

2026 VCAC Championship Meet - 2/7/2026**VCAC - Records**

1	Boys 200 Medley Relay	1:38.85	2/10/2024	Immanuel Christian - ICHS J Wolf, M Wolf, C Wolf, C Fiala
2	Girls 200 Medley Relay	1:49.71	1/31/2026	Seton - SST M Paradise, T Paradise, A Aldeguer, M Schroer
3	Boys 200 Free	1:43.88	2/3/2024	Caleb Wolf - ICHS
4	Girls 200 Free	1:51.09	2/10/2024	Allie Witdoeckt - TCS!
5	Boys 200 IM	1:54.26	1/31/2026	Moses Wolf - ICHS
6	Girls 200 IM	2:04.75	2/8/2025	Elizabeth Bryan - OAK
7	Boys 50 Free	20.95	2/7/2026	Tyler Phillips - Trinity Christia
8	Girls 50 Free	24.05	2/8/2025	Gianna Davis - JPTG
9	Boys 1 mtr Diving	525.80	2/5/2022	Harper Thornett - TCS!
10	Girls 1 mtr Diving	352.40	2/7/2026	Charlotte Hill - Trinity Christia
11	Boys 100 Fly	48.61	2/7/2026	Tyler Phillips - Trinity Christia
12	Girls 100 Fly	55.80	2/12/2023	Allie Witdoeckt - TCS!
13	Boys 100 Free	47.00	1/31/2025	Tyler Phillips - ICHS
14	Girls 100 Free	51.73	2/12/2023	Allie Witdoeckt - TCS!
15	Boys 500 Free	4:44.08	2/10/2024	Caleb Wolf - ICHS
16	Girls 500 Free	5:04.49	2/7/2026	Ariana Aldeguer - Seton
17	Boys 200 Free Relay	1:30.43	2/3/2024	Trinity Christian School - TCS! N Yun, E Jang, J Kim, T Phillips
18	Girls 200 Free Relay	1:40.29	2/7/2026	Seton High School (VA) - Seton A Aldeguer, T Paradise, M Schroer, M Paradise
19	Boys 100 Back	50.48	2/7/2026	Jo Witdoeckt - Trinity Christia
20	Girls 100 Back	56.06	2/7/2026	Melissa Paradise - Seton
21	Boys 100 Breast	58.21	2/7/2026	Eric Koler - Saint John Paul
22	Girls 100 Breast	1:05.06	2/8/2025	Elizabeth Bryan - OAK
23	Boys 400 Free Relay	3:18.86	2/10/2024	Trinity Christian School - TCS! N Yun, J Witdoeckt, J Kim, T Phillips
24	Girls 400 Free Relay	3:37.90	1/31/2026	Seton School - SST M Paradise, M Schroer, T Paradise, A Aldeguer
109	Boys 1 mtr Diving	525.80	2/5/2022	Harper Thornett - TCS!
110	Girls 1 mtr Diving	301.70	2/10/2024	Norah Kissinger - OAK