

2026 VCAC Championship Meet - 2/7/2026

Results

Event 1 Boys 200 Yard Medley Relay

Seton: 1:39.19 @ 2/14/2025 Koehr,Martinez,Borneman,Halisk

VCAC: 1:38.85 # 2/10/2024 Immanuel Christian ICHS
J Wolf, M Wolf, C Wolf, C Fiala

1:56.01 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	1:41.24	1:41.00 VSAA	32
1) Judge, Dominic JR	2) Martinez, Lio JR	3) Martinez, Thiago SO	4) Herwick, Jack SO	
26.27 27.51 23.96	23.26			
2 Immanuel Christian High School	A	1:42.65	1:41.15 VSAA	26
1) Wolf, Moses JR	2) Fiala, Caleb JR	3) Morillo, Caleb SR	4) Salter, Michael FR	
24.70 28.53 24.86	23.06			
3 Saint John Paul the Great Cath	A	1:47.49	1:44.06 VSAA	24
1) Frederick, Michael FR	2) Koler, Eric SR	3) Wellington-Menzie, London SO	4) Palomo, Edward FR	
26.91 26.10 27.63	23.42			
4 Trinity Christian School (VA)	A	1:48.04	1:47.76 VSAA	22
1) Witdoeck, Jo SO	2) Ma, Ryan FR	3) Phillips, Tyler SR	4) Zhu, John FR	
23.80 35.01 21.64	27.31			
5 Fredericksburg Christian High	A	2:03.32	2:02.66	20
1) Sample, Jude SO	2) Dix, Brycen 8	3) Ross, Andrew JR	4) Ryan, Nathan JR	
33.83 37.68 28.28	22.87			
--- Immanuel Christian High School	B	1:54.54	X1:54.99 VSAA	
1) Bluey, Luke 8	2) Lansing, Reed SO	3) Burgess, Grey SR	4) Winslow, Wade JR	
29.26 32.00 27.93	25.80			
--- Seton High School (VA)	B	1:50.82	X1:58.15	
1) Partridge, Paul	2) Partridge, Luke JR	3) Ellis, Ben JR	4) Bookwalter, Joel FR	
30.15 30.47 32.81	24.72			
--- Saint John Paul the Great Cath	B	2:16.18	X2:13.44	
1) Palomo, Javi FR	2) Girigowda, Adhyan SO	3) Such, Matthew SO	4) Kurrus, Patrick JR	
30.29 38.42 36.21	28.52			

Event 2 Girls 200 Yard Medley Relay

Seton: 1:49.71 @ 1/31/2026 Seton High School (VA) Seton

VCAC: 1:49.71 # 1/31/2026 M Paradise, T Paradise, A Aldeguer, M Schroer
Seton SST
M Paradise, T Paradise, A Aldeguer, M Schroer

2:11.33 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	1:49.71	1:54.06 VSAA	32
1) Paradise, Melissa JR	2) Halisky, Sophia SO	3) Arnold, Betsy SO	4) Garvey, Anastasia SR	
26.06 34.05 27.97	25.98			
2 Fredericksburg Christian High	A	1:57.68	1:56.23 VSAA	26
1) Baroody, Isabel SR	2) Ryan, Adrie FR	3) Ellis, Hannah JR	4) Miller, Evie JR	
30.26 34.49 26.45	25.03			
3 Trinity Christian School (VA)	A	1:56.43	1:56.36 VSAA	24
1) Hill, Charlotte 8	2) Hsieh, Maggi JR	3) Schlieter, Audrey SR	4) Feng, Shoshana SO	
30.55 33.44 26.84	25.53			
4 Oakcrest School (VA)	A	1:58.16	1:57.49 VSAA	22
1) Cinotti, Emaline SO	2) Bryan, Elizabeth SR	3) Hazelwood, Lindley JR	4) Erickson, Katelyn SR	
32.23 29.94 29.42	25.90			
5 Saint John Paul the Great Cath	A	2:06.28	1:58.13 VSAA	20
1) Voith, Amy JR	2) Mills, Emily SO	3) Willis, Isa JR	4) Koler, Isabella SR	
31.72 32.72 27.68	26.01			

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(Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
6 Immanuel Christian High School	A	2:06.49	2:05.52 VSAA	18
1) Shumate, Kate JR 30.50 35.85 32.11	2) Lam, Natalie 8 27.06	3) Connally, Bella JR	4) Erickson, Alexandra FR	
--- Oakcrest School (VA)	B	NT	X2:04.80 VSAA	
1) Magee, Amelia SR 33.05 34.88 30.15	2) Thompson, Seraphina 8 26.72	3) Eschmann, Brigita SO	4) Ryan, Fiona SR	
--- Fredericksburg Christian High	B	2:09.17	X2:06.11 VSAA	
1) Roberson, Emma SR 32.37 36.65 30.38	2) Ryan, Gabbie SR 26.71	3) Sebero, Emmah SR	4) Dahlberg, Catherine SO	
--- Trinity Christian School (VA)	B	2:12.13	X2:12.24	
1) Saavedra, Sara 8 33.05 41.17 30.00	2) Watson, Caroline 8 28.02	3) Phillips, Erin 8	4) Dang, Alexis FR	
--- Saint John Paul the Great Cath	B	2:16.44	X2:17.24	
1) Vitkovitsky, Elizabeth SO 33.90	2) Vitkovitsky, Sophia JR 28.43	3) Kay, Sandra SR	4) Frederick, Izzie JR	
--- Immanuel Christian High School	B	2:27.70	X2:22.97	
1) Evans, Chloe SO 40.94 38.91 33.81	2) Robinson, Virginia FR 29.31	3) Myers, Katie FR	4) Herndon, Anya 8	
--- Seton High School (VA)	B	2:01.15	XDQ	
Stroke Infraction swimmer #2				
1) Judge, Jane SO 34.52 38.09 30.99	2) Haggerty, Aoife JR 27.09	3) Dusek, Annie SO	4) Mantooth, Avila SO	

Event 3 Boys 200 Yard Freestyle

Seton: 1:38.54 @ 1/31/2010 S.J. Hill

VCAC: 1:43.88 # 2/3/2024 Caleb Wolf

2:02.68 VSAA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Witdoeckt, Jo 25.07 27.63 28.68	SO	Trinity Christian School (VA)	1:52.89	1:48.92 VSAA	16
2 Judge, Dominic 27.09 28.85 30.21	JR	Seton High School (VA)	1:57.61	1:56.19 VSAA	13
3 Kay, Patrick 26.88 29.13 30.36	SO	Seton High School (VA)	2:01.48	1:56.68 VSAA	12
4 Anderson, Brenton 26.56 29.37 31.69	JR	Immanuel Christian High School	2:00.83	1:59.06 VSAA	11
5 Palomo, Edward 26.80 29.64 31.02	FR	Saint John Paul the Great Cath	1:51.91	1:59.27 VSAA	10
6 Zahorchak, Michael 27.51 31.19 32.79	JR	Seton High School (VA)	2:12.21	2:02.53 VSAA	9
7 Bluey, Luke 27.49 30.60 32.74	8	Immanuel Christian High School	2:01.97	2:02.71	7
8 Bluey, Ben 28.30 31.85 33.25	JR	Immanuel Christian High School	2:11.45	2:06.47	5
9 Gade, William 29.45 33.39 35.93	SR	Immanuel Christian High School	2:23.45	2:14.33	4
10 Lynch, Joey 29.39 33.49 37.85	SO	Seton High School (VA)	2:19.45	2:17.13	3
11 Zhu, John 31.04 36.63 38.84	FR	Trinity Christian School (VA)	2:32.88	2:23.41	2
12 Such, Matthew 34.06 39.16 1:21.17	SO	Saint John Paul the Great Cath	2:33.27	2:34.39	1

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Event 4 Girls 200 Yard Freestyle

Seton: 1:54.53 @ 1/31/2026 A. Aldeguer
 VCAC: 1:51.09 # 2/10/2024 Allie Witdoeckt
 2:09.48 VSAA

TCS!

Name	Yr	School	Seed Time	Finals Time	Points
1 Aldeguer, Ariana 27.09 28.97 29.78	JR	Seton High School (VA)	1:54.53	1:55.16 VSAA	16
2 Miller, Evie 28.14 30.62 31.08	JR	Fredericksburg Christian High	2:00.45	2:00.98 VSAA	13
3 Schlieter, Audrey 27.97 30.63 31.74	SR	Trinity Christian School (VA)	2:05.71	2:01.82 VSAA	12
4 Shumate, Kate 29.22 32.16 33.89	JR	Immanuel Christian High School	2:02.87	2:09.00 VSAA	11
5 Hsieh, Maggi 29.65 32.83 34.19	JR	Trinity Christian School (VA)	2:11.07	2:09.80	10
6 Van Meter, Juliet 30.53 33.94 36.14	JR	Oakcrest School (VA)	2:16.01	2:14.69	9
7 Heinrichs, Charlotte 30.54 34.15 35.86	JR	Oakcrest School (VA)	2:20.63	2:15.77	7
8 Kay, Philomena 30.55 35.13 36.45	JR	Seton High School (VA)	2:14.58	2:16.73	5
9 Gilbert, Maddie 31.21 35.19 37.95	SO	Trinity Christian School (VA)	2:19.84	2:17.23	4
10 Fifield, Kyleigh 33.28 34.32 35.23	JR	Seton High School (VA)	2:23.70	2:19.18	3
11 Magee, Amelia 30.53 35.59 36.56	SR	Oakcrest School (VA)	2:22.91	2:20.23	2
12 Bauer, Katie 31.86 35.53 37.68	SO	Seton High School (VA)	2:28.18	2:23.34	1
13 Burgess, Ella 34.01 38.37 40.34	FR	Immanuel Christian High School	2:30.89	2:28.93	
14 Arcara, Eloise 35.64 39.28 39.31	SO	Immanuel Christian High School	2:29.57	2:30.94	
15 Gallagher, Gloria 34.32 38.28 41.30	SO	Saint John Paul the Great Cath	2:44.73	2:33.66	
16 Watson, Caroline 34.19 40.07 41.16	8	Trinity Christian School (VA)	2:37.82	2:35.16	
17 Barvick, Lulu 37.75 43.94 45.19	SO	Oakcrest School (VA)	2:54.79	2:50.60	
18 Gilley, Madison 36.77 43.23 46.50	JR	Saint John Paul the Great Cath	2:55.65	2:50.99	
19 Rodriguez, Ally 38.68 44.92 48.48	SO	Saint John Paul the Great Cath	2:54.16	3:01.85	
20 Niwe, Meira 38.67 49.63 1:54.59	FR	Immanuel Christian High School	3:05.00	3:22.89	

Event 5 Boys 200 Yard IM

Seton: 1:54.70 @ 2/17/2008 N. Cook
 VCAC: 1:54.26 # 1/31/2026 Moses Wolf
 2:18.04 VSAA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Moses 24.90 29.40 32.48	JR	Immanuel Christian High School	1:54.26	1:55.20 VSAA	16
2 Martinez, Lio 25.72 31.07 34.81	JR	Seton High School (VA)	1:59.46	1:58.37 VSAA	13

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(Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
3 Koler, Eric 26.45 31.50 33.28	SR	Saint John Paul the Great Cath	1:57.75	1:58.43	12
4 Bookwalter, Joel 30.99 36.23 43.73	FR	Seton High School (VA)	2:32.74	2:24.50	11
5 Ma, Ryan 33.75 37.19 43.35	FR	Trinity Christian School (VA)	2:29.91	2:27.93	10
6 Wilson, Jonas 32.11 38.36 47.50	SO	Seton High School (VA)	2:32.27	2:31.46	9
7 Garvey, JJ 32.66 38.64 45.62	FR	Seton High School (VA)	2:32.95	2:32.61	7
8 Lam, Micah 31.02 40.27 46.76	JR	Immanuel Christian High School	2:37.87	2:35.27	5
9 Wollmershauser, Gray 38.18 41.40 46.06	SO	Immanuel Christian High School	2:46.58	2:42.59	4
10 Nguyen, Karsten 33.43	JR	Saint John Paul the Great Cath	3:11.27	3:09.74	3
11 Yim, Evan 59.64	SO	Immanuel Christian High School	3:18.68	3:15.27	2
		46.07			

Event 6 Girls 200 Yard IM

Seton: 2:05.81 @ 2/14/2025 A. Aldeguer
 VCAC: 2:04.75 # 2/8/2025 Elizabeth Bryan OAK
 2:27.91 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 27.66 30.56 36.87	SR	Oakcrest School (VA)	2:03.82	2:06.24	16
2 Ellis, Hannah 27.86 32.83 38.55	JR	Fredericksburg Christian High	2:09.21	2:11.90	13
3 Paradise, Therese 28.91 35.24 41.11		Seton High School (VA)	2:18.16	2:18.22	12
4 Hazelwood, Lindley 30.14 37.15 43.84	JR	Oakcrest School (VA)	2:24.39	2:22.30	11
5 Kriz, Alexa 30.67 35.65 43.01	FR	Trinity Christian School (VA)	2:21.18	2:22.46	10
6 Voith, Amy 30.83 36.89 42.95	JR	Saint John Paul the Great Cath	2:26.73	2:25.64	9
7 Koler, Isabella 32.12 38.07 43.09	SR	Saint John Paul the Great Cath	2:28.83	2:30.12	7
8 Halisky, Sophia 32.64 40.48 45.87	SO	Seton High School (VA)	2:35.85	2:36.86	5
9 Mantooth, Avila 31.15 43.12 50.30	SO	Seton High School (VA)	2:40.16	2:41.47	4
10 Dusek, Annie 34.03 40.75 49.63	SO	Seton High School (VA)	2:44.49	2:42.24	3
11 Dang, Alexis 32.99 42.19 51.16	FR	Trinity Christian School (VA)	2:43.72	2:44.52	2
12 Myers, Lydia 35.03 42.22 50.42	JR	Immanuel Christian High School	2:40.38	2:45.30	1
13 Kay, Sandra 35.22 47.45 46.43	SR	Saint John Paul the Great Cath	2:35.45	2:48.27	
14 Vitkovitsky, Elizabeth 37.92 41.35 52.01	SO	Saint John Paul the Great Cath	3:07.35	2:48.82	
15 Myers, Katie 37.59 43.12 53.03	FR	Immanuel Christian High School	3:00.64	2:55.06	
		41.32			

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(Event 6 Girls 200 Yard IM)

	Name		Yr	School	Seed Time	Finals Time	Points
16	Blevins, Hannah		SR	Fredericksburg Christian High	NT	2:56.21	
	37.50	43.23	54.08	41.40			
17	Van Raaphorst, Emma		8	Trinity Christian School (VA)	3:09.24	3:01.34	
	40.82	46.83	52.50	41.19			
18	Brooks, Charlotte		FR	Fredericksburg Christian High	NT	3:10.66	
	39.86	49.10	58.37	43.33			
19	Watson, Claire		8	Trinity Christian School (VA)	3:15.48	3:12.29	
	44.51	45.90	1:00.26	41.62			
20	Robinson, Virginia		FR	Immanuel Christian High School	3:21.05	3:20.14	
	39.60		50.03				
---	Haggerty, Aoife		JR	Seton High School (VA)	3:09.82	X2:54.26	
	36.42	45.94	1:31.90				
---	Blevins, Colby		SR	Fredericksburg Christian High	NT	DQ	
	False start - Misc						

Event 7 Boys 50 Yard Freestyle

Seton: 21.22 @ 2/19/2010

S.J. Hill

VCAC: 21.74 # 2/1/2025

Tyler Phillips

TCS!

23.94 VSAA

	Name		Yr	School	Seed Time	Finals Time	Points
1	Phillips, Tyler		SR	Trinity Christian School (VA)	21.55	20.95 @ VSAA	16
2	Fiala, Caleb		JR	Immanuel Christian High School	22.70	22.24 VSAA	13
3	Sokban, Daniel		JR	Seton High School (VA)	22.97	22.48 VSAA	12
4	Bauer, Gregory		SR	Seton High School (VA)	24.37	23.98	11
5	Ryan, Nathan		JR	Fredericksburg Christian High	24.23	24.02	10
6	Salter, Michael		FR	Immanuel Christian High School	24.02	24.08	9
7	Gebhardt, Lucas		SO	Fredericksburg Christian High	26.20	25.74	7
8	Burgess, Grey		SR	Immanuel Christian High School	25.21	25.76	5
9	Witter, Joe		SO	Seton High School (VA)	25.91	25.77	4
10	Ross, Andrew		JR	Fredericksburg Christian High	25.51	26.16	3
11	Gade, Tyler		SR	Immanuel Christian High School	26.09	26.25	2
12	Liette, Jonny		FR	Fredericksburg Christian High	26.86	26.32	1
13	Ellis, Ben		JR	Seton High School (VA)	27.19	27.75	
14	Gilbert, Luke		8	Trinity Christian School (VA)	29.74	28.27	
15	Ayala, Julian		FR	Saint John Paul the Great Cath	29.59	28.54	
16	Kurrus, Patrick		JR	Saint John Paul the Great Cath	28.57	29.39	
17	Girigowda, Adhyan		SO	Saint John Paul the Great Cath	30.32	30.41	
18	Kern, Ryan		SO	Saint John Paul the Great Cath	33.97	34.15	
---	Nguyen, James			Seton High School (VA)	29.72	X28.80	
---	Frenchak, Elijah		SO	Immanuel Christian High School	31.04	X30.67	
---	Hill, Wesley		8	Immanuel Christian High School	31.50	X31.20	

Event 8 Girls 50 Yard Freestyle

Seton: 24.06 @ 2/16/2018

A. Kenna

VCAC: 24.05 # 2/8/2025

Gianna Davis

JPTG

26.67 VSAA

	Name		Yr	School	Seed Time	Finals Time	Points
1	Willis, Isa		JR	Saint John Paul the Great Cath	25.51	25.28 VSAA	16
2	Schroer, Maggie		SO	Seton High School (VA)	26.24	25.67 VSAA	13
3	Feng, Shoshana		SO	Trinity Christian School (VA)	25.84	25.90 VSAA	12
4	Erickson, Katelyn		SR	Oakcrest School (VA)	26.96	26.64 VSAA	11
5	Ryan, Fiona		SR	Oakcrest School (VA)	27.22	27.11	10
6	Erickson, Alexandra		FR	Immanuel Christian High School	27.52	27.14	9

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(Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
7 Saavedra, Sara	8	Trinity Christian School (VA)	27.17	27.16	7
8 Mills, Emily	SO	Saint John Paul the Great Cath	27.91	27.49	5
9 Kay, Philomena	JR	Seton High School (VA)	27.26	27.52	4
10 Gilbert, Maddie	SO	Trinity Christian School (VA)	28.00	27.60	3
11 Dahlberg, Catherine	SO	Fredericksburg Christian High	28.04	27.99	2
12 Waldron, Lily	SO	Seton High School (VA)	28.99	28.31	1
13 Frederick, Izzie	JR	Saint John Paul the Great Cath	28.64	28.66	
14 Vitkovitsky, Sophia	JR	Saint John Paul the Great Cath	28.88	28.84	
15 Connally, Bella	JR	Immanuel Christian High School	29.35	29.05	
16 Herndon, Anya	8	Immanuel Christian High School	29.90	29.67	
17 Teh, Michaela	JR	Oakcrest School (VA)	30.64	29.98	
18 Schneider, Adele	JR	Oakcrest School (VA)	31.03	30.29	
19 Judge, Jane	SO	Seton High School (VA)	29.96	30.30	
20 Walsh, Mia	SO	Fredericksburg Christian High	32.34	32.80	
21 Marte, Jaasiel	SO	Fredericksburg Christian High	34.34	33.92	
22 Miller, Eva	SO	Immanuel Christian High School	44.24	45.82	
--- Meadows, Charlotte	FR	Seton High School (VA)	30.86	X30.08	
--- Moritz, Madison	SO	Oakcrest School (VA)	31.70	X31.15	
--- Hurley, Elizabeth	SO	Seton High School (VA)	30.46	X31.46	
--- Larson, Elle	SR	Oakcrest School (VA)	30.45	X32.42	
--- Barvick, Lulu	SO	Oakcrest School (VA)	32.36	X33.37	
--- Teh, Mari	SR	Oakcrest School (VA)	35.80	X33.99	
--- Larson, Zoe	SR	Oakcrest School (VA)	33.92	X34.19	
--- Law, Candler	JR	Saint John Paul the Great Cath	35.46	X35.96	
--- Pascua, Gabrielle	SO	Saint John Paul the Great Cath	38.30	X37.74	
--- Sims, Sarah	SO	Saint John Paul the Great Cath	41.67	XDQ	
No touch on turn					
--- Hill, Emma	SR	Trinity Christian School (VA)	30.72	DFS	
Declared false start					
--- Molaski, Kaitlyn	JR	Fredericksburg Christian High	35.12	SCR	

Event 9 Boys 1 mtr Diving

Seton: 422.70 @ 2/15/2025

C. Koehr

VCAC: 525.80 # 2/5/2022

Harper Thornett

TCS!

Name	Yr	School	Seed Time	Finals Score	Points
1 Edwards, Eli	SO	Trinity Christian School (VA)	377.70	408.15	16
2 Winowiecki, Sam	SO	Trinity Christian School (VA)	271.65	268.80	13
3 Winslow, Wade	JR	Immanuel Christian High School	154.85	252.40	12
4 Ashton, Max		Seton High School (VA)	279.20	249.80	11
5 Witter, John		Seton High School (VA)	249.75	233.45	10
6 Nguyen, Kenneth	JR	Seton High School (VA)	NP	231.50	9
--- Sokban, Daniel	JR	Seton High School (VA)	244.85	X206.20	
--- Orellana, Brian	SO	Seton High School (VA)	200.00	SCR	

Event 10 Girls 1 mtr Diving

Seton: 371.95 @ 2/15/2002

K. Giarra

Seton

VCAC: 340.00 # 1/31/2026

Meghan Condon

SST

Name	Yr	School	Seed Time	Finals Score	Points
1 Hill, Charlotte	8	Trinity Christian School (VA)	333.85	352.40 #	16
2 Condon, Meghan	SO	Seton High School (VA)	340.00	350.85 #	13
3 Miller, Maria	SR	Seton High School (VA)	298.30	315.40	12
4 Kay, Clare		Seton High School (VA)	288.00	287.70	11

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(Event 10 Girls 1 mtr Diving)

Name	Yr	School	Seed Time	Finals Score	Points
5 Judge, Jane	SO	Seton High School (VA)	258.05	266.10	10
6 Rauschelbach, Teagen	JR	Saint John Paul the Great Cath	296.90	261.30	9
7 Hill, Emma	SR	Trinity Christian School (VA)	228.95	231.65	7
--- Gorman, Bella		Seton High School (VA)	272.55	X253.05	
--- Herwick, Lucy	FR	Seton High School (VA)	238.55	X205.75	
--- Suthard, Victoria		Trinity Christian School (VA)	126.25	DQ	

Event 11 Boys 100 Yard Butterfly

Seton: 51.76 @ 1/16/2010

S.J. Hill

VCAC: 48.92 # 1/31/2026

Tyler Phillips

TCS!

1:01.02 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler 23.02 25.59	SR	Trinity Christian School (VA)	48.92	48.61 # VSAA	16
2 Wolf, Moses 24.91 28.31	JR	Immanuel Christian High School	51.72	53.22 VSAA	13
3 Martinez, Thiago 25.23 29.82	SO	Seton High School (VA)	55.73	55.05 VSAA	12
4 Frederick, Michael 26.65 31.10	FR	Saint John Paul the Great Cath	58.59	57.75 VSAA	11
5 Morillo, Caleb 27.15 32.49	SR	Immanuel Christian High School	1:00.94	59.64 VSAA	10
6 Herwick, Jack 27.99 33.44	SO	Seton High School (VA)	1:00.03	1:01.43	9
7 Wellington-Menzie, London 28.90 33.85	SO	Saint John Paul the Great Cath	1:03.16	1:02.75	7
8 Partridge, Paul 30.04 36.32		Seton High School (VA)	1:13.05	1:06.36	5
9 Lynch, Joey 31.70 36.36	SO	Seton High School (VA)	1:11.70	1:08.06	4
10 Burgess, Grey 33.45 35.93	SR	Immanuel Christian High School	1:08.00	1:09.38	3
11 Taylor, JT 38.47 45.84	JR	Immanuel Christian High School	1:28.09	1:24.31	2
12 Such, Matthew 39.68 51.50	SO	Saint John Paul the Great Cath	1:25.50	1:31.18	1
--- Williams, Jaden False start	FR	Fredericksburg Christian High	NT	DQ	

Event 12 Girls 100 Yard Butterfly

Seton: 57.71 @ 1/18/2025

A. Aldeguer

VCAC: 55.80 # 2/12/2023

Allie Witdoeckt

TCS!

1:06.82 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Ellis, Hannah 27.22 31.05	JR	Fredericksburg Christian High	56.77	58.27 VSAA	16
2 Paradise, Therese 29.51 32.56		Seton High School (VA)	1:04.05	1:02.07 VSAA	13
3 Wiggins, Allie 28.56 34.11	SR	Trinity Christian School (VA)	1:05.80	1:02.67 VSAA	12
4 Garvey, Anastasia 30.00 33.69	SR	Seton High School (VA)	1:04.55	1:03.69 VSAA	11

2026 VCAC Championship Meet - 2/7/2026**Results****(Event 12 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Arnold, Betsy 30.11 34.68	SO	Seton High School (VA)	1:07.78	1:04.79 VSAA	10
6 Phillips, Erin 32.49 37.70	8	Trinity Christian School (VA)	1:06.22	1:10.19	9
7 Eschmann, Brigita 32.12 38.43	SO	Oakcrest School (VA)	1:13.45	1:10.55	7
8 Meadows, Charlotte 33.30 37.87	FR	Seton High School (VA)	1:13.18	1:11.17	5
9 Myers, Lydia 35.00 39.55	JR	Immanuel Christian High School	1:13.02	1:14.55	4
10 Frederick, Izzie 35.36 41.97	JR	Saint John Paul the Great Cath	1:16.32	1:17.33	3
11 Arcara, Eloise 36.94 43.52	SO	Immanuel Christian High School	1:20.91	1:20.46	2
12 Miller, Ellie 38.68 45.87	SR	Saint John Paul the Great Cath	1:27.70	1:24.55	1
13 Thompson, Seraphina 39.24 46.47	8	Oakcrest School (VA)	1:22.70	1:25.71	
14 Sebero, Emmah 33.32 53.69	SR	Fredericksburg Christian High	1:07.35	1:27.01	
15 Cinotti, Isabella	JR	Oakcrest School (VA)	1:30.23	1:27.36	
16 Heath, Laurel 40.63 47.00	SR	Saint John Paul the Great Cath	1:40.51	1:27.63	
17 Phillips, Hannah 42.01 48.03	SO	Fredericksburg Christian High	1:21.63	1:30.04	
18 Gilley, Madison	JR	Saint John Paul the Great Cath	1:37.65	1:36.19	
--- Roberson, Emma Declared false start	SR	Fredericksburg Christian High	1:09.78	DFS	
--- Larson, Elle	SR	Oakcrest School (VA)	1:22.19	SCR	

Event 13 Boys 100 Yard Freestyle

Seton: 45.67 @ 2/20/2010 S. J. Hill

VCAC: 47.00 # 1/31/2025 Tyler Phillips

ICHS

53.20 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Sokban, Daniel 24.92 26.33	JR	Seton High School (VA)	53.70	51.25 VSAA	16
2 Judge, Dominic 24.77 26.61	JR	Seton High School (VA)	56.92	51.38 VSAA	13
3 Palomo, Edward 24.95 27.04	FR	Saint John Paul the Great Cath	50.81	51.99 VSAA	12
4 Zahorchak, Michael 25.74 27.29	JR	Seton High School (VA)	53.15	53.03 VSAA	11
5 Anderson, Brenton 25.99 27.97	JR	Immanuel Christian High School	53.75	53.96	10
6 Lansing, Reed 26.05 29.44	SO	Immanuel Christian High School	56.35	55.49	9
7 Gade, Tyler 27.74 30.51	SR	Immanuel Christian High School	58.35	58.25	7
8 Gebhardt, Lucas 28.07 31.72	SO	Fredericksburg Christian High	1:01.40	59.79	5
9 Ross, Andrew 28.32 32.28	JR	Fredericksburg Christian High	58.85	1:00.60	4

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Results

(Event 13 Boys 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Finals Time	Points
10	Witter, Joe 28.47 32.62	SO	Seton High School (VA)	1:02.09	1:01.09	3
11	Zhu, John 30.44 33.03	FR	Trinity Christian School (VA)	1:04.01	1:03.47	2
12	Liette, Jonny 30.37 33.16	FR	Fredericksburg Christian High	1:02.90	1:03.53	1
13	Winslow, Wade 29.43 34.32	JR	Immanuel Christian High School	1:02.21	1:03.75	
14	Kurrus, Patrick 32.99 35.41	JR	Saint John Paul the Great Cath	1:08.65	1:08.40	
15	Nguyen, Kenton 33.46 39.24	SO	Saint John Paul the Great Cath	1:15.65	1:12.70	
16	Kern, Ryan 38.88 46.93	SO	Saint John Paul the Great Cath	1:22.40	1:25.81	
---	Ryan, Nathan False start	JR	Fredericksburg Christian High	54.12	DQ	

Event 14 Girls 100 Yard Freestyle

Seton: 52.05 @ 2/16/2018

A. Kenna

VCAC: 51.73 # 2/12/2023

Allie Witdoeckt

TCS!

58.81 VSAA

	Name	Yr	School	Seed Time	Finals Time	Points
1	Paradise, Melissa 26.25 27.29	JR	Seton High School (VA)	52.43	53.54 VSAA	16
2	Willis, Isa 27.21 28.71	JR	Saint John Paul the Great Cath	55.73	55.92 VSAA	13
3	Schroer, Maggie 27.24 30.23	SO	Seton High School (VA)	57.34	57.47 VSAA	12
4	Feng, Shoshana 27.98 31.52	SO	Trinity Christian School (VA)	1:00.56	59.50	11
5	Cinotti, Emaline 28.84 30.73	SO	Oakcrest School (VA)	59.13	59.57	10
6	Van Meter, Juliet 28.92 31.04	JR	Oakcrest School (VA)	59.43	59.96	9
7	Baroody, Isabel 28.72 31.36	SR	Fredericksburg Christian High	59.06	1:00.08	7
8	Saavedra, Sara 28.74 31.63	8	Trinity Christian School (VA)	1:00.70	1:00.37	5
9	Heinrichs, Charlotte 28.88 32.66	JR	Oakcrest School (VA)	1:00.83	1:01.54	4
10	Ryan, Fiona 29.47 33.96	SR	Oakcrest School (VA)	1:02.25	1:03.43	3
11	Waldron, Lily 30.32 33.72	SO	Seton High School (VA)	1:06.23	1:04.04	2
12	Bauer, Katie 30.34 33.77	SO	Seton High School (VA)	1:06.81	1:04.11	1
13	Ryan, Gabbie 29.95 34.37	SR	Fredericksburg Christian High	1:01.07	1:04.32	
14	Dahlberg, Catherine 31.43 33.79	SO	Fredericksburg Christian High	1:05.58	1:05.22	
15	Herndon, Anya 32.18 34.50	8	Immanuel Christian High School	1:07.07	1:06.68	
16	Vitkovitsky, Sophia 30.59 36.79	JR	Saint John Paul the Great Cath	1:10.00	1:07.38	

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Results

(Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
17 Myers, Katie 33.73 37.72	FR	Immanuel Christian High School	1:10.17	1:11.45	
18 Evans, Chloe 35.82 38.99	SO	Immanuel Christian High School	1:16.03	1:14.81	
19 Law, Candler	JR	Saint John Paul the Great Cath	1:23.99	1:23.62	
20 Niwe, Meira 39.54 46.01	FR	Immanuel Christian High School	1:24.10	1:25.55	
--- Magee, Amelia 29.14 32.45	SR	Oakcrest School (VA)	1:03.45	X1:01.59	
--- Krushinski, Sophia 30.77 33.59	SO	Oakcrest School (VA)	1:06.62	X1:04.36	
--- Blevins, Colby 36.61 39.74	SR	Fredericksburg Christian High	1:11.75	X1:16.35	
--- Everson, Cadence 43.68 47.87	FR	Saint John Paul the Great Cath	1:32.48	X1:31.55	
--- Miller, Eva 48.67 56.54	SO	Immanuel Christian High School	1:46.79	X1:45.21	
--- Sims, Sarah 42.36 58.60	SO	Saint John Paul the Great Cath	2:03.38	DQ	

Event 15 Boys 500 Yard Freestyle

Seton: 4:27.19 @ 1/31/2010 S.J. Hill

VCAC: 4:44.08 # 2/10/2024 Caleb Wolf

ICHS

5:41.90 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Martinez, Lio 25.88 28.66 29.31 30.18 27.91	JR	Seton High School (VA)	4:54.67 30.00	4:52.53	VSAA 16
2 Kay, Patrick 28.17 31.46 32.46 33.36 30.82	SO	Seton High School (VA)	5:29.24 33.48	5:21.66	VSAA 13
3 Palomo, Javi 30.50 32.95 34.19 35.26 33.23	FR	Saint John Paul the Great Cath	5:28.75 35.46	5:40.55	VSAA 12
4 Bluey, Ben 30.23 33.59 34.51 36.52 34.38	JR	Immanuel Christian High School	5:57.30 37.07	5:47.82	11
5 Wilson, Jonas 30.17 33.77 36.65 37.33 33.85	SO	Seton High School (VA)	6:10.24 38.57	6:02.44	10
6 Partridge, Luke 29.37 33.74 36.55 41.15 39.14	JR	Seton High School (VA)	6:35.25 40.76	6:20.23	9
7 Gilbert, Luke 33.26 37.32 40.99 44.29 36.46	8	Trinity Christian School (VA)	7:20.29 44.93	6:49.30	7
8 Connally, Cole 34.43 38.16 42.02	FR	Immanuel Christian High School	7:30.00 41.59 43.41 3:34.52	6:54.13	5
9 Hill, Wesley 34.82 40.76 41.66 41.63 37.92	8	Immanuel Christian High School	7:05.93 44.70	6:54.31	4
10 Frenchak, Elijah 38.24 43.60 47.49 49.58 42.79	SO	Immanuel Christian High School	7:30.00 49.76	7:49.65	3

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Results

Event 16 Girls 500 Yard Freestyle

Seton: 4:58.34 @ 2/13/2025 A. Aldeguer

VCAC: 5:07.81 # 2/8/2025 Ariana Aldeguer

SST

5:58.88 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Aldeguer, Ariana	JR	Seton High School (VA)	4:58.34	5:04.49# VSAA	16
27.63 29.97 30.51	30.80	31.18 31.35 30.99	31.16		
30.99 29.91					
2 Hazelwood, Lindley	JR	Oakcrest School (VA)	5:20.42	5:21.10 VSAA	13
29.03 31.81 32.40	32.69	32.88 32.64 33.10	32.80		
32.82 30.93					
3 Miller, Evie	JR	Fredericksburg Christian High	5:37.23	5:34.95 VSAA	12
28.84 31.46 32.58	32.77	33.82 34.32 35.05	34.35		
35.82 35.94					
4 Schlieter, Audrey	SR	Trinity Christian School (VA)	5:34.44	5:41.00 VSAA	11
28.87 32.43 33.88	33.90	35.17 35.99 35.66	35.44		
35.80 33.86					
5 Voith, Amy	JR	Saint John Paul the Great Cath	6:02.70	6:00.61	10
30.81 34.81 36.41	37.11	37.63 37.67 37.68	37.00		
36.72 34.77					
6 Fifield, Kyleigh	JR	Seton High School (VA)	6:28.98	6:25.94	9
32.90 37.61 37.84	39.73	38.90 39.17 40.58	40.63		
39.51 39.07					
7 Lam, Natalie	8	Immanuel Christian High School	6:48.89	6:29.13	7
34.33 39.30 39.73	39.80	39.46 39.63 40.73	39.72		
38.76 37.67					
8 Phillips, Erin	8	Trinity Christian School (VA)	6:30.43	6:31.27	5
34.29 39.25 1:16.45			40.62		
9 Kay, Sandra	SR	Saint John Paul the Great Cath	6:58.93	6:42.57	4
35.40 39.55 40.16	40.35	40.77 41.31 41.53	41.23		
41.71 40.56					
10 Dusek, Annie	SO	Seton High School (VA)	6:51.87	6:47.87	3
33.61 38.93 40.84	40.89	42.26 42.31 42.63	43.08		
43.10 40.22					
11 Dang, Alexis	FR	Trinity Christian School (VA)	6:57.26	6:48.33	2
34.22 39.60 41.77	42.33	42.27 42.44 42.91	42.77		
42.56 37.46					
12 Russo, Gabriella	JR	Seton High School (VA)	6:48.26	6:54.68	1
33.52 38.84 40.56	41.38	42.85 43.26 44.24	44.61		
43.44 41.98					
13 Watson, Caroline	8	Trinity Christian School (VA)	7:06.48	7:08.91	
34.02 41.23 43.58	43.84	44.84 45.43 44.78	45.20		
44.25 41.74					
14 Gallagher, Gloria	SO	Saint John Paul the Great Cath	7:35.37	7:15.85	
37.73 42.76 43.92	45.38	45.03 44.26 45.86	45.66		
44.63 40.62					
15 Cinotti, Isabella	JR	Oakcrest School (VA)	7:42.80	7:40.34	
35.76 42.60 45.98	46.78	48.68 48.74 47.95	49.51		
48.98 45.36					
16 Strong, Susan	8	Immanuel Christian High School	8:47.58	7:53.69	
38.96 43.73 46.22	47.76	49.74 50.42 51.95	50.65		
50.25 44.01					

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Results

Event 17 Boys 200 Yard Freestyle Relay

Seton: 1:29.65 @ 2/14/2025 Koehr,Martinez,Borneman,Halisk

VCAC: 1:30.43 # 2/3/2024 Trinity Christian School TCS!
N Yun, E Jang, J Kim, T Phillips

1:42.23 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	1:32.06	1:32.85 VSAA	32
1) Judge, Dominic JR	2) Bauer, Gregory SR	3) Herwick, Jack SO	4) Sokban, Daniel JR	
23.62 22.88 24.01	22.34			
2 Saint John Paul the Great Cath	A	1:38.06	1:37.07 VSAA	26
1) Frederick, Michael FR	2) Wellington-Menzie, London SO	3) Koler, Eric SR	4) Palomo, Edward FR	
24.62 25.67 23.14	23.64			
3 Immanuel Christian High School	A	1:38.75	1:38.11 VSAA	24
1) Anderson, Brenton JR	2) Salter, Michael FR	3) Burgess, Grey SR	4) Morillo, Caleb SR	
25.48 24.10 24.93	23.60			
--- Fredericksburg Christian High	A	1:41.59	X1:40.71 VSAA	
1) Liette, Jonny FR	2) Gebhardt, Lucas SO	3) Ross, Andrew JR	4) Ryan, Nathan JR	
26.67 25.32 25.88	22.84			
--- Immanuel Christian High School	B	1:43.08	X1:41.43 VSAA	
1) Lansing, Reed SO	2) Gade, Tyler SR	3) Bluey, Ben JR	4) Bluey, Luke 8	
25.88 25.90 25.42	24.23			
--- Seton High School (VA)	B	1:37.72	X1:45.82	
1) Ellis, Ben JR	2) Lynch, Joey SO	3) Wilson, Jonas SO	4) Witter, Joe SO	
27.08 25.57 26.72	26.45			
--- Saint John Paul the Great Cath	B	1:52.93	X1:56.11	
1) Such, Matthew SO	2) Kurrus, Patrick JR	3) Ayala, Julian FR	4) Palomo, Javi FR	
30.96 29.06 29.86	26.23			
--- Fredericksburg Christian High	B	2:00.61	X1:59.41	
1) Williams, Jaden FR	2) Pitner, Samuel JR	3) Raines, Tristan SO	4) Sample, Jude SO	
29.72 29.44 1:00.25				

Event 18 Girls 200 Yard Freestyle Relay

Seton: 1:40.05 @ 2/19/2010 Doonis,Rogers,Talbott,Donohoe

VCAC: 1:42.65 # 2/12/2023 Trinity Christian School TCS!
A Wiggins, R Buff, K Womack, A Witdoeckt

1:57.34 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	1:41.79	1:40.29 # VSAA	32
1) Aldeguer, Ariana JR	2) Paradise, Therese	3) Schroer, Maggie SO	4) Paradise, Melissa JR	
24.97 25.30 25.79	24.23			
2 Trinity Christian School (VA)	A	1:41.76	1:43.31 VSAA	26
1) Hill, Charlotte 8	2) Feng, Shoshana SO	3) Kriz, Alexa FR	4) Wiggins, Allie SR	
26.61 25.87 25.95	24.88			
3 Saint John Paul the Great Cath	A	1:48.09	1:46.20 VSAA	24
1) Willis, Isa JR	2) Voith, Amy JR	3) Mills, Emily SO	4) Koler, Isabella SR	
26.47 27.60 26.56	25.57			
4 Oakcrest School (VA)	A	1:46.94	1:47.03 VSAA	22
1) Van Meter, Juliet JR	2) Ryan, Fiona SR	3) Cinotti, Emaline SO	4) Erickson, Katelyn SR	
27.24 26.72 27.25	25.82			
5 Fredericksburg Christian High	A	1:47.42	1:47.11 VSAA	20
1) Baroody, Isabel SR	2) Dahlberg, Catherine SO	3) Miller, Evie JR	4) Ellis, Hannah JR	
27.11 27.37 25.77	26.86			
6 Immanuel Christian High School	A	1:58.42	2:00.21	18
1) Burgess, Ella FR	2) Lam, Natalie 8	3) Arcara, Eloise SO	4) Myers, Lydia JR	
30.30 30.12 30.10	29.69			

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Results

(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Seton High School (VA)	B	1:51.66	X1:49.24 VSAA	
1) Kay, Philomena JR 27.47 27.65 27.76	2) Halisky, Sophia SO 26.36	3) Waldron, Lily SO	4) Mantooth, Avila SO	
--- Fredericksburg Christian High	B	1:53.11	X1:55.08 VSAA	
1) Ryan, Adrie FR 28.22 28.08 29.40	2) Ryan, Gabbie SR 29.38	3) Roberson, Emma SR	4) Sebero, Emmah SR	
--- Oakcrest School (VA)	B	NT	X1:56.36 VSAA	
1) Heinrichs, Charlotte JR 27.55 31.45 29.87	2) Larson, Elle SR 27.49	3) Teh, Michaela JR	4) Magee, Amelia SR	
--- Saint John Paul the Great Cath	B	1:59.81	X1:57.54	
1) Frederick, Izzie JR 29.25 31.59 29.38	2) Kay, Sandra SR 27.32	3) Vitkovitsky, Sophia JR	4) Vitkovitsky, Elizabeth SO	
--- Trinity Christian School (VA)	B	1:58.45	X2:01.56	
1) Watson, Claire 8 32.80 45.22 43.54	2) Van Raaphorst, Emma 8	3) Gilbert, Maddie SO	4) Saavedra, Sara 8	
--- Immanuel Christian High School	B	2:12.70	X2:18.71	
1) Robinson, Virginia FR 33.72	2) Strong, Susan 8 29.42	3) Niwe, Meira FR	4) Evans, Chloe SO	

Event 19 Boys 100 Yard Backstroke

Seton: 51.48 @ 1/20/2006 K. Koehr
 VCAC: 50.84 # 1/31/2026 Jo Witdoeckt
 1:02.27 VSAA

TCS!

Name	Yr	School	Seed Time	Finals Time	Points
1 Witdoeckt, Jo 24.48 26.00	SO	Trinity Christian School (VA)	50.84	50.48# VSAA	16
2 Martinez, Thiago 27.32 29.50	SO	Seton High School (VA)	56.55	56.82 VSAA	13
3 Frederick, Michael 28.38 30.18	FR	Saint John Paul the Great Cath	1:01.25	58.56 VSAA	12
4 Herwick, Jack 29.96 31.96	SO	Seton High School (VA)	1:02.22	1:01.92 VSAA	11
5 Partridge, Paul 31.34 32.56		Seton High School (VA)	1:07.10	1:03.90	10
6 Bluey, Luke 31.11 32.80	8	Immanuel Christian High School	1:04.21	1:03.91	9
7 Bookwalter, Joel 32.61 33.24	FR	Seton High School (VA)	1:10.47	1:05.85	7
8 Palomo, Javi 32.10 33.89	FR	Saint John Paul the Great Cath	1:04.14	1:05.99	5
9 Gade, William 32.52 35.63	SR	Immanuel Christian High School	1:09.16	1:08.15	4
10 Taylor, JT 36.62 38.60	JR	Immanuel Christian High School	1:19.51	1:15.22	3
11 Sample, Jude	SO	Fredericksburg Christian High	1:17.40	1:18.78	2
12 Dix, Brycen	8	Fredericksburg Christian High	1:20.48	1:19.59	1
13 Ayala, Julian 40.82 40.98	FR	Saint John Paul the Great Cath	1:23.89	1:21.80	
14 Connally, Cole 40.93 43.15	FR	Immanuel Christian High School	1:19.74	1:24.08	
15 Nguyen, Kenton 44.77 47.90	SO	Saint John Paul the Great Cath	1:32.84	1:32.67	
16 Pitner, Samuel 46.10 49.45	JR	Fredericksburg Christian High	NT	1:35.55	

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Results

(Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
--- Yim, Evan 41.23 43.96	SO	Immanuel Christian High School	1:26.54	X1:25.19	
--- Williams, Jaden	FR	Fredericksburg Christian High	NT	X1:51.04	

Event 20 Girls 100 Yard Backstroke

Seton: 55.62 @ 2/16/2018 A. Kenna
 VCAC: 56.13 # 1/31/2026 Melissa Paradise SST
 1:06.85 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Paradise, Melissa 27.83 28.23	JR	Seton High School (VA)	55.86	56.06# VSAA	16
2 Wiggins, Allie 30.34 32.07	SR	Trinity Christian School (VA)	1:06.45	1:02.41 VSAA	13
3 Garvey, Anastasia 30.85 32.08	SR	Seton High School (VA)	1:03.04	1:02.93 VSAA	12
4 Shumate, Kate 30.91 33.37	JR	Immanuel Christian High School	1:05.25	1:04.28 VSAA	11
5 Hill, Charlotte 31.84 34.42	8	Trinity Christian School (VA)	1:07.35	1:06.26 VSAA	10
6 Erickson, Alexandra 33.05 35.45	FR	Immanuel Christian High School	1:09.17	1:08.50	9
7 Arnold, Betsy 35.02 36.95	SO	Seton High School (VA)	1:11.78	1:11.97	7
8 Russo, Gabriella 35.88 37.53	JR	Seton High School (VA)	1:14.49	1:13.41	5
9 Vitkovitsky, Elizabeth 34.99 38.54	SO	Saint John Paul the Great Cath	1:17.69	1:13.53	4
10 Krushinski, Sophia 34.96 39.54	SO	Oakcrest School (VA)	1:15.29	1:14.50	3
11 Blevins, Hannah	SR	Fredericksburg Christian High	1:16.60	1:18.43	2
12 Burgess, Ella	FR	Immanuel Christian High School	1:18.10	1:18.96	1
13 Chen, Alison	SO	Fredericksburg Christian High	1:19.20	1:19.21	
14 Moritz, Madison 39.20 40.24	SO	Oakcrest School (VA)	1:25.00	1:19.44	
15 Watson, Claire 40.61 41.62	8	Trinity Christian School (VA)	1:26.58	1:22.23	
16 Rodriguez, Ally 41.59 43.77	SO	Saint John Paul the Great Cath	1:23.97	1:25.36	
17 Teh, Michaela 39.86 47.15	JR	Oakcrest School (VA)	NT	1:27.01	
18 Brooks, Charlotte 41.67 45.69	FR	Fredericksburg Christian High	1:25.13	1:27.36	
19 Miller, Ellie	SR	Saint John Paul the Great Cath	1:34.45	1:27.81	
20 Larson, Zoe 43.07 45.80	SR	Oakcrest School (VA)	1:25.35	1:28.87	
21 Evans, Chloe	SO	Immanuel Christian High School	1:37.21	1:40.37	
22 Pascua, Gabrielle 48.89 57.90	SO	Saint John Paul the Great Cath	1:58.36	1:46.79	

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Results

Event 21 Boys 100 Yard Breaststroke

Seton: 58.53 @ 1/27/2007 N. Cook

VCAC: 58.85 # 1/31/2026 Moses Wolf

ICHS

1:08.10 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Koler, Eric 27.48 30.73	SR	Saint John Paul the Great Cath	56.46	58.21 @ VSAA	16
2 Fiala, Caleb 29.27 33.48	JR	Immanuel Christian High School	1:03.47	1:02.75 VSAA	13
3 Morillo, Caleb 29.70 35.45	SR	Immanuel Christian High School	1:06.10	1:05.15 VSAA	12
4 Bauer, Gregory 31.07 35.01	SR	Seton High School (VA)	1:08.85	1:06.08 VSAA	11
5 Partridge, Luke 32.48 39.04	JR	Seton High School (VA)	1:14.89	1:11.52	10
6 Ellis, Ben 33.67 40.17	JR	Seton High School (VA)	1:14.63	1:13.84	9
7 Garvey, JJ 34.88 39.69	FR	Seton High School (VA)	1:21.36	1:14.57	7
8 Ma, Ryan 37.32 39.13	FR	Trinity Christian School (VA)	1:17.41	1:16.45	5
9 Wollmershauser, Gray 36.52 40.44	SO	Immanuel Christian High School	1:17.59	1:16.96	4
10 Wellington-Menzie, London 35.97 42.53	SO	Saint John Paul the Great Cath	1:17.27	1:18.50	3
11 Lam, Micah 37.14 41.67	JR	Immanuel Christian High School	1:18.27	1:18.81	2
12 Girigowda, Adhyan 40.61 47.30	SO	Saint John Paul the Great Cath	1:33.76	1:27.91	1
13 Dix, Brycen 42.57 48.98	8	Fredericksburg Christian High	1:27.40	1:31.55	
--- Nguyen, James 39.40 42.19		Seton High School (VA)	1:23.34	X1:21.59	
--- Nguyen, Karsten Non-simultaneous kick 44.32 48.76	JR	Saint John Paul the Great Cath	1:33.84	DQ	

Event 22 Girls 100 Yard Breaststroke

Seton: 1:05.77 @ 2/18/2022 A. Testani

VCAC: 1:05.06 # 2/8/2025 Elizabeth Bryan

OAK

1:14.86 VSAA

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 32.13 34.85	SR	Oakcrest School (VA)	1:03.43	1:06.98 VSAA	16
2 Baroody, Isabel 33.00 38.15	SR	Fredericksburg Christian High	1:10.13	1:11.15 VSAA	13
3 Mills, Emily 33.94 37.77	SO	Saint John Paul the Great Cath	1:14.81	1:11.71 VSAA	12
4 Koler, Isabella 33.65 38.38	SR	Saint John Paul the Great Cath	1:12.31	1:12.03 VSAA	11
5 Hsieh, Maggi 34.84 40.07	JR	Trinity Christian School (VA)	1:12.99	1:14.91	10
6 Kriz, Alexa 35.94 39.30	FR	Trinity Christian School (VA)	1:15.58	1:15.24	9

2026 VCAC Championship Meet - 2/7/2026

Results

(Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
7 Halisky, Sophia 34.98 40.80	SO	Seton High School (VA)	1:16.55	1:15.78	7
8 Thompson, Seraphina 36.18 40.46	8	Oakcrest School (VA)	1:16.82	1:16.64	5
9 Ryan, Gabbie 36.34 41.07	SR	Fredericksburg Christian High	1:19.20	1:17.41	4
10 Eschmann, Brigita 36.93 40.68	SO	Oakcrest School (VA)	1:18.30	1:17.61	3
11 Mantooth, Avila 35.76 42.84	SO	Seton High School (VA)	1:22.70	1:18.60	2
12 Lam, Natalie 37.89 40.89	8	Immanuel Christian High School	1:20.10	1:18.78	1
13 Ryan, Adrie 37.77 43.11	FR	Fredericksburg Christian High	1:17.96	1:20.88	
14 Schneider, Adele 39.92 43.47	JR	Oakcrest School (VA)	1:25.06	1:23.39	
15 Connally, Bella 38.87 44.73	JR	Immanuel Christian High School	1:23.59	1:23.60	
16 Haggerty, Aoife 39.64 44.76	JR	Seton High School (VA)	1:24.94	1:24.40	
17 Hurley, Elizabeth 39.68 44.91	SO	Seton High School (VA)	1:26.57	1:24.59	
18 Robinson, Virginia 42.83 48.17	FR	Immanuel Christian High School	1:31.09	1:31.00	
19 Van Raaphorst, Emma 45.64 47.44	8	Trinity Christian School (VA)	1:35.64	1:33.08	
20 Heath, Laurel 43.97 49.61	SR	Saint John Paul the Great Cath	1:33.43	1:33.58	
21 Walsh, Mia 49.02 53.12	SO	Fredericksburg Christian High	1:35.80	1:42.14	
22 Strong, Susan 48.61 53.70	8	Immanuel Christian High School	1:39.78	1:42.31	
23 Everson, Cadence 48.74 56.79	FR	Saint John Paul the Great Cath	1:46.00	1:45.53	
--- Judge, Jane 42.20 44.66	SO	Seton High School (VA)	1:30.99	X1:26.86	

Event 23 Boys 400 Yard Freestyle Relay

Seton: 3:17.05 @ 2/19/2010 Hill, Cook, Dunn, Basinger

VCAC: 3:18.86 # 2/10/2024 Trinity Christian School TCS!

N Yun, J Witdoeckt, J Kim, T Phillips

3:59.45 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	3:27.89	3:26.68 VSAA	32
1) Martinez, Thiago SO	2) Sokban, Daniel JR	3) Zahorchak, Michael JR	4) Martinez, Lio JR	
25.12 52.85 15.51	52.15 24.88 53.00	23.25 48.68		
2 Immanuel Christian High School	A	3:29.46	3:30.00 VSAA	26
1) Anderson, Brenton JR	2) Salter, Michael FR	3) Fiala, Caleb JR	4) Wolf, Moses JR	
26.14 54.18 25.82	54.48 25.02 52.60	22.69 48.74		
3 Trinity Christian School (VA)	A	3:38.78	3:35.53 VSAA	24
1) Witdoeckt, Jo SO	2) Zhu, John FR	3) Ma, Ryan FR	4) Phillips, Tyler SR	
23.65 49.21 28.53	1:00.40 29.28 1:00.51	21.23 45.41		

2026 VCAC Championship Meet - 2/7/2026

Results

(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
4 Saint John Paul the Great Cath	A	4:46.93	4:48.52	22
1) Nguyen, Karsten JR	2) Ayala, Julian FR	3) Girigowda, Adhyan SO	4) Nguyen, Kenton SO	
32.64 1:11.95 29.95	1:04.24 34.38 1:18.84	33.65 1:13.49		
--- Seton High School (VA)	B	3:46.56	X3:45.82 VSAA	
1) Partridge, Paul	2) Lynch, Joey SO	3) Wilson, Jonas SO	4) Kay, Patrick SO	
27.38 57.96 28.35	59.30 26.57 57.08	24.84 51.48		
--- Immanuel Christian High School	B	3:51.77	X3:54.32 VSAA	
1) Lansing, Reed SO	2) Bluey, Ben JR	3) Gade, William SR	4) Gade, Tyler SR	
26.64 57.34 28.37	58.97 28.33 59.36	58.65 58.65		

Event 24 Girls 400 Yard Freestyle Relay

Seton: 3:37.90 @ 1/31/2026 Seton High School (VA) Seton
M Paradise, M Schroer, T Paradise, A Aldeguer
VCAC: 3:37.90 # 1/31/2026 Seton School SST
M Paradise, M Schroer, T Paradise, A Aldeguer
4:30.99 VSAA

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School (VA)	A	3:37.90	3:43.26 VSAA	32
1) Aldeguer, Ariana JR	2) Schroer, Maggie SO	3) Paradise, Therese	4) Garvey, Anastasia SR	
26.36 54.42 26.27	55.73 26.74 55.64	27.41 57.47		
2 Trinity Christian School (VA)	A	3:46.83	3:46.55 VSAA	26
1) Hsieh, Maggi JR	2) Kriz, Alexa FR	3) Schlieter, Audrey SR	4) Wiggins, Allie SR	
27.86 58.35 27.21	57.90 26.15 55.26	26.11 55.04		
3 Oakcrest School (VA)	A	3:49.05	3:54.19 VSAA	24
1) Cinotti, Emaline SO	2) Van Meter, Juliet JR	3) Hazelwood, Lindley JR	4) Bryan, Elizabeth SR	
29.33 1:01.38 28.60	1:00.70 27.93 58.74	25.31 53.37		
4 Immanuel Christian High School	A	4:10.40	4:13.68 VSAA	22
1) Erickson, Alexandra FR	2) Connally, Bella JR	3) Myers, Lydia JR	4) Shumate, Kate JR	
29.15 1:01.63 30.13	1:04.46 30.66 1:06.30	28.54 1:01.29		
5 Saint John Paul the Great Cath	A	5:06.75	5:06.32	20
1) Gallagher, Gloria SO	2) Miller, Ellie SR	3) Rodriguez, Ally SO	4) Gilley, Madison JR	
33.55 1:10.25 34.75	1:13.76 41.61 1:27.43	34.62 1:14.88		
--- Seton High School (VA)	B	4:14.39	x4:16.63 VSAA	
1) Bauer, Katie SO	2) Waldron, Lily SO	3) Dusek, Annie SO	4) Fifield, Kyleigh JR	
30.58 1:04.46 30.44	1:04.99 30.76 1:04.33	30.69 1:02.85		
--- Oakcrest School (VA)	B	NT	x4:21.42 VSAA	
1) Heinrichs, Charlotte JR	2) Krushinski, Sophia SO	3) Thompson, Seraphina 8	4) Eschmann, Brigita SO	
29.30 1:02.27 31.79	1:07.95 33.25 1:08.31	28.95 1:02.89		
--- Trinity Christian School (VA)	B	4:25.93	x4:26.15 VSAA	
1) Gilbert, Maddie SO	2) Watson, Caroline 8	3) Dang, Alexis FR	4) Phillips, Erin 8	
30.19 1:02.93 32.14	1:09.81 30.71 1:06.11	32.33 1:07.30		
--- Immanuel Christian High School	B	4:35.33	x4:34.72	
1) Burgess, Ella FR	2) Arcara, Eloise SO	3) Myers, Katie FR	4) Herndon, Anya 8	
33.12 1:08.92 32.22	1:08.68 31.97 1:07.92	32.26 1:09.20		
--- Saint John Paul the Great Cath	B	5:57.68	x5:45.84	
1) Everson, Cadence FR	2) Law, Candler JR	3) Pascua, Gabrielle SO	4) Heath, Laurel SR	
44.15 1:36.31 36.99	1:25.07 40.40 1:30.86	33.19 1:13.60		