelwood, Lindley JR		Erickson, Katelyn SR			

2 SST-VA	A	1:53.37 NACT			
3 JP-VA	A	1:54.37 NACT			
Willis, Isa JR		Koler, Isabella SR			
Mills, Emily SO		Voith, Amy JR			
4 TCSI-VA	A	1:59.25 NACT			
Kriz, Alexa FR		Hsieh, Maggi JR			
Hill, Charlotte 8		Saavedra, Sara 8			
5 FCS-VA	A	2:01.58 NACT			
Ellis, Hannah IR		Baroody, Isabel SR			
Miller, Evie JR		Ryan, Gabbie SR			
6 SST-VA	B	2:05.27 NACT			
Fifield, Kyleigh JR		Halisky, Sophia SO			
Dusek, Annie SO		Mantooth, Avila SO			
7 FCS-VA	B	2:08.91 NACT			
Chen, Alison SO		Ryan, Adrie FR			
Sebero, Emmah SR		Roberson, Emma SR			
8 TCSI-VA	C	X2:12.47			
Lu, Sophia 7		Keating, Claire 7			
Larson, Aubrey 7		Kalamajka, Grace 7			
9 SST-VA	C	X2:18.00			
Judge, Jane SO		Bauer, Katie SO			
Hurley, Elizabeth SO		Waldron, Lily SO			
10 ICHS	A	2:18.61			
Burgess, Ella FR		Lam, Natalie 8			
Myers, Lydia JR		Herndon, Anya 8			
11 OAK-VA	B	2:19.62			
Krushinski, Sophia SO		Schneider, Adele JR			
Cinotti, Isabella JR		Larson, Elle SR			
12 JP-VA	B	2:30.18			
Gallagher, Gloria SO		Heath, Laurel SR			
Kay, Sandra SR		Miller, Ellie SR			
13 ICHS	B	2:30.26			
Evans, Chloe SO		Robinson, Virginia FR			
Arcara, Eloise SO		Strong, Susan 8			
14 TCSI-VA	B	2:34.06			
Watson, Claire 8		Watson, Caroline 8			
Van Raaphorst, Emma 8		Hill, Emma SR			
15 SST-VA	D	X2:40.00			
Kramer, Rebecca 8		Wilson, Jocelynn 7			
Cooley, Katie 8		McCardell, Caeli 6			
16 SST-VA	E	X2:42.00			
Reeves, Lexi 6		Henderson, Maddie 7			
Kay, Clare 8		Hallada, Camille 6			
17 SST-VA	F	X2:46.00			
Schroer, Caroline 8		Allen, Bethany 7			
Vaughan, Bella FR		Hercules, Natalia 7			
18 SST-VA	G	X2:48.00			
Vaughan, Jane 7		Kay, Marian 6			
Haggerty, Aoife JR		Mayer, Evie FR			
19 SST-VA	H	X2:50.00			
Mooney, Maeve 6		Kramer, Cora JR			
Gibaldi, Gigi JR		Bauer, Clara 7			
20 SST-VA	I	X2:51.00			
Beltran, Emma 8		Quispe, Camila FR			
Fifield, Leah 6		Elder, Mary 6			
21 SST-VA	J	X2:52.00			
Kramer, Colette SR		Reeves, Sofia 7			
Poullath, Charlotte 8		Maranian, Julia SO			
22 SST-VA	K	X2:53.00			
Herwick, Lucy FR		Quispe, Allison SR			
Meadows, Charlotte FR		Maher, Siobhan 8			
23 SST-VA	L	X2:54.00			
Rehmann, Therese 6		Pillion, Gianna FR			
Irving, Monica SO		Andreu, Angela SO			

**#3 Boys 200 Yard Freestyle**

<b>Seton: 1:38.54</b>			<b>2010 S.J. Hill</b>		
<b>1:57.50 NACT</b>					
<b>2:02.68 STES</b>					
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>		
1 Phillips, Tyler	SR	TCSI-VA	1:44.86	NACT	
2 Martinez, Lio	JR	SST-VA	1:46.38	NACT	
3 Anderson, Brent	JR	ICHS	2:00.83	STES	
4 Bluey, Luke	8	ICHS	2:08.59		
5 Herwick, Jack	SO	SST-VA	2:14.89		
6 Gade, Tyler	SR	ICHS	2:17.30		
7 Bookwalter, Joel	FR	SST-VA	2:21.75		
8 Partridge, Paul	8	SST-VA	2:30.25		
9 Connally, Cole	FR	ICHS	2:33.09		
10 Hill, Wesley	8	ICHS	X2:35.00		

**#4 Girls 200 Yard Freestyle**

<b>Seton: 1:55.48</b>			<b>2025 A. Aldeguer</b>		
<b>2:09.48 STES</b>					
<b>2:15.50 NACT</b>					
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>		
1 Aldeguer, Ariana	JR	SST-VA	1:55.48	STES	
2 Wiggins, Allie	SR	TCSI-VA	1:58.91	STES	
3 Shumate, Kate	JR	ICHS	2:02.32	STES	
4 Hsieh, Maggi	JR	TCSI-VA	2:10.46	NACT	
5 Kay, Philomena	JR	SST-VA	2:14.58	NACT	
6 Connally, Bella	JR	ICHS	2:20.00		
7 Eschmann, Brigitt	SO	OAK-VA	2:28.07		
8 Arnold, Betsy	SO	SST-VA	2:29.57		
9 Larson, Elle	SR	OAK-VA	2:32.17		
10 Russo, Gabriella	JR	SST-VA	2:32.21		
11 Myers, Katie	FR	ICHS	2:35.00		
12 Turner, Lacey	JR	OAK-VA	2:44.38		
13 Watson, Claire	8	TCSI-VA	2:46.18		
14 Waldron, Lily	SO	SST-VA	X2:49.75		
15 Miller, Eliza	JR	TCSI-VA	2:49.78		
16 Law, Candler	JR	JP-VA	3:36.68		

**#5 Boys 200 Yard IM**

<b>Seton: 1:54.70</b>			<b>2008 N. Cook</b>		
<b>2:14.00 NACT</b>					
<b>2:18.04 STES</b>					
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>		
1 Wolf, Moses	JR	ICHS	1:56.93	NACT	
2 Judge, Dominic	JR	SST-VA	2:15.47	STES	
3 Lansing, Reed	SO	ICHS	2:23.57		
4 Wellington-Menz	SO	JP-VA	2:25.03		
5 Ma, Ryan	FR	TCSI-VA	2:29.91		
6 Bluey, Ben	JR	ICHS	2:31.51		
7 Wilson, Jonas	SO	SST-VA	2:32.58		
8 Lynch, Joey	SO	SST-VA	2:38.28		
9 Lam, Micah	JR	ICHS	2:39.69		
10 Vincent, Jonatha	SO	ICHS	X2:46.17		
11 Wollmershauser,	SO	ICHS	X2:53.82		
12 Judge, Will	7	SST-VA	X2:56.09		
13 Fifield, Luke	FR	SST-VA	3:10.66		

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**Psych Sheet**

**#6 Girls 200 Yard IM**

Seton: 2:05.81 2025 A. Aldeguer				
2:27.91 STES				
2:35.00 NACT				
Name	Yr	School	Seed Time	
1 Paradise, Melissa	JR	SST-VA	2:13.98	STES
2 Schlieter, Audrey	SR	TCSI-VA	2:18.42	STES
3 Martinez, Lara	8	SST-VA	2:32.10	NACT
4 Erickson, Alexan	FR	ICHS	2:34.28	NACT
5 Halisky, Sophia	SO	SST-VA	2:35.85	
6 Lam, Natalie	8	ICHS	2:42.30	
7 Dang, Alexis	FR	TCSI-VA	2:45.17	
8 Larson, Aubrey	7	TCSI-VA	X2:48.42	
9 Erickson, Katelyn	SR	OAK-VA	2:49.30	
10 Schneider, Adele	JR	OAK-VA	3:01.21	
11 Niedzialek, Brie	7	TCSI-VA	X3:05.00	
12 Fifield, Kyleigh	JR	SST-VA	3:07.11	
13 Van Raaphorst, E	8	TCSI-VA	3:09.24	
14 Cooley, Katie	8	SST-VA	X3:10.00	
15 Robinson, Virgin	FR	ICHS	3:21.05	
16 Kalamajka, Grace	7	TCSI-VA	X3:30.00	
17 Roberson, Emma	SR	FCS-VA	NT	

**#7 Boys 50 Yard Freestyle**

Seton: 21.22 2010 S.J. Hill				
23.94 STES				
24.95 NACT				
Name	Yr	School	Seed Time	
1 Fiala, Caleb	JR	ICHS	22.70	STES
2 Sokban, Daniel	JR	SST-VA	23.43	STES
3 Bauer, Gregory	SR	SST-VA	24.37	NACT
4 Ryan, Nathan	JR	FCS-VA	24.46	NACT
5 Palomo, Javi	FR	JP-VA	25.92	
6 Gebhardt, Lucas	SO	FCS-VA	26.07	
7 Gade, Tyler	SR	ICHS	26.28	
8 Burgess, Grey	SR	ICHS	26.67	
9 Liette, Jonny	FR	FCS-VA	26.86	
10 Ellis, Ben	JR	SST-VA	27.31	
11 Sample, Jude	SO	FCS-VA	27.38	
12 Zhu, John	FR	TCSI-VA	28.50	
13 Witter, Joe	SO	SST-VA	28.70	
14 Kurrus, Patrick	JR	JP-VA	28.72	
15 Francisco, Benjai	7	ICHS	X29.36	
16 Dix, Brycen	8	FCS-VA	X29.97	
17 Vaughan, Noah	JR	SST-VA	X30.06	
18 Girigowda, Adhy	SO	JP-VA	30.35	
19 Anderson, Colvir	7	ICHS	X31.04	
20 Yim, Evan	SO	ICHS	31.21	
21 Partridge, Kolbe	6	SST-VA	X31.30	
22 Williams, Jaden	FR	FCS-VA	X31.35	
23 Chiang, Oliver	8	FCS-VA	X31.45	
24 Pitner, Samuel	8	FCS-VA	X31.60	
25 O'Malley, Peter	8	SST-VA	X31.79	
26 Taylor, Jordan	7	ICHS	X31.82	
27 Sciscilo, Dominic	7	SST-VA	X32.20	
28 Schroer, Christo	6	SST-VA	X32.23	
29 Smith, CJ	8	FCS-VA	X32.56	
30 Reynolds, James	FR	SST-VA	X32.89	
31 Swinehart, Wyatt	8	FCS-VA	X33.15	
32 Haggerty, Eamon	FR	SST-VA	X33.53	
33 Brand, David	7	SST-VA	X33.84	

34 Kern, Ryan	SO	JP-VA	33.97	
35 McCardell, Aidan	SR	SST-VA	X34.28	
36 Nguyen, Philip	8	SST-VA	X34.55	
37 Beltran, James	7	SST-VA	X34.62	
38 Henry, Dominic	SO	SST-VA	X35.02	
39 Kay, Connor	6	SST-VA	X35.17	
40 Marm, Gabriel	SR	SST-VA	X35.40	
41 Halisky, Gus	7	SST-VA	X36.12	
42 Raines, Tristan	SO	FCS-VA	X36.21	
43 Schroer, Daniel	6	SST-VA	X36.51	
44 Haggerty, Oisin	7	SST-VA	X37.11	
45 Mccarthy, Samue	7	ICHS	X37.33	
46 Hallada, Blaise	8	SST-VA	X37.64	
47 Orellana, Willian	8	SST-VA	X38.68	
48 Sample, Gideon	8	FCS-VA	X39.48	
49 de Brey, Lucas	7	SST-VA	X41.23	
50 Wise, Patrick	7	SST-VA	X42.47	
51 Goodman, Thom	8	SST-VA	X42.91	
52 Clune, Anselm	7	SST-VA	X45.90	
53 Chiang, Ethan	6	FCS-VA	XNT	

**#8 Girls 50 Yard Freestyle**

Seton: 24.06 2018 A. Kenna				
26.67 STES				
28.95 NACT				
Name	Yr	School	Seed Time	
1 Feng, Shoshana	SO	TCSI-VA	25.13	STES
2 Willis, Isa	JR	JP-VA	25.61	STES
3 Baroody, Isabel	SR	FCS-VA	26.12	STES
4 Miller, Evie	JR	FCS-VA	26.41	STES
5 Schroer, Maggie	SO	SST-VA	26.65	STES
6 Paradise, Theres	8	SST-VA	26.68	NACT
7 Koler, Isabella	SR	JP-VA	27.29	NACT
8 Heinrichs, Charlc	JR	OAK-VA	27.47	NACT
9 Van Meter, Juliet	JR	OAK-VA	27.54	NACT
10 Cinotti, Emaline	SO	OAK-VA	27.63	NACT
11 Saavedra, Sara	8	TCSI-VA	27.92	NACT
12 Ryan, Adrie	FR	FCS-VA	27.96	NACT
13 Mantooth, Avila	SO	SST-VA	27.99	NACT
14 Hazelwood, Lind	JR	OAK-VA	28.18	NACT
15 Ryan, Gabbie	SR	FCS-VA	28.45	NACT
16 Ryan, Samantha	7	FCS-VA	X28.78	NACT
17 Connally, Bella	JR	ICHS	29.35	
18 Burgess, Ella	FR	ICHS	29.66	
19 Waldron, Lily	SO	SST-VA	29.92	
20 Magness, Emma	7	SST-VA	X30.01	
21 Herndon, Anya	8	ICHS	30.31	
22 Hill, Emma	SR	TCSI-VA	30.36	
23 Chen, Alison	SO	FCS-VA	X30.45	
24 Bauer, Katie	SO	SST-VA	X30.62	
25 Blevins, Hannah	SR	FCS-VA	X31.28	
26 Kay, Clare	8	SST-VA	X31.57	
27 Judge, Jane	SO	SST-VA	X31.59	
28 Haggerty, Aoife	JR	SST-VA	X31.61	
29 Brooks, Charlott	FR	FCS-VA	X32.03	
30 Beltran, Emma	8	SST-VA	X32.16	
31 Poullath, Charlot	8	SST-VA	X32.25	
32 Gilley, Madison	JR	JP-VA	32.60	
33 Irving, Monica	SO	SST-VA	X32.81	
34 Walsh, Mia	SO	FCS-VA	X32.95	
35 Herwick, Lucy	FR	SST-VA	X33.07	
36 Miller, Ellie	SR	JP-VA	34.08	

37 Bauer, Clara	7	SST-VA	X34.34	
38 Pillion, Gianna	FR	SST-VA	X34.54	
39 Quispe, Allison	SR	SST-VA	X34.62	
40 Reeves, Sofia	7	SST-VA	X34.62	
41 Gibaldi, Gigi	JR	SST-VA	X34.93	
42 Marte, Jaasiel	SO	FCS-VA	X34.94	
43 Kay, Marian	6	SST-VA	X35.09	
44 Allen, Bethany	7	SST-VA	X35.11	
45 Henderson, Mad	7	SST-VA	X35.15	
46 Kramer, Rebecca	8	SST-VA	X35.93	
47 Wilson, Jocelynn	7	SST-VA	X36.42	
48 Niwe, Meira	FR	ICHS	X36.95	
49 Reeves, Lexi	6	SST-VA	X37.44	
50 Martens, Kylie	6	FCS-VA	X37.68	
51 Vaughan, Bella	FR	SST-VA	X37.80	
52 Vaughan, Jane	7	SST-VA	X37.84	
53 Kramer, Cora	JR	SST-VA	X37.92	
54 Kramer, Colette	SR	SST-VA	X38.11	
55 Rehmann, There	6	SST-VA	X38.41	
56 Allen, Naomi	6	SST-VA	X38.51	
57 Hill, Norah	SO	ICHS	38.56	
58 Andreu, Angela	SO	SST-VA	X40.11	
59 Maher, Siobhan	8	SST-VA	X40.41	
60 Maranian, Julia	SO	SST-VA	X40.52	
61 Moultrie, Alexan		FCS-VA	X41.60	
62 Elder, Mary	6	SST-VA	X42.00	
63 Hadro, Addi	8	SST-VA	X42.35	
64 Molaski, Kaitlyn	JR	FCS-VA	X43.08	
65 Mayer, Evie	FR	SST-VA	X44.83	
66 Brooks, Emily	7	FCS-VA	X44.94	
67 Hercules, Natalia	7	SST-VA	X45.93	
68 Hallada, Camille	6	SST-VA	X46.22	
69 McCardell, Caeli	6	SST-VA	X54.83	
70 Mayer, Heidi	6	SST-VA	X1:00.25	

**#9 Boys 1 mtr Diving**

Seton: 249.20 2024 C. Koehr			
Name	Yr	School	
1 Edwards, Eli	SO	TCSI-VA	333.25
2 Winowiecki, Sar	SO	TCSI-VA	237.60
3 Winslow, Wade	JR	ICHS	154.85
4 Witter, John	8	SST-VA	135.60
5 Waldron, Thoma	SO	SST-VA	134.10
6 Sokban, Daniel	JR	SST-VA	X118.85
7 Ashton, Max	8	SST-VA	113.10
8 Orellana, Brian	SO	SST-VA	88.10

**#10 Girls 1 mtr Diving**

Seton: 191.00 2025 M. Condon			
Name	Yr	School	
1 Hill, Emma	SR	TCSI-VA	268.55
2 Miller, Eliza	JR	TCSI-VA	263.75
3 Hill, Charlotte	8	TCSI-VA	193.05
4 Condon, Meghan	SO	SST-VA	191.00
5 Rauschelbach, Te	JR	JP-VA	175.50
6 Miller, Maria	SR	SST-VA	153.60
7 Kay, Clare	8	SST-VA	149.60
8 Judge, Jane	SO	SST-VA	145.15
9 Mills, Emily	SO	JP-VA	141.20
10 Gorman, Bella	8	SST-VA	X139.15
11 Herwick, Lucy	FR	SST-VA	X138.05
12 Suthard, Victoria		TCSI-VA	107.50

## VCAC Regular Season Championship - 1/3/2026

## Psych Sheet

## #11 Boys 100 Yard Butterfly

Seton: 51.76 2010 S.J. Hill				
58.50 NACT				
1:01.02 STES				
Name	Yr	School	Seed Time	
1 Phillips, Tyler	SR	TCSI-VA	48.72	NACT
2 Martinez, Lio	JR	SST-VA	51.94	NACT
3 Palomo, Edward	FR	JP-VA	57.02	NACT
4 Morillo, Caleb	SR	ICHS	1:01.34	
5 Herwick, Jack	SO	SST-VA	1:02.09	
6 Wellington-Men	SO	JP-VA	1:02.57	
7 Vincent, Jonatha	SO	ICHS	1:11.40	
8 Howell, Landon	7	ICHS	X1:12.25	
9 Partridge, Paul	8	SST-VA	1:13.05	
10 Bookwalter, Joel	FR	SST-VA	1:20.50	
11 Taylor, JT	JR	ICHS	1:31.68	
12 Connally, Cole	FR	ICHS	1:36.92	
13 Brand, Michael	SR	SST-VA	X1:45.00	
14 De Micoli, Rafael	SO	SST-VA	X1:45.00	
15 Dusek, Charlie	SR	SST-VA	X1:48.52	

## #12 Girls 100 Yard Butterfly

Seton: 57.71 2025 A. Aldeguer				
1:06.82 STES				
1:10.50 NACT				
Name	Yr	School	Seed Time	
1 Ellis, Hannah	JR	FCS-VA	56.77	STES
2 Aldeguer, Ariana	JR	SST-VA	57.17	STES
3 Schlieter, Audrey	SR	TCSI-VA	1:01.05	STES
4 Willis, Isa	JR	JP-VA	1:04.75	STES
5 Mills, Emily	SO	JP-VA	X1:07.08	NACT
6 Sebero, Emmah	SR	FCS-VA	1:08.56	NACT
7 Martinez, Lara	8	SST-VA	1:09.48	NACT
8 Lu, Sophia	7	TCSI-VA	X1:09.60	NACT
9 Myers, Lydia	JR	ICHS	1:13.02	
10 Dusek, Annie	SO	SST-VA	1:16.03	
11 Phillips, Erin	8	TCSI-VA	1:16.42	
12 Heinrichs, Charl	JR	OAK-VA	1:17.07	
13 Keating, Claire	7	TCSI-VA	X1:19.53	
14 Meadows, Charlc	FR	SST-VA	1:20.08	
15 Arcara, Eloise	SO	ICHS	1:20.91	
16 Schroer, Caroline	8	SST-VA	X1:28.29	
17 McDonnell, Mad	SR	OAK-VA	1:29.54	
18 Watson, Claire	8	TCSI-VA	1:30.00	
19 Gilley, Madison	JR	JP-VA	1:40.00	
20 Cooley, Katie	8	SST-VA	X1:41.82	
21 Krushinski, Soph	SO	OAK-VA	NT	

## #13 Boys 100 Yard Freestyle

Seton: 45.67 2010 S. J. Hill				
53.20 STES				
53.50 NACT				
Name	Yr	School	Seed Time	
1 Witdoeckt, Jo	SO	TCSI-VA	47.30	STES
2 Koler, Eric	SR	JP-VA	49.17	STES
3 Martinez, Thiago	SO	SST-VA	52.21	STES
4 Anderson, Brent	JR	ICHS	53.75	
5 Kay, Patrick	SO	SST-VA	55.31	
6 Sokban, Daniel	JR	SST-VA	55.33	
7 Lansing, Reed	SO	ICHS	56.35	
8 Partridge, Luke	JR	SST-VA	1:00.43	
9 Gebhardt, Lucas	SO	FCS-VA	1:00.67	

10 Gilbert, Luke	8	TCSI-VA	1:06.82	
11 Nguyen, James	8	SST-VA	X1:08.56	
12 Kurrus, Patrick	JR	JP-VA	1:08.84	
13 Witter, Joe	SO	SST-VA	X1:09.53	
14 Fifield, Luke	FR	SST-VA	X1:10.46	
15 Anderson, Colvir	7	ICHS	X1:11.68	
16 Judge, Will	7	SST-VA	X1:11.85	
17 Partridge, Kolbe	6	SST-VA	X1:13.08	
18 Pitner, Samuel	FR	FCS-VA	1:13.10	
19 Williams, Jaden	FR	FCS-VA	X1:14.45	
20 Taylor, Jordan	7	ICHS	X1:15.57	
21 Sciscilo, Dominic	7	SST-VA	X1:16.76	
22 Smith, CJ	8	FCS-VA	1:16.89	
23 Girigowda, Adhy	SO	JP-VA	1:19.98	
24 Kay, Connor	6	SST-VA	X1:21.33	
25 Haggerty, Eamon	FR	SST-VA	X1:21.45	
26 Kern, Ryan	SO	JP-VA	1:22.40	
27 Marm, Gabriel	SR	SST-VA	X1:22.80	
28 Beltran, James	7	SST-VA	X1:24.22	
29 Halisky, Gus	7	SST-VA	X1:26.63	
30 Mccarthy, Samue	7	ICHS	X1:26.87	
31 Haggerty, Oisín	7	SST-VA	X1:38.18	
32 Orellana, Willian	8	SST-VA	X1:40.10	
33 Wise, Patrick	7	SST-VA	X1:40.46	
34 Raines, Tristan	SO	FCS-VA	NT	

## #14 Girls 100 Yard Freestyle

Seton: 52.05 2018 A. Kenna				
58.81 STES				
1:01.50 NACT				
Name	Yr	School	Seed Time	
1 Wiggins, Allie	SR	TCSI-VA	53.97	STES
2 Schroer, Maggie	SO	SST-VA	57.34	STES
3 Miller, Evie	JR	FCS-VA	57.45	STES
4 Cinotti, Emaline	SO	OAK-VA	57.76	STES
5 Shumate, Kate	JR	ICHS	57.97	STES
6 Kay, Philomena	JR	SST-VA	1:01.49	NACT
7 Larson, Aubrey	7	TCSI-VA	X1:01.93	
8 Ryan, Adrie	FR	FCS-VA	1:02.44	
9 Saavedra, Sara	8	TCSI-VA	1:03.36	
10 Dang, Alexis	FR	TCSI-VA	1:05.51	
11 Herndon, Anya	8	ICHS	1:08.28	
12 Kay, Sandra	SR	JP-VA	1:09.76	
13 Bauer, Katie	SO	SST-VA	1:10.01	
14 Schneider, Adele	JR	OAK-VA	1:10.05	
15 Myers, Katie	FR	ICHS	1:10.31	
16 Brooks, Charlott	FR	FCS-VA	1:10.45	
17 Hurley, Elizabeth	SO	SST-VA	1:10.63	
18 Kay, Clare	8	SST-VA	X1:11.92	
19 Cinotti, Isabella	JR	OAK-VA	1:13.37	
20 McGrath, Maria	SO	OAK-VA	X1:14.19	
21 Larson, Zoe	SR	OAK-VA	X1:15.84	
22 Poullath, Charlot	8	SST-VA	X1:16.29	
23 Herwick, Lucy	FR	SST-VA	X1:16.77	
24 Thompson, Sera	8	OAK-VA	1:16.92	
25 Beltran, Emma	8	SST-VA	X1:16.95	
26 Kay, Marian	6	SST-VA	X1:20.01	
27 Gibaldi, Gigi	JR	SST-VA	X1:21.01	
28 Molaski, Kaitlyn	JR	FCS-VA	X1:21.45	
29 Henderson, Mad	7	SST-VA	X1:21.76	
30 Wilson, Jocelynn	7	SST-VA	X1:22.53	
31 Kramer, Rebecca	8	SST-VA	X1:23.69	

32 Law, Candler	JR	JP-VA	1:23.99	
33 Fifield, Leah	6	SST-VA	X1:24.44	
34 Marte, Jaasiel	SO	FCS-VA	X1:25.12	
35 Pillion, Gianna	FR	SST-VA	X1:25.38	
36 Martens, Kylie	6	FCS-VA	X1:25.45	
37 Niwe, Meira	FR	ICHS	X1:28.43	
38 Hill, Norah	SO	ICHS	1:28.71	
39 Vaughan, Bella	FR	SST-VA	X1:29.44	
40 Allen, Bethany	7	SST-VA	X1:29.45	
41 Mooney, Maeve	6	SST-VA	X1:30.44	
42 Quispe, Camila	FR	SST-VA	X1:32.69	
43 Andreu, Angela	SO	SST-VA	X1:33.68	
44 Hallada, Camille	6	SST-VA	X1:34.91	
45 Allen, Naomi	6	SST-VA	X1:35.89	
46 Ellis, Molly	JR	OAK-VA	X1:36.80	
47 Elder, Mary	6	SST-VA	X1:42.90	
48 Mayer, Evie	FR	SST-VA	X1:44.18	
49 Hercules, Natalia	7	SST-VA	X2:09.17	
50 Mayer, Heidi	6	SST-VA	X2:39.22	

## #15 Boys 500 Yard Freestyle

Seton: 4:27.19 2010 S.J. Hill				
5:25.00 NACT				
5:41.90 STES				
Name	Yr	School	Seed Time	
1 Wolf, Moses	JR	ICHS	4:56.12	NACT
2 Bauer, Gregory	SR	SST-VA	5:57.01	
3 Bluey, Ben	JR	ICHS	5:57.30	
4 Wilson, Jonas	SO	SST-VA	6:10.24	
5 Hill, Wesley	8	ICHS	7:21.28	
6 Taylor, JT	JR	ICHS	7:30.00	
7 Dusek, Charlie	SR	SST-VA	8:01.58	
8 McCardell, Aidan	SR	SST-VA	8:16.53	

## #16 Girls 500 Yard Freestyle

Seton: 4:58.34 2025 A. Aldeguer				
5:45.00 NACT				
5:58.88 STES				
Name	Yr	School	Seed Time	
1 Hazelwood, Lind	JR	OAK-VA	5:32.41	NACT
2 Kriz, Alexa	FR	TCSI-VA	5:39.44	NACT
3 Paradise, Theres	8	SST-VA	5:40.18	NACT
4 Mills, Emily	SO	JP-VA	6:00.87	
5 Voith, Amy	JR	JP-VA	6:02.70	
6 Fifield, Kyleigh	JR	SST-VA	6:28.98	
7 Van Meter, Juliet	JR	OAK-VA	6:34.47	
8 Keating, Claire	7	TCSI-VA	X6:40.00	
9 Phillips, Erin	8	TCSI-VA	6:44.65	
10 Russo, Gabriella	JR	SST-VA	6:48.26	
11 Dusek, Annie	SO	SST-VA	7:08.29	
12 Burgess, Ella	FR	ICHS	7:10.00	
13 Watson, Caroline	8	TCSI-VA	7:11.25	
14 Turner, Lacey	JR	OAK-VA	7:35.54	
15 Evans, Chloe	SO	ICHS	7:40.00	
16 Cinotti, Isabella	JR	OAK-VA	7:42.80	
17 Strong, Susan	8	ICHS	7:55.00	

## #17 Boys 200 Yard Freestyle Relay

Seton: 1:29.65 2025 Koehr,Martinez,Bornert			
1:38.00 NACT			
1:42.23 STES			
Team	Relay	Seed Time	
1 SST-VA	A	1:34.11	NACT

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**Psych Sheet**

#17 ... (Boys 200 Yard Freestyle Relay)			
2	TCSI-VA	A	1:40.73 STES
	Witdoeck, Io SO	Zhu, John FR	
	Ma, Ryan FR	Phillips, Tyler SR	
3	JP-VA	A	1:41.18 STES
	Wellington-Menzie, London	Koler, Eric SR	
	Palomo, Javi FR	Palomo, Edward FR	
4	ICHS	A	1:41.85 STES
	Bluey, Ben JR	Bluey, Luke 8	
	Lansing, Reed SO	Morillo, Caleb SR	
5	SST-VA	B	1:42.82
	Bauer, Gregory SR	Ellis, Ben JR	
	Wilson, Jonas SO	Judge, Dominic JR	
6	ICHS	B	1:47.25
	Gade, William SR	Gade, Tyler SR	
	Lam, Micah JR	Burgess, Grey SR	
7	FCS-VA	A	1:47.57
	Liette, Jonny FR	Gebhardt, Lucas SO	
	Williams, Jaden FR	Ryan, Nathan JR	
8	ICHS	C	X1:51.16
	Connally, Cole FR	Taylor, Jordan 7	
	Wollmershauser, Gray SO	Howell, Landon 7	
9	JP-VA	B	2:02.63
	Kurrus, Patrick IR	Kern, Ryan SO	
	Girigowda, Adhyan SO	Ayala, Julian FR	
10	ICHS	D	X2:10.95
	Yim, Evan SO	Anderson, Colvin 7	
	Hill, Wesley 8	Mccarthy, Samuel 7	
11	SST-VA	C	X2:16.00
	Witter, Ioe SO	Brand, David 7	
	McCardell, Aidan SR	de Brey, Lucas 7	
12	SST-VA	D	X2:18.00
	Brand, Michael SR	Haggerty, Eamon FR	
	Nguyen, Philip 8	Orellana, William 8	
13	SST-VA	E	X2:20.00
	Nguyen, James 8	Reynolds, James FR	
	Beltran, James 7	Hallada, Blaise 8	
14	SST-VA	F	X2:22.00
	Fifield, Luke FR	Partridge, Kolbe 6	
	Henry, Dominic SO	Haggerty, Oisin 7	
15	SST-VA	G	X2:24.00
	Dusek, Charlie SR	O'Malley, Peter 8	
	Kay, Connor 6	Schroer, Daniel 6	
16	SST-VA	H	X2:26.00
	De Micoli, Rafael SO	Judge, Will 7	
	Marm, Gabriel SR	Goodman, Thomas 8	
17	SST-VA	I	X2:28.00
	Sciscilo, Dominic 7	Schroer, Christopher 6	
	Halisky, Gus 7	Clune, Anselm 7	
18	FCS-VA	B	NT
	Chiang, Oliver 8	Dix, Brycen 8	
	Smith, CJ 8	Swinehart, Wyatt 8	

#18 Girls 200 Yard Freestyle Relay			
	Seton:	1:40.05	2010 Doonis,Rogers,Talbot,
		1:49.50	NACT
		1:57.34	STES

Team	Relay	Seed Time
1	SST-VA	A 1:42.55 NACT
2	TCSI-VA	A 1:44.74 NACT
	Hill, Charlotte 8	Feng, Shoshana SO
	Schlieter, Audrey SR	Wiggins, Allie SR

3	FCS-VA	A	1:47.05 NACT
	Miller, Evie JR	Baroody, Isabel SR	
	Ryan, Gabbie SR	Ellis, Hannah JR	
4	OAK-VA	A	1:51.92 STES
	Cinotti, Emaline SO	Heinrichs, Charlotte JR	
	Erickson, Katelyn SR	Van Meter, Juliet JR	
5	TCSI-VA	B	1:54.29 STES
	Saavedra, Sara 8	Phillips, Erin 8	
	Dang, Alexis FR	Hsieh, Maggi JR	
6	FCS-VA	B	1:54.35 STES
	Roberson, Emma SR	Ryan, Adrie FR	
	Sebero, Emmah SR	Blevins, Hannah SR	
7	ICHS	A	1:54.79 STES
	Shumate, Kate IR	Connally, Bella JR	
	Erickson, Alexandra FR	Burgess, Ella FR	
8	OAK-VA	B	1:57.93
	Krushinski, Sophia SO	Larson, Elle SR	
	Thompson, Seraphina 8	McDonnell, Maddie SR	
9	SST-VA	B	1:59.41
	Halisky, Sophia SO	Dusek, Annie SO	
	Russo, Gabriella JR	Arnold, Betsy SO	
10	ICHS	B	2:03.11
	Robinson, Virginia FR	Herndon, Anya 8	
	Myers, Katie FR	Lam, Natalie 8	
11	FCS-VA	C	X2:04.91
	Brooks, Charlotte FR	Chen, Alison SO	
	Walsh, Mia SO	Marte, Jaasiel SO	
12	OAK-VA	C	X2:06.06
	Ellis, Molly JR	Larson, Zoe SR	
	McGrath, Maria SO	Turner, Lacey JR	
13	JP-VA	B	2:14.33
	Miller, Ellie SR	Gallagher, Gloria SO	
	Kay, Sandra SR	Heath, Laurel SR	
14	SST-VA	C	X2:22.00
	Waldron, Lilv SO	Gibaldi, Gigi JR	
	Kay, Marian 6	Maranian, Julia SO	
15	SST-VA	D	X2:24.00
	Magness, Emma 7	Quispe, Camila FR	
	Allen, Bethany 7	Maher, Siobhan 8	
16	SST-VA	E	X2:26.00
	Hurlev, Elizabeth SO	Reeves, Sofia 7	
	Henderson, Maddie 7	Andreu, Angela SO	
17	SST-VA	F	X2:28.00
	Bauer, Katie SO	Quispe, Allison SR	
	Kramer, Rebecca 8	Hercules, Natalia 7	
18	SST-VA	G	X2:30.00
	Cooley, Katie 8	Pillion, Gianna FR	
	Wilson, Jocelynn 7	Allen, Naomi 6	
19	SST-VA	H	X2:32.00
	Kay, Clare 8	Bauer, Clara 7	
	Reeves, Lexi 6	Rehmann, Therese 6	
20	SST-VA	I	X2:34.00
	Schroer, Caroline 8	Herwick, Lucy FR	
	Meadows, Charlotte FR	Mayer, Evie FR	
21	SST-VA	J	X2:36.00
	Judge, Jane SO	Irving, Monica SO	
	Beltran, Emma 8	Kramer, Colette SR	
22	SST-VA	K	X2:38.00
	Haggerty, Aoife IR	Kramer, Cora JR	
	Fifield, Leah 6	Elder, Mary 6	
23	SST-VA	L	X2:40.00
	Moonev, Maeve 6	Poullath, Charlotte 8	
	Hadro, Addi 8	Mayer, Heidi 6	

#19 Boys 100 Yard Backstroke				
	Seton:	51.48	2006 K. Koehr	
		1:01.00	NACT	
		1:02.27	STES	
Name	Yr	School	Seed Time	
1	Witdoeck, Jo	SO TCSI-VA	51.92	NACT
2	Palomo, Edward	FR JP-VA	57.66	NACT
3	Martinez, Thiago	SO SST-VA	57.67	NACT
4	Palomo, Javi	FR JP-VA	1:02.08	STES
5	Kay, Patrick	SO SST-VA	1:02.14	STES
6	Morillo, Caleb	SR ICHS	1:04.27	
7	Bluey, Luke	8 ICHS	1:04.83	
8	Partridge, Luke	JR SST-VA	1:07.53	
9	Gade, William	SR ICHS	1:10.02	
10	Lynch, Joey	SO SST-VA	1:11.38	
11	Zhu, John	FR TCSI-VA	1:16.32	
12	Liette, Jonny	FR FCS-VA	1:17.10	
13	Sample, Jude	SO FCS-VA	1:17.40	
14	Francisco, Benjai	7 ICHS	X1:23.63	
15	Yim, Evan	SO ICHS	1:29.28	
16	O'Malley, Peter	8 SST-VA	X1:30.84	
17	Schroer, Christo	6 SST-VA	X1:33.41	
18	Chiang, Oliver	8 FCS-VA	1:34.56	
19	Schroer, Daniel	6 SST-VA	X1:36.43	
20	Brand, David	7 SST-VA	X1:46.74	
21	Hallada, Blaise	8 SST-VA	X1:58.56	
22	Goodman, Thom	8 SST-VA	X2:37.36	

#20 Girls 100 Yard Backstroke				
	Seton:	55.62	2018 A. Kenna	
		1:06.85	STES	
		1:10.00	NACT	
Name	Yr	School	Seed Time	
1	Paradise, Melissa	JR SST-VA	1:00.51	STES
2	Ellis, Hannah	JR FCS-VA	1:01.34	STES
3	Feng, Shoshana	SO TCSI-VA	1:01.34	STES
4	Hill, Charlotte	8 TCSI-VA	1:06.27	STES
5	Erickson, Alexan	FR ICHS	1:09.17	NACT
6	Roberson, Emma	SR FCS-VA	1:09.44	NACT
7	Lu, Sophia	7 TCSI-VA	X1:10.06	
8	Ryan, Gabbie	SR FCS-VA	1:11.34	
9	Arnold, Betsy	SO SST-VA	1:11.78	
10	Myers, Lydia	JR ICHS	1:15.15	
11	Krushinski, Soph	SO OAK-VA	1:15.29	
12	McDonnell, Mad	SR OAK-VA	1:16.51	
13	Judge, Jane	SO SST-VA	1:19.23	
14	Blevins, Hannah	SR FCS-VA	X1:20.45	
15	Chen, Alison	SO FCS-VA	1:20.56	
16	Meadows, Charlc	FR SST-VA	1:22.32	
17	Sebero, Emmah	SR FCS-VA	X1:22.45	
18	Thompson, Sera	8 OAK-VA	1:22.45	
19	Irving, Monica	SO SST-VA	X1:24.85	
20	Miller, Ellie	SR JP-VA	1:25.47	
21	Arcara, Eloise	SO ICHS	1:26.07	
22	Van Raaphorst, E	8 TCSI-VA	1:26.10	
23	Magness, Emma	7 SST-VA	X1:26.39	
24	Niedzialek, Brie	7 TCSI-VA	X1:27.00	
25	McGrath, Maria	SO OAK-VA	1:28.75	
26	Heath, Laurel	SR JP-VA	1:30.00	
27	Reeves, Sofia	7 SST-VA	X1:30.21	
28	Bauer, Clara	7 SST-VA	X1:38.66	

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**Psych Sheet**

**#20 ... (Girls 100 Yard Backstroke)**

29	Reeves, Lexi	6	SST-VA	X1:41.32
30	Mooney, Maeve	6	SST-VA	X1:48.83
31	Hadro, Addi	8	SST-VA	X1:49.36
32	Maranian, Julia	SO	SST-VA	X1:50.07
33	Vaughan, Jane	7	SST-VA	X1:52.64
34	Ellis, Molly	JR	OAK-VA	X1:55.46
35	McCardell, Caeli	6	SST-VA	X2:18.23

**#21 Boys 100 Yard Breaststroke**

Seton: 58.53 2007 N. Cook

1:07.50 NACT

1:08.10 STES

Name	Yr	School	Seed Time		
1	Koler, Eric	SR	JP-VA	55.33	NACT
2	Fiala, Caleb	JR	ICHS	1:03.92	NACT
3	Judge, Dominic	JR	SST-VA	1:12.67	
4	Ryan, Nathan	JR	FCS-VA	1:14.34	
5	Ellis, Ben	JR	SST-VA	1:17.14	
6	Howell, Landon	7	ICHS	X1:17.64	
7	Lam, Micah	JR	ICHS	1:18.47	
8	Winslow, Wade	JR	ICHS	1:18.81	
9	Ma, Ryan	FR	TCSI-VA	1:18.84	
10	Wollmershauser,	SO	ICHS	1:19.24	
11	Nguyen, James	8	SST-VA	1:23.34	
12	Brand, Michael	SR	SST-VA	1:26.59	
13	Gilbert, Luke	8	TCSI-VA	1:26.64	
14	Dix, Brycen	8	FCS-VA	1:28.65	
15	De Micoli, Rafael	SO	SST-VA	X1:30.95	
16	Reynolds, James	FR	SST-VA	X1:40.53	
17	Vaughan, Noah	JR	SST-VA	X1:46.04	
18	Nguyen, Philip	8	SST-VA	X2:07.34	
19	Clune, Anselm	7	SST-VA	X2:08.73	
20	Henry, Dominic	SO	SST-VA	X2:16.35	
21	de Brey, Lucas	7	SST-VA	X3:03.78	

**#22 Girls 100 Yard Breaststroke**

Seton: 1:05.77 2022 A. Testani

1:14.86 STES

1:18.00 NACT

Name	Yr	School	Seed Time		
1	Baroody, Isabel	SR	FCS-VA	1:10.13	STES
2	Hsieh, Maggi	JR	TCSI-VA	1:13.05	STES
3	Koler, Isabella	SR	JP-VA	1:13.10	STES
4	Kriz, Alexa	FR	TCSI-VA	1:13.47	STES
5	Voith, Amy	JR	JP-VA	1:14.55	STES
6	Halisky, Sophia	SO	SST-VA	1:17.30	NACT
7	Eschmann, Brigi	SO	OAK-VA	1:20.52	
8	Lam, Natalie	8	ICHS	1:21.22	
9	Ryan, Samantha	7	FCS-VA	1:22.70	
10	Mantooth, Avila	SO	SST-VA	1:23.57	
11	Watson, Caroline	8	TCSI-VA	1:26.40	
12	Hurley, Elizabeth	SO	SST-VA	1:27.49	
13	Haggerty, Aoife	JR	SST-VA	1:28.03	
14	Schroer, Caroline	8	SST-VA	X1:28.30	
15	Kay, Sandra	SR	JP-VA	1:30.00	
16	Larson, Elle	SR	OAK-VA	1:30.63	
17	Heath, Laurel	SR	JP-VA	1:33.43	
18	Robinson, Virgin	FR	ICHS	1:34.99	
19	Maher, Siobhan	8	SST-VA	X1:38.16	
20	Larson, Zoe	SR	OAK-VA	1:38.85	

21	Walsh, Mia	SO	FCS-VA	X1:39.45
22	Strong, Susan	8	ICHS	1:39.78
23	Kramer, Cora	JR	SST-VA	X1:42.79
24	Evans, Chloe	SO	ICHS	1:43.00
25	Fifield, Leah	6	SST-VA	X1:46.37
26	Quispe, Allison	SR	SST-VA	X1:48.61
27	Kalamajka, Grace	7	TCSI-VA	X1:50.00
28	Kramer, Colette	SR	SST-VA	X1:55.38
29	Quispe, Camila	FR	SST-VA	X2:08.77
30	Rehmann, There	6	SST-VA	X2:22.68

**#23 Boys 400 Yard Freestyle Relay**

Seton: 3:17.05 2010 Hill, Cook, Dunn, Basing

3:40.00 NACT

3:59.45 STES

Team	Relay	Seed Time	
1	ICHS	A	3:31.62 NACT
	Anderson, Brenton JR	Bluey, Ben JR	
	Wolf, Moses JR	Fiala, Caleb JR	
2	JP-VA	A	3:38.41 NACT
	Palomo, Edward FR	Wellington-Menzie, London	
	Palomo, Javi FR	Koler, Eric SR	
3	SST-VA	A	3:40.20 STES
4	ICHS	B	4:04.12
	Burgess, Grev SR	Vincent, Jonathan SO	
	Gade, William SR	Gade, Tyler SR	
5	SST-VA	B	4:09.92
	Lynch, Ioey SO	Partridge, Paul 8	
	Bookwalter, Joel FR	Partridge, Luke JR	
6	ICHS	C	X4:44.93
	Connally, Cole FR	Hill, Wesley 8	
	Francisco, Benjamin 7	Taylor, JT JR	
7	JP-VA	B	5:01.21
	Kurrus, Patrick IR	Kern, Ryan SO	
	Girigowda, Adhyan SO	Ayala, Julian FR	

**#24 Girls 400 Yard Freestyle Relay**

Seton: 3:40.51 2010 DoonisRogers,Claybroo

4:21.00 NACT

4:30.99 STES

Team	Relay	Seed Time	
1	TCSI-VA	A	3:43.16 NACT
	Schlieter, Audrey SR	Feng, Shoshana SO	
	Kriz, Alexa FR	Wiggins, Allie SR	
2	SST-VA	A	3:48.43 NACT
3	JP-VA	A	4:02.40 NACT
	Voith, Amv IR	Mills, Emily SO	
	Koler, Isabella SR	Willis, Isa JR	
4	OAK-VA	A	4:05.52 NACT
	Van Meter, Juliet JR	Cinotti, Emaline SO	
	Heinrichs, Charlotte JR	Hazelwood, Lindley JR	
5	ICHS	A	4:11.21 NACT
	Shumate, Kate IR	Connally, Bella JR	
	Erickson, Alexandra FR	Myers, Lydia JR	
6	SST-VA	B	4:26.93 STES
	Kay, Philomena IR	Arnold, Betsy SO	
	Russo, Gabriella JR	Martinez, Lara 8	
7	TCSI-VA	C	X4:31.61
	Watson, Claire 8	Niedzialek, Brie 7	
	Lu, Sophia 7	Larson, Aubrey 7	
8	OAK-VA	B	4:33.71
	Erickson, Katelvn SR	Thompson, Seraphina 8	
	Cinotti, Isabella JR	Eschmann, Brigita SO	

9	TCSI-VA	B	4:38.64
	Phillips, Erin 8	Van Raaphorst, Emma 8	
	Watson, Caroline 8	Dang, Alexis FR	
10	ICHS	B	4:58.09
	Myers, Katie FR	Arcara, Eloise SO	
	Evans, Chloe SO	Strong, Susan 8	